

# USF NEXUS INITIATIVE 2019 AWARD RECIPIENT

## **Lindsey Rodriguez**

*Problematic Alcohol and Other Substance Use among Women and Links to Mental, Physical, and Relational Health*

Research for this project conducted by Drs. Rodriguez and Stewart will focus on substance abuse among women and its association with mental and relational health. In particular, the research aims to more deeply understand the way stress, interpersonal distress (e.g., romantic conflict), and substance use are linked for women. The goal of this research is to find insightful, practical, cost-effective ways to help individuals find constructive responses to stressors rather than with destructive responses, such as drinking, gambling, or using illicit substances.

## **Partnership:**

**Sherry Stewart, Ph.D**

Dalhousie University (Halifax, Canada)



**UNIVERSITY OF  
SOUTH FLORIDA**  
A PREEMINENT RESEARCH UNIVERSITY