



About this Graduate Course

MHS 6024 • CRN 91724 • Sec 792

School Based Mental Health Course

Fall 2024

This course is taught entirely online (asynchronous) via modules made available through Canvas

Instructor

Matthew E. Foster, PhD

More Information

mfoster@usf.edu • 813-974-0821

www.usf.edu/cabh

Director: Debra Mowery

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School-Based Mental Health Services

Course Description

This course aims to equip students with fundamental knowledge and skills related to evidence-based behavioral health prevention and intervention in schools with an emphasis on cross systems collaboration and multi-tiered systems of services and supports.

Course Highlights

- Review the history, financing, and prominent models of delivery of school-based behavioral health services, and the roles of various key personnel (e.g., administrators, teachers, related services personnel, parents, and community providers) in meeting students' behavioral health needs.
- Understand whole-school approaches to the delivery of behavioral health services that address the needs of all students within the school setting.
- Gain knowledge regarding evidence-based behavioral health prevention and intervention approaches in schools for specific problems and higher risk students.

About the Instructor

Dr. Foster is an Assistant Professor at CFS's Rightpath Research and Innovation Center. Dr. Foster conducts a wide range of school-based research, including basic research and longitudinal applied studies. He is particularly interested in supporting children's academic and social emotional development as they transition from preschool through elementary school with a focus on children from historically marginalized communities. Dr. Foster is also interested in evidence-based practices that foster early development using multi-tiered systems of support (MTSS). As a previous special education teacher and developmental psychologist, Dr. Foster has a strong understanding of the intersection between developmental disabilities and school-based supports.



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