

WHAT IS AN OVERDOSE?

An **opioid overdose** happens when the amount of the drug in the body causes breathing to slow down or stop. If it continues, a person becomes unconscious and can enter a coma, resulting in death.

NALOXONE

Fortunately, Naloxone can be used as an opioid overdose emergency treatment to reverse the harmful effects on the body. Naloxone takes 2 to 3 minutes and lasts up to 90 minutes. The person may need multiple doses if the opioid overdose signs return.

Narcan Nasal Spray is an over-the-counter prescription form of Naloxone. Narcan Nasal Spray is available at a local pharmacy and comes with two doses.

- It is safe and effective for use in children.
- Do not use Narcan if you are allergic to Naloxone Hydrochloride or its ingredients.



Farmworkers Self-Help

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How to Prevent an Opioid Overdose



WHAT IS AN OPIOID?

An **opiate** is a drug that is used to manage pain under the care of a doctor. It can also be misused to experience euphoria, avoid emotional pain, or stop withdrawal.

Type	General Names	Rx Names	Street Names
Opiate	Opium Morphine Codeine	Robitussin	Poppy
Semi-Synthetic	Heroin Oxycodone	Vicodin Oxycontin Percocet	Dope Vics Percs
Synthetic	Fentanyl	Sublimaze Actiq Duragesic	China White Killer Drug

An **opiate use disorder** is a pattern of opiate use that causes great harm and disruption to the person's daily functioning.

Opioid misuse can result in death from overdose.



OPIOID OVERDOSE

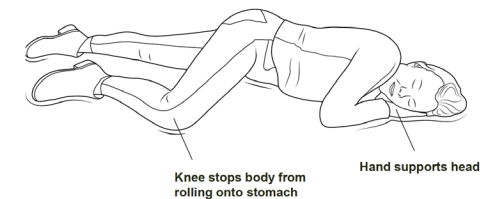
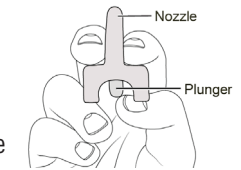
DO YOU KNOW THE SIGNS?

-  Unusual sleepiness or not able to awaken
-  Pupils are tiny
-  Skin feels cold and clammy
-  Nails and lips are blue
-  Slow heartbeat or low blood pressure
-  Breathing will be slow or absent

If the person is showing signs of an opiate overdose, the Narcan Nasal Spray should be used as a precaution until medical attention can determine the exact substance.

HOW TO USE NARCAN NASAL SPRAY (Naloxone Hydrochloride)

1. Position the person on their back.
2. Remove NARCAN Nasal Spray from the box. Peel back the tab with the circle to open the NARCAN Nasal Spray.
3. Hold the spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
4. Place the tip of the nozzle into one side of the nose, so your fingers are against the bottom of the nose.
5. Press the plunger firmly to give the dose of the spray.
6. Remove the spray device from the nose and throw it away. It only contains 1 dose. Throw it away out of the reach of children.
7. Stay with the person until help arrives. If the person starts to breathe on their own, roll them onto their side, so they do not choke if they vomit.



8. If the person doesn't react with one dose, use a second dose in the other nostril.

Call 911 immediately after using Naloxone. After the last dose of naloxone, the person should be monitored for at least 2 hours.