



UNIVERSITY of
SOUTH FLORIDA
Osher Lifelong Learning Institute

Winter-Spring 2023 Class Catalog

www.USFseniors.org



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DIRECTOR'S MESSAGE

NEW SEASON, SAME REASON!

Let us agree — there is NO community like *ours*!
In the face of challenges, we stand and do not *cower*.
As we press forward in this post-pandemic *society*,
Our purpose and mission are to become the best *OLLI*!
As an organization, we have soooo much to *celebrate*,
We find joy in teaching, hiking, reading, and sometimes in a *mate*!
For the Winter/Spring session of class offerings, see past the *fog*,
Challenge yourself to explore a new genre of the OLLI *catalog*.
Seek warmth in new OLLI friendships and bloom wherever you are *planted*,
Welcome to a new season, learn for the same reason, and do not take OLLI for *granted*!

Veronica Dmyll

Our cover features members of the OLLI Outdoors Shared Interest Group.
Haven Whiteside (on the Left), Charlie Delp (on the right)
Cover photo by Anne Haywood

WINTER OPEN HOUSE

Wednesday, January 11, 2023

Begins at 10:00 a.m.

New Member Orientation at 9:30 a.m.

At the Historic Centro Asturiano de Tampa!

1913 N. Nebraska Ave., Tampa, FL 33602

Golfo Alexopoulos

Professor and Director of the USF Institute for
Russian, European and Eurasian Studies



What was Putin Thinking? The War in Ukraine through a Kremlin Lens

What are the Kremlin's stated objectives for invading Ukraine? Hear our speaker review the maximalist war aims of Russian President Vladimir Putin then consider how Putin and many Russians view the conflict. How might this war end?

Join us for coffee, conversation and community. Meet our instructors and find out what else is coming up in our community of older learners.

Register online at www.usfseniors.org

(click on the Open House Image)

Or email olli-inquiries@usf.edu, phone 813-974-5848

How to Reach the OLLI Staff

How best to reach us:

Charise Dixie

Join OLLI, Register for classes, general questions
813-974-5848 • OLLI-inquiries@usf.edu

Joseph McAuliffe

Liberal arts classes, Friday Lectures,
OLLI teaching
jmcauliffe@usf.edu • 813-974-5166

Jeanne Dyer

Technology classes
dyer1@usf.edu • Voicemail: 813-974-8037

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Veronica Maxwell, M.Ed.

Scholarships, Gifts to OLLI, Volunteering at OLLI
813-974-5263 • vbrascom@usf.edu

REGISTRATION OPENS NOVEMBER 28

Register online at www.usfseniors.org or call Charise Dixie on 813-974-5848

OLLI Thanks Generous Donors

OLLI-USF saluted many of its largest donors at a recognition luncheon at the Gibbons Alumni Center on Tuesday, October 18.



Mike Viren thanks OLLI Donors



*Jay Cortright (left) with
OLLI Director Veronica Maxwell*



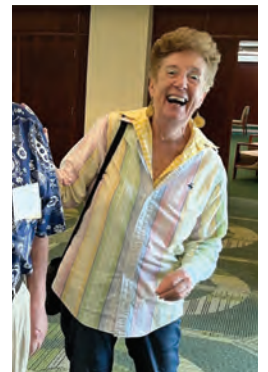
Charlie Delp and Stephen Priest



Nancy Stuart, Mike Viren, Kevin Chittim



Stephanie Peters and Eileen Hines



Linda Philipps



Steve Spector and Jane Applegate



Veronica Maxwell, Jean Amuso, Charlie Delp and Stephanie Peters

Speaking of the Liberal Arts



Joseph McAuliffe,
Manager of Educational Programming

OLLI-USF is committed to promoting healthy aging and in particular, the healthy aging mind. Researchers at Stanford University emphasize healthy aging practices which include consuming a nutritious diet, exercising to maintain a strong body, learning new things to sharpen the mind, and forming strong social connections for a happy spirit.

This term we are offering over 120 Arts and Science classes and 13 free Friday Lectures from mid – January through the end of April on a wide array of subjects that we believe will pique your interest and enhance your wellbeing. Over 70 percent of classes will meet in person, hosted by our five retirement community partners and our other conveniently located venues throughout Hillsborough County. I am excited to welcome our newest south Tampa retirement community partner, Allegro at Hyde Park, located at 800 W Azelee St. that will host ten classes with special presentations by two of our outstanding lecturers, Linda Feeney and Rich Kennedy. This beautiful facility provides us with a theater room for our lecture classes, an arts studio for crafts classes, and valet parking.

Join me in welcoming the 13 extraordinary faculty members who will be debuting this fall. Those teaching online classes include:

- Carl L. Zielonka and Sharon Gaskin (*Tampa Grows: Annexing its Way North*)
- Paul Kowlton and Aaron Hedges (*An Introduction to Better Capitalism*)
- Barbara Haspel (*Tune in to the Great Opera Divas*)
- James Pagliasotti (*What It Was: Growing Up When the Music Mattered*)
- Alan Winter (*The Little-Known Story of How WWII and the Holocaust Could Have Been Averted*)
- Lucy Antek Johnson (*This Was Toscanini: The Maestro, My Father, and Me*)

Several new instructors will present in person classes including:

- Michael Martin (*Baseball from 1909-1921: A Transitional Decade*) at Lake Magdalene UMC
- Kim Roberts (*Healthy Body, Healthy Mind: Introduction to Tai Chi*) at Concordia Village
- Cami Hofstadter (*Being Jewish in Scandinavia During WWII*) at Bryan Glazer JCC
- Joel Jackson (*The History of Lettuce Lake Park and Landscaping to Support Florida's Wildlife*) at Unisen Senior Living

Our UT Communications Lecture Series returns for its fourth year, presenting timely topics in a **free** evening lecture series in an intergenerational environment, at the University of Tampa's Ferman Center for the Arts. (see page 35 for details)

Roy Kaplan returns with *American Indians at the Margins* to Concordia Village

Fran Oberne will teach *Don't Let Medicare Scare You* at Concordia Village

South Tampa residents will appreciate the seven classes hosted by the Canterbury Tower on Bayshore including *Introducing Shakespeare's Timeless Magic through Film and Discussion* with Karen Roberts, *Tampa: A Dozen Wars* with Ron Weaver, *DNA: Science, Spirituality and Big History* by John Hassell and *Lenin and Hitler: Agents of Doom* by Chris Chapman.

We will feature four consistently excellent classes with the Florida Aquarium.

The Lake Magdalene United Methodist Church on Fletcher Ave. will host several new courses including *Whodunnit? Classic Crime Fiction by Forgotten Female Writers* with Diane White and Mark Tlachac will answer the question *Is Frank Lloyd Architecture Relevant in the 21st Century?* Our longtime partner at the newly renovated Unisen Senior Living will host nine classes including *Spies, Lies, Betrayal: The Secret World of Espionage* by Mike Pheneger, *The Beatles: In Our Lives* with Steve Meininger and *Understanding China and East Asia* by Phil Coates.

Our friends in eastern Hillsborough County should note the new *Beginning Canasta* class with Janice Perelman and Jerry Noland's *How to Read Fiction: A Study of the Short Story Genre* at the Regent in Riverview.

There is so much more being offered by our outstanding volunteer faculty, so take your time perusing every page of our catalog, with pen in hand, to mark out those classes you don't want to miss.

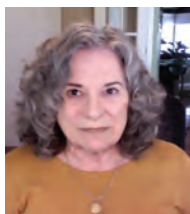
THANK YOU ARA ROGERS!



Ara Rogers will retire from OLLI-USF at the end of this year. One way to show appreciation for Ara's work: make a donation to OLLI-USF in her honor.

Go to www.usfseniors.org and click on **Give Now**.

Technology Spotlight



Jeanne Dyer, Technology Coordinator

There's a stereotype that older people and technology don't mix, but as a viral video on TikTok shows, everyone can learn new skills at any age! According to the Pew Research Center, the number of people over 65 embracing

technology has grown significantly in the last decade. In 2021, 61% of Americans aged over 65 owned a smartphone, compared to 13% in 2012. For most of us, a smartphone or tablet has become essential technology in keeping us connected and informed. Join our OLLI members who find some technology intimidating, but worth learning how to use in stimulating and fun-filled classes. Look for classes on mobile devices, computers, applications, camera, photos, and technology topics to keep you informed and current. Our new classes are listed in [blue](#) below.

In January, we have two outdoor hiking classes led by Diane White (a 3-mile hike and a 3.5 - 5-mile hike) to begin our new term.

In February, our busiest month, join Doug Gatchell for a class on [Google Office Apps](#), and Penny Noriega is back with her [Digitize Photos with Photomyne](#). I will be repeating my class on [What's New in iOS and iPadOS 16 for iPhones/iPads](#) and [Master the Files App on iPhone/iPads](#). Join Brian Noriega for his popular classes, [Apple Pay, Your Way](#) and [Security & Privacy for iPhone/iPad](#). As is one of our most popular classes, [Cut the Cable Cord: A Guide and Roadmap](#) with Larry Weatherby. Shutterbugs, don't miss Dave Lockwood's new class, [Photography Fundamentals: A Workshop](#) and [Better composition for Outdoor Photography](#) with Donna McGrew. Don't miss Bruce Gobioff's new class starting in late February on [Current Developments in Artificial Intelligence and Self-Driving Cars](#).

In March, Doug Gatchell is back with two more classes, [Google Calendar](#) and [Google Mail](#). And for the musically inclined (or not) Pete Terzian brings us [Introduction to GarageBand for iPhones and iPads](#) along with Louise Kienast teaching us amazing [Great Ways to Enjoy Using Apple Pages](#) on Apple devices. I'll finish off the month with a revised [iPhone & iPad: Those Other Great Apps](#) that you may never have used on your Apple devices.

In April, the last class of the term is an updated and new class on [More Secret & Hidden Features in iPhone & iPad](#).

Technology Training

Which technology course is right for me?

OLLI-USF offers hands-on technology training based on our members' skill levels.

- Windows 10 and Apple computers
- iPhones, iPads and Android Phones and their apps
- Cameras, Photos and Photo Editing
- Privacy, Security and Cloud Storage
- Popular software and apps for computers and mobile devices
- Topics in Technology

Please read each of the course descriptions carefully since they are written to provide guidance in course selections.

Take note of the skill level assigned to each tech course! They are intended to help find the right course for you. Skill levels assume a level of prior knowledge.

Skills-Based Prerequisites for OLLI Technology courses:



Skill Level A – You've little to no experience with the course topic OR you want to make sure you understand the fundamentals. Courses assume no prior knowledge and start at the very beginning.

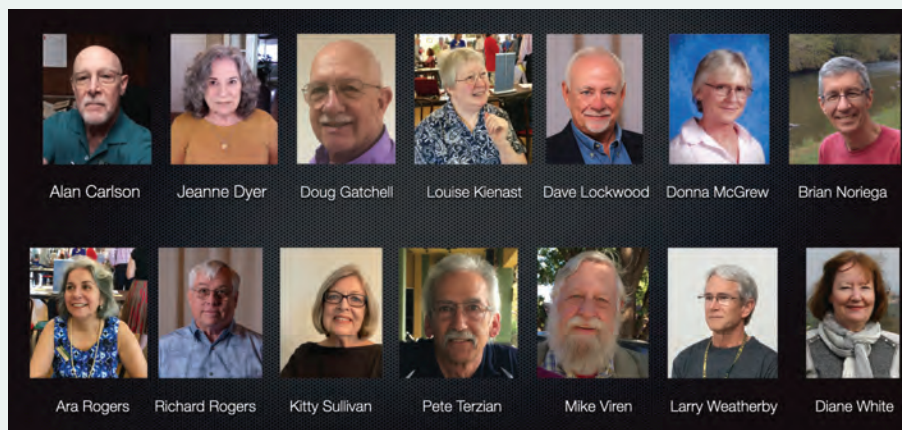


Skill Level B – You have some experience with the course topic. You know how to use your computer, smartphone or tablet and want to expand basic knowledge or fill in some gaps. Courses assume basic topic knowledge and experience.



Skill Level C – You are familiar and comfortable navigating this course topic. You have mastered the basics: now you want to go further. Not for beginners! Classes assume a solid background and prior experience with the topic.

Thank you to Tech Squad volunteers for years of helping OLLI members solve technology issues.



OLLI-USF Annual Fund 2022-2023

We are eternally grateful to our pandemic period donors, who support OLLI-USF during this challenging time. Join the people and organizations who are helping keep home grown, community-based lifelong learning available AND affordable. Give in honor of your favorite OLLI person or in memory of your favorite lifelong learner, and help this program thrive!

President's Council **(\$1,000+)**

Kevin Chittim *In honor of Ara Rogers for her many years of splendid service to OLLI*
Douglas Dallio *In memory of Rodney A. Coleman*
Dr. Steven Specter, Ph.D.

Director's Council **(\$250-\$999)**

Lewis & Carol Barker
Alan Carlson *In honor of Ara Rogers*
Dr. John Hassell, Ph.D.
Kathy Palmer *In honor of Ara Rogers*
Stephen Priest & Eileen Hines
Ara Rogers, Ph.D *In honor of OLLI leaders, past and present*
Arlene Zimney *In honor of Ara Rogers*

Leader's Council **(up to \$249)**

John Antoine
Stanley Ashe *In honor of Charise Dixie*
Robert & Sandra Buckley
Charise Dixie
Peggy Durham
Constance Farnsworth
Nick & Jacqueline Graves *In memory of Brenda Tipps*
Marilyn Katzenmeyer
Sheryl Long
Cath Mason *In honor of Ara Rogers*
Donna McGrew
Judith Patterson *In honor of Cath Mason*
Derrie Perez
Laura Pliego
Ellen Stichter
Kathleen & James Winarski

INTERESTED IN CYCLING?

Did you know that the OLLI Outdoors SIG has a Bike Group?

Bike Ride on Withlacoochee State Trail held on Oct. 15

Saturday October 15th the Bike Group met at the Big Red Caboose in Inverness and biked the Withlacoochee State Trail. This Trail is paved asphalt, 12 feet wide, level, and mostly shady where we rode. There were benches to rest, public restrooms, and water in multiple locations. There was a lot of activity when we got there, with a charity ride/walk finishing up and a Market underway at the Depot Pavilion next to the trail.

We biked in two groups. Bikers paced at 5-7 mph rode 11.7 miles. Bikers paced at 10+ mph rode 14 miles. The two groups met up for the last few miles! We welcomed two new members: Ann MacMurray and Donelda Gallagly. Thank you, Boyd, for planning a great ride!

The Bike Group is informal with the focus on recreational biking and friendships. The process is simple. A member volunteers to plan a ride then chooses the date and place. Members use Sign Up Genius to get ride specifics and to RSVP.

For more information about the OLLI Outdoors Bike Group, contact Judy Hanna judyhanna412@gmail.com



Photo by Larry Weatherby

OLLI Travel Opportunities

For comments and photographs from OLLI-USF's recent trip to Utah's Mighty National Parks, see page 13.

Albuquerque Balloon Fiesta

This OLLI-USF and Premier Travel trip is in the planning stages for October 2023.

Find out more about this trip at our Open House on January 11.



Colorado's Historic Trains

Featuring Six Scenic Rail Excursions and Three National Parks

Come with us to enjoy the best of Colorado. Follow the historic train routes of the Old West with excursions on six exciting scenic railroads through the Rocky Mountains. Then witness the amazing rock formations and natural beauty of Colorado's National Parks.

Departure Date: August 4, 2023

\$3,774 per person twin • Single room add \$1,049

Tour includes Local Pick up transfers to Tampa International Airport, all Land components and Round Trip Air from Tampa to Denver.

For Reservations call Mayflower Cruises & Tours

800-728-0724



OLLI-USF & Travel Opportunities Committee - presents

HOLLAND WINDMILLS, WATERWAYS & TULIPS RIVER CRUISE

featuring Amsterdam & 7 Nights aboard the Amadeus Queen

10 DAYS - April 26, 2023 - Booking #156241



TOUR RATES:
Start at: **\$4,595 PP**
Reg: \$4,795 PP
Save \$200 PP
\$400 Per Couple*

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jepps@premierworlddiscovery.com



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Embark on a thrilling 10-day adventure in the "Land of Fire and Ice" to witness dramatic geological forces and learn about the country's unique cultural heritage.

Visit holbrook.travel/olliusf-ic23 for more info or to reserve your spot!

HOLBROOK
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Veronica Maxwell, OLLI Director

Meet Veronica Maxwell

I'm delighted to announce that Veronica Maxwell, M.S.Ed., has been selected as OLLI's next director.

OLLI members Jane Applegate, Beryl Byles, Linda Feeney, and Joan Weaving joined Educational Programming Manager Joseph McAuliffe and me to form the Director Search Team last fall. Mark Koulianos, director of corporate training and professional education, conducted second interviews and, after consultation with the search team, offered the position to Veronica in September.

For the past seven years, Veronica has served as senior program coordinator for nutrition and wellness for Hillsborough County Aging Services, working with all the county's senior centers and their staff and volunteers.

She is a leader locally among those of us who manage volunteers, and she is a doctoral student in curriculum and instruction at USF's College of Education. We were impressed with Veronica's experience and her enthusiasm for working with older adults.

Please join me in welcoming **Veronica Maxwell** to OLLI-USF as our third director!

Ara Rogers

OLLI Encore!

Most recordings are \$20 or less (including \$5.00 for that Friday lecture you missed.) Click on the Encore image on our website to see the full list of available recordings. Sign up for an OLLI Encore class as you would for any OLLI course, online or by phone. Receive a link to the class recordings. View on your computer or device anytime during the semester.

NEW TO ENCORE FOR WINTER-SPRING 2023:

Simon & Garfunkel: Here's to You
Picasso: Genius of Innovation
Have You Checked Your Personality Lately?
Windows 10 for Intermediate Users
iMovie Magic for iPhone/iPad: Create and Edit
Security and Privacy for iPhone & iPad
Medical Alert Systems
Health Care Disruptors
FemTech



PLUS

choose from over 50 more courses in our Encore library

- **Technology courses** for using your iPad and iPhone AND courses for you to learn a range of skills - digitize photographs, develop podcasts. use library apps, cloud storage or Apple Pay.
- **Political science and history** courses on foreign policy, Afghanistan and Pakistan, the reconstruction era, women explorers and adventurers, heroes of the holocaust, World War II on the Eastern Front, power and religion in ancient Sicily.

- **Health and wellness** – Gentle, Mindful Yoga, robots for home & care, health devices and wearables, artificial intelligence and health

- **Armchair travel** to Antarctica, South America, Europe

And so much more!

Missed that Fall Friday Lecture?

The Writer's Law School

Kitschy Cartography: Illustrated and Pictorial Maps of Florida

Harnessing Social Anxiety to Combat Loneliness

Becoming the Instrument: Lessons on Self-Mastery from Music to Life

Our catalog of recorded classes grows semester by semester

Since OLLI has made a big impact on your life,
imagine the impact you could have on the
future of OLLI-USF through a simple

BENEFICIARY DESIGNATION GIFT

How does it work?

You can designate the USF Foundation as a beneficiary of a retirement account, investment or life insurance policy. To do so, simply contact your financial institution and request to update your beneficiary form— this can usually even be done online. Once completed, contact us to let us know that you would like this future gift to support OLLI-USF, and we will document your intentions.

What are some of the potential benefits of a beneficiary designation gift?

- Support the future of OLLI-USF
- Avoid legal fees (no attorney, will or trust needed)
- Access and use your account freely
- Receive an estate tax charitable deduction
- Reduce the tax burden on your family
- Revoke your gift at any time

What if I have questions?

Please contact us! We are here to help answer all your gift planning questions.



UNIVERSITY of
SOUTH FLORIDA
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USF Foundation Office of Gift Planning

planned_gifts@usf.edu • USFgiving.org • 813-974-8761 • 4202 E. Fowler Ave., ALC100 • Tampa, FL 33620



OLLI-USF's Shared Interest Groups (SIGs)

OLLI SIGs offer opportunity and informal learning around a shared interest. They are free and open to OLLI-USF members

China SIG

The China SIG fosters an appreciation for and understanding of the Chinese people and their customs, history, and policies. Our group meets at least quarterly, either virtually or in person. We celebrate Chinese traditional holidays and enjoy presentations and videos by a variety of speakers and musicians. For more information, contact Kun Shi (kunshi57@gmail.com) or Nancy Stuart (nlsflorida@hotmail.com).

Community of Readers and Writers

We meet via Zoom for discussion and special events and share reading of current novels, nonfiction, short stories, memoirs, and essays. We offer feedback of your writing through group conversation with experienced readers and train newcomers in our supportive methods. Our private Facebook site is a resource for developing your storytelling and literary skills. Contact readersandwriters@aol.com.

Food, Glorious Food!

Are you interested in exploring Tampa's food world and all that it represents? Come with us on a journey to investigate the world of food – how it grows, where to buy it and where to eat it as we learn through speakers, field trips and other presentations that are available on the Zoom online platform. For information, contact Becky Heimstead, rbh2174@aol.com or Jane Applegate, jappelg2@tampabay.rr.com.

German Conversation SIG

Sprechen Sie Deutsch? Practice German conversation in a friendly and casual environment. All levels welcome. We meet the 2nd and 4th Tuesday of the month, from 1:00 to 2:30 p.m., on Zoom. For more information, please contact Christine Basch, cbasch65@gmail.com.

Hablemos! Spanish Conversation SIG

Is your español rusty from lack of use? Join our friendly conversation group via Zoom on the 1st and 3rd Tuesdays from 3 until 4:30 p.m. Come to talk or to listen; all levels of Spanish speakers welcome. Contact Ethel Donaghy or Debbie Gitomer at olli.hablemos@gmail.com for more information.

Ici on parle français!

This group provides a place for Francophones and Francophiles to meet and discuss topics of interest in French. Zoom sessions are held the first and third Mondays of each month. A basic knowledge of French is required, but all levels of speaking ability are welcomed. To join in, please contact Theresa Sokol at tandrasysokol@gmail.com or Lise Bérubé at lisemberube@gmail.com.

OLLI Outdoors

The OLLI Outdoors SIG holds recreational and virtual events throughout the month. Get outdoors with others to experience our activities which include hiking, walking, canoe/kayaking and biking. Learn about the histories, flora & fauna, geologic features, and the challenges facing our outdoor spaces. This SIG is a collaborative effort with members taking turns leading, organizing and administering hikes, outdoor events and related programs. Join us to stay curious and adventurous. For more information email the SIG at ollioutdoors@gmail.com

OLLI Shutterbugs

Do you like to take photos of people, places, and things? Join the OLLI Shutterbugs on photo outings to places like farmers' markets, craft fairs, and many other venues in and around Tampa Bay. We have an outing about once a month from Sept./Oct. through June. We also meet every other month for a presentation to help you improve your photos! For information email Rich Edwards at riche61844@gmail.com or Jean Nixon at giginixon@gmail.com.

Online Games SIG

Are you interested in trying online games on Zoom? We meet the second Thursday of each month from 3:30-5:00 p.m. If you're interested in joining us for fun with Scattergories and trying other online games, contact Kathy Palmer at kpalmer22@tampabay.rr.com for information.



Operatunity

Whether you are new to opera or an aficionado, join OLLI's Opera SIG as we all explore ways to expand our knowledge and appreciation of opera. We meet monthly to enjoy lively discussion about opera that focuses on the Met in HD broadcasts. Contact Derrie Perez (dbrperez@tampabay.rr.com) for more information about our "Operatunity family."

P-SIG: Politics Shared Interest Group

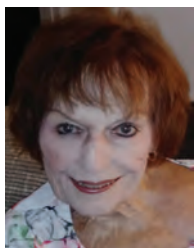
Meets 1-3 p.m., in person at Tampa Palms Compton Park, on the second Wednesday of selected months. Join us in a politics forum which features discussion topics and debates, as well as guest speakers. P-SIG members participate in activities that complement, enhance, and promote existing OLLI-USF Political Science and History classes. Open to OLLI-USF members and their sponsored guests. For more information contact Doug Dallio, dougdinny@aol.com.

Talking Movies

Love Movies? HATE the fact that many never make it to local screens? Join us; we'll be selecting movies to view on our own, then gathering to talk about them. We meet via Zoom on the third Friday each month from 1:30 -3:00 p.m. Contact Richard Rogers for more information: richardcrogers@gmail.com.

Write Time for Poets

Welcome to your online poetry-writing community. Once a month, join us in our videoconferencing room--your creative space. Work on your poems-in-progress and/or practice timed writing in response to prompts. We meet for 90 minutes on the 2nd Thursday of each month from 2:00 p.m. - 3:30 p.m. Contact Cath Mason cmason6@usf.edu for more information.



Our shared interest groups form an increasingly vibrant and varied aspect of OLLI life. Wholly member-led and run, SIGs foster shared learning, fun and community.

Kathy Palmer is OLLI'S SIG Liaison: an active SIG leader and participant, Kathy also assists and

supports existing SIGS. Contact Kathy (kpalmer22@tampabay.rr.com) if you are interested in forming a SIG or have questions about any of our SIGs.

OLLI-USF Day Trips

OLLI Day Trips are open to OLLI members and their guests. Pre-registration is required; register for day trips via our website, or call our registrar at 813-974-5848. You'll receive an email confirmation and a reminder that the trip is coming up, along with day-of-trip arrangements and contact info.

Victorian Christmas Stroll

Monday, December 5, 2022, 10:00AM - 12:00 PM

Thursday, December 23, 2022, 10:00AM - 12:00 PM

Let's return to the iconic Tampa Bay Hotel, now the University of Tampa's Plant Museum. Experience the splendor and excess of a Victorian Christmas as you



pass through the highly decorated rooms, each with a different theme. Tickets to the stroll are \$14 per person, paid to the Museum. We will meet on the museum's back porch which faces the river at 10 a.m.

Tampa International Airport Tour

Thursday, January 12, 2023 morning

Thursday, May 11, 2023 morning

Have you been to our airport since the new construction has been completed? Find out what is new at the airport and take a look at what



goes on behind the scenes at an international airport on this guided tour. Learn about the Airside/Landside concept that makes Tampa International Airport one of "America's Favorite Airports." Even the remodeled restrooms are award winners! We will ride the train, visit all three levels of the airport and the beautiful firehouse, check out the operations area and more. Tours are limited to 40 persons for this fabulous tour. Specifics about where to park and where we'll meet will be provided upon registration.

OLLI Connects: Sharing Stories, Building Community

OLLI CONNECTS is the weekly "Blog" of OLLI-USF, and if you're not a subscriber, you're missing out.

Written by your fellow OLLI members, (some of them shown here) it is a fascinating mix of fiction, personal stories, poetry, travel, history and more. To visit, just direct your web browser to www.olliconnects.org. Enjoy!

"I write for OLLI Connects because I love to write, and I want to share my experiences with readers who are at the same stage of life. The editors are enthusiastic cheerleaders. If you like to write, OLLI Connects is a safe space to try out your skills. If you like to read, you get to connect with fellow members as they share their life stories." — Diane Russell



Joyce Carpenter



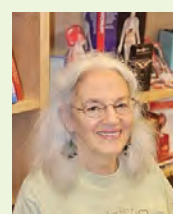
Neil Cosentino



Victoria Dym



Morrey Grymes



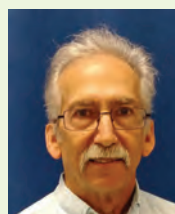
Marilyn Myerson



Diane Russell



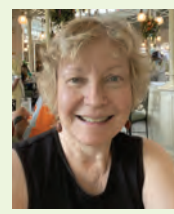
Bob Strozier



Peter Terzian



Joan Weaving



Diane White

www.olliconnects.org





*Facing a bright
future*



*In partnership with
OLLI-USF*

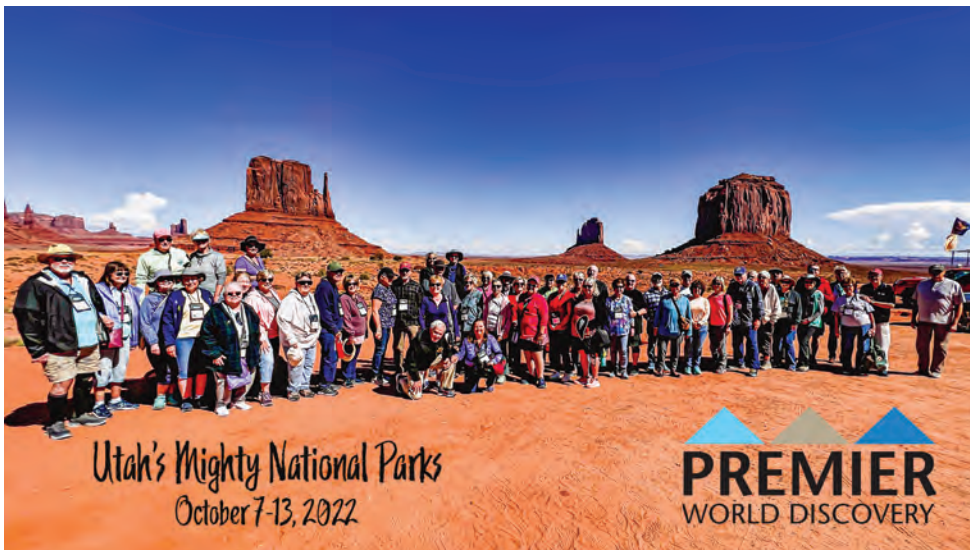
The USF Women's Club and OLLI-USF continue to share their common goals

- *To offer unique opportunities to live and learn in post pandemic times
- *To support USF through our varied Fundraising and philanthropic activities
- *To provide new opportunities to meet and engage in meaningful friendships

The USF Womens Club offers a roster of interest groups and club activities including Advanced Bridge, Bunco, New Members Luncheon, Dining Out, Chick Flicks, Supper Club, the Clubline Newsletter, the USF Womens Club Yearbook and much more.

In the USF Tradition

For more information email us at usfwc1960@gmail.com or contact us by calling Rose at 813-988-8787 (leave message)



What we loved about our trip to Utah with OLLI-USF and Premier Travel

"The area is beautiful"

"Meeting people from other areas and sharing life experiences"

"Eating outside at the Sunset Grill and the evening cruise were both wonderful"

"Our tour leader was great"

"Loved the scenery and the variety of activities included"

"Optional activities meant participants could choose their level of activity"

"Nice hotels and good transportation"

"This was our first bus tour. We were surprised at how much we enjoyed it."

"We had so many "WOW" moments with the beauty of the environment."

For upcoming travel with OLLI-USF see the travel page under the "What We Offer" tab on our website: www.usfseniors.org.



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Scan me to view our schedule on Google calendar.

OLLI-USF makes every effort to make sure the information in this catalog is accurate. Keep an eye out for the emails we send every registered person when there is a change in schedule

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Plan your schedule

View our courses by day, week or month on the OLLI Master Calendar, always accessible on our website (About Us/OLLI Calendar), or type this shortcut into your browser: olliusf.org/calendar

OLLI Encore! p.8

View Anytime, Anywhere Recorded Courses

Meet the OLLI Bird



We all know the early bird gets the worm. Here it's the OLLI Birds that get rewarded!

Look for the OLLI Bird on selected classes throughout this catalog and get a 50% discount when you register early. No minimum purchase, no codes to remember!

Receive your discount!



Register by 4:30 p.m. on December 5

OR between 8:30 a.m. January 11 and 4:30 p.m. January 18



Course listings and descriptions

MONDAY

MONDAY



Outdoor Hiking Adventures: Under 3 Miles

Walk the trails that form part of the Hillsborough County Hiking Spree. Learn apps you can load on your smartphone that help identify birds, plants and animals along the way. Plus we'll find map apps to help you nearly never get lost in the woods. Refresh your skills or learn new ones, or just enjoy companionship on the trail with your fellow OLLI members. Two class hikes of no more than 3 miles. Locations will be emailed before the class. **SKILL LEVEL B**

Diane White

Mon 9:30 AM - 12:00 PM • 1/9/2023-1/16/2023 • 2 mtg(s) • \$25 • Outdoors



Security and Privacy for iPhone & iPad

Much of the usefulness and functionality of our Apple devices depends on access to our personal information. Apple has included a number of features to keep our data private and secure. In this class, we will look into how these features protect us and go through the specific settings on our devices to verify that our selections are appropriate. We will also address some "Best Practices" to further protect our data. Your iPad/iPhone should be fully charged and updated before this class.

Brian Noriega

SKILL LEVEL B

Mon 9:30 AM - 12:00 PM • 2/13/2023 • 1 mtg(s) • \$20 • Online

She Created What? Artistic Women Who Didn't Make the History Books

Who was the first woman to win a Nobel Prize in literature? How old was the youngest woman commissioned by the US government to create a public statue? What genre did the first female professional writer prefer? Find out more about these women in the visual and literary arts, and 30 others that you never learned about in school.

Sheryl Long

Mon 10:00 AM - 12:00 PM • 1/23/2023-1/30/2023 • 2 mtg(s) • \$20 • Canterbury Tower

Threats to US National Security

Are there real threats to US National Security from China, Russia, Iran and North Korea? Let's examine the military capability and political will of each of these countries in light of this question. Then let's look at how well the U.S. is prepared, militarily and politically, to defend our country against real threats to our national security.

Garry Tenney

Mon 10:00 AM - 12:00 PM • 1/30/2023-2/20/2023 • 4 mtg(s) • \$40 • Concordia Village of Tampa

Florida's Buried Pirate Treasure: Truths, Legends, and Myths

Florida has a long and rich history of pirates plundering its shores, cities, and shipping lanes, and many of those stories include buried treasure. Exaggerations of true pirate histories have been told and retold for centuries spawning sensational legends and myths. Come aboard for a captivating adventure into the world of pirate lore. Learn the truth about these pirates and their buried treasure, from the early raids on St. Augustine to José Gaspar and the origins of the Gasparilla Festival.

Robert Jacob

Mon 10:00 AM - 12:00 PM • 2/20/2023-2/27/2023 • 2 mtg(s) • \$20 • Canterbury Tower

Current Developments in Artificial Intelligence and Self-Driving Cars

The field of artificial intelligence is advancing at warp speed. Here we will address recent AI developments such as Large Language Models, the systems that understand spoken language and generate text, AI Image Generators, a marvelous innovation fueling ethical and legal concerns, as well as other exciting progress. In addition we will focus on self-driving cars, which are now sharing our roads and becoming more and more common.

Bruce Gobioff

Mon 10:00 AM - 12:00 PM • 2/27/2023-3/13/2023 • 3 mtg(s) • \$30 • Online

Examining the Bible through Modern Eyes

Join us for an examination of the Old and New Testaments of the Bible. We'll consider the questions: are these revered Hebrew and Christian texts history or propaganda; fact or fiction; myth or reality? We will cover the period between 1200 BCE to 200 CE in our endeavor to seek historical truth, using archeological evidence, modern scientific analyses, contemporary and historical records.

Jack Herman

Mon 10:00 AM - 12:00 PM • 2/27/2023-3/20/2023 • 4 mtg(s) • \$40 • Online



Digitizing Photos with Photomyne

Ready to digitize your old photos? We will consider the options available to us, but we will primarily explore Photomyne, an app that can help us with this task. Photomyne can scan, crop, enhance, and colorize photos. Save photos individually or create a digital album. Add names, dates, locations, and descriptions to photos and albums. Download the app to your smartphone a day before class so you can use the free-trial period to try it out in class. After class, you can decide whether Photomyne is right for you. Sign in online with a computer or tablet and use your smartphone to digitize and store your photos

SKILL LEVEL B

Penny Noriega

Mon 12:30 PM - 3:30 PM • 2/6/2023 • 1 mtg(s) • \$25 • Online

Intimacy, Sex and Aging

Do you have questions or concerns about intimacy, sex and aging? Dr. William Yarber's Friday lecture (February 2023) stimulates questions which we will discuss in this Part II session. During this in-person session, explore additional related subjects, including how intimate relationships sometimes raise concerns for families and senior living facilities.

Ron Hammerle

Mon 1:00 PM - 2:30 PM • 2/13/2023 • 1 mtg(s) • \$10 • Unisen Senior Living

TUESDAY

Course listings and descriptions

A History of Russia, Part 1

From Viking trade settlement to major threat to world peace, the history of Russia is a sprawling tapestry of many different ethnic groups and cultures and of revolution and war stretching over the past 1200 years. In the first section of this two-part class, learn what Oleg of Novgorod had in common with Putin, what Western European ambassadors in the Middle Ages thought of Russia, and what made Peter and Catherine "great" but Ivan "terrible."

Gerald Stulc

Mon 1:00 PM - 3:00 PM • 1/23/2023-2/20/2023 • 5 mtg(s) • \$50 • Online

**Introducing Shakespeare's Timeless Magic through Film and Discussion**

"There's nothing left to say about love; Shakespeare has said it best and first."

Whether you agree with that sentiment or not, join us to explore the practical application of the bard's timeless wisdom to life and love in the 21st century. Allow the words of the master to expand and deepen your relationships with family and loved ones. Follow the experience of Romeo and Juliet and Hamlet, then compare your experiences of the many types of love with theirs. Read, write, watch and discuss with fellow lovers of Shakespeare's most iconic characters.

Karen Roberts

Mon 1:00 PM - 3:00 PM • 2/6/2023-2/27/2023 • 4 mtg(s) • \$40 • Canterbury Tower

Great Decisions 2023: Foreign Policy Discussion Group

Join the national discussion on world affairs organized by the nonpartisan Foreign Policy Association. Topics for 2023 include: Energy Geopolitics, War Crimes, China and the U.S., Economic Warfare, Politics in Latin America, Global Famine, Iran at a Crossroads, Climate Migration. View a masterclass on the week's topic, followed by discussion based on the assigned reading. Required text: Great Decisions Briefing Book 2023 (\$35), available online for purchase

Susan Northcutt

Mon 1:00 PM - 3:00 PM • 2/6/2023-3/27/2023 • 8 mtg(s) • \$70 • Online



TUESDAY

Outdoor Hiking Adventures: 3.5 to 5 Miles

Let's walk some longer trails that form part of the annual Hillsborough County Hiking Spree. Learn about apps you can load on your smartphone that help identify birds, plants and animals along the way. Plus we'll find map apps to help you nearly never get lost in the woods. Refresh your skills or learn new ones, or just enjoy companionship on the trail with your fellow OLLI members. Two class hikes between 3.5 and 5 miles. Locations will be emailed before the class. **SKILL LEVEL B**

Diane White

Tue 9:30 AM - 12:00 PM • 1/10/2023-1/17/2023 • 2 mtg(s) • \$25 • Outdoors

What's New in iOS & iPadOS 16?

There is a lot to love about version 16, the latest update for iPhones and iPads. Learn how to use the impressive new Lock Screen, a great new way to share photos, explore Messages and Mail upgrades and improvements to Focus and Maps. Apple Pay Later and Safari Passkeys are new and iPad's multitasking is totally changed with Stage Manager. iOS v.16 is compatible with iPhones 8 or newer, all iPad Pros, iPad 5th generation, iPad Air 3rd gen or iPad Mini 5th gen or newer. Optional text (\$5) available to purchase. **SKILL LEVEL B**

Jeanne Dyer

Tue 9:30 AM - 12:00 PM • 2/7/2023 • 1 mtg(s) • \$25 • USF Tampa

Apple Pay, Your Way

Did you know paying with your iPhone is more secure than swiping a credit card? More businesses are accepting mobile phone payment via iPhone because it is hygienic, fast and easy. Learn how it works, how to set up and use Apple Pay and Apple Pay Cash, and why you can feel confident about payment security. We'll compare and contrast Apple Pay to other forms of electronic payments such as Venmo. Sign in online with a computer or tablet and use your iPhone to practice.

SKILL LEVEL B

Brian Noriega

Tue 9:30 AM - 12:00 PM • 2/7/2023 • 1 mtg(s) • \$25 • Online

Tampa Grows: Annexing its Way North

Starting with its first suburb, Tampa Heights, the city grew north by annexing suburbs like Seminole Heights, Sulphur Springs, Belmont Heights, College Hill, and others. We will look at these neighborhoods closely and take a deep dive into Temple Terrace, another beautiful and historic suburb. What better way to understand Tampa's history than through the stories of its neighborhoods?

Carl Zielonka, Sharon Gaskin

Tue 10:00 AM - 12:00 PM • 1/17/2023-1/24/2023 • 2 mtg(s) • \$20 • Online

Introducing Conversational French and French Culture

You do not have to know a word of French to enroll in this course. The goal is to have fun and practice some basic vocabulary and phrases that will come in handy should you travel to a French-speaking country -- or even a local French restaurant. Don't worry too much about grammar; just engage in this romantic language. And enjoy some of the instructor's stories and photos of her many experiences in France.

Susan Goodwin

Tue 1:00 PM - 2:30 PM • 1/24/2023-2/28/2023 • 6 mtg(s) • \$50 • Concordia Village of Tampa

Spies, Lies, Betrayal: The Secret World of Espionage

What does it take to be a spy and what motivates an individual to spy? How are spies recruited? How do spies blend in? We'll uncover cloak and dagger stories of American, British and Russian spies who had a major impact on 20th century history.

Michael Pheneger

Tue 10:00 AM - 12:00 PM • 1/24/2023-2/28/2023 • 6 mtg(s) • \$60 • Unisen Senior Living

Course listings and descriptions

TUESDAY

Natural Hillsborough: An Audubon Adventure

Experts will introduce class members to significant and interesting topics on the natural resources of Hillsborough County, highlighting aspects that are special and unique to the region. Birds, habitats, geology, wildlife, native plants, and other topics will be presented in clear, easily understood and engaging fashions, using photographs and stories to depict the natural environment of the region.

Ann Paul, Tammy Lyons

Tue 10:00 AM - 12:00 PM • 1/31/2023-3/21/2023 • 8 mtg(s) • \$70 • Joel Jackson Nature Center

The Vital Role of Vaccines

Vaccines eradicated smallpox. They have prevented epidemics and pandemics. In what ways have they influenced our behaviors? What is their impact on many childhood diseases and diseases such as polio and influenza? Trace the history of vaccine development to learn how vaccines are created and their societal impact.

Steven Specter

Tue 10:00 AM - 12:00 PM • 1/31/2023-2/7/2023 • 2 mtg(s) • \$20 • Concordia Village of Tampa

More Artistic Women Who Didn't Make the History Books

Who was the first female architect? What film director invented the boom microphone? Who published the first book with photographic images? What brand of American pottery was founded by women and made by employed immigrant girls? Who was one of the founding members of the American Society of Landscape Architects? Find out more about three dozen women in the creative arts you never learned about in school.

Sheryl Long


Tue 10:00 AM - 12:00 PM • 2/21/2023-2/28/2023 • 2 mtg(s) • \$20 • Arbor Terrace at Citrus Park Senior Living

Viruses Good and Bad

HIV, Herpes, Influenza, Ebola, West Nile Fever, Dengue and infections endemic to Florida — all are viruses. What is it about their structure

that leads us to label them this way? How do they interact with the body to cause disease? How does the human body combat viruses? How can we use what we have learned to get viruses to work for us? Enlarge your understanding and dispel a few myths.

Steven Specter

Tue 10:00 AM - 12:00 PM • 2/14/2023-3/7/2023 • 4 mtg(s) • \$40 • Concordia Village of Tampa 

Mountain Dulcimer: Beyond the Basics

Move beyond the skills you developed in the OLLI beginning mountain dulcimer course. Explore several pieces of music in depth, master new songs and learn new techniques in a fun, relaxed environment. Once registered, you will receive information on purchasing music for the course (approximately \$10-15). Prerequisite: You must have completed the beginning OLLI course or be an intermediate dulcimer player.

Karen Brown-Blonigen

Tue 1:00 PM - 2:30 PM • 1/17/2023-2/28/2023 • 6 mtg(s) • \$50 • Online 

Understanding China and East Asia

Engage in a lively and systematic survey of the historical trajectory of East Asia and how it developed very differently from the West. How and why did Japan, Korea and China enjoy a fast rise to prosperity? Will China accelerate totalitarianism? Does the future belong to the East? The instructor lived in Japan and became fascinated with its unique culture.

Philip Coates

Tue 1:00 PM - 3:00 PM • 1/17/2023-1/31/2023 • 3 mtg(s) • \$30 • Unisen Senior Living

Whodunnit?: Classic Crime Fiction by Forgotten Female Writers

Women have been writing mystery fiction since there was such a thing. Many talented women writers have been largely forgotten, despite their skill and popularity during their era. Discover women writers from the 1880's to 1920 and explore how they influenced—and—were overshadowed by Agatha Christie

and those who came after her. Writers included: Catherine Crowe, Elizabeth Cleghorn Gaskell, Mary Fortune, Catherine Louisa Pirkis and Anna Katherine Green. Course materials will include short stories, a novel, and audios.

Diane White

Tue 1:00 PM - 3:00 PM • 1/31/2023-2/14/2023 • 3 mtg(s) • \$30 • Lake Magdalene United Methodist Church

An Introduction to Better Capitalism: You Are Right! There is a Better Way!

In this two-hour seminar, led by the authors of Better Capitalism: Jesus, Adam Smith, Ayn Rand and MLK Jr. on Moving from Plantation to Partnership Economics, you will see that capitalism can reinvent itself with the principles of Partnership Economics—a more profitable and ethical form of capitalism that is a better way. Join us to unleash mutually beneficial capitalism!

Paul Knowlton Aaron Hedges

Tue 1:00 PM - 3:00 PM • 2/7/2023 • 1 mtg(s) • \$10 • Online

Religion and Power in Ancient Sicily

Discover the major cultural accomplishments of Greek and Roman civilizations through the lens of archaeology. Tyrants, kings and emperors of Greek and Roman times used art and architecture to leave an eternal trace of their power over Sicily.

Davide Tanasi

Tue 1:00 PM - 3:00 PM • 2/7/2023-2/28/2023 • 4 mtg(s) • \$40 • Unisen Senior Living

The History of the Jews in America

Trace the history of the Jewish presence in the US from Revolutionary times through the Civil War. Follow their immigration to the US in the late 19th and early 20th centuries up to today. In part, we will focus on the Jews in Tampa and watch an eye-opening documentary called 'Seders and Cigars' which was produced several years ago.

Bruce Gobioff

Tue 1:00 PM - 3:00 PM • 2/21/2023-3/14/2023 • 4 mtg(s) • \$40 • Online

Up for Discussion: Detective Fiction II

The period between the world wars is known as the Golden Age of Detective Fiction. We will examine how the conventions created by Poe, Doyle and Christie fared during the hedonistic 30's and led to more innovations later on. How did Poirot turn into Sam Spade? How does the detective deal with the social changes occurring in the post WWII period? Please read "Strong Poison" by Dorothy L. Sayers before the first class. The full syllabus will be sent upon registration.

Linda Feeney

Tue 1:30 PM - 3:30 PM • 2/14/2023-3/7/2023
• 4 mtg(s) • \$40 • Lake Magdalene United Methodist Church

WEDNESDAY

Sleep Health: The A to Zzzs

Are you one of the 60 million Americans who suffer from persistent insomnia? What is the impact of this on our health and our ability to heal? We'll explore the causes of sleeplessness and review the pros and cons of interventions aimed at improving sleep. We'll consider prescription and over-the-counter medications as well as dietary supplements, herbal teas and mind-body-spirit lifestyle choices.

Cathy Rosenbaum

Wed 10:00 AM - 11:30 AM • 1/25/2023 • 1 mtg(s) • \$10 • Online

Functional Medicine

Functional Medicine focuses on identifying and addressing the root causes of disease. We'll review its history, principles, the role of preventative diagnostics and low-risk interventions. How does Functional Medicine differ from Integrative Medicine and how do they overlap? What is the impact of whole food nutrition and the gut microbiome on your immune health?

Cathy Rosenbaum

Wed 10:00 AM - 11:30 AM • 2/1/2023 • 1 mtg(s) • \$10 • Online

Bottled Water: What You Don't Know May Harm You

Ever wondered how tap water compares to bottled drinking water in quality and purity? Learn about water sources, plastic resins used in bottle manufacturing, and various filtration systems to help you make better decisions for your health.

Cathy Rosenbaum

Wed 10:00 AM - 11:30 AM • 2/8/2023 • 1 mtg(s) • \$10 • Online

Debunking Myths About Dietary Supplements

How do you choose a high quality dietary supplement to optimize your bones, joints, organs, and overall health? We'll focus on supplements, consider where they can be

effective, review the evidence on side effects and the effect of interactions. Finally, we'll discuss the health benefits of the world's gold standard, the Mediterranean diet.

Cathy Rosenbaum

Wed 10:00 AM - 11:30 AM • 2/15/2023 • 1 mtg(s) • \$10 • Online

Cannabinoids: The Healthcare Professional's Perspective

The potential medicinal properties of cannabis have been the subject of research and debate for many years. We'll focus on the history and legal regulation of CBD and other non-THC constituents. How do these cannabinoid products work in the human body and how safe are they? Are there quality related issues we should consider before purchasing them?

Cathy Rosenbaum

Wed 10:00 AM - 11:30 AM • 2/22/2023 • 1 mtg(s) • \$10 • Online

How To Read Fiction: A Study of the Short Story Genre

Increase your enjoyment of short story fiction by recognizing how authors employ literary elements in the creation of authorial style. We will examine a variety of styles of authors from Ernest Hemmingway to William Faulkner to Margaret Atwood and Joyce Carol Oates, to name a few.

Sylvia "Jerry" Noland

Wed 10:00 AM - 12:00 PM • 1/18/2023-2/22/2023 • 6 mtg(s) • \$50 • The Regent

Cuba: An Island Nation of Contradictions

This three-session class focuses on the rich history of Cuba, current U.S.-Cuban relations, and the future of the island nation. Join Rudy Fernandez to explore Cuban history, economy, and culture with insights gained from many trips to the island his family knew so well.

Rudy Fernandez

Wed 10:00 AM - 12:00 PM • 1/25/2023-2/8/2023 • 3 mtg(s) • \$20 • Canterbury Tower



Thank you to
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Course listings and descriptions

WEDNESDAY

Writing Your Own Memoir: Out of Your Past and Onto the Page

Writing your memoir means taking stories from your past and making sure they last. This workshop is for those of you who have always intended to write but just never got around to it. Working step-by-step with material from your own life, we will explore a wide variety of ways to start, structure, and spin your stories, so they invite the reader to pick up, stay with, and learn from your written pages.

Judith Huge

Wed 10:00 AM - 12:00 PM • 1/25/2023-2/8/2023 • 3 mtg(s) • \$30 • Online

Canasta Made Easy: Learn and Play

Two decks, two or more players, and you can easily learn canasta. Invented by two bridge players in Uruguay in 1939, its popularity has spread around the globe. Learn terms such as meld and natural cards. Welcome jokers to your game – both the cards and your partners! Cards and supplies will be provided

Janice Perelman

Wed 10:00 AM - 12:00 PM • 1/25/2023 • 1 mtg(s) • \$10 • The Regent

The Seminole Tribe of Florida - More than a Football Team!

Join us to discover the modern history of the Seminole Tribe of Florida, descendants of the Creek Indians. We will trace their migration to Florida and learn about the evolution, culture, and traditions of these unconquered and proud people. This three-part course will include two Zoom sessions and a field trip to the Tampa Bay History Center's Seminole gallery. Optional group lunch at Columbia Cafe after the field trip

Nancy Dalance

Wed 10:00 AM - 12:00 PM • 2/1/2023-2/15/2023 • 3 mtg(s) • \$30 • Online

Mah Jongg Basics: Learn How to Play

Learn how to play the exciting game of Mah Jongg, a game of Chinese origin with

American National Mah Jongg League Inc. rules. Learn how the game is played and achieve proficiency in the basics. Four players play at each game. Two additional players rotate between playing in turn and observing. Mah Jongg is a game which teaches players how to overcome rigid thinking by changing the goal in the midst of play. We'll provide you a National Mah Jongg League card in large print.

Janice Perelman

Wed 10:00 AM - 12:00 PM • 2/8/2023-3/1/2023 • 4 mtg(s) • \$50 • Online



Beginning Windows 10

Discover the basic features of Windows 10 including: what you need to know about your Windows PC hardware, navigating Windows 10, securing your PC and data, and avoiding scams. You will learn to maneuver through your Windows 10 desktop, files, and photos so you can find what you need when you need it. We'll discuss the use of basic, native Windows 10 applications to do everything from creating a simple document to checking the weather, surfing the net, and fixing a bad photo.

SKILL LEVEL A & B

David Watkins

Wed 10:00 AM - 12:00 PM • 2/8/2023-3/1/2023 • 4 mtg(s) • \$40 • Online



Cut the Cable Cord: A Guide and Roadmap

Still paying for TV channels you have no interest in watching? Join the legions of people who have 'cut the cord' by discontinuing their cable/satellite TV subscriptions. Enjoy high-quality TV viewing over-the-air (OTA) or via high-speed internet streaming services. Learn the pros and cons of cord-cutting, antenna selection/installation, DVR options, streaming devices and services, and the future of OTA TV. Navigate the potentially intimidating process of cutting the cord in as non-technical a fashion as possible.

SKILL LEVEL B

Larry Weatherly

Wed 10:00 AM - 12:00 PM • 2/15/2023-2/22/2023 • 2 mtg(s) • \$25 • Lake Magdalene United Methodist Church

Conversational Italian II

Continue to learn practical vocabulary and just enough grammar to have conversations without getting bogged down. If you didn't take Conversational Italian I, but have a background in foreign languages, join us. Come join the fun. Required text: *15-Minute Italian by Francesca Logi*, (ISBN 978-1-4654-6296-1) is available online for less than \$13.

Catherine Mitchell

Wed 10:30 AM - 12:00 PM • 1/18/2023-2/22/2023 • 6 mtg(s) • \$50 • Italian Club

Global Perspectives from Remote Corners of the World

Learn about regions and countries you're unlikely to have the chance to visit. The instructor, a former foreign service officer with the U.S. Agency for International Development, will draw from her knowledge and experiences in smaller, lesser-known countries to provide insights into their history and culture as well as their present-day political, economic, and environmental challenges. We will also examine broader regional themes and geostrategic issues surrounding these countries.

Caryle Cammisa

Wed 10:30 AM - 12:00 PM • 1/25/2023-2/8/2023 • 3 mtg(s) • \$30 • Allegro at Hyde Park Senior Living

Games of Chance: Are You All In?

When you're driving on a local highway, do you ever see a road sign that lures you into dreams of winning millions in the Powerball lottery? Or do you like to enter a casino with high hopes and a determination to score big? Find out which popular game of chance (such as Lotto, Powerball, slots, blackjack, craps, roulette or sports betting) is your best "bet" and why. This course offers a simple presentation on probability and odds to reveal the best strategies in various games of chance.

Terry Sincich

Wed 10:30 AM - 12:00 PM • 2/15/2023-3/8/2023 • 4 mtg(s) • \$30 • Concordia Village of Tampa

Acrylic Painting with Judy

Enjoy this exciting exploration into the secrets of acrylic painting! Relax and have fun as you learn or expand your knowledge of colors, shapes, and shading to create something you'll be proud of. No drawing or painting experience needed. \$10 materials payable to the instructor at the first class.

Judy Heady

Wed 12:00 PM - 1:30 PM • 1/25/2023-2/1/2023 • 2 mtg(s) • \$20 • Allegro at Hyde Park Senior Living

The Erosion of Trust

Governments worldwide, including the US, face multiple, complex problems. Meeting these challenges effectively will require the support of citizens on many levels at a time when we have experienced a decline in trust in every major institution and many public figures. This session will explore how we arrived at this point over the past 60 years and what it means for our future

Rich Kennedy

Wed 1:00 PM - 3:00 PM • 1/25/2023 • 1 mtg(s) • \$10 • Allegro at Hyde Park Senior Living

Up for Discussion, The Demanding Art of the Short Story

In the space of a few pages, the short story writer must draw readers willingly into the experiences of fictional people. Nothing must be extraneous to the satisfactory resolution of the story. In this class, we will discuss two stories which illustrate the art of the form: "Indian Camp" by Ernest Hemingway and "Araby" by James Joyce. You will receive a PDF of each story, some notes on reading the short story, and, shortly before the class, some topics to guide our discussions.

Linda Feeney

Wed 1:30 PM - 3:30 PM • 1/18/2023 • 1 mtg(s) • \$10 • Allegro at Hyde Park Senior Living

What It Was: Growing Up When the Music Mattered

Focus your memories back to the '60s. Classic rock music and the counterculture of the time were driven by a series of tumultuous events. Of course, there was the Vietnam War. But also of note were the political assassinations, struggles over civil rights, gender equity and social mores. The instructor lived it all and became the youngest columnist on The Denver Post: a writer with press credentials and a backstage pass. He will offer his commentary about coming of age at this key time.

James Pagliasotti

Wed 1:30 PM - 3:00 PM • 1/25/2023 • 1 mtg(s) • \$10 • Online

Great Books Winter 2023: In Search of Great International Novels

In this bi-weekly class, the first of a multi-class series, explore great international novels, some very familiar, others not so much. Meeting every two weeks, we'll read works from Russia (Nabokov), South Africa (Coetzee), Australia (Malouf), Colombia (Marquez), England (Huxley) and Kenya (Thiong'o). Texts available online (\$30 approx) or from the library.

Kevin Chittim

Wed 4:00 PM - 6:00 PM • 2/1/2023-4/12/2023 • 6 mtg(s) • \$60 • Online

Multicultural Cafe: A Taste of China

January 2023 begins the Year of the Rabbit. Get into the spirit of Chinese New Year as you step into the Taste of China Multicultural Cafe. Sample the tastes, traditions, art and culture of Tampa Bay's Chinese community, along with fun cocktails and refreshments. The Taste of China is part of the series of multicultural cafes that celebrates the diverse communities of Tampa Bay.

Pnina Levermore

Wed 5:00 PM - 6:30 PM • 1/18/2023 • 1 mtg(s) • \$15 • Bryan Glazer Family JCC

The (Spanish) Conversation Continues

Want to continue developing your Spanish conversational skills? Learn useful new expressions and grow your vocabulary for everyday conversation while engaging in interactive activities in and outside the classroom. What we cover will be tailored to class needs and interests, but you must have previously taken Spanish. Come join the Wednesday evening fiesta! Textbook is *Learn Spanish the Fast and Fun Way*, Wald & Thatcher (\$30 or less).

Leonor O'Reilly

Wed 6:00 PM - 7:30 PM • 1/25/2023-2/22/2023 • 5 mtg(s) • \$50 • Online



NOTE

We may switch face-to-face classes to virtual instruction at any time, if needed, to help keep members safe and to accord with USF policy



Course listings and descriptions

THURSDAY

THURSDAY

Maharajas, Britain India and Kashmir

Review the history of how 563 princely states were united to form India and Pakistan, the roots of which led to the ongoing conflict of Kashmir. We will share tales of the colorful and checkered lifestyles of maharajas who ruled these states.

Bharat Pathakjee

Thu 10:00 AM - 12:00 PM • 1/19/2023-2/9/2023 • 4 mtg(s) • \$40 • Online

Frank Lloyd Wright: Still Relevant?

Frank Lloyd Wright designed more than 1,000 structures — nearly half of them were realized — before he died at age 91. He was an artist, writer and educator and was named by the American Institute of Architects as the “greatest American architect of all time.” Does this legacy, with its many unique design elements, measure up in the 21st century? How have his buildings stood the test of time? Explore these questions and more as you learn about Wright’s creativity and determination.

Mark Tlachac

Thu 10:00 AM - 12:00 PM • 1/19/2023-2/9/2023 • 4 mtg(s) • \$40 • Lake Magdalene United Methodist Church

Chinese brush/Sumi-e Instruction

Touch on slightly more complicated composition in this follow-up class. Prerequisite: familiarity with all the specialized equipment used to recreate traditional Chinese motifs and calligraphy characters from at least 4 sessions learning some of the techniques and attempting traditional motifs. Bring an apron to protect clothing. Materials fee of \$32 payable to your instructor, Renee Vickery, at the first class.

Renee Vickery

Thu 9:15 AM - 11:15 AM • 1/26/2023-2/16/2023 • 4 mtg(s) • \$30 • Arbor Terrace at Citrus Park Senior Living




Master the Files App on iPhone/iPad

The Files app allows you to access and manage the files you store in the cloud or on your Mac. Learn to sync your devices with files you store in iCloud, Box, Dropbox, or Google Drive and keep them accessible and up-to-date. Need to share a file or folder? Send a link or a zipped file. With an adapter, copy or add a file from a thumb drive to your device. Bring your iPhone (8 or newer) or iPad to class, fully charged and updated to the most recent version of iOS 16.

SKILL LEVEL B & C

Jeanne Dyer

Thu 9:30 AM - 12:00 PM • 2/23/2023-3/2/2023 • 2 mtg(s) • \$30 • USF Tampa 

Imprisoned Without Trial: Japanese Internment in WWII

Fear, hatred, and racism toward the Chinese and Japanese began in the mid 1800's, culminating with the incarceration of over 120,000 Japanese at the beginning of WWII, two-thirds of whom were US citizens. From the perspective of a third generation Japanese-American (Sansei), we will discuss how, when and why racism landed Americans in what is more accurately described as prison camps, and what we can do to countermand the effect of anti-Asian violence and racism in America today.

Dennis Kato

Thu 10:00 AM - 12:00 PM • 1/26/2023-2/16/2023 • 4 mtg(s) • \$40 • Unisen Senior Living

Tampa Titans and Terrors

Hear about the times when Ballast Point was sold for \$25, when a freed slave named Mrs. Fortune Taylor amassed 30+ acres near downtown Tampa, and when gangland killings terrorized the town. Who were the fat cats behind the development of Hyde Park, Westshore, and Carrollwood? We'll dig up some history about the people and events who have shaped Tampa.

Ronald Weaver

Thu 10:00 AM - 12:00 PM • 1/26/2023-2/9/2023 • 3 mtg(s) • \$30 • Allegro at Hyde Park Senior Living

Aging, Cognition & Memory

You walk from the kitchen to your office, and ask, “Why was I going here?” Or you can't remember where you put your keys. These days, everyone's talking about the brain and how to keep it healthy. Investigate the link between memory and sense of self. Distinguish the various forms of dementia from normal aging. Learn how the brain changes with age, the challenges of memory, and straightforward strategies to compensate for typical memory issues.

Charlie Morris

Thu 10:00 AM - 12:00 PM • 2/16/2023-3/2/2023 • 3 mtg(s) • \$30 • Allegro at Hyde Park Senior Living

The Brenda Tipps Reading Series 2023

In 1973, David Kushner's brother Jon biked through woods to a Tampa store and never returned. *Alligator Candy* assesses the impact on their family and community. *Don't Come Back* by Lina Maria Ferreira Cabeza-Vanegas, explores the meaning of “home” in a collection of linked personal essays, incorporating myths and translations. *Lewis and Clark for Dummies*, co-authored by Jana Prewitt, honors American Indian tribes and their role in the historic expedition. Meet the authors for readings with Q&A. Required texts available online for \$12.

Joyce Carpenter, Anne Strozier

Thu 10:00 AM - 11:30 PM • January 19, March 2 and March 30 • 3 mtg(s) • \$30 • Online



Better Composition for Outdoor Photography

Smartphone or camera, you can improve your outdoor photos with great composition. The first class will be online to explore composition tips. The second class will put them into practice with a visit to a park. Share unique perspectives with your classmates in a small group setting. Prerequisite: You must already know how to use the camera settings on your smartphone or camera. **SKILL LEVEL B**

Donna McGrew

Thu 10:00 AM - 12:00 PM • 2/16/2023-2/23/2023 • 2 mtg(s) • \$25 • Online & F2F

Rise and Fall of Modern Medicine

Advances in public health – penicillin, insulin, dialysis, organ transplantation, among others – have helped double the human lifespan in the last hundred years. We will review the advances that made it happen and celebrate the men and women behind these successes. Then we will consider some challenges and failures – eugenics, the Tuskegee experiment, access inequality – that have led to a loss of trust in medicine and public health in current times.

Bharat Pathakjee, Joel Fyvolent

Thu 10:00 AM - 12:00 PM • 2/16/2023-3/9/2023 • 4 mtg(s) • \$40 • Online

Florida Aquarium: Animal Enrichment

The Florida Aquarium provides world-class care for the animals that call it home. Preventative veterinary visits, balanced diets, and well-designed habitats all play a role in the wellbeing of our animals. We take it a step further through enrichment, stimulating our animals both mentally and physically. Join us as we explore the five categories of enrichment, how we implement each, and create your own enrichment that will be offered to our animals. Come prepared to think outside the box!

Katie Fortescue

Thu 10:00 AM - 12:00 PM • 2/23/2023 • 1 mtg(s) • \$10 • Florida Aquarium

Yoga 101

Improve your balance, strength and flexibility by integrating yoga into your daily routine. Learn postures, breathing techniques and meditation practices in this non-competitive environment. All are welcome, all mats and props are provided.

Jennifer Leavy

Thu 11:00 AM - 12:00 PM • 1/26/2023-2/16/2023 • 4 mtg(s) • \$40 • Pose By Pose Yoga

The Mysteries of Mahjongg: Learn How to Play

Do you like to be challenged, stimulated and most importantly, have fun? Mahjongg, a 200-year-old game of skill, strategy, and yes, even some luck will invigorate your mind and spark your creative energies. Mahjongg promotes memory and concentration and teaches you a new way of crafting tactics and strategy, all while making new friends. After finishing three exciting classes you will know everything you need to start playing mahjongg.

Fran Cooperwasser

Thu 11:30 AM - 1:30 PM • 1/26/2023-2/9/2023 • 3 mtg(s) • \$50 • Arbor Terrace at Citrus Park Senior Living

Mahjongg II: Strategies For Success

Now let's start to play! Make more sense of the game. Learn strategies in selecting a hand and choosing which tiles to discard in the Charleston. Prerequisite: You must have completed the introductory class - The Mysteries of Mahjongg: Learn How to Play.

Fran Cooperwasser

Thu 11:30 AM - 1:30 PM • 2/16/2023-3/2/2023 • 3 mtg(s) • \$50 • Arbor Terrace at Citrus Park Senior Living

The History of Lettuce Lake Park

Lettuce Lake Park, a 240-acre jewel just outside Tampa city limits, is the most visited park in Hillsborough County. The park contains varied ecosystems, including hardwood forest, cypress domes, and the Hillsborough River, which winds through it. The park is a playground for hikers, birders, bikers, canoers and kayakers. Learn about the design objectives that formed Lettuce Lake, which was established in 1982.

Joel Jackson

Thu 1:00 PM - 2:30 PM • 2/23/2023 • 1 mtg(s) • \$20 • Unisen Senior Living

Spanish Basics: Level II

Join in this continuation of Spanish Basics (not a required prerequisite for this course.) Learn how to recognize and read basic written Spanish and practice your pronunciation. Enhance your knowledge of Spanish verb tenses and get tips for developing language-learning skills. Required text: *Easy Spanish Step-by-Step* by Barbara Bregstein (\$12.95)

William Stanley

Thu 1:00 PM - 3:00 PM • 1/26/2023-3/16/2023 • 8 mtg(s) • \$50 • Lake Magdalene United Methodist Church

Florida Aquarium: Beachcombing 101

Florida's beaches are awash with biological treasures. Learn how to identify and classify common seashells, egg cases, exoskeletons, and more. Expand your understanding of the diversity of life on and beneath our sandy shores.

Josh Pittendreigh

Thu 1:00 PM - 3:00 PM • 2/2/2023-2/9/2023 • 2 mtg(s) • \$20 • Florida Aquarium

Spies, Lies, Betrayal: The Secret World of Espionage

What does it take to be a spy and what motivates an individual to spy? How are spies recruited? How do spies blend in? We'll uncover cloak and dagger stories of American, British and Russian spies who had a major impact on 20th century history.

Michael Pheneger

Thu 1:00 PM - 3:00 PM • 2/23/2023-3/30/2023 • 6 mtg(s) • \$60 • Allegro at Hyde Park Senior Living



Course listings and descriptions

FRIDAY

FRIDAY



Google Office Apps

Although Google Workspace includes many apps, in this class we will concentrate on using the free Google office applications equivalent to and generally compatible with Microsoft Office apps. We will look at the Google Drive cloud-based file manager, Google Docs (Word), and other applications (Sheets, Drawing, Present) available with your Google account. We'll also discuss security and privacy, collaboration, and sharing using cloud services.

SKILL LEVEL B

Doug Gatchell

Fri 9:00 AM - 11:00 AM • 2/3/2023-2/17/2023
• 3 mtg(s) • \$30 • Online

Sketching Faces with Judy

You are a better artist than you ever thought! Learn to draw a variety of facial features using just pencil, paper and your personal art genie. You will be surprised to see your lines and smudges morph into eyes, lips and noses. No experience needed; all supplies included.

Judy Heady

Fri 9:00 AM - 11:00 AM • 2/10/2023-2/17/2023 • 2 mtg(s) • \$20 • Arbor Terrace at Citrus Park Senior Living

American Indians at the Margins: Racist Stereotypes and Their Impacts on Native Peoples

Learn about the ways Native Americans have been marginalized, stereotyped, and discriminated against. As their rights are being confirmed in the courts, there has been a cultural efflorescence marking their movement into mainstream American society. Recommended reading: *American Indians at the Margins* by H. Roy Kaplan, a USF professor who teaches courses on race and ethnic relations.

Roy Kaplan

Fri 10:00 AM - 12:00 PM • 1/27/2023 • 1 mtg(s) • \$10 • Concordia Village of Tampa

Discovering Tampa Bay

Your only limitations on discovering Tampa Bay are the amount of time you have and the money you want to spend. This course will cover museums, attractions, restaurants, theaters, parks, and yearly events, including the large nearby attractions such as Busch Gardens. We will tour a local attraction.

Donald Clark

Fri 10:00 AM - 12:00 PM • 2/3/2023-3/10/2023 • 6 mtg(s) • \$40 • Concordia Village of Tampa

Taking the Confusion out of Medicare and Long-Term Care Insurance

What is the difference between a supplement and an advantage plan? The significance of enrollment periods? What factors influence long-term care quotes? Bring your Medicare questions for a comprehensive review and let the instructor demystify Medicare and long-term care insurance for you.

Angela Birdsong

Fri 10:00 AM - 12:00 PM • 2/24/2023-2/24/2023 • 1 mtg(s) • \$5 • Online

Don't Let Medicare Scare You

Navigating the maze of Medicare can be overwhelming. Learn the basics of Medicare, the resources you can access to help you make choices, and the range of preventive services available to help you improve your health. You will have the opportunity to ask questions.

Fran Oberne

Fri 10:30 AM - 12:00 PM • 1/27/2023-2/3/2023 • 2 mtg(s) • \$20 • Concordia Village of Tampa

Poetry Open Mic Featuring Victoria Dym & Friends

Join Victoria Dym, the featured reader and host, for an afternoon of poetry. Sign up to read your original work at the Open Mic which follows. Victoria will read from her published works, *Spontaneous* (2022), *Class Clown* (2015), *When the Walls Cave In* (2018), and a sneak peek at *The Hatchet Sun*, forthcoming in 2023. Participate as either a listener or as a

listener/reader. Email vicdym poet@gmail.com to sign up to read. Spots are limited so sign up today!


Victoria Dym

Fri 1:00 PM - 3:00 PM • 1/27/2023 • 1 mtg(s)
• FREE • USF Tampa

Aging Gracefully: Nutritious Foods and a Healthy Lifestyle Lead the Way

Keep it simple, make it fun. That applies to strategies for healthy living and coping with the issues of our time, such as stress, toxins and processed foods. Sugar seems to be everywhere. It adversely affects our bodies and can lead to inflammation and disease. Discover how to eliminate sugar from your diet. Simplify the struggle against high blood pressure, diabetes and high cholesterol. Learn which foods help us thrive. Hear how to tap your natural energy and thrive from this moment forward.

Lynne Wadsworth

Fri 1:00 PM - 3:00 PM • 2/3/2023-2/24/2023 • 4 mtg(s) • \$40 • Online 

Diabetes: Preventative Measures

The National Institute on Aging warns that millions of older Americans have prediabetes - blood sugar levels that are higher than normal but not yet high enough to be diagnosed as diabetes. There are no clear symptoms of prediabetes, so how do you know whether you have it? Be proactive. Join this class to learn the preventative measures you can take to reduce your risk of developing type 2 diabetes.

Benjamin Mena

Fri 1:30 PM - 3:30 PM • 2/17/2023-2/24/2023
• 2 mtg(s) • \$20 • Canterbury Tower

MULTI-DAY

Photography Fundamentals: A Workshop

Reveal the best in your photography by bringing together solid composition, exposure and post editing skills. In this workshop, we will first meet twice to review key concepts, then we will go on two photo walks to practice and learn together. For our final meeting, we will get together to share and review our photographs. **SKILL LEVEL B**

David Lockwood

Wed, Fri 1:00 PM - 4:00 PM • 2/15/2023-3/1/2023 • 5 mtg(s) • \$70 • USF Tampa



Volunteer Information Session

Ask Us Anything about volunteering with OLLI! Did you know that OLLI runs on volunteer power? Join this free information session to find out more about OLLI and volunteer opportunities. From small projects to instructing, and everything in between, there is an OLLI volunteer opportunity for you.

Diane White

Fri 1:00 PM - 2:30 PM • 1/27/2023 • 1 mtg(s)

• FREE • USF Tampa

Fri 1:00 PM - 2:30 PM • 2/24/2023 • 1 mtg(s)

• FREE • USF Tampa

Thankful for our wonderful OLLI Volunteers



Plan your schedule.

View our courses by day, week or month on the OLLI Master Calendar, always accessible on our website (About Us/OLLI Calendar), or type this shortcut into your browser: olliusf.org/calendar

Or point your smartphone camera to this: >>>>>



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Scan me to view
our schedule on
Google calendar.

OLLI-USF makes every effort to make sure the information in this catalog is accurate. Keep an eye out for the emails we send every registered person when there is a change in schedule

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Plan your schedule

View our courses by day, week or month on the OLLI Master Calendar, always accessible on our website (About Us/OLLI Calendar), or type this shortcut into your browser: olliusf.org/calendar

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View Anytime, Anywhere
Recorded Courses

Meet the OLLI Bird



We all know the early bird gets the worm.
Here it's the OLLI Birds that get rewarded!

Look for the OLLI Bird on selected classes throughout this catalog and get a 50% discount when you register early. No minimum purchase, no codes to remember!

Receive your discount!



Register by 4:30 p.m. on December 5

OR between 8:30 a.m. January 11 and 4:30 p.m. January 18

Course listings and descriptions


MONDAY

MONDAY

Life Story Writing I

This course will allow you to learn more about a topic of great personal significance--you! You will listen to and read published and unpublished life stories; then you will begin work on writing your own. The sessions will focus on childhood, family history, relationships, children, work (volunteer or paid), and personal sorrows and victories. This popular course is for beginners interested in turning their memories into family heirlooms or even works of art! This class is limited in size, so register early.


Raymond Paltoo

Mon 10:00 AM - 12:00 PM • 3/6/2023-4/10/2023 • 6 mtg(s) • \$40 • Concordia Village of Tampa 

Great Ways to Enjoy Using Apple Pages

If you already use Pages but want to be creative, join us! Learn to use backgrounds, section breaks, how to export a document to open in the Books app, formatting ideas and more. Insert photos, remove simple backgrounds, share creations and collaborate with others. Explore exporting YouTube to ebooks. You can work from any Apple device, desktop, laptop, iPhone/iPad, even online in iCloud. Bring your Apple device, (iPhones, iPads and/or laptops) to class with Pages installed (free). **SKILL LEVEL B**

Louise Kienast

Mon 10:00 AM - 12:00 PM • 3/13/2023-3/27/2023 • 3 mtg(s) • \$40 • USF Tampa 

DNA: Science, Spirituality and Big History

What is DNA? How is DNA-based life first created? Could there be DNA-based life elsewhere in the universe? Why does life evolve? What does DNA have to do with spirituality? This course explains DNA's place in 'Big History' and will help prepare you to think about how DNA has made you become

who you are. The 44-page illustrated text, *The Cosmos, DNA and Humanity*, forms the basis of this course and will be provided.

John Hassell

Mon 10:30 AM - 12:00 PM • 3/13/2023-3/20/2023 • 2 mtg(s) • \$20 • Canterbury Tower

Tampa: A Dozen Wars

The area now known as Tampa has been involved in numerous military conflicts, from battles with Ponce de León, de Narváez, and de Soto and the Spanish Indian wars of the 1500s to the Second Seminole War and the Dade Massacre in 1835, when a large portion of the US army descended on the area. More recently, Tampa played a role in the Gulf War, led by Stormin' Norman Schwarzkopf while serving as commander of CENTCOM at MacDill Air Force Base.

Ronald Weaver

Mon 1:00 PM - 2:30 PM • 3/6/2023-3/20/2023 • 3 mtg(s) • \$30 • Canterbury Tower

Continuing Conversational French and French Culture

Expand your vocabulary and add phrases that will enhance your visits to French-speaking countries in this subsequent course to OLLI's Beginning Conversational French and French Culture. You should be familiar with basic French. We will use the Pimsleur audio materials that are located in the library or can be downloaded from Audible. Continuons à être amis!

Susan Goodwin

Mon 1:00 PM - 2:30 PM • 3/20/2023-4/24/2023 • 6 mtg(s) • \$50 • Concordia Village of Tampa

A History of Russia, Part 2

In the second section of this two-part class, learn what the original Potemkin Village was, why it was so hard to kill Rasputin, how the Romanov dynasty ended, and why Tchaikovsky may have been forced to commit suicide. Read a chilling short story by Anton Chekhov, who was also a great physician. Learn of the suffering of the Russian people in the First and Second World Wars, how they overcame

Nazi Germany, and what has led to the Russo-Ukrainian War.

Gerald Stulc

Mon 1:00 PM - 3:00 PM • 3/6/2023-4/10/2023 • 6 mtg(s) • \$50 • Online

Lenin and Hitler: Agents of Doom

This class will explore the rise of Adolf Hitler and Vladimir Lenin and their respective political parties. We will travel back to Germany and Russia in the early 20th Century and witness conditions ripe for radical political coups and the devastating aftermaths. Similarities between the two nations will be reviewed, and the key players involved in bringing these organizations into historical infamy will be examined.

Chris Chapman

Mon 1:00 PM - 3:00 PM • 4/3/2023-4/17/2023 • 3 mtg(s) • \$30 • Canterbury Tower

Jewish Resisters and Rescuers during the Holocaust

Incredible though it seems, in addition to the amazing, little-known Christians and Muslims who risked their lives to save tens of thousands of Jews from the Holocaust, there are many unknown Jews who risked their own lives by using breathtaking courage and goodness to fight for, help, and save their own people. This uplifting program will disprove once and for all the lie that Jews passively accepted their imminent destruction.

Howard Kerner

Mon 1:00 PM - 3:00 PM • 4/10/2023 • 1 mtg(s) • \$10 • Online

Nazis and other Highly Unlikely Holocaust Heroes

Among those who resisted the Nazis and rescued Jews during the Holocaust, were some surprising and unlikely people. In this uplifting presentation we will profile some amazing individuals including royal family members and even members of the Nazi party who chose to risk their lives to help save persecuted Jews.

Howard Kerner

Mon 1:00 PM - 3:00 PM • 4/24/2023 • 1 mtg(s) • \$10 • Online

Acting: The Basics

Maybe all the world's a stage, but you're afraid to walk on it. Have you ever wanted to "walk the boards" and try acting, but you're not quite sure where to start? Step into this introduction to acting with Nora Paine, the producing artistic director of New Tampa Players. Start your way to New York or Hollywood! You won't encounter pressure, just fun.

Nora Paine

Mon 1:00 PM - 3:00 PM • 4/24/2023 • 1 mtg(s) • \$10 • Online

TUESDAY

Chinese brush/Sumi-e Introduction

Experience Chinese brush/Sumi-e in this introduction to a different art form. Apply ink and pigment to Zhuen paper to create elementary calligraphy and traditional Chinese motifs such as the bamboo, mums and butterflies. Decorate an Easter chick greeting card using these techniques. Just bring yourself, your enthusiasm and an apron! Materials supplied by the instructor, please do not bring your own. \$32 materials fee due to instructor at first class. Bring a check made out to the instructor.

Renee Vickery

Tue 9:15 AM - 11:15 AM • 3/14/2023-4/4/2023 • 4 mtg(s) • \$30 • Concordia Village of Tampa

Geology for Travelers

Enhance your appreciation of geological features you encounter throughout your travels in the United States and the world.. Learn how geological quirks create springs and wells, glaciers, mountains, and other geological features. We'll discuss travel planning and what to bring to make your travels more rewarding so you can better appreciate the geological features you'll find along the way. Become a more informed traveler as well as a better citizen.


John Miller

Tue 9:30 AM - 11:30 AM • 3/7/2023-3/28/2023 • 4 mtg(s) • \$20 • Lake Magdalene United Methodist Church

Introducing GarageBand for iPhones & iPads

Apple's free GarageBand app can help you create, play or record a symphony of sound and music anytime, anywhere! Share your creations and add them to iMovie or Keynote. If you can navigate your Apple device, you can learn how to use GarageBand! Sign in to class on a computer or tablet and install the latest version of GarageBand to your iPhone or iPad to practice in class. **SKILL LEVEL B**

Peter Terzian

Tue 10:00 AM - 11:00 AM • 3/7/2023-3/28/2023 • 4 mtg(s) • \$20 • Online 

The Beatles: In Our Lives

What made The Beatles groundbreaking musicians, arguably creating the first heavy metal song? How did they usher in the age of the singer-songwriter; what makes one of their albums the greatest ever? We'll consider the revolution in sound mixing and recording they pioneered. We'll discuss some fascinating backstories for their songs, their effect on the culture along with their sheer brilliance. Bring your eyes and ears and get ready for a fascinating look into the history, the music and the impact of the Fab Four.

Stephen Meininger

Tue 10:00 AM - 12:00 PM • 4/4/2023-4/25/2023 • 4 mtg(s) • \$40 • Unisen Senior Living

Tune in to the Great Opera Divas

What makes an opera singer's voice thrilling and unique? Diva is derived from the Latin word for goddess, and the most famous sopranos might be considered goddesses of a sort. Listen to and analyze the voices of Dame Joan Sutherland, Maria Callas and Leontyne Price and discover why they've risen to such fame.


Barbara Haspel

Tue 1:00 PM - 2:00 PM • 3/14/2023-3/21/2023 • 2 mtg(s) • \$10 • Online

Mountain Dulcimer: Beyond the Basics

Move beyond the skills you developed in the OLLI beginning mountain dulcimer course. Explore several pieces of music in depth, master new songs and learn new techniques in a fun, relaxed environment. Once registered, you will receive information on purchasing music for the course (approximately \$10-15). Prerequisite: You must have completed the beginning OLLI course or be an intermediate dulcimer player.

Karen Brown-Blonigen

Tue 1:00 PM - 2:30 PM • 3/14/2023-4/18/2023 • 6 mtg(s) • \$65 • Online 

Course listings and descriptions

TUESDAY & WEDNESDAY

Afro-Cubans in Tampa: The First 120 Years

Afro-Cubans were among the earliest inhabitants of Ybor City. Many played significant roles in the struggle for Cuban independence waged here in the late 19th century. The Marti-Maceo Society, founded in 1900 and still in existence, provided a vital structure for the founders and their families, who faced double challenges from Jim Crow and nativism. Descendants made many important contributions to the cause of social justice and well-being in Tampa.

Susan Greenbaum

Tue 1:00 PM - 3:00 PM • 3/14/2023-3/21/2023
• 2 mtg(s) • \$20 • Unisen Senior Living

Painting with Stencils on Fabric

Go beyond that tie-dyed T-shirt and show your artistic talent on fabric. Learn how to hand paint with stencils on fabric by using fabric paint to layer colors. Each week you will create and take home your personalized design on a variety of fabric products such as tote bags, back packs, table runners and others. Cost: \$25 for materials and supplies.

Julia Hurley

Tue 1:00 PM - 3:00 PM • 4/4/2023-4/25/2023
• 4 mtg(s) • \$40 • Concordia Village of Tampa

Baseball from 1909-1921: A Transitional Decade

Dive into the tremendous changes in major league baseball between 1909 and 1921. Learn more about the "dead-ball era," the Black Sox scandal, the super-star hitters and the lesser-known ones. Big ballparks were built, cheaters cheated, and the baseball itself changed. A new rule outlawed tampering with the ball. Participants need to have a cursory knowledge of baseball and its specific terms. A list of pertinent baseball books will be provided.

Michael Martin

Tue 1:30 PM - 3:30 PM • 3/21/2023-4/11/2023
• 4 mtg(s) • \$40 • Lake Magdalene United Methodist Church

WEDNESDAY

Key West: Small but Significant

Just four miles long and a mile wide, Key West has played an important role in Florida's history. Through photos, maps, and stories, we will explore Key West's connections to the Calusa Indians and the Cubans. Learn from Tampa Bay History Center instructors about the Key West lighthouse, the Florida East Coast Railroad, the early cigar industry, and the notable personalities—Zachary Taylor, Tennessee Williams, Ernest Hemingway, and Harry Truman.


Nancy Dalance

Wed 10:00 AM - 12:00 PM • 4/5/2023-4/19/2023 • 3 mtg(s) • \$30 • Online

Economics of Modern Investing

Enjoy a fun, concise overview of the financial markets. We will discuss the history and basics of investing, tax and estate planning and the fundamentals of managing your own investment portfolio. Learn about the forces that influence market direction while challenging conventional Wall Street wisdom. Update your understanding of tax and estate laws in order to help you prepare for April 15th. Learn ways to protect and preserve your wealth for you and your beneficiaries. No specific financial products are discussed or sold.

Rudy Fernandez

Wed 10:00 AM - 12:00 PM • 4/12/2023-4/26/2023 • 3 mtg(s) • \$30 • Allegro at Hyde Park Senior Living 

Advanced Mah Jongg: Learn to Strategize

Improve your mah jongg game by increasing your understanding and improving your use of strategies. Learn how to switch from one hand to another to increase your likelihood of winning.

Janice Perelman

Wed 10:00 AM - 12:00 PM • 4/12/2023-5/3/2023 • 4 mtg(s) • \$50 • The Regent

Conversational Italian III

Continue practicing speaking Italian in this third-level course. Say *ciao* to some grammar and insights into the people and culture of *l'Italia Bella*. If you did not take the first or second-level Italian courses with us but have a solid understanding of Italian, you may want to try this as long as you are willing to put in extra effort. Required text: *Italian Conversation Premium Second Edition*, ISBN 9781260026207, available online (\$18).

Catherine Mitchell

Wed 10:30 AM - 12:00 PM • 3/15/2023-4/19/2023 • 6 mtg(s) • \$50 • Italian Club

A Culinary Tour of France

Food is an integral part of French culture, and few countries are as celebrated as France for its inventive approach to cooking and dining. From the Loire Valley to the French Riviera, from Bordeaux to Champagne, French regional cuisine is a unique, cultural experience that melds flavorful, healthy foods with beauty, leisure, and elaborate preparation. We'll travel the many regions of France to see why French cuisine deserves its reputation as one of the world's best.

Larry Canepa

Wed 11:00AM -1:00 PM • 3/1/2023 • 1 mtg(s) • \$10 • Online

The Gilded Age: Beyond the HBO Series

Using the HBO series' characters as a starting point, we will examine the lives of actual historical figures portrayed in the show as well as some real-life inspirations—such as members of Gotham's black elite in the 19th Century—who are represented as fictional characters. Whether or not you have watched Season 1, this class will offer a fun and informative look at this period of American history.

Barbara Goldstein

Wed 1:00 PM - 2:15 PM • 3/1/2023-3/22/2023 • 4 mtg(s) • \$40 • Online

Healthy Body, Healthy Mind: Introduction to Tai Chi

Improve your strength, flexibility and balance. Tai chi is especially good for seniors, because it focuses on some of the challenges we face. It can bring a sense of calm to the mind while the body moves through space. Become familiar with the Taoist internal art style as taught by Master Moy Lin-shin of the American Tai Chi Academy.

Kim Roberts

Wed 1:00 PM - 2:30 PM • 3/1/2023-4/5/2023 • 6 mtg(s) • \$40 • Concordia Village of Tampa

Ring It Out! Basic Handbell Techniques

You may think of hearing handbells only in December, but now you will be able to hear and play them all year. If you can count to four, you can play handbells! No musical knowledge required. Learn the history of English handbells and how to handle and care for them. Understand basic techniques, read beginner level music and practice with classmates. All supplies will be provided, including gloves and handbells.

Nancy Wisgerhof

Wed 1:00 PM - 2:30 PM • 3/8/2023-3/29/2023 • 4 mtg(s) • \$40 • First United Methodist Plant City

Italy: A Culinary Tour of Its Regional Cuisine

Italy is a diverse nation boasting equally diverse cuisine. Expand your knowledge of Italian food and discover delectable, unique cuisines from Italy's 20 regions. From the snow-capped Alps to the beautiful Mediterranean, let's explore climate, culture and signature dishes region by region.

Larry Canepa

Wed 1:00 PM - 3:00 PM • 3/8/2023 • 1 mtg(s) • \$10 • Online

Tragedy, Comedy, Drama, Romance: The Theater, Ancient to Modern

Embrace 24 centuries of stage plays from Sophocles through Broadway in this broad survey of theater through the ages. How does seeing a play on stage or film compare to reading a good story? We will read excerpts and watch scenes on YouTube and DVDs. To get us started, please read and prepare your thoughts on *A Thousand Clowns* by Herb Gardner, available online (less than \$11.)

Philip Coates

Wed 1:00 PM - 3:00 PM • 3/8/2023-3/29/2023 • 4 mtg(s) • \$40 • Allegro at Hyde Park Senior Living

Close-up and Impromptu Magic with Everyday Items

You won't learn to saw a beautiful lady in half, but you will be able to mystify and entertain your friends by warping their perception of time and space, their sense of reality. In this hands-on class, you will make magic with things that can be found around the house, such as coins and dollar bills, pens and pencils, napkins and rubber bands. Give people the "gift of the moment."

Charles Garvey

Wed 1:00 PM - 3:00 PM • 3/29/2023-4/19/2023 • 4 mtg(s) • \$30 • Arbor Terrace at Citrus Park Senior Living

The (Spanish) Conversation Continues

Want to continue developing your Spanish conversational skills? Learn useful new expressions and grow your vocabulary for everyday conversation while engaging in interactive activities in and outside the classroom. What we cover will be tailored to class needs and interests, but you must have previously taken Spanish. Come join the Wednesday evening fiesta! Textbook is *Learn Spanish the Fast and Fun Way*, Wald & Thatcher (\$30 or less).

Leonor O'Reilly

Wed 6:00 PM - 7:30 PM • 3/29/2023-4/26/2023 • 5 mtg(s) • \$50 • Online



Course listings and descriptions

WEDNESDAY & THURSDAY

Jewish Geography: South of the Border

When people meet each other for the first time, it's natural to try to connect through mutual acquaintances. Jewish people often find connections to generations of immigrants from such countries as Argentina, Brazil, Bolivia, Chile and Mexico. Take this journey to lands south of the border and hear firsthand tales of life in the past. Learn about family treasures and legends. Enjoy a dinner featuring recipes passed down "l'dor v'dor," from generation to generation.

Pnina Levermore

Wed 6:00 PM - 7:30 PM • 3/1/2023 • 1 mtg(s)

• \$20 • JCC Cohn Campus

THURSDAY

iPhone & iPad: Those Other" Great Apps"

iPhones and iPads come out of the box with several native Apple apps, some of which most people use daily. But what about those "other" apps, the ones you have not tried or mastered? This class will introduce you to the less familiar apps and show you how to use them on your own iPhone and/or iPad. Bring your iPhone (8 or newer) or iPad to class. These iDevices should be fully charged and updated to the most recent version of iOS 16. **SKILL LEVEL B**

Jeanne Dyer

Thu 9:30 AM - 12:00 PM • 3/23/2023-3/30/2023 • 2 mtg(s) • \$40 • USF Tampa

More Secret & Hidden Features in iPhone/iPad

Continuous updates to Apple's iPhone have introduced a number of useful features. Let's explore the secret and hidden features you haven't come across yet. As we reveal each feature, we'll show you how to use it and discuss its advantages and disadvantages. Bring your iPhone (8 or newer) or iPad to class. These iDevices should be fully charged and updated to the most recent version of iOS 16.

SKILL LEVEL B

Jeanne Dyer

Thu 9:30 AM - 12:00 PM • 4/20/2023 • 1 mtg(s) • \$25 • USF Tampa

Life and Death Documents Everyone Should Have

As we age, we may focus on end-of-life planning, but what about planning for unexpected legal and financial events that may occur before the end? Consider how to enhance your ease of life, from right now to the end. That can include social and family factors. Discuss the preparation and use of all legal and financial documents that can go into your life goals and estate plans.

John Grant

Thu 10:00 AM - 12:00 PM • 3/2/2023-3/9/2023 • 2 mtg(s) • \$20 • Online

Being Jewish in Scandinavia During WWII

Four countries, four different outcomes of Hitler's plan for the Nordic Jews. Born into a Swedish-speaking minority in Helsinki, Finland, Cami Green Hofstadter explores the role of each Scandinavian country during the Holocaust years. With two law degrees and a PhD, she spent her academic career at two universities in Miami while also nurturing her passion for research. Join the author of *The Yellow Star that Wasn't: Scandinavia, Miami, and Me* to explore the themes of these turbulent times. The book is available for purchase online or for cash at this class (\$12).

Cami Hofstadter

Thu 10:00 AM - 12:00 PM • 3/2/2023 • 1 mtg(s) • \$10 • Online

100 D-Days: The Air War against Japan, 1937-1945

Learn about the Allied campaign to halt the expansion of the Japanese empire in Asia and the South Pacific, to turn the tide after Pearl Harbor at the Coral Sea, Midway, and Guadalcanal, and to achieve victory after the immolation of Hiroshima and Nagasaki. A sequel to the Wild Blue Yonder, this course explores how Japan became a militarized state, from its brief, spectacular run of military triumphs to its inevitable defeat.

Buck Beasom

Thu 10:00 AM - 12:00 PM • 3/30/2023-4/27/2023 • 5 mtg(s) • \$50 • Unisen Senior Living

The Mysteries of Mahjongg: Learn How to Play

Do you like to be challenged, stimulated and most importantly, have fun? Mahjongg, a 200-year-old game of skill, strategy, and yes, even some luck will invigorate your mind and spark your creative energies. Mahjongg promotes memory and concentration and teaches you a new way of crafting tactics and strategy, all while making new friends. After finishing three exciting classes you will know everything you need to start playing mahjongg.

Fran Cooperwasser

Thu 10:30 AM - 12:30 PM • 3/16/2023-3/30/2023 • 3 mtg(s) • \$50 • Concordia Village of Tampa

Mahjongg II: Strategies For Success

Now let's start to play! Make more sense of the game. Learn strategies in selecting a hand and choosing which tiles to discard in the Charleston. Prerequisite: You must have completed the introductory class - The Mysteries of Mahjongg: Learn How to Play.

Fran Cooperwasser

Thu 10:30 AM - 12:30 PM • 4/6/2023-4/20/2023 • 3 mtg(s) • \$50 • Concordia Village of Tampa

Yoga 101

Improve your balance, strength and flexibility by integrating yoga into your daily routine. Learn postures, breathing techniques and meditation practices in this non-competitive environment. All are welcome, all mats and props are provided.

Jennifer Leavy

Thu 11:00 AM - 12:00 PM • 3/16/2023-4/6/2023 • 4 mtg(s) • \$40 • Pose By Pose Yoga

Landscaping to Support Florida's Wildlife

Florida's native wildlife is in serious trouble with a 40% loss in the last 50 years. We will discuss some of the things each of us can do to help. Attracting wildlife to our yards by planning and planting for their needs is simple and satisfying. By supplying adequate food, water and shelter, we can increase the number and variety of species that visit our properties, improving our chances of observing them more closely while providing the habitat they need to survive.

Joel Jackson

Thu 1:00 PM - 2:30 PM • 3/2/2023-3/2/2023 • 1 mtg(s) • \$20 • Unisen Senior Living

Florida Aquarium: Science of the Great Smoky Mountains

The Great Smoky Mountains are an ancient and unique habitat. Learn about what makes the Great Smoky Mountains so special. Virtually "explore" with us the many waterfalls, habitats and species that make

up the most visited National Park in the US. Discover the differences and similarities to our home state of Florida

Kaycee Heiss

Thu 1:00 PM - 2:30 PM • 3/2/2023-3/9/2023 • 2 mtg(s) • \$20 • Florida Aquarium

The Tooth about Sharks

Sharks, one of the most beautiful, amazing, and misunderstood species on the planet, spark fear and awe. These often demonized predators form an important link in the oceans' food chain and ecosystems. Join us as we explore the biology, natural history, and conservation story of this amazingly diverse group of animals.

Matt Allen

Thu 1:00 PM - 3:00 PM • 4/6/2023-4/13/2023 • 2 mtg(s) • \$20 • Florida Aquarium

Women Transforming Tampa

When Clara Frye, a trained nurse, moved to Tampa in 1901 and encountered "whites only" medical facilities, she began treating black patients in her home and later founded a hospital for people of color. Bay area suffragettes Eleanor McWilliams Chamberlain, Julia Harrison Norris, and Elizabeth Askew fought for the 19th Amendment and helped give local women a voice. Learn about these and other trailblazing Tampa women from history to the present day.


Ronald Weaver

Thu 1:00 PM - 3:00 PM • 4/6/2023-4/13/2023 • 2 mtg(s) • \$30 • Allegro at Hyde Park Senior Living

Imaginative Writing

Nurture your inner playfulness, draw on spontaneity, and get even more creative! We may re-envision famous movie plots, eavesdrop on a wolf's conversation from *Little Red Riding Hood*, or follow Alice down the rabbit hole. Bring a pen and be prepared to have fun. New and returning participants all welcome!

Marilyn Myerson

Thu 1:30 PM - 3:30 PM • 3/23/2023-4/13/2023 • 4 mtg(s) • \$40 • Online 

FRIDAY



Google Calendar

If you use Gmail, you already have a Google Calendar and will want to know how to get the most out of it. We'll explore tips and tricks of effectively using this free calendar application in ways you probably have not considered.

We'll look at multiple calendars in one view, sharing calendars, calendar events, reminders, and tasks. **SKILL LEVEL B**

Doug Gatchell

Fri 9:00 AM - 11:00 AM • 3/3/2023 • 1 mtg(s) • \$20 • Online



Google Mail

Gmail is a flagship product in the Google-sphere. It's hard to find someone who doesn't have at least one Gmail account. However, it's common to find folks who don't know how to use Gmail effectively and efficiently. We will look at the comprehensive configuration settings and help you choose those which would benefit you most. **SKILL LEVEL B**

Doug Gatchell

Fri 9:00 AM - 11:00 AM • 3/17/2023 • 1 mtg(s) • \$20 • Online

Acrylic Painting with Judy

Enjoy this exciting exploration into the secrets of acrylic painting! Relax and have fun as you learn or expand your knowledge of colors, shapes, and shading to create something you'll be proud of. No drawing or painting experience needed. \$10 materials payable to the instructor at the first class.

Judy Heady

Fri 9:00 AM - 11:00 AM • 4/14/2023-4/21/2023 • 2 mtg(s) • \$20 • Arbor Terrace at Citrus Park Senior Living

Self Hypnosis III: Self Hypnotherapy

Explore past conditioning and the unconscious barriers that limit us from being fully present and at peace in this advanced course. We will bring awareness to ego attachment, which can be the cause of unnecessary suffering,

Course listings and descriptions

FRIDAY & MULT-DAY

anger, sadness and fear. Ongoing students can develop their own style of self-hypnotherapy and mindfulness. Sharon Stoll, Certified Harp Practitioner, will play at each class meeting and share insights on therapeutic music and meditation. Prerequisite: Self Hypnosis I.

Peter Arizu

Fri 10:00 AM - 12:00 PM • 3/3/2023-3/31/2023 • 5 mtg(s) • \$40 • Online



The Little-Known Story of How WWII and the Holocaust Could Have Been Averted

This class reveals facts historians have kept hidden, ignored, or failed to link that clarify how Hitler and the Nazis came to power, then systematically dismantled personal freedoms and the rule of law. Co-author of Wolf and Sins of the Fathers, Alan Winter will review missed opportunities that might have prevented a world war and genocide and discuss why history may be poised to repeat itself.

Alan Winter

Fri 10:00 AM - 12:00 PM • 3/10/2023 • 1 mtg(s) • \$10 • Online

Don't Let Medicare Scare You

Navigating the maze of Medicare can be overwhelming. Learn the basics of Medicare, the resources you can access to help you make choices, and the range of preventive services available to help you improve your health. You will have the opportunity to ask questions.

Fran Oberne

Fri 10:30 AM - 12:00 PM • 4/21/2023-4/28/2023 • 2 mtg(s) • \$20 • Allegro at Hyde Park Senior Living

Artist's and Writer Law School

For artists and writers, it's difficult to obtain information about protecting your rights in your creative projects. And if you manage to do that, it can be difficult to decipher the "legalese." In this workshop designed for the artistic soul, we cover the basics of copyrights, trademarks, gallery agreements, contracts and key artistic rights. You will understand the fine print without having a law degree.

Jodé Millman

Fri 11:00 AM - 12:00 PM • 3/3/2023-3/17/2023 • 3 mtg(s) • \$30 • Online

This Was Toscanini: The Maestro, My Father, and Me

Samuel Antek, a violinist in the NBC Symphony Orchestra under conductor Arturo Toscanini, joined at the orchestra's inception in 1937 and played with it until its dissolution in 1954. His daughter, Lucy Antek Johnson, co-wrote This Was Toscanini: The Maestro, My Father, and Me. The book remembers the musical genius of legendary conductor Arturo Toscanini who introduced Americans to classical music via radio and television broadcasts. Join her for stories about this maestro who has inspired musicians and music lovers around the world.

Lucy Antek Johnson

Fri 1:00 PM - 2:00 PM • 3/24/2023 • 1 mtg(s) • \$10 • Online

A Course is Born: From Concept to Classroom

This free, hands-on workshop will guide you through the process of shaping your idea into a class suitable for any adult audience. Focus will be on course development, preparation and delivery. You will understand how adults learn, how to use common classroom tools, and what OLLI-USF resources are available to you. Learn how to prepare presentations, manage groups effectively and get your ideas across in an entertaining yet effective manner. Practice and feedback sessions will help you gain confidence and improve your course. We will alternate between meeting in a classroom and meeting on Zoom. The cost of admission is simply your idea for what you might teach, and your willingness to work at developing it into a great class.

Earl Richardson

Fri 1:15 PM - 3:15 PM • 3/3/2023-4/7/2023 • 6 mtg(s) • FREE • USF Tampa

Staying Healthy After 50

As we age, we may face health challenges. Some of us are dealing with debilitating diseases. What is the difference between normal aging and disease? What behavioral

and nutritional changes can we make to help us improve our health and well-being? Can these changes reverse some medical conditions? Join us in our exploration of health issues and lifestyle choices.

Benjamin Mena

Fri 1:30 PM - 3:30 PM • 3/31/2023-4/14/2023 • 3 mtg(s) • \$30 • Allegro at Hyde Park Senior Living

Volunteer Information Session

Ask Us Anything about volunteering with OLLI! Did you know that OLLI runs on volunteer power? Join this free information session to find out more about OLLI and volunteer opportunities. From small projects to instructing, and everything in between, there is an OLLI volunteer opportunity for you.

Diane White

Fri 1:00 PM - 2:30 PM • 2/3/2023 • 1 mtg(s) • FREE • USF Tampa

MULTI-DAY



Essential Spreadsheet Skills

Keep inventories, track mileage, keep lists and organize information just as you like, using a spreadsheet. Learn the essentials on your own via video tutorial: meet on Zoom for review and questions and once a week in person to learn new skills. What you learn will apply to any spreadsheet program, such as Excel, Google Sheets or Apple Numbers. Create, then modify your spreadsheets; discover ways to expand and create more complex spreadsheets using Pivot Tables and the SumIFS equations. You'll need Excel (Windows or Mac) on a laptop while meeting in person. **SKILL LEVEL B & C**

Michael Viren

Tue, Thu 10:00 AM - 11:00 AM • 3/28/2023-4/20/2023 • 8 mtg(s) • \$40 • USF Tampa : (Tues) and Online (Thurs)

University of Tampa Lecture Series

The Communication faculty at the University of Tampa have taken a special interest in OLLI-USF and our members. Every winter they provide us with the best their faculty has to offer in these free evening lectures alongside UT undergrads. Experience the modern college classroom at its best!

A Brief History of Reality TV

From P.T. Barnum's "playful frauds" to Mark Burnett's "Survivor" to The Kardashians, we'll trace the history, note key influences, and explore key questions and controversies about this popular form of entertainment. **Paul Hillier** is Associate Professor in Communication at the University of Tampa; his interests include the relationships between media, technology and U.S. society.

Thu 7:00 PM - 8:00 PM • 1/26/2023 • 1 mtg(s) • FREE • Ferman Center for the Arts

Fully Automated Futures: Human Rights in the Age of Advanced Technologies

From *The Terminator*, *The Matrix*, and *Blade Runner* to drone warfare and hyper-cognitive A.I., this talk examines the anxieties and techno-futures prompted by advancements in cybernetics. **Francesca Romeo** is Assistant Teaching Professor in Communication at UT; her scholarship examines the connections between digital media and political violence.

Thu 7:00 PM - 8:00 PM • 2/23/2023 • 1 mtg(s) • FREE • Ferman Center for the Arts

Digital Extensions, Experiential Extensions and Hair Extensions: RuPaul's Drag Race and the New Media Environment

A look into what the VH1 reality series *RuPaul's Drag Race* tells us about the future of television, gender and media economics. **David Gudelunas** is Dean of the College of Arts and Letters and Professor of Communication at UT. His research interests include emerging media technologies, gender, sexuality and communication, and the communication industry.

Thu 7:00 PM - 8:00 PM • 3/23/2023 • 1 mtg(s) • FREE • Ferman Center for the Arts

Censorship in a Silent Era: How Ag-gag Laws Seek to Hide the Ethical and Environmental Impacts of Factory Farming

How the meat industry uses their financial clout to enact laws that seek to criminalize activities - like video recording - that reveal the conditions inside factory farms and slaughterhouses. **Allen Zimmerman**, Visiting Assistant Professor, Advertising and Public Relations specializes in strategic communication research that informs effective efforts to end the factory farming of animals.

Thu 7:00 PM - 8:00 PM • 4/27/2023 • 1 mtg(s) • FREE • Ferman Center for the Arts

OLLI-USF PARTNERS

We are grateful to our retirement community partners for recognizing OLLI-USF's value and for their financial support.

Allegro
HYDE PARK



ARBOR TERRACE
citrus park





Meet the Instructors



OLLI-USF's Faculty Roll of Honor recognizes teachers who have led at least 10 successful courses.

Matt Allen's science expertise ranges from petrology to marine science. He works at the Florida Aquarium, where he brings his passion for science education and his artistic abilities together to help interpret the science around us.

★ **Peter Arizu** has a master's degree in education and is a certified clinical hypnotherapist in private practice. He is on the staff of the Florida Institute of Hypnotherapy and leads workshops in mind fitness and stress management.

Buck Beasom, BS and MBA, taught a variety of business courses to adults and was a middle school teacher. He is enthusiastic about WWII history, especially the US Mighty 8th Air Force, and has been studying the war since he was 13.

Angela Birdsong, BA Communications, has spent the past few years as a health and life insurance agent where she helps baby boomers and retirees transition into Medicare.

★ **Karen Brown-Blonigen** has been playing the mountain dulcimer since 2006. She performs as "Granny and her Dulcimers: Songs of the Mountains and beyond" and is a performing docent for the Cracker Country Museum and the Florida Pioneer Museum.

Caryle Cammisa has a bachelor's degree in social work, Temple University, and a master's degree in public policy, S.U.N.Y.

Larry Canepa, BA Integrative Studies and History, is an executive chef and certified culinary educator. He is the owner of Dinner at Eight, a culinary arts education service.

Joyce Carpenter studied drama in college in England and holds degrees in special education and social work. Before retiring, she was a psychiatric social worker at Tampa General Hospital and taught at Hillsborough Community College and USF.

Christopher Chapman, BS and JD from the University of South Carolina, has worked in commercial litigation, government relations and criminal defense. He spent time in the Soviet Union and Ukraine and has a special interest in the Russian Revolution and interwar period in Europe.

★ **Kevin Chittim** has moderated over 20 Great Books classes after retiring from a 35-year career as a technology CEO. In addition, he has attended more than 350 OLLI courses at USF and Eckerd and volunteered for a number of OLLI boards and committees.

★ **Don Clark** often can be found promoting OLLI-USF at fairs and expos around town. He enjoys sharing his discoveries of the well-known and the unique from around Tampa Bay. Don has led "Discover Tampa Bay" courses for OLLI-USF since 2002.

Philip Coates graduated from Brown University and has a master's degree from the University of Michigan. He is a published writer and an editor/publisher who has taught writing and the humanities and lectured in philosophy.

Fran Cooperwasser holds a BS in education and an MS in counseling. She has been an avid Mahjongg player for 15+ years and has been teaching the game for two. Fran is a tennis player, and she and her husband have had a dog boarding business since 1996.

★ **Nancy Dalance** is Director of Education at the Tampa Bay History Center.

★ **Jeanne Dyer** is a USF Charter Class graduate who holds a BA in Natural Sciences and an MS in Chemistry Education from Morgan State College. A retired high school chemistry and physics teacher, Jeanne is currently the OLLI Technology Coordinator.

Victoria Dym, MFA Creative Writing-Poetry, Carlow University, is a poet, storyteller and an improvisational actor. She is co-founder of the Metanoia Retreat for Writers and has two published chapbooks: *Class Clown* and *When the Walls Cave In*.

Linda Feeney, BA English, MA Library and Information Science, MBA, worked in management at the Ford Foundation. She has taught numerous OLLI courses featuring short stories, novellas and literary non-fiction.

★ **Rudy Fernandez**, CFP, is a Director in the Private Wealth Management Division at the Tampa office of Robert W. Baird & Co. He has more than 39 years of financial services industry experience.

Katie Fortescue holds a BS in biology and chemistry from the University of Toledo and a MRes in marine biology from the University of Plymouth. She is the Florida Aquarium's Education Evaluation Manager.

★ **Joel D. Fyvolent**, retired M. D. of Internal Medicine and Digestive Diseases, was Chief of Medicine at Tampa General Hospital, charter member of the clinical faculty of medicine, University of South Florida and member of staff, St. Joseph Hospital.

Charles Garvey, aka Captain Mystik, Pirate Magician, is a member of the International Brotherhood of Magicians. He holds a bachelor's degree in special education, is a licensed massage therapist and a pain rehab therapist.

Sharon Gaskin moved to Tampa in 1954, grew up here watching Tampa's growth and changes, and graduated from USF. In 2012 she retired from a career in Communication Sciences & Disorders, as an instructor at USF and in the private and public sectors.

★ **Douglas Gatchell**, was a computer network engineer at Los Alamos National Laboratory and a program director at the National Science Foundation before retirement.

★ **Bruce Gobioff**, MS Management of Technology, MIT, had a career in the computer industry that spanned 1966 to 2015. He spent 35 years with IBM in technical and management positions developing software for mainframes and personal computers.

Barbara Goldstein is Professor Emeritus at Hillsborough Community College after more than 30 years as an English professor and Dean of Humanities. An avid history buff, she is also a docent at the H. B. Plant Museum.

Susan Goodwin holds degrees in French and has lived in Bordeaux and Paris. She has taught French in secondary school and in continuing education programs. She has visited France many times.

John Grant, JD, Stetson College of Law, has practiced estate planning and administration for 53 years. He served in the Florida Legislature for 21 years.

Susan Greenbaum, retired USF professor of Anthropology, has done local research in Tampa since the 1980s. She is the author of two books about her work: *More than Black: Afro-Cubans in Tampa* and *Blaming the Poor: The Long Shadow of the Moynihan Report*.

Ron Hammerle, doctorate in medical ethics, University of Chicago, studied with Elisabeth Kubler-Ross, the internationally known American pioneer in end-of-life care. Ron has taught in graduate schools of medicine, pharmacy, business and law.

Barbara Haspel is a lirico spinto soprano. She is a graduate of the prestigious Curtis Institute of Music, a recipient of a Fulbright Scholarship and has sung opposite such notable artists as Ferruccio Tagliavini.

John Hassell, PhD Biology, used molecular biology to conduct bio-medical research and held positions at the National Institutes of Health, University of Pittsburgh and the University of South Florida.

Judy Heady is an acrylic artist who has painted on canvas, murals and theater sets. She attended the School of Visual Arts in NYC and the University of Texas at San Antonio.

Aaron Hedges is the CEO of Inheritance of Hope, an organization that helps young families navigate the challenges of a parent's terminal illness. Aaron received his BA from Carson-Newman University and his MBA and MDiv from Mercer University.

Kaycee Heiss, BS Biology, University of the Cumberland, is an Education Presenter at the Florida Aquarium. A former bat biologist, she has worked with both land and sea animals and as educator and zoo keeper at Busch Gardens Tampa.

★ **Jack Herman** has a bachelor's degree in political science from the University of Pittsburgh. He was manager of computer information systems at Eastman Kodak for 31 years and has taught at OLLI-USF since 2009.

Paul Hillier, PhD Mass Communication, University of Georgia. His research focuses on television studies, American visual culture, and the relationships between media, technology, and society. He is Associate Professor of Communication, Media, and Culture at the University of Tampa.

Cami Hofstadter, PhD, has two law degrees and spent her academic career at two universities in Miami.

Judith Huge, spent more than 30 years as a college teacher, corporate consultant and writer. She founded the graduate program in the teaching of writing at Goucher College. Her corporate clients have included Fortune 100 corporations and not-for-profits from coast to coast.

Julia Hurley is a self-taught artist who enjoys expanding her skills to make pieces to use every day and to share as gifts. Her professional career spanned 35 years in human resources for the Massachusetts Department of Revenue.

Joel Jackson, a longtime planner for Hillsborough County, was the first parks and recreation planner for the City of Tampa. He planned the development of Lettuce Lake and other local conservation parks. Joel is a wildlife and native plant enthusiast.

Robert Jacob holds an MA in education and served as a US Marine. He uses his passion for history in living history interpretation, education and reenacting. He has taught for Eckerd's OLLI; the Tampa Bay History Center and other Florida organizations.

Lucy Antek Johnson grew up in New York City, where her father played violin under Arturo Toscanini. She worked in television production, produced movies for TV in Los Angeles, and later became a vice president at NBC and CBS.

H. Roy Kaplan, former Executive Director of the National Conference of Christians & Jews for Tampa Bay, teaches courses on race and ethnic relations at USF. Author of six books, he received awards as a National Hero of Education and civil rights worker.

Dennis Kato, BA Political Science University of Cincinnati, has visited all ten Japanese American internment camps. Family members were incarcerated during WWII. NEVER AGAIN!

★ **Rich Kennedy** runs his own software company, has taught numerous classes, directed and acted for the stage, and has been active in local politics and various organizations. He has a lifelong passion for all things presidential.

★ **Howard Kerner**, MA, taught English, communications and humanities at the high school and university levels for 47 years. He has published hundreds of articles and created and taught courses on interpersonal relationships and on the Holocaust.

Louise Kienast is a piano teacher who uses Apple computers and devices in her music studio. An amateur explorer of programs that combine text, images, audio and video, Louise has created several e-books using BookCreator, Pages, Word and iBooks Author, among others. She is happy to share what she has learned.

Paul Knowlton is a former engineer, practicing attorney, ordained minister, and successful entrepreneur who received his degrees from Temple University, Georgia State University College of Law and Mercer University McAfee School of Theology.

★ **Jennifer Leavy**, a USF Women's Studies graduate, is a certified yoga therapist and teacher. Her interest in serving others is reflected in her practice, which promotes yoga therapy as a tool to improve the health of people of all ages.

Pnina Levermore is Adult and Senior Program Manager at the Tampa JCC.

Dave Lockwood, BA Accounting, University of Illinois, is a retired marketing executive pursuing his passion for portrait and fine art photography. An active and awarded member of the Tampa photography community, Dave owns Locowood Photography.

★ **Sheryl Long** is a retired communications and marketing manager with a BA in Mass Communications from USF. She has a curious mind and loves a good story.

Tammy Lyons is a biologist, active with Tampa Audubon for over 30 years. She organizes field trips, works on conservation and education projects, and has helped facilitate the OLLI - Tampa Audubon class Natural Hillsborough for approximately 20 years.

Michael Martin is a retired educator and corporate writer and editor. He holds a BA and MA in English fields, and has taught corporate classes for IBM and secondary Reading. Martin has studied baseball history and biography for more than 50 years.

Donna McGrew, MBA, USF, served as a teacher of high school English and Mathematics in Florida. Donna co-leads OLLI's Outdoors SIG and is a talented underwater photographer.

Stephen Meininger, JD, University of Florida, MBA, Florida International University, is a bankruptcy lawyer and serves as a Chapter 7 trustee. He describes himself as an autodidact in classical and classic rock whose favorite group is The Beatles.

Benjamin Mena, MD, has been Chief of Medicine at three hospitals. He is a Board Member at Memorial Hospital and a volunteer in their diabetes support group.

John C. Miller, PG, Saint Louis University and the University of Missouri, was a Florida-licensed professional geologist before his retirement. He is widely traveled throughout the U.S. and in Latin America. An author of speculative fiction, he has published 11 books.

Jodé Millman is an attorney, award-winning author, teacher & podcast creator, book reviewer & creator of The Writer's Law School. She holds a BA, MA in English Lit. and JD. Her novels, *The Midnight Call* & *Hooker Avenue*, are thrillers based on true crimes.

★ **Catherine Mitchell** holds a master's degree in Italian from Middlebury College and lived in Italy for 10 years. She has taught English at European language schools and Italian in the United States.

Charlie Morris, PhD, retired as professor of psychology and provost, Denison University. He has worked to improve teacher evaluation in Florida and taught and traveled extensively with the Semester at Sea program (now through Colorado State University).

★ **Marilyn Myerson**, PhD Philosophy, has learned to take nothing for granted and to have fun. She retired from USF after 38 years of teaching, learning and kicking up her heels in Women's Studies.

★ **Sylvia 'Jerry' Noland** is a retired educator and former English professor. She holds both bachelor's and master's degrees in English and has done postgraduate studies at the University of South Florida and University of Florida.

★ **Brian Noriega**, MS Medical Physics, University of Florida, worked as a Medical Physicist for over 40 years, most recently at the Moffitt Cancer Center. He also teaches Radiation Therapy physics classes at Hillsborough Community College.

★ **Penny Noriega**, PhD Educational Administration, University of Florida, earned bachelor's degrees in Management and Psychology from USF. She worked at USF in management and leadership training and volunteers for the Dog Training Club of Tampa.

★ **Susan Northcutt**, PhD Political Science, Indiana University, was a Fellow in European Studies. A faculty member at USF for 35 years, she founded and remains active in the Women's Caucus of the International Studies Association.

Fran Oberne has been an active leader in the SHINE program (Serving Health Insurance Needs of Elders) since 2017. She is a SHINE trainer, presenter, assistant area coordinator and mentor. Fran is part of the State Health Insurance Assistance Program.

Leonor O'Reilly, PhD Second Language Acquisition, is the Director of USF Testing Services. She has taught Spanish at both USF and Hillsborough Community College.

James Pagliasotti was the first rock 'n' roll columnist for The Denver Post, where he wrote about music and the counterculture. He has written for numerous publications and is the author of three books. He is an honorary graduate of the U.S. Air War College.

Nora Paine earned her Master's degree in Montessori Studies, is president of the New Tampa Players and has served as their Production Manager for over 40 productions.

Raymond Paltoo, MD McGill University, practiced as a Urologist in Trinidad and Tobago and in Kansas for twenty three years. Since retirement he has pursued the art of writing.

★ **Bharat Pathakjee**, MD, practiced cardiology for 33 years in Wisconsin. Pathakjee's interests include biology, history, reading, running, learning, and teaching for OLLI.

Ann Paul, MS Biology, retired from Audubon's Florida's Coastal Islands Sanctuaries after a career in nature conservation. She is president of the Tampa Audubon Society, the Florida Ornithological Society, and the Florida Birding and Nature Festival.

★ **Janice Perelman** built a career working on behalf of the welfare of Florida's children and families, as a manager, trainer and certified mediator. She is an experienced English, psychology, adult basic education (ABE) and mah jongg instructor.

★ **Mike Pheneger**, retired U.S. Army colonel, served as an intelligence officer, is a past president of the ACLU of Florida and has served as an OLLI-USF faculty member since 2002.

Josh Pittendreigh has a bachelor's degree in Captive Wildlife Care and Education from Unity College in Unity, Maine. He has worked at The Florida Aquarium since 2017.

Earl Richardson, PhD in public administration, has a passion for leading nonprofits and volunteer groups. A retired Air Force officer, he has taught in the military, higher education and the space program.

Kim Roberts earned a Bachelor of Arts from the University of South Florida and taught in Hillsborough County Public Schools for 36 years. She has practiced tai chi for over six years and is a tai chi instructor.

Karen Roberts, BS Education, Eastern Illinois University, majored in literature and spent her career as a management consultant involved in continuous learning. She has made a lifelong study of Shakespeare.

Francesca Romeo is Assistant Professor of Communication at the University of Tampa. Her research draws on visual studies and political theory to interrogate the nature of information and advocacy in the digital age.

Terry Sincich holds a Masters & PhD in statistics from UF. He taught in the USF College of Business for 30 years. Teaching is a passion, and he has won many teaching awards. He uses statistics to create workable, useful and helpful probability analyses.

★ **Steven Specter**, PhD Microbiology and Immunology, is Professor Emeritus in Molecular Medicine at USF's Morsani College of Medicine. He established the Annual Clinical Virology Symposium in 1985 and helps lead the American Society for Microbiology.

★ **Bill Stanley**, BA Spanish, USF, enjoyed shepherding and participating in OLLI's political science and history offerings during his years on the curriculum committee. Bill loves languages and has taught Spanish for OLLI since 2011.

Anne Strozier, PhD, MSW, is Professor Emeritus in the School of Social Work at the University of South Florida. She served as MSW Chair for many years; also as Associate Director and Interim Director.

Gerald Stulc, MD, MFA Creative Writing, is a retired oncology surgeon and former flight surgeon. The author of scientific articles and a novel, *The Surgeon's Mate*, he is currently writing a book on the history of military medicine.

Davide Tanasi, PhD in classical archaeology, has been field director of excavations in Sicily since 1999. He is a professor in the USF history department.

★ **COL(R) Garry R. Tenney**, USA, is a War College graduate who served as an Intelligence Officer and Brigade Commander. Col. Tenney has commanded units with missions involving North Korea and the Middle East.

Peter Terzian, MS educational communications, worked for 36 years as a school media specialist in Florida and regional technology planner in NY. He enjoys brewing beer and volunteering at The Straz and The Valrico Village Players theater.

★ **Mark Tlachac**, BA History, University of Wisconsin-Eau Claire, is the retired Director of the Frank Lloyd Wright Visitors Center at Florida Southern College. He has produced a DVD and is working on a book about Wright's "Child of the Sun" campus.

Renee Vickery, nurse and educator, holds a diploma in Chinese brush painting from the NanYang Academy of Fine Art in Singapore. Her work has been on exhibit in Singapore, Taiwan and Sarasota, Florida.

★ **Lynne Wadsworth** is a board certified health coach (AADP). She is the founder and owner of Holistic Health & Wellness and a graduate of the Institute for Integrative Nutrition.

David Watkins retired after a career in telecommunications and network design. He developed and taught a wide range of Search & Rescue classes for the Civil Air Patrol and volunteers at the Florida Railroad Museum and the Sun City Center EMT.

★ **Larry Weatherby**, is a retired professional transportation engineer who cut the TV cord in March, 2017. He has been actively following developments in over-the-air TV, DVRs and TV streaming services and devices ever since.

★ **Ron Weaver**, JD Harvard, Senior Member Counsel at Stearns Weaver Miller, is a legal expert in property rights and land development.

★ **Diane White**, MS Education, USF, managed information technology projects in the telecommunications industries for over 25 years. She is a published author and she designs and teaches project management courses for clients worldwide.

Alan A. Winter holds a BA in history from Rutgers. He earned advanced degrees from NYU and Columbia and taught on their faculties. Alan published four historical novels and co-authored *Wolf and Sins of the Fathers* with Federal Judge Herbert J. Stern.

Nancy Wisgerhof, BA, Elementary Ed, U of Northern Iowa, holds a Master of Public Administration from USF. She has a musical background and has taught handbells and played piano, clarinet and guitar. Nancy worked in human resources for 35 years at USF.

Carl L. Zielonka, DDS, is a South Tampa native and 13-year Tampa Bay History Center docent. He is a graduate of Plant High, Duke University, and Emory's School of Dentistry. A USAF veteran, he practiced dentistry for 50 years, retiring in 2017.

For OLLI-USF's Covid Guidelines on Face-to-Face classes, see the [Overview](#) page in the [Find My Class](#) tab on our website.

Friday Lecture Series

Selected Fridays, 12:15-1:15 p.m., FREE to OLLI-USF members and their guests.

SOME OF OUR LECTURES ARE FACE-TO-FACE, OTHERS ARE ONLINE

The Friday Lecture Series features a variety of speakers who discuss and address current issues of interest. These informal free lectures are a great way to introduce your friends to OLLI-USF.

Call 813-974-5848 or register online at www.usfseniors.org for login information.

The Potentialist: Your Future in the New Reality

The next 30 years will include a seismic shift in well-known institutions – government, education, religion and news media. Author **Ben Lytle** has written a Future Shock for the 21st century, explaining how we can thrive during these rapid changes by becoming Potentialists. He covers how technology will impact human abilities and our world, what we can expect regarding careers, healthcare and wealth, and how we can redefine success, residency, and retirement.

Fri 12:15 PM - 1:15 PM • 1/13/2023 • 1 mtg • Online

Food Insecurity: Its Impact upon Seniors

Even though the U.S. is a food rich country with a strong healthcare system, millions of Americans experience food insecurity and poor health. What can be done about this? **David Himmelgreen**, professor of Anthropology and director of the Center for the Advancement of Food Security and Healthy Communities at USF, explores the connection between food insecurity and health and provides examples of programs in Tampa Bay aimed at reducing food insecurity among people with chronic conditions such as diabetes and hypertension.

Fri 12:15 PM - 1:15 PM • 1/20/2023 • 1 mtg • Online

So You Want to Write a Memoir

The desire to make meaning from our lives may reside in our DNA. Unlike autobiography, which covers the whole life, memoir focuses on a particular part of that life – a marriage, a loss, an adventure – some event that still carries an emotional charge. This lecture will introduce you to the elements of the craft while inspiring you to begin your own story. **Mary-Lou Weisman**, the author of three memoirs, has taught memoir writing at The New School at NYU's Tisch School of the Arts.

Fri 12:15 PM - 1:15 PM • 2/3/2023 • 1 mtg • Online

Intimacy, Sex and Aging

You may not know what you think you know! In the Friday Lecture on February 10, **William Yarber**, Senior Scientist at the Kinsey Institute for Sex Research, will speak via Zoom, dispelling widely held assumptions on sex, intimacy and aging. There will be a follow-up class, one session and in-person, on Monday, Feb 13th: Ron Hammerle, a former Interuniversity Traveling Scholar at the Kinsey Institute will address anonymous questions submitted following Dr. Yarber's lecture.

Fri 12:15 PM - 1:15 PM • 2/10/2023 • 1 mtg • Online

Healthcare: Empower Yourself

Knowledge is power and is key in making better decisions. Review the practice of healthcare with **Alfred Kindt**, Senior Coding Consultant and Clinical Fraud Investigator for Optum. Learn how to navigate the process, how to protect yourself from fraud, and clarify your patient rights. Equip yourself to make more informed decisions about your healthcare.

Fri 12:15 PM - 1:15 PM • 2/17/2023 • 1 mtg • Canterbury Tower

Only Hope: My Mother and the Holocaust

Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps in Nazi-occupied Poland, powerful stories published by her son. **Irving Lubliner**, professor emeritus at Southern Oregon University, will share excerpts from *Only Hope: A Survivor's Stories of the Holocaust*. Learn about the Holocaust through the eyes of a survivor, as well as how the instructor, the child of two survivors, was impacted by his parents' experiences.

Fri 12:15 PM - 1:45 PM • 2/24/2023 • 1 mtg • Online

Post-Brexit UK

In the post-Brexit world, what options are open to the United Kingdom? **Susan Northcutt**, a retired USF professor, discusses four options: status quo, independence for the nations of UK, re-entry to the European Union and constructing a "Singapore on the Thames." With a new government and a new monarch, the country faces daunting challenges as it recovers from Brexit.

Fri 12:15 PM - 1:15 PM • 3/3/2023 • 1 mtg • Arbor Terrace at Citrus Park Independent Living

The Role of Alt-Weekly Reporting in Tampa Bay

Gain an insight into the role of alt-weekly reporting from **Justin Garcia**, a reporter with Creative Loafing Tampa Bay, an alt-weekly newspaper that has been covering local issues since 1988. He writes about many subjects, from Tampa City Hall to law enforcement, housing, environmental issues and feature stories about interesting people. Garcia has freelanced for the USA Today Network, The Nation, Investigative Reporters and Editor's Journal, and other news outlets.

Fri 12:15 PM - 1:15 PM • 3/10/2023-3/10/2023 • 1 mtg • Unisen Senior Living

More to Life than More: A Memoir of Misunderstanding, Learning, and Loss

Alan Pesky is an entrepreneur who entered retirement by founding the Lee Pesky Learning Center 25 years ago after the sudden death of his son Lee. At 87, Alan is publishing a book about how his loss became the catalyst for the nonprofit that has since touched thousands of young lives. The Learning Center begins with the premise that "everyone learns differently" and offers a lifeline to parents and children, and to researchers who hope to develop strategic and self-directed learners.

Fri 12:15 PM - 1:15 PM • 3/17/2023 • 1 mtg(s) • Online

From Healthcare CEO Changemaker to Thriller Author

Tim Norbeck was a longtime leader in the healthcare industry who became a writer when he retired in 2020. Join him for highlights of his career as CEO of the Connecticut State Medical Society and his pivot into writing in a moderated Q and A. Norbeck will read from his latest book, a fast-paced thriller called *No Time for Mercy*. (Available online for \$14.99 or less)

Fri 12:15 PM - 1:15 PM • 3/24/2023 • 1 mtg • Online

From Hangovers to Happy

Just going to have one and don't remember how you got home? Ever honestly want to quit but find you cannot stop? This was **Karen Roberts'** story too. She will share how she developed a happy sober life of 30 years. Roberts is a retired management consultant, teaches at OLLI, and is an active participant in her community. Her happy hour is now a happy life.

Fri 12:15 PM - 1:15 PM • 4/14/2023 • 1 mtg(s) • Arbor Terrace at Citrus Park Independent Living

Making Dynamic Connections All Over Tampa Bay

How does he do it? How can I do it? Renowned Tampa networker, **Ron Weaver**, will draw on his civic associations and community connections to explain how to build significant relationships to enhance both your social engagements and professional life. Ron is a well-known attorney with Stearns Weaver Miller and was recently awarded the Luminary Award by the Junior League and WEDU for Lifetime Achievement in Community Involvement.

Fri 12:15 PM - 1:15 PM • 4/21/2023 • 1 mtg(s) • Unisen Senior Living

Easy Ways to Register

In-person registration is suspended until further notice.



Register anytime through our secure website.

www.usfseniors.org



Call OLLI Registrar Charise Dixie at 813-974-5848

Phone registration is available Mon.-Fri., 8am-4pm.

Payment is accepted by credit card only. We accept Visa, MasterCard, American Express and Discover. We care about your security. Therefore, we do not accept registration by fax or mail.

OLLI-USF Refund Policy

As a membership organization, our first priority is member satisfaction. Our refund policy reflects this priority.

- You may withdraw from any OLLI-USF course for any or no reason and receive a full refund as long as you contact us **3 days** prior to the course start date.
- If you withdraw **2 days** prior to the course start date, you will be charged an administrative fee of 25%.
- Exceptions to this policy are possible in the event of medical or family emergency. Contact OLLI staff to request an exception.
- You may transfer to another course within the same term with no penalty and pay only any difference in fees.

When registering for OLLI courses, you agree to our policies for withdrawals, refunds, transfers and stated fees. Contact OLLI-USF Director Veronica Maxwell, 813-974-5263, if you have refund questions.

Parking for OLLI-USF programs at USF Tampa

Parking permits for on-campus classes are provided free of charge. Park in any S-Student or D-Daily/Visitor spot available. Unless otherwise informed on your confirmation/registration receipt, parking permits will be available in your classroom. After pickup, permits will need to be placed on your car's dashboard: you'll want to allow a little extra time the first day of class for this. Special arrangements for those with limited mobility can be made directly with OLLI staff. Call Charise at 813-974-5848 to discuss. We strive to schedule on-campus courses during non-peak days and times to make it likelier you will find a nearby space.



The physical address for the NEC building is 3220 USF Banyan Circle; you might also use 13301 Bruce B Downs Blvd when using GPS to locate us.

NEC Building Fletcher Ave. Entrance

The NEC building is OLLI-USF's home on the Tampa campus. Our offices and on-campus courses meet in this building. The NEC building is at the SE corner of Fletcher and Bruce B. Downs Blvd. The building is signed with "NEC" and "Innovation Hub" by the Bruce B Downs entrance and with a USF seal by the Fletcher Avenue entrance.



Great Experiences Are Just Around the Corner

All program locations are indicated on this map. Parking is free at every OLLI location except as noted below.
For more information, please directly contact the facilities in the listing below.



- 1 Allegro Senior Living – Hyde Park**
800 W. Azeele St., Tampa, 33606
813-773-4596
- 2 Arbor Terrace Citrus Park – Independent Living**
8355 Old Hixon Rd., Tampa, 33626
813-773-1745
- 3 Bryan Glazer Family JCC**
522 N. Howard Ave., Tampa, 33606
813-575-5900
- 4 Canterbury Tower Tampa**
3501 Bayshore Blvd., Tampa, 33629
813-837-1083
- 5 Centro Asturiano de Tampa**
1913 N. Nebraska Ave., Tampa, 33602
813-229-2214
- 6 Concordia Village of Tampa**
4100 E. Fletcher Ave., Tampa, 33612
813-977-4950
- 7 First United Methodist Church of Plant City**
303 N. Evers St., Plant City, 33563
813-754-3519
- 8 Florida Aquarium**
701 Channelside Dr., Tampa 33602
813-273-4000
- 9 JCC at the Cohn Campus**
13009 Community Campus Dr., Tampa, 33625
813-264-9000
- 10 Lake Magdalene United Methodist Church**
2902 W Fletcher Ave., Tampa, 33618
813-961-1254
- 11 Lettuce Lake Park – Nature Center**
6920 E Fletcher Ave., Tampa, 33637
813-486-5673
- 12 L'Unione Italiana – The Italian Club**
1731 E 7th Ave., Tampa, 33605
813-248-3316
- 13 Pose by Pose Yoga**
17761 Hunting Bow Cir., Lutz, 33558
813-501-4987
- 14 The Regent**
6437 Watson Rd., Riverview 33578
813-571-2494
- 15 Straz Center for the Performing Arts**
1010 N. Macinnes Pl., Tampa, 33602
813-229-7827
- 16 Unisen Senior Living**
12401 N 22nd St., Tampa, 33612
813-975-5760
- 17 Uptown Stage at University Mall**
2200 E. Fowler Ave., Tampa, 33612
443-850-8997
- 18 USF NEC Building**
3220 USF Banyan Cir., Tampa, 33613
813-974-5848
- 19 University of Tampa - Ferman Center for the Arts**
214 N. Boulevard, Tampa 33606
813-253-3333



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