Why minor in Science of Physical Activity?

Students pursuing a minor in Science of Physical Activity gain experience working with physically active individuals, becoming knowledgeable in concepts of applied exercise physiology, assessments, motor behavior, sociocultural aspects of activity and sport, and sport skill competencies.

By completing this minor, students learn skills that translate to work in after school programs, recreation environments, or fitness centers.

Minors help students explore academic areas outside their current major, which can lend to career readiness and graduate education.

Note: Completing the minor in Science of Physical Activity does not result in Florida teaching certification.

Who can earn this minor?

Any student in good academic standing pursuing an undergraduate degree at USF Tampa can earn this minor. Some majors that pair well with this minor include Communication, Marketing, Psychology, Public Health, Women and Gender Studies, Physical Therapy and Health Sciences.

What are the requirements for this minor?

To declare a minor at USF, students must possess a USF overall GPA of a 2.0 and have completed 45 credit hours.

Courses required to fulfill the minor include:

- PET 3031: Motor Behavior (3 credit hours)
- PET 4380: Applied Exercise Science (3 credit hours)
- PET 4820: Sport Skill Proficiency (3 credit hours)

In addition, students will also take 2-3 credit hours of elective courses for a total of 11-12 credit hours needed to successfully complete the minor.

How do I declare a minor?

To declare a minor, students should complete the “Declaration of Minor” form located on the College of Education website at bit.ly/usfeduminor and submit the form to Student Academic Services in EDU 106.

For more information, please contact:
Student Academic Services  edu-sasasst@usf.edu
USF College of Education  813.974.2979