##### **K. Angela Persaud-Reddy, MD, MBA**

##### Diplomate, American Board of Internal Medicine and Lifestyle Medicine

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**Professional Experience**

**eviCore /Cigna Healthcare 2/16-Present**

Melbourne, FL

**Medical Director**

Medical Principal Specialist

* Work closely with subject matter experts and medical directors in various specialties
* Assist physicians with making appropriate recommendations for best patient care.
* Incorporate utilization of appropriate diagnostic modalities that would benefit patient care
* Follow national sub-specialty guidelines to make best decision for treatment and management of disease
* Adhere to quality metrics and help physicians to navigate best practice by following utilization and compliance guidelines

**Department of Veterans Affairs-VA Medical Center 9/07-12/15**

New Port Richey, FL

**Medical Team Captain**

Primary Care Physician/Internal Medicine

* Focused on outpatient comprehensive and preventative medical care for over 1200 veterans
* Worked closely with nursing staff, case managers, dietitians, and clerks to deliver whole patient centered care
* Conducted peer review of medical charts, followed by directly counseling physicians on various areas of quality improvement

## Northwell Medical Center/LIJ 6/01-6/07

## Manhasset, NY

**Inpatient Physician-Hospitalist**

Assistant Professor of Medicine at Albert Einstein School of Medicine

* Provided inpatient medical care from emergency room to medical wards
* Worked closely with intensive care and coronary care units
* Involved with all aspects of clinical and administrative areas of medical practice
* Worked closely with case managers to decrease length of stay and to optimize care
* Mentored and educated medical students and medical residents in training
* Discussed various cases and effective management strategies during rounds and presentations

## Rounded in various wards providing care for patients in critical care units, general medical floor and step-down units

* Moderated medical conferences

**New York City EMS-Mary Immaculate Hospital 6/91-9/93**

Jamaica, NY

**Pre-hospital Care-Emergency Medical Technician**

* Provided 911 emergency care to patients in metropolitan New York City.
* Administered pre-hospital medical care for patients in motor vehicle accidents, gunshot wounds, stabbing, heart attacks, strokes, diabetic comas, seizures, lacerations, and respiratory failure
* Collaborated back up medical care for local police during emergencies
* Worked in major metropolitan New York City and surrounding cities
* Exposed to cultural and racial diversity among patient population

**Education**

**Executive Master of Business Administration**

University of South Florida

Tampa, Florida

**Internal Medicine Residency**

The Jamaica Hospital Medical Center

Jamaica, New York

## Doctor of Medicine

Ross University School of Medicine

Miramar, FL

**Bachelor of Science-Biochemistry**

Stony Brook University

Stony Brook, New York

**Community Volunteer Service**

* Co-Founder: PBLM.ORG (Non-Profit Organization)
* Actively involved with educating our community about the pillars of lifestyle medicine and sustainable healthy living
* Public speaker at churches, schools, and community centers on lifestyle intervention and disease prevention
* Build strong and healthy communities

**Leadership**

* Medical Team Leader
* Assistant Professor of Medicine
* Teaching Attending
* Co-Founder of pblm.org

**Personal Interests and Hobbies**

* Public Speaker on lifestyle medicine: including nutrition, wellness, exercise, and mindfulness
* Enjoy hiking the outdoors, scuba diving, dancing, cooking plant-based meals, teaching, educating, and building cohesive communities

**Computer literacy**

### Microsoft Excel, PowerPoint, Word, Tableau, and R-Commader

**Medical License and Board Certification**

* American Board of Internal Medicine
* American Board of Lifestyle Medicine
* Florida Medical License
* Certification on Diversity, Equity, and Inclusion