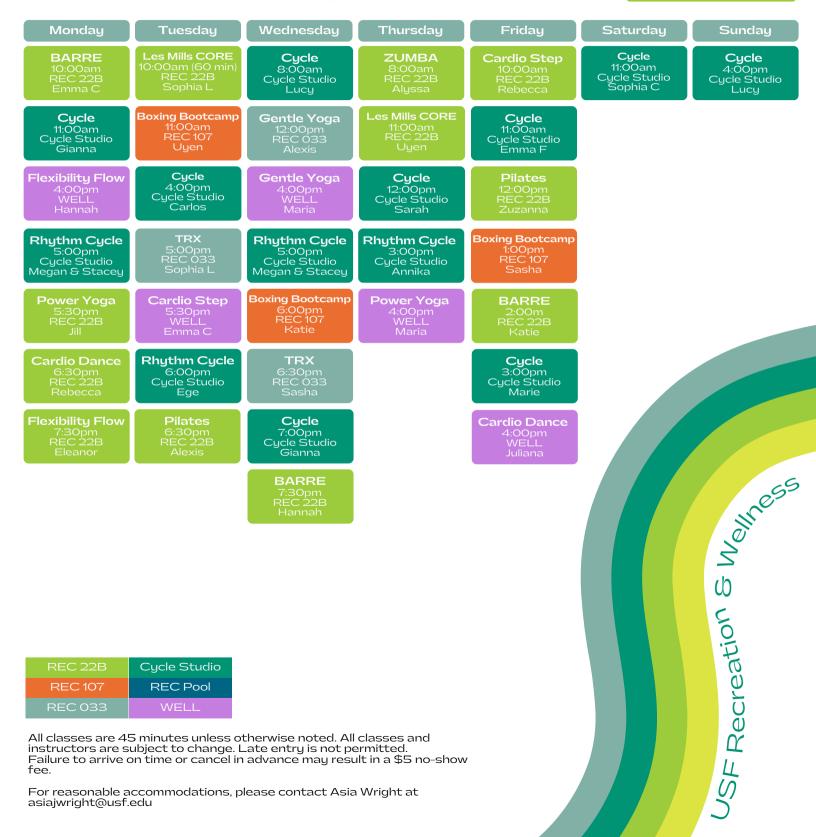


## **Group Fitness Schedule**

Exam Free Week · April 22-28



REC 22B	Cycle Studio
REC 107	REC Pool
REC 033	WELL

All classes are 45 minutes unless otherwise noted. All classes and instructors are subject to change. Late entry is not permitted. Failure to arrive on time or cancel in advance may result in a \$5 no-show fee.

For reasonable accommodations, please contact Asia Wright at asiajwright@usf.edu



CSF Recreation & Liness

## **Group Fitness Schedule** Finals Week • April 29-May 5

Monday Tuesday Wednesday Thursday Friday Saturday Sunday **Cycle** 10:00am Cycle Studio **Pilates** Cycle Cycle 11:00am Cycle Studio Gianna 8:00am Cycle Studio Lucy . Kendall **Cycle** 12:00pm Cycle Studio **Boxing Bootcamp** Gentle Yoga **Flexibility Flow** Cucle 11:00am REC 107 Zuzanna 12:00pm Cycle Studio 4:00pm WELL Megan S **Boxing Bootcamp** BODYPUMP **Rhythm** Cycle BARRE 6:00pm REC 107 Alexis H 5:00pm (60min) REC 22B 5:00pm Cycle Studio Megan & Stacey 4:00pm WELL Cycle **Boxing Bootcamp** Cycle Cardio Dance 7:00pm REC 107 Eleanor 5:00pm Cycle Studio 7:00pm Cycle Studio Gianna BARRE 7:00pm REC 22B Katie

REC 22B	Cycle Studio
REC 107	REC Pool
REC 033	WELL

All classes are 45 minutes unless otherwise noted. All classes and instructors are subject to change. Late entry is not permitted. Failure to arrive on time or cancel in advance may result in a \$5 no-show fee.

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