# TRANS+ RESOURCES

AT THE UNIVERSITY OF SOUTH FLORIDA

Office of Multicultural Affairs (MSC 3300 & 3306)

Office: (813) 974-5111 www.multicultural.usf.edu



## **Safe Zone Training Program**

USF's institutionally recognized LGBTQ+ training program To register, visit https://orgsync.com/88085/

# First Name Change in Canvas

If you have a first name change request for Canvas, please email <a href="mailto:IDM-Help@usf.edu">IDM-Help@usf.edu</a> from your official USF email account. You do not need to provide personal details for the request, just be clear about the name you want to show in Canvas. This will also change your name in the directory, but it will not change your email address.

Center for Victim Advocacy & Violence Prevention (SVC 0067)

Office: (813) 974-5756

Victim Helpline: (813) 974-5757

www.sa.usf.edu/advocacy

Diversity, Inclusion, & Equal Opportunity (ALN 172)

Office: (813) 974-4373

To file a TITLE IX Gender Discrimination Complaint

www.usf.edu/diversity

# **Haven Clinic (SHS Annex)**

www.usf.edu/shs

Metro Health, Wellness, & Community Center 1315 East 7th Ave., Suite. 201

Office: (813) 232-3808 www.metrotampabay.org

# **Trans+ Student Union**

http://orgsync.com/97318/chapter

## P.R.I.D.E. Alliance

https://orgsync.com/87447/chapter

Don't forget to stop by **OMA** and pick up your **FREE** pronoun button!









# **Gender Inclusive Restrooms at USF**

http://www.usf.edu/student-affairs/multicultural-affairs/about-oma/restrooms.aspx

Visit **usf.edu/multicultural** for more information

Updated November 2017 - language and resources change often



# **TRANS+ 101**

This is an introductory handout intended to provide fundamental information

#### Trans+

The umbrella term for someone who does not identify with the sex or gender assigned to them at birth

# Transgender

An individual whose gender identify and assigned sex do not "match"

## **Transwoman**

Someone who was assigned male at birth, and identifies as a woman

# **Transman**

Someone who was assigned female at birth, and identifies as a man

## **Gender Fluid**

Someone whose gender changes

# **Gender Non-conforming**

Individuals whose gender identities or expression is not consistent with conventional standards of femininity or masculinity

## **Pronouns**

You can't assume what someone's pronouns are by looking at them. Correctly using someone's pronouns is essential to respecting an individual's identity. Avoid using the term "preferred pronouns" as pronouns are not a preference.

# **Pronoun Practice**

	Subject	Object	Possessive
He/Him	He laughed	I called him	His name is
She/Her	She laughed	I called her	Her name is
They/Them	They laughed	I called them	Their name is
Ze/zir	Ze laughed	I called zir	Zir name is

<sup>\*</sup>This is not an all-encompassing list of possible pronouns. For more information and to practice using pronouns, visit practicewithpronouns.com.



