### Strategies to Help “TETHER” a Pattern

*Tether a pattern when you need to restrained the use of a specific Learning Pattern to meet a task’s demands*

<table>
<thead>
<tr>
<th>Sequential</th>
<th>Precise</th>
<th>Technical</th>
<th>Confluent</th>
</tr>
</thead>
<tbody>
<tr>
<td>When directions are not clear, think of an assignment that was similar to the current task and make up my own directions. Think through the steps carefully before asking what I am to do.</td>
<td>Answer the question first and add detail if there is time.</td>
<td>Take short breaks to refresh and keep motivated.</td>
<td>Remember that not everyone likes change.</td>
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<tr>
<td>Take a deep breath when plans change and take the risk to not be in control for the moment.</td>
<td>Think about the question before I ask. Sometimes I already know the answer (trust myself).</td>
<td>Know that when I work with others they have something to teach me, too.</td>
<td>Make sure to follow the assignment’s objectives and, if I’m not sure, ask.</td>
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<tr>
<td>When there is a time limit, don’t panic and place a star by the most important areas that need to be double-checked. Remember that not everyone has the same plan as I.</td>
<td>Remember to allow others to share information.</td>
<td>Try to connect with the task faster rather than mulling for a long period of time.</td>
<td>Work to not wait until the very last minute. This will give me time to make corrections and allow it to be more complete.</td>
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<tr>
<td>Allow wait time for others to respond.</td>
<td>Remember that there are times when I don’t have to prove my point.</td>
<td>If I can’t get it to work and there is a time limit, ask for help.</td>
<td>Remember that others may need help “seeing” my idea and its connections to the task.</td>
</tr>
<tr>
<td>Don’t panic when the final product doesn’t look like the example. Seek to prioritize the amount of information that needs to be shared out loud or on paper.</td>
<td>Look for body language that suggests I am giving too much information.</td>
<td>Keep in mind that not everything has a purpose or has to work.</td>
<td>Stick to the task; don’t let the mind wander.</td>
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<tr>
<td>Look to see if I can work with someone who uses sequence as needed.</td>
<td>Don’t be afraid to share your thoughts or ideas.</td>
<td>Remember to rehearse before I express.</td>
<td></td>
</tr>
</tbody>
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**LML**

*Let Me Learn*
## Strategies to Help “FORGE” a Pattern

*Forge a pattern when you need to increase the use of a specific Learning Pattern to meet a task's demands*

<table>
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<tr>
<td>Read the directions carefully.</td>
<td>Take my time and carefully read over all of the information.</td>
<td>Be willing to show others what I know by demonstrating something or build it.</td>
<td>Think of something unusual for real life and then stretch it to be imaginary.</td>
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<tr>
<td>Mark off each step as I go.</td>
<td>Read the subtitles to know where to gather information.</td>
<td>Use whatever tools are given to me to show what I know.</td>
<td>Be willing to take small risks with new ideas.</td>
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<tr>
<td>Look for words that ask for me to respond using a specific order or organization</td>
<td>Don’t trust my memory, write it down!</td>
<td>Remind myself that I can learn from experiences, so observe and absorb the experience as it is occurring.</td>
<td>Be willing to do a skit with other people to show what I know.</td>
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<tr>
<td>Double-check my work for completeness.</td>
<td>Look for words that ask for important details.</td>
<td>Check if I can work with someone who uses technical as needed.</td>
<td>Take my time to think of ways to do assignments in a unique or different way.</td>
</tr>
<tr>
<td>Make sure that I follow the key directions step-by-step.</td>
<td>Answer questions using at least two full sentences.</td>
<td>Look for words that ask me to build of make something.</td>
<td>Ask others for ideas to get started.</td>
</tr>
<tr>
<td>Make sure that I do not start something until I have all of the directions or unless I have permission to try a different approach. Work to follow through with one project from beginning to end.</td>
<td>Double-check my work for accuracy.</td>
<td>Think about how I can apply this to my life.</td>
<td>Be willing to learn about things in creative, fun and entertaining ways.</td>
</tr>
<tr>
<td>Whenever possible, ask questions about things of which I am not sure.</td>
<td>Stick with the task until I can make it work.</td>
<td>Look to see if I can work with someone who uses confluence as needed.</td>
<td></td>
</tr>
<tr>
<td>Check if I can work with someone who uses sequence as needed.</td>
<td>Check if I can work with someone who uses precision as needed.</td>
<td>Communicate through action.</td>
<td>Work to make connections in order to see the big picture.</td>
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</tbody>
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**Let Me Learn**