Bachelor of Arts or Science in Physical Education

Physical Education includes the study of kinesiology, physical skill development, pedagogy, coaching, curriculum development and assessment, and administration of physical activity programs. The Physical Education major offers students extensive preparation in theory and methodology courses leading to K-12 teaching certification.

Entry-Level Positions:
- Athletes & Sports Competitors
- Coaches & Scouts
- Recreation & Fitness Instructors
- Fitness Trainers
- Recreation Workers
- Dietitians & Nutritionists
- Health Educator

Curriculum Information
- Physical Education Eight Semester Plan

Positions with a Graduate Degree
- Education Administrators, Elementary and Secondary
- Education Administrators, Postsecondary
- Physical Medicine and Rehabilitation Physician
- Physical Therapist
- Recreation and Fitness Studies Teachers, Postsecondary
- Recreational Therapist
- Resident Advisors

Professional Organizations and Related Resources
- American Therapeutic Recreation Association
- National Council for Therapeutic Recreation Certification
- American Physical Therapy Association
- American Association for Health Education

Where else can I find information on this major?

- Occupational Outlook Handbook
- O*NET Online
- USF Career Services