

# **USF Reentry Project**

## **Community Resource Guide 2022**

A Guide to Reentry into The Community



UNIVERSITY of  
**SOUTH FLORIDA**

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# BASIC NEEDS

## Food



### The Volunteer Way

- Food pantry
- 8061 Congress St Port Richey, FL 34668  
Mon – Fri 8:30 AM – 12:00 PM  
(727) 815-0433
- [www.thevolunteerway.org](http://www.thevolunteerway.org)

### Hopeville Family Ministries

- Food pantry
- 6508 Main Street New Port Richey, FL 34653  
Saturday 8:00 AM – 12:00 PM  
(727) 645-6564
- <https://hfm2019.org>

### Metropolitan Ministries (multiple locations)

- Food assistance/referrals; Food boxes;  
Food stamp assistance
- West Pasco Location
  - 3214 US HWY 19 N., Holiday, FL 34691  
Mon – Fri 9:30 AM – 4:30 PM  
(727) 937-3268
- [www.metromin.org](http://www.metromin.org)

### Chancey Road Christian Church

- Food pantry
- 34921 Chancey Road, Zephyrhills, FL 33541  
(813) 317-4975  
Mon 10:00 AM – 11:00 AM, 5:30 PM – 6:30 PM  
Thurs 10:00 AM – 11:00 AM
- <https://www.chanceyroadchristianchurch.org/>

### Daystar Life Center

- Food pantry, SNAP assistance, Pet food assistance
- 1055 28<sup>th</sup> Street South St. Petersburg, FL 33712  
Mon, Tue, Thur, Fri: 8:30 AM – 3:00 PM  
(727) 825-0442
- <https://daystarlife.com>

### Jericho Road Ministries

- Food barn – requires Hernando County photo ID
- 1165 Howell Ave, Brooksville, FL 34601  
Fri 9:00 AM – 12:00 PM  
(352) 799 2912
- [www.jericho-road.net/](http://www.jericho-road.net/)

### King of Kings Lutheran Church

- Food pantry
- 10377 U.S., 19 Port Richey, FL, 34668  
Wed 11:00 AM – 1:00 pm  
(727) 868-5744  
[king2s@live.com](mailto:king2s@live.com)
- <https://king2s.wixsite.com/test>

### Faith Café

- Free restaurant-style food kitchen
- 1340 North Clearview Avenue Tampa, FL 33607  
Monday – Saturday 11:30 AM – 12:30 PM  
Sunday 5:00 PM – 6:00 PM,  
(813) 877-6889
- <https://www.faithcafetampa.org/>

### Trinity Café

- Feeding Tampa Bay's free, full-service restaurant
- <https://feedingtampabay.org/ways-we-serve/trinity-café>
- Trinity Café 1
  - 2801 N Nebraska Ave, Tampa, FL 33602  
(813) 865-4822  
Mon – Fri 11:30 AM – 12:30 PM  
Sat & Sun 9:00 AM – 10:00 AM
- Trinity Café 2
  - 2202 E Busch Blvd, Tampa, FL 33612  
(813) 865-4822  
Mon – Fri 11:30 AM – 12:30 PM  
Sat 9:00 AM – 10:00 AM

### The Volunteer Way – Moon Lake Mission

- Daily Bread Soup Kitchen
- 10008 Moon Lake Road New Port Richey, FL 34654  
Mon – Sat 10:00 AM – 12:00 PM,  
(727) 815-0433
- [www.thevolunteerway.org](http://www.thevolunteerway.org)

### Christian Social Services

- Food pantry
- 5514 Land O Lakes Blvd, Land O'Lakes, FL 34639  
Tues, Thurs, & Sat 10:00 AM – 4:00 PM  
(813) 995- 0088
- <https://www.css-helpinghands.org/>

### Healing Hearts Cafe

- Three meals a day
- 6436 12<sup>th</sup> Street Zephyrhills, FL 33542  
Mon – Sat, 9:30 AM – 5:30 PM  
(813) 395-5500  
[healingheartscafezhills@gmail.com](mailto:healingheartscafezhills@gmail.com)
- <https://www.healingheartscafe.com/>

# BASIC NEEDS

## Clothing



### Amazing Love Ministries

- Provides clothing, linens, shoes, backpacks, and blankets
- 3304 E. Columbus Drive Ybor City, Florida 33605  
Mon, Wed, Thurs 2:30 pm – 5:30 pm  
(813) 340-6048  
amazinglovemin@verizon.net  
<http://amazinglovemin.org>

### Faith Café

- 'Angel Closet' provides lightly used clothing, blankets, coats, toiletries, and other essential items
- 1340 North Clearview Avenue Tampa, FL 33607  
(813) 877-6889  
Mon – Sat 11:30 AM – 12:30 PM  
Sun 5:00 PM – 6:00 PM  
<https://www.faithcafetampa.org/>

### Guided Path Foundation

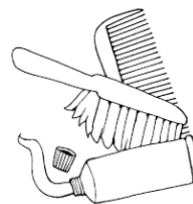
- Clothing closet
- 8307 N. Armenia Ave Tampa, FL 33604  
Mon – Fri 10:00 AM – 4:00 PM  
(813) 373-6649  
msanchez@guidedpathfoundation.com  
[www.guidedpathfoundation.org](http://www.guidedpathfoundation.org)

## Interview Clothing

### Dress for Success Tampa Bay

- Provides professional attire for women with job interviews
- 1705 N Howard Ave, Tampa, FL 33607  
Mon – Thurs 10:00 AM – 4:00 PM  
(813) 259-1876  
staff@dfstampabay.org  
<https://tampabay.dressforsuccess.org/>

## Hygiene Items



### Faith Café

- On-site shower services. Soap & shampoo provided.
- 1340 North Clearview Avenue Tampa, FL 33607  
Mon, Wed, Fri 11:30 AM – 12:30 PM  
(813) 877-6889  
<https://www.faithcafetampa.org/>

### Hyde Park United Methodist Church

- Free monthly haircuts
- 500 W Platt St, Tampa, FL 33606  
Sun 8:00 am – 9:15 am  
(813) 253-5388  
askyhydepark@hydeparkumc.org  
<https://hydeparkumc.org/homeless/>

### Blanket Tampa Bay

- Hygiene products, clean socks, blankets, and shower and laundry services.
- 2802 Torrance Drive Land O'Lakes FL, 34638  
Regular hours: 6:00 am – 6:00 pm  
Homeless services: 7:00 pm – 8:00 pm  
(813) 300-9277  
Beth@blanketampabay.org  
<https://www.blanketampabay.org/>

### Guided Path Foundation

- Provides free hygiene products
- 8307 N. Armenia Ave Tampa, FL 33604  
Mon – Fri, 10:00 AM – 4:00 PM  
(813) 373-6649  
msanchez@guidedpathfoundation.com  
[www.guidedpathfoundation.org](http://www.guidedpathfoundation.org)

### Healing Hearts Cafe

- Hygiene products, hot showers, laundry services for homeless
- 6436 12<sup>th</sup> Street Zephyrhills, FL 33542  
Mon – Sat, 9:30 AM – 5:30 PM  
(813) 395-5500  
healingheartscfezhills@gmail.com  
<https://www.healingheartscfe.com/>

# BASIC NEEDS

## Transportation



### HARTLINE

- Public transportation in Hillsborough County
- (813) 254-4278
- <http://www.gohart.org/>

### Sunshine Line

- Provides bus passes and door-to-door transportation for elderly, low-income, and people with disabilities
- (813) 272 -7272
- <https://www.hillsboroughcounty.org/en/government/departments/sunshine-line>

### Medicaid Transportation Service

- Straight Medicaid only
- (844) 239-5974
- \*Check with your MCO

### Paratransit Service

- Door to door transportation service for disabled persons in Pasco County
- Registration: (727) 834-3322
- Reservations: (727) 834-3456

### Pasco County Public Transportation (PCPT)

- Public bus service
- (727) 834-3322
- <https://www.pascocountyfl.net/243/Public-TransportationPCPT>

# HOUSING

## Homelessness Services



### BayCare Project for Assistance in Transition from Homelessness (PATH)

- Case management/navigation for people in Pasco County with serious mental illness or co-occurring substance use disorder experiencing or risking becoming homeless
- (877) 850-9613 for appointment
- <https://baycare.org/services/behavioral-health/mental-health-services>

### Baycare HUD Program

- Housing program in Pasco & Hernando counties allows eligible adults with serious mental illness the ability to live in HUD approved safe, decent, and affordable housing while receiving the necessary recovery supports
- (877) 850-9613 for appointment
- <https://baycare.org/services/behavioral-health/mental-health-services>

### Pasco County Women's Shelter – Catholic Charity

- Temporary shelter for homeless women & children. 50\$ weekly fee for singles, 70\$ weekly fee for women with children
- 7801 Maryland Avenue Hudson, FL 34667 (727) 861-4840
- [www.ccdosp.org/pasco-county-womens-shelter/](http://www.ccdosp.org/pasco-county-womens-shelter/)

### Jericho Road Men's Shelter

- Emergency men's shelter. Call ahead for availability.
- 1090 Mondon Hill Road, Brooksville, FL 34601 Mon - Sat 4:00 PM – 6:00 PM, Sun 4:00 PM – 5:00 PM (352) 799-2912 – option 2
- <https://www.jericho-road.net/emergency-shelter>

### Jericho Road Women and Family Shelter

- Emergency women and children shelter. Call ahead for availability
- 1163 Howell, Ave., Brooksville, FL 34601 (352) 799-2912, option 3
- <https://www.jericho-road.net/emergency-shelter>

### The R.O.P.E Center

- Men & women's shelter
- 14121 Water Tower Dr, Hudson, FL 34667 Intake for homeless: 9:30 AM – 11:00 AM Housing: Mon, Wed, Fri 9:30 AM – 3:00 PM (727) 255-2353
- <https://www.theropector.org/>

### Abe Brown Ministries

- Transitional living program provided for adult men recently released from jail or prison. \*Latest charge cannot be sexual or violent. Must be looking for employment.
- 2921 N. 29<sup>th</sup> Street Tampa FL, 33605 Mon – Fri 8:00 AM – 5:00 PM (813) 247-3285 [info@abebrown.org](mailto:info@abebrown.org)
- [www.abebrown.org/transitional-living](http://www.abebrown.org/transitional-living)

# HOUSING

## Homelessness Services cont.



### Metropolitan Ministries' Housing Programs

- *Emergency shelter and residential programs. Miracles for Pasco program provides counseling, education, case management, and employment services for single women and families experiencing temporary homelessness*
- Pasco Location
  - 3124 US-19, Holiday, FL 34691
  - Mon – Fri 9:00 AM – 4:30 PM
  - (727) 937-3268
- Main Phone: (813) 209-1000
- <https://www.metromin.org/>

## Mail Services



### Daystar Life Center

- *Secure mail services*
- 1055 28<sup>th</sup> Street South St. Petersburg, FL 33712  
Mon, Tue, Thur, Fri: 8:30 AM – 3:00 PM  
(727) 825-0442
- <https://daystarlife.com/>

### Healing Hearts Cafe

- *Mail services so homeless can receive mail*
- 6436 12<sup>th</sup> Street Zephyrhills, FL 33542  
Mon – Sat, 9:30 AM – 5:30 PM  
(813) 395-5500  
[healingheartscfezhills@gmail.com](mailto:healingheartscfezhills@gmail.com)
- <https://www.healingheartscfe.com/>

## Rental and Utility Assistance



### ACCESS Florida

- *Temporary cash assistance for low income families*  
Mon – Fri 7:00 AM – 6:00 PM Agents available  
1-(850) 300-4323
- [www.myflorida.com/accessflorida](http://www.myflorida.com/accessflorida)

### Metropolitan Ministries

- *Rent and utility assistance*
- 3214 US Hwy.19 Holiday, FL 34691  
Mon – Fri 9:30 AM – 4:30 PM  
(727) 937-3268
- [www.metromin.org](http://www.metromin.org)

### DEPARTMENT OF ELDER AFFAIRS: Emergency Home Energy Assistance for the Elderly Program

- *Home energy financial assistance for households with someone 60 years or older*  
(850) 414-2000  
Phone service: Mon – Fri 8:00 AM – 5:00 PM
- <https://elderaffairs.org/programs-services/emergency-home-energy-assistance-for-the-elderly-program-eheap>

## Housing Referrals



### Pasco County Housing Authority

- *Low income housing/Section 8*
- 36739 SR 52, Suite 108 Dade City, FL 33525  
Mon – Fri 7:30 AM – 4:30 PM  
(352) 567-0848  
After hours emergencies: (813) 274-9005  
[info@pascocountyhousing.org](mailto:info@pascocountyhousing.org)
- <https://pascocountyhousing.org/>

### Tampa Crossroads – Housing Case Management

- *Assist Hillsborough county residents to access & maintain housing stability. Services include assistance with housing search, application fees, security and utility deposits, and moving costs*
- 5109 N. Nebraska Ave., Tampa, FL 33603  
Mon – Fri 9:00 AM – 6:30 PM Sat 10:00 AM – 1:30 PM  
(813) 238-8557  
[info@tampacrossroads.com](mailto:info@tampacrossroads.com)
- <https://tampacrossroads.com/>

### ST Vincent De Paul CARES

- *Rapid Re-Housing & Stabilization Program helps low-income individuals, have felony convictions, legal issues, poor rental history, or disabilities find proper housing*
- 384 15<sup>th</sup> Street N. St. Petersburg, FL 33705  
Mon – Fri 8:00 AM – 5:00 PM  
(727) 823-2516  
[info@svdp.care](mailto:info@svdp.care)
- [www.svdpsp.org](http://www.svdpsp.org)

# EMPLOYMENT

## Job skills training



### Connections Job Development

- Job and interview skills training, free interview clothing, computer & keyboard training, professionally written resumes
- 5841 Main Street, New Port Richey, FL 34652  
Mon – Thurs 9:00 AM – 4:00 PM  
(727) 849-4724
- <https://onecommunitynow.com/connections/>

### Metropolitan Technical Career Institute

- Prepares students for careers in the health care industry
- 651 S Broad St, Brooksville, FL 34601  
Main office: Mon – Thurs 10:00 AM – 4:30 PM, Friday by appointment  
(352) 293-2474  
[info@freshcareerstart.com](mailto:info@freshcareerstart.com)
- <https://metropolitantechnicalcareerinstitute.com/>

## Employment Services

### Goodwill Industries

- Job connection center
- St. Petersburg Location
  - 2550 34<sup>th</sup> Street N., St. Petersburg, FL 33713, inside Goodwill Superstore  
Mon – Thurs, 10:00 AM – 2:00 PM  
(727) 282-4478
- Riverview Location
  - 10739 Big Bend Rd., Riverview, FL, 33579, inside Goodwill Superstore  
Mon – Thurs 10:00 AM – 2:00 PM  
(813) 302-9405
- <https://myjobconnection.org/>

### Abe Brown Ministries: Ready for Work

- Assists ex-offenders in reentry into the workforce
- 2921 N. 29<sup>th</sup> Street Tampa, FL 33605  
Mon – Fri 8:00 AM – 5:00 PM  
(813) 247-3285
- [www.abebrown.org/ready4work-hillsborough](http://www.abebrown.org/ready4work-hillsborough)

### Career Source Center

- Career counseling
- New Port Richey Location
  - 4440 Grand Blvd. New Port Richey, FL 34652  
Monday – Friday, 8:00 AM – 5PM  
(727) 484 – 3400
  - [www.careersourcepascohernando.com](http://www.careersourcepascohernando.com)
- Tampa Location
  - 9215 N. Florida Ave., Suite 101  
Tampa, FL 33612  
Mon – Fri 8:00 AM – 5:00 PM  
(813) 930-7400
  - [www.careersourcetampabay.com/](http://www.careersourcetampabay.com/)

# EDUCATIONAL



### Marchman Technical College

- GED help, Career Certificate Programs, ESOL
- 7825 Campus Drive New Port Richey, FL 34653  
Mon. – Fri 8:00 AM – 4:00 PM  
(727) 774-1700  
<http://mtec.pasco.k12.fl.us/oAdress>

### James Irvin Education Center (JIEC)

- Adult education programs. GED prep classes
- 35830 State Road 52 Dade City, FL 33525  
Mon – Fri 8:25 AM – 3:08 PM  
(352) 524-5738  
<http://jiae.pasco.k12.fl.us/>

### Pasco-Hernando State College

- Public college in Pasco & Hernando County
- 10230 Ridge Road New Port Richey, FL 34654  
Mon – Thurs 8:00 AM – 7:30 PM  
(727) 847-2727  
[www.phsc.edu/](http://www.phsc.edu/)

### Hillsborough Community College (HCC)

- Public community college  
1206 N Park Rd, Plant City, FL 33563  
Mon – Fri 8:00 AM – 4:30 PM  
(813) 253- 7000  
[www.hccfl.edu/](http://www.hccfl.edu/)



# IDENTIFICATION AND DOCUMENTS



## **Daystar Life Center**

- *Birth certificate and Florida ID assistance*  
1055 28<sup>th</sup> Street South  
Mon, Tue, Thur, Fri: 8:30 AM – 3:00 PM  
(727) 825-0442
- <https://daystarlife.com/>

## **Metro Brigade Mobile Outreach**

- *Outreach service, Identification assistance*
- *\*\*monthly schedule available on website with locations*  
(727) 756-1952  
[mobile.outreach@metromin.org](mailto:mobile.outreach@metromin.org)
- [www.metromin.org/what-we-do/metro-brigaide/](http://www.metromin.org/what-we-do/metro-brigaide/)

## **Department of Health in Pasco – Vital Statistics**

- *Provides copies of birth, death, marriage, and divorce certificates*  
Mon – Fri 8:00 AM – 4:30 PM  
New Port Richey: (727) 861-5250, option 6  
Dade City: (352) 521-1450, option 6
- <http://pasco.floridahealth.gov/certificates/index.html>

# INDIVIDUAL SERVICES



## ***Women's Resources***

### **The Helen Gordon Davis Centre for Women**

- *Nonprofit organization offering programs for women in Tampa Bay. Provides services involving leadership, employment, counseling and wellness.*
- 305 S. Hyde Park Avenue Tampa, FL 33606  
Mon – Fri 9:00 AM – 4:30 PM  
(813) 251-8437
- <https://thecentre.org/>

### **Women's Resource Center – Winter Haven**

- *Women's Resource Center in Polk County dedicated to providing services to women, men, and families in crisis*
- 165 Ave A NW Winter Haven, FL 33881
- (863) 294-5318, Call Mon – Fri 9:00 AM – 4:00 PM to schedule appointment
- [www.wrcfl.org/](http://www.wrcfl.org/)

### **Women's Resource Center**

- *Provides career, educational, empowerment, support, and wellness programs for women*
- 340 Tuttle Ave Sarasota, FL 34237  
Mon – Thur 9:00 AM – 6:00 PM, Fri 9:00 AM – 12:00 PM  
(941) 366-1700  
[info@mywrc.org](mailto:info@mywrc.org)
- [www.mywrc.org/](http://www.mywrc.org/)

### **Dress for Success Tampa Bay**

- *Provides professional attire for women with job interviews*
- 1705 N Howard Ave, Tampa, FL 33607  
Mon – Thurs 10:00 AM – 4:00 PM  
(813) 259-1876  
[staff@dfstampabay.org](mailto:staff@dfstampabay.org)
- <https://tampabay.dressforsuccess.org>

### **Pasco County Women's Shelter – Catholic Charity**

- *Temporary shelter for homeless women & children. 50\$ weekly fee for singles, 70\$ weekly fee for women with children*
- 7801 Maryland Avenue Hudson, FL 34667  
(727) 861-4840
- [www.ccdosp.org/pasco-county-womens-shelter/](http://www.ccdosp.org/pasco-county-womens-shelter/)

### **Pure Life Sober Living**

- *A sober living house for women*
- 10519 Weeping Willow Place, Tampa, FL 33624  
Mon – Fri 10:00AM – 7:00PM  
Sat & Sun 10:00AM – 4:00PM  
(813) 328-9473  
[info@purelifetampa.com](mailto:info@purelifetampa.com)
- [www.purelifetampa.com](http://www.purelifetampa.com)

# INDIVIDUAL SERVICES

## Disability Services



### Family Network on Disabilities (FND)

- A family-centered grassroots organization for persons with disabilities. Free services to connect parents to schools to foster student success. Free educational resources
- 26750 U.S. Highway 19 North, Suite 410 Clearwater, FL 33761  
(727) 523-1130 / (800) 825-5736
- [fnd@fndusa.org](mailto:fnd@fndusa.org)

### The ARC

- Non-profit organization aimed to support and empower people with intellectual and developmental disabilities
- 1501 North Belcher Road, Suite 244 Clearwater, Florida 33765  
(727) 797-8712  
[info@theartctbfoundation](mailto:info@theartctbfoundation)
- <https://theartctbfoundation.org/>

### Florida Center for Inclusive Communities (FCIC)

- Provides a variety of programs for persons with disabilities through community support, early childhood, education, employment, health, and interdisciplinary training  
Department of Child and Family Studies, College of Behavioral and Community Sciences, University of South Florida, 13301 Bruce B. Downs Blvd. MHC 2113A Tampa, FL 33612  
(813) 974-4612, Toll Free: (866) 818-4797  
[fcic@usf.edu](mailto:fcic@usf.edu)
- <http://flfcic.fmhi.usf.edu/index.html>

### disABLEDperson Inc.

- Nonprofit public charity organization that concentrates on disability employment. Website provides job boards and assistance in employment searches for persons with disabilities.
- (727) 420-1269
- [info@disabledperson.com](mailto:info@disabledperson.com)
- [www.disabledperson.com/](http://www.disabledperson.com/)

## Bilingual Services



### Bilingual Counseling of Florida

- Bilingual counseling service. English + Spanish; Inglés + Español
- 2814 W. MLK Jr. Blvd, Ste 201, Tampa, FL  
Mon, Wed 9:00 AM – 5:00 PM, Tue, Thurs 9:00 AM – 9:00 PM Fri 1:00 PM – 9:00 PM  
(813) 570-3609
- <https://bcfcounseling.com/>

### Hillsborough County Public Schools

- Adult education department delivers English for Speakers of Other Languages (ESOL) program.
- 5410 North 20<sup>th</sup> Street Tampa, FL 33610  
(813) 231-1951 Dr. Sergei Paromchik  
[sergei.paromchik@hcps.net](mailto:sergei.paromchik@hcps.net)
- <https://www.hillsboroughschools.org/>

### Premier Community HealthCare

- Cost efficient medical care. Accepts Medicaid & Medicare, Healthy Kids/Florida KidCare. Sliding fee discount program. Proof of income required to qualify. Bilingual staff.
- 37912 Church Ave Dade City, FL 33525  
Mon 7:00 AM – 7:00 PM, Tue – Fri 7:00 AM – 4:00 PM  
(352) 518-2000
- [www.premierhc.org](http://www.premierhc.org)

### Metropolitan Ministries (multiple locations)

- Non-profit for poor and homeless individuals and families in Tampa Bay. English + Spanish; Inglés + Español
- West Pasco
  - 3214 US HWY 19 N., Holiday, FL 34691
  - Mon - Fri 9:30 AM – 4:30 PM
  - (727) 937-3268
- [www.metromin.org](http://www.metromin.org)

# INDIVIDUAL SERVICES

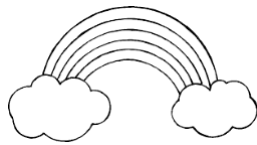
## Bilingual Services *cont.*

### Marchman Technical College

- *English for Speakers of Other Languages (ESOL)*
- 7825 Campus Drive New Port Richey, FL 34653  
Mon. – Fri 8:00 AM – 4:00 PM  
(727) 774-1700
- <https://mtec.pasco.k12.fl.us/>



## LGBTQ+ Resources



### Institute for LGBT Health and Well Being

- *Offers separate support group services for transgender youth (ages 13 – 18) and parents of transgender youth.*
- 2109 E. Palm Avenue, Suite 201 Tampa, FL 33605  
(813) 609-3699
- <https://www.instituteforlgbthealth.org/>

### The Trevor Project

- *Crisis intervention & suicide prevention for LGBTQ youth. Provides educational resources and ally training*
- Trevor Lifeline: 1- 866-488-7386
- Trevor Text: Text START to 678-678
- <https://www.thetrevorproject.org/>

### Metro - Tampa Bay (multiple locations)

- *Medical and social services to LGBTQ individuals. Free HIV and HEP C testing. Social activities, classes, support groups, counseling, health and fitness programs.*
- New Port Richey Location
  - 4747 US-19 New Port Richey, FL 34652 (727) 494-7625  
Monday – Friday 8:00 AM - 5:00 PM
- [www.metrotampabay.org/](http://www.metrotampabay.org/)

### Parents, Families, and Friends of Lesbians and Gays (PFLAG) (multiple chapter locations)

- PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents, families, and allies.
- Wesley Chapel:  
(443) 606-0993  
[pflagwesleychapel@gmail.com](mailto:pflagwesleychapel@gmail.com)  
[www.pflagwcpasco.org](http://www.pflagwcpasco.org)
- <https://pflag.org/>

## Veteran's Resources



### Pasco County Veteran Services

- *Assists veterans in obtaining all possible benefits*
- 8620 Galen Wilson Blvd., Port Richey, FL 34668  
(727) 834-3282  
[vwso@pascocountyfl.net](mailto:vwso@pascocountyfl.net)
- <https://www.pascocountyfl.net/167/Veterans-Services>

### Pasco County Vet Center

- 5139 Deer Park Drive, New Port Richey, FL, 34653
- Mon, Tue, & Fri 8:00 AM – 4:30 PM  
Wed & Thurs 8:00 AM – 6:30 PM  
Saturday by appointment only  
(727) 372-1854
- <https://www.va.gov/directory/guide/facility.asp?ID=6158>

### Veterans Alternative

- *Provides therapy to veterans and their spouses*
- 1750 Arcadia Road, Holiday, FL 34690
- Mon – Fri 9:00 AM – 5:00 PM  
(727) 939-8387  
[info@veteransalternative.org](mailto:info@veteransalternative.org)
- <https://veteransalternative.org/>

### HUD-VASH

- *Housing assistance to veterans and their families*
- (800) 698-2411 (toll-free) 24/7
- <https://www.va.gov/homeless/hud-vash.asp>

# INDIVIDUAL SERVICES

## HIV/Aids Services



### **METRO Tampa Bay** (multiple locations)

- Free HIV and HEP C Testing, Primary Care, Pharmacy Services, HIV Education, Prevention (PrEP). Accepts most major insurances and offers sliding fee scale self-pay option, based on income.
- New Port Richey Location
  - 4747 US-19 New Port Richey, FL 34652  
(727) 494-7625  
Health Center: Tue – Wed 8:30 AM – 5:00 PM, Friday 8:30 AM – 5:00 PM  
info@metrotampabay.org
- www.metrotampabay.org/

### **Housing Opportunities for Persons with AIDS (HOPWA)**

- Federal program dedicated to the housing needs of people living with HIV/AIDS.
- (850) 245-4422
- www.floridahealth.gov/diseases-and-conditions/aids/patient-care/hopwa.html

### **Empath Partners in Care (EPIC)**

- Nonprofit organization dedicated to serving those living with HIV. Counseling, medical case management, housing assistance, free HIV testing, financial assistance, and support groups provided.
- 4703 N. Florida Ave. Tampa, FL 33603  
(813) 237-3066
- https://myepic.org/

### **The Well Project**

- Nonprofit online organization for girls and women living with HIV
- https://www.thewellproject.org/

### **HIV/AIDS Emergency Services**

- 1-888-816-6909

### **HIV.GOV**

- Federal government's leading source for information about HIV. Provides HIV basics, symptoms, data and trends
- contact@hiv.gov
- www.hiv.gov/

### **Department of Health in Pasco County**

- Free condoms and lube. Testing, treatment, prevention, and linkage to care. Sliding fee scale available when appropriate.
- 10841 Little Road New Port Richey, FL 34654  
Mon – Fri 8:00 AM – 5:00 PM  
(727) 619-0300  
Pasco.Web@FLHealth.gov
- http://pasco.floridahealth.gov/programs-and-services/infectious-disease-services/aids/index.html

## Immigration Services



### **Migrants Foundations Inc.**

- Serves as a liaison between immigrants and other agencies. Low-cost.
- 1915 N. Howard Ave, Tampa, FL 33688  
Mon – Sat 9:00 AM – 12:00 PM  
(888) 644-8840  
info@migrantsfoundation.org
- www.migrantsfoundation.org/

### **Bay Area Legal Services**

- Provides free legal services for immigrants
- Pasco Location: 7340 Little Road Suite 101 New Port Richey, FL 34654  
Mon – Fri 8:30 AM – 5:00 PM  
Legal aid: (800) 625-2257  
Office phone: (727) 847-5494
- https://bals.org/

### **Lutheran Services Florida**

- Immigration services. Counselors assist clients with work permits/employment, family reunification, counseling, applications for citizenship, and immigrant petitions
- 3627 W. Waters Ave Tampa, FL 33614  
Mon – Fri 8:00 AM – 5:00 PM  
(813) 875-1408
- https://www.lsfnet.org/

# INDIVIDUAL SERVICES

## Faith Based Services



### Christian Social Services

- 1-888-816-6909
- *Specialized ministry of local churches offering supportive services to the community*
- 5514 Land O Lakes Blvd, Land O'Lakes, FL 34639  
Tue, Thurs, & Sat 10:00 AM – 4:00 PM  
(813) 995- 0088
- [www.css-helpinghands.org](http://www.css-helpinghands.org)

### Islamic Society of Tampa Bay

- *Mosque in Hillsborough County. Non-profit organization dedicated to serve the needs of the Muslim community*
- 7326 E Sligh Ave, Tampa, FL 33610  
(813) 628-007  
[info@istaba.org](mailto:info@istaba.org)
- [www.istaba.org/](http://www.istaba.org/)

### CHABAD Jewish Center of West Pasco

- *Jewish community center*
- 10733 Maple Creek Drive Suite 101  
Trinity, FL 34655  
(727) 376-3366
- [www.chabadwp.com/](http://www.chabadwp.com/)

## Elder Services



### Office for Victims of Crime National Elder Fraud Hotline

- (833) 372-8311
- Mon – Fri 10:00 AM – 6:00 PM

### CARES (Community Aging and Retirement Services)

- *Provides programs and services to seniors and their families*
- 12417 Clock Tower Parkway Hudson, FL 34667  
Mon – Fri 8:00 AM – 5:00 PM  
(727) 863-6868
- <https://caresfl.org/>

### Pasco County Senior Services

- *Senior-centered recreational activities and meals.*
- 8600 Galen Wilson Blvd Port Richey, FL 34668
- Mon – Fri 10:00 AM – 3:00 PM  
(727) 834-3340  
[tsnee@pascocountyfl.net](mailto:tsnee@pascocountyfl.net)
- <https://www.pascocountyfl.net/366/Senior-Services>

### Area Agency on Aging of Pinellas and Pasco County

- *Serves seniors over the age of 60 and in Pasco and Pinellas counties*
- 9549 Koger Blvd N #100, St. Petersburg, FL 33702  
Mon – Fri 8:00 AM – 5:00 PM  
(727) 570-9696  
[info@aaapp.org](mailto:info@aaapp.org)
- <https://agingcarefl.org/>

# HEALTH & GOVT ASSISTANCE

## Health Insurance



### Obamacare Enrollment

- *Affordable health insurance*
- 12421 N Florida Ave Suite 211B  
Tampa, FL 33612  
Mon – Fri 8:00 AM – 7:00 PM  
Sat 10:00 AM – 4:00 PM  
(866) 889-1312  
[admin@obamacareenrollment.org](mailto:admin@obamacareenrollment.org)
- <https://obamacareenrollment.org/>

### Florida Medicaid

- *Low-income health insurance*
- 1 (877) 711-3662, Text: 357662  
Mon – Thurs 8:00 AM – 8:00 PM, Fri 8:00 AM – 7:00 PM
- [www.flmedicaidmanagedcare.com](http://www.flmedicaidmanagedcare.com)

### Florida Medicare

- *Low-cost federal health insurance for 65+, certain younger people with disabilities, & people with End-Stage Renal Disease (ESRD)*
- 1 (800) 633-4227
- [www.medicare.gov/](http://www.medicare.gov/)

# HEALTH & GOVT ASSISTANCE

## Health Insurance cont.



### Florida KIDCARE

- Free/low cost health and dental insurance for children from birth to 18
- 1 (888) 540-5437, TTY: 1 (800) 955-8771
- [www.floridakidcare.org/](http://www.floridakidcare.org/)

### Florida SHINE

- Free program offered by the Florida Department of Elder Affairs. Specially trained volunteers assist with Medicare, Medicaid, and health insurance questions by providing one-on-one counseling and information.  
1 (800) 963-5337, Mon – Fri 8:00 AM – 5:00 PM  
[information@elderaffairs.org](mailto:information@elderaffairs.org)
- [www.floridashine.org/](http://www.floridashine.org/)

## Government Assistance



### ACCESS Florida

- Temporary cash assistance for low income families  
Mon – Fri 7:00 AM – 6:00 PM Agents available  
(850) 300-4323
- [www.myflorida.com/accessflorida/](http://www.myflorida.com/accessflorida/)

### Florida Food Assistance Program (SNAP)

- USDA's Supplemental Nutrition Assistance Program (SNAP) provides food assistance in Florida to low income households  
1 (866) 762-2237
- [www.benefits.gov/benefit/1244](http://www.benefits.gov/benefit/1244)

### Florida Discount Drug Card

- Discount card designed to lower the cost of prescriptions for all Florida residents.
- Help Desk available 24/7: (866) 341-8894, TTY: dial 711  
[savingscard@elixirsolutions.com](mailto:savingscard@elixirsolutions.com)
- [www.floridadiscountdrugcard.com/](http://www.floridadiscountdrugcard.com/)

### Florida Low-Income Energy Assistance Program

- Assists eligible households at least 150% or less of the Federal Poverty guidelines with paying energy bills
- Mid Florida Community Services: 14446 7<sup>th</sup> Street Dade City, FL 33523  
Mon – Fri 8:30 AM – 5:00 PM  
(352) 251-2313
- <https://www.mfcs.us.com/>

### Healing Hearts Cafe

- Hygiene products, hot showers, laundry services for homeless
- 6436 12<sup>th</sup> Street Zephyrhills, FL 33542  
Mon – Sat, 9:30 AM – 5:30 PM  
(813) 395-5500  
[healingheartscafezhills@gmail.com](mailto:healingheartscafezhills@gmail.com)

## PARENTING



## Parent Training and Support

### All Children's Specialty Care

- Car seat safety check. Educational sessions for families unable to obtain a car seat at a retail price
- (727) 767-7835
- [www.hopkinsallchildrens.org/carseat](http://www.hopkinsallchildrens.org/carseat)

### Foundations of Life

- Free pregnancy test and ultrasounds. Also offers parenting, infant, and mom supplies
- 37733 Meridian Ave Dade City, FL 33535  
Mon – Fri 9:00 AM – 5:00 PM  
(352) 521-1218  
[folpasco@ccdosp.org](mailto:folpasco@ccdosp.org)
- <https://foundationsoflife.org>

### Positive Parenting Classes for Florida

- Educational courses for parents going through divorce, \$50/class
- 8282 Sycamore Drive, New Port Richey, FL 34654  
Office hours: Mon – Fri 10:00 AM – 5:00 PM  
(727) 755-4046
- <http://positiveparentingclassesforflorida.com>



# PARENTING



## Parent Training and Support cont.

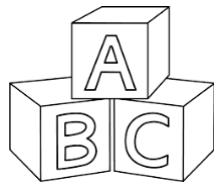
### HEALTHY START COALITION OF PASCO

- Free assistance to women and young children. No income qualifications. Parent counseling, education, and breastfeeding support. Must be pregnant or have a child under 3.
- 6623 US Highway 19 New Port Richey, FL 34652  
Mon – Fri 8:30 AM – 5:00 PM  
(727) 841-7888  
mail@healthystartcoalitionpasco.org  
<https://healthystartcoalitionpasco.org/>

### Women, Infants, and Children (WIC)

- [www.floridadiscountdrugcard.com/](http://www.floridadiscountdrugcard.com/)
- Low cost nutrition program for pregnant women or who have children under 5. Income restrictions apply. Provides EBT card, breastfeeding support, healthcare referrals, education and nutrition counseling. Free with Medicare. Based off income if no insurance
- New Port Richey Location
  - 5640 Main Street, New Port Richey, FL 34652  
Mon – Thurs 7:30 AM – 5:00 PM  
Sat 8:00 AM – 12:00 PM  
(727) 841-4425
  - Pasco.Web@FLHealth.gov
- <http://pasco.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/wic/index.html>

## Childcare



### Early Childhood Programs/Head Start

- School readiness programs for young children
- 7227 Land O' Lakes Blvd. Land O' Lakes, FL 34638  
(813) 794-2730
- [www.pasco.k12.fl.us/prek](http://www.pasco.k12.fl.us/prek)

### Early Learning Coalition of Pasco

- Childcare and preschool resources
- Courtside Commons 7334 Little Rd, Ste. 102 New Port Richey, FL 34654  
Mon – Fri 8:00 AM – 5:00 PM  
(727) 569-1004  
coalition@phelc.org
- [www.phelc.org/p/2/home#.YNIO8pNKj\\_Q](http://www.phelc.org/p/2/home#.YNIO8pNKj_Q)

### PLACE (many locations)

- Car seat safety check. Educational sessions for families unable to obtain a car seat at a retail price
- Before and after school program
- (813) 794-2298
- [www.placeprogram.com/](http://www.placeprogram.com/)

# MONEY MANAGEMENT



### Mint: Money Management App

- Free personal finance application
- <https://mint.intuit.com/>

### Daystar Life Center

- Free income tax preparation
- 1055 28<sup>th</sup> Street South St. Petersburg, FL 33712  
Mon, Tue, Thur, Fri: 8:30 AM – 3:00 PM  
(727) 825-0442
- <https://daystarlife.com/>

### Green Path Financial Wellness

- Financial services. Debt counseling
- 5100 West Kennedy Blvd, Tampa, FL 33609, Suite 125  
Mon – Fri 9:00 AM – 5:00 PM  
(855) 400-3719
- [www.greenpath.com/](http://www.greenpath.com/)

### Consumer Debt Counselors

- Non-profit agency assisting individuals with debt and credit related issues
- 4830 W. Kennedy Blvd, Tampa, FL 33609-25, Suite 678
- Mon – Fri 8:30 AM – 8:00 PM, Sat: Appt only
- (800) 820-9232
- [www.consumerdebtcounselors.com](http://www.consumerdebtcounselors.com)

# SOCIAL GROUPS, RECREATION



## J. Ben Harrill Recreation Complex

- Recreation center and park with various free/low-cost sports activities, exercise, and dance classes
- 2830 Gulf Trace Blvd Holiday, FL 34691  
**Park:** 7 days/week 8:00 AM – 10:00 PM,  
**Recreation Center:** Mon – Fri 9:00 AM – 9:00 PM, Sat 9:30 AM – 6:00 PM  
(727) 942-7439
- [www.pascocountyfl.net/309/J-Ben-Harrill-Recreation-Complex](http://www.pascocountyfl.net/309/J-Ben-Harrill-Recreation-Complex)

## Crews Lake Wilderness Park

- *Bike path, botanical gardens, outdoor amphitheater*
- 16739 Crews Lake Drive Spring Hill, FL 34610-8040  
7 days/week, dawn to dusk  
(727) 861-3038 – Maintenance number
- [www.pascocountyfl.net/305/Crews-Lake-Wilderness-Park](http://www.pascocountyfl.net/305/Crews-Lake-Wilderness-Park)

## Land O' Lakes Recreation Complex

- 2830 Gulf Trace Blvd Holiday, FL 34691
- *Recreation center and park with various free sports activities, low cost dance and sport classes*
- 3032 Collier Parkway Land O' Lakes, FL 34639  
**Park:** 7 days/week 8:00 AM – 10:00 PM,  
**Recreation Center:** Mon – Fri 9:00 AM – 9:00 PM, Sat 9:30 AM – 6:00 PM  
(813) 929-1220
- [www.pascocountyfl.net/307/Land-O-Lakes-Recreation-Complex](http://www.pascocountyfl.net/307/Land-O-Lakes-Recreation-Complex)

## Veterans Memorial Park

- *Recreation center and park with various free sports activities, low cost dance and sport classes*
- 14333 Hicks Rd. Hudson, FL 34669  
**Park:** 7 days/week 8:00 AM – 10:00 PM,  
**Recreation Center:** Mon – Fri 9:00 AM – 9:00 PM, Sat 9:30 AM – 6:00 PM  
(727) 861-3033
- [www.pascocountyfl.net/308/Veterans-Memorial-Park](http://www.pascocountyfl.net/308/Veterans-Memorial-Park)

# PHONE/ WEB ACCESS



## Safe Link Wireless

- *Free cell phone plans. Income restrictions apply*  
Enrollment and Plan Changes Support: 1 (800) 723-3546  
Mon – Sat 8:00 AM – 10:00 PM  
Sun 8:00 AM – 7:00 PM
- [www.safelinkwireless.com/](http://www.safelinkwireless.com/)

## Assurance Wireless

- *Federal Lifeline government assistance program. Provides eligible low-income individuals with free monthly data and minutes, unlimited texting and a free phone*
- 1 (888) 321-5880
- [www.assurancewireless.com](http://www.assurancewireless.com)

## Austin Davis Public Library

- *Free computer access with Microsoft Office, Adobe Photoshop Elements, DVD burning software, Windows Media Player. Limited to 150 minutes/day*
- 17808 Wayne Rd. Odessa, Florida 33556-4720  
Mon – Sat, 10:00 AM – 6:00 PM  
(813) 273-3652
- <https://hcplc.org/locations/austin-davis>

## Land O' Lakes Branch Library

- *Public computer services*
- 2818 Collier Parkway Land O'Lakes, FL 34639  
Mon – Sat 10:00 AM – 8:00 PM
- [www.pascolibraries.org/index/land-olakes-branch-library/](http://www.pascolibraries.org/index/land-olakes-branch-library/)

## Hudson Regional Library

- *Public computer services*
- 8012 Library Road Hudson, FL 34667  
Mon – Sat 10:00 AM – 5:00 PM  
(727) 861-3020
- [www.pascolibraries.org/index/hudson-regional-library/](http://www.pascolibraries.org/index/hudson-regional-library/)

## Healing Hearts Café

- *Charging stations for electronics*
- 6436 12<sup>th</sup> Street Zephyrhills, FL 33542  
Mon – Sat, 9:30 AM – 5:30 PM  
(813) 395-5500  
[healingheartscafez hills@gmail.com](mailto:healingheartscafez hills@gmail.com)
- <https://www.healingheartscafe.com/>



## PHONE/WEB ACCESS CONT.



### Regency Park Branch Library

- *Public computer services*
- 9701 Little Road New Port Richey, FL 34654  
Monday – Saturday, 10:00 AM – 8:00 PM  
(727) 861-3049
- [www.pascolibraries.org/index/regency-park-branch-library/](http://www.pascolibraries.org/index/regency-park-branch-library/)

### Zephyrhills Public Library

- *Public computer services*
- 5347 8th Street Zephyrhills, FL 33542  
Monday – Saturday, 10:00 AM – 6:00 PM  
(813) 780-0064
- [www.pascolibraries.org/index/zephyrhills-public-library/](http://www.pascolibraries.org/index/zephyrhills-public-library/)

## LEGAL HELP



### Bay Area Legal Services (multiple locations)

- *Free civil services to qualified and low-income residents*
- Pasco Location
  - 1340 Little Road Suite 101 New Port Richey, FL 34654
  - Mon – Fri 8:30 AM – 5:00 PM
  - Office phone: (727) 847-5494
- Legal aid: (800) 625-2257
- <https://bals.org/>

### Florida Legal Services

- *Legal support for low income families*
- Main phone: (407) 801-4350
- Domestic Violence Legal Helpline  
(850) 385-0611
- [www.floridalegal.org/](http://www.floridalegal.org/)

### Gulf Coast Legal Services

- *Free legal aid. Immigration advocacy, financial stability advocacy, family law, and housing. Income requirements*
- 501 1<sup>st</sup> Ave N, Suite 420, St. Petersburg, FL 33701  
Mon – Fri 9:00 AM – 5:00 PM  
(727) 821-0726
- <https://gulfcoastlegal.org/>

### Pinellas Community Law Program

- *Free civil legal aid to those who qualify financially. Family law, bankruptcy, housing, criminal records expunction*
- 501 1<sup>st</sup> Avenue, N, Suite 519, St. Petersburg, FL 33701  
Mon – Fri 8:00 AM – 4:00 PM  
(727) 582-7402  
[clp@lawprogram.org](mailto:clp@lawprogram.org)
- <https://lawprogram.org/>

## PHYSICAL HEALTH/ MEDICAL



### *Medical Exam Services*

### Mobile Medical Van

- 501 1<sup>st</sup> Avenue, N, Suite 519, St. Petersburg, FL 33701
- *Mobile medical van that offers free physicals and basic medical care. No insurance needed*
- (727) 324-7823
- Check website/call number for schedule
- [www.pascocountyfl.net/1645/Mobile-Medical-Clinic](http://www.pascocountyfl.net/1645/Mobile-Medical-Clinic)

### Clearwater Free Clinic

- *Nonprofit organization that offers free services to those who cannot afford private medical care. They have a range of physicians that cover multiple specialties including primary care, women's care, ophthalmology, pediatrics, behavioral health, and nutritional counseling.*
- 1218 Court St, Clearwater, FL 33756  
(727) 447-3041  
Mon - Thur 8:30AM - 6:00PM
- [www.clearwaterfreeclinic.org/](http://www.clearwaterfreeclinic.org/)

### Red Crescent Clinic of Tampa Bay

- *Offers free medical services for those that do not have insurance. Appointments required to visit the clinic*
- 7328 E Sligh Ave, Tampa, FL 33610  
Tue - Sat 9:30AM - 2:00PM  
(813) 246-5006  
[info@redcrescenttampa.org](mailto:info@redcrescenttampa.org)
- [www.redcrescenttampa.org/](http://www.redcrescenttampa.org/)

# PHYSICAL HEALTH/ MEDICAL

## Dental/Hearing Services



### Christian Social Services

- Partners with FUMC-Lutz & Mission Tampa to provide free dental care once a year
- 5514 Land O Lakes Blvd, Land O'Lakes, FL 34639  
Tue, Thurs, & Sat 10:00 AM – 4:00 PM  
(813) 995- 0088
- [www.css-helpinghands.org](http://www.css-helpinghands.org)

### Good Samaritan Health Clinic

- Provides health + dental services for uninsured and are ineligible for Medicaid/Medicare.
- 5334 Aspen St. New Port Richey, FL 34652
- Dental available on Wednesdays - call for appointment  
(727) 848-7789
- [www.Goodsamclinic.org](http://www.Goodsamclinic.org)

### Premier Community HealthCare

- Cost efficient dental care. Accepts Medicaid & Medicare, Healthy Kids/Florida KidCare. Sliding fee discount program. Proof of income required to qualify
- 37912 Church Ave Dade City, FL 33525  
Mon 7:00 AM – 7:00 PM, Tue – Fri 7:00 AM – 4:00 PM  
(352) 518-2000
- [www.premierhc.org](http://www.premierhc.org)

### Judeo Christian Health Clinic

- Medical care including ENT and dental services provided. Free for patients below or two times below the poverty level
- 4118 N Macdill Ave, Tampa, FL 33607  
Mon – Fri, 9:00AM-5:00PM  
(813) 870-0395
- [www.judeochristianhealthclinic.org/](http://www.judeochristianhealthclinic.org/)

### Tri County Hearing Services

- Hearing evaluations, and hearing aid services
- 2406 Commercial Way Spring Hill, FL 34604  
Mon – Fri 9:00 AM – 5:00 PM  
(352) 835-7128
- [www.tricountyhearingsservices.com](http://www.tricountyhearingsservices.com)

## Women's Health



### A Women's Place Medical Clinic

- Free women's health services and support. Pregnancy testing and consultations, ultrasounds, well-woman care, STD/STI testing
- Tarpon Springs Location
  - 927 E Klosterman Rd Tarpon Springs, FL 34689
  - Mon 12:30 PM – 8:00 PM, Wed 9:30 AM – 5:00 PM, Fri 9:30 AM – 2:00 PM
  - (727) 940-2626
  - [bfuller@awomansplaceclinic.com](mailto:bfuller@awomansplaceclinic.com)
- [www.awomansplaceclinic.com](http://www.awomansplaceclinic.com)

### Breast and Cervical Cancer Early Detection Program

- Serves uninsured/underinsured female Florida residents, 50- 64 years old. Provides low cost breast exams, mammograms, pap smears
- (727) 619-0369
- [Pasco.Web@FLHealth.gov](mailto:Pasco.Web@FLHealth.gov)
- <http://pasco.floridahealth.gov/programs-and-services/clinical-and-nutrition-services/breast-and-cervical-cancer-early-detection-program/index.html>

### West Pasco Pregnancy Center

- Free pregnancy testing, ultrasounds, counseling, resources, and referrals for women
- 8125 US-19 Port Richey, FL 34668  
Mon, Wed, Thurs 11:00 AM – 4:00 PM, Tue 11:00 AM – 7:00 PM  
(727) 846-9999  
[office@pascopregnancy.com](mailto:office@pascopregnancy.com)  
24-hour Confidential Helpline: 1 (800) 712-4357
- <http://pascopregnancy.com/>

# PHYSICAL HEALTH/ MEDICAL

## Family Planning/ Sexual Health



### Planned Parenthood – Tampa Health Center

- Offers STD testing and treatment, men's health services, HIV testing and referrals, and women's health care. Payment options/budget planning available for those not covered by insurance.
- 8068 North 56th Street, Tampa, FL 33617 (813) 980-3555  
Mon 8:00AM-4:00PM, Tue 9:00 AM – 4:00 PM, Wed 10:00 AM – 6:00 PM, Thur-Fri 9:00 AM – 5:00 PM
- [www.plannedparenthood.org](http://www.plannedparenthood.org)

### YBOR Youth Clinic

- Clinic targets health services towards youth (between ages 13 and 24) in HSCO County. Offers free walk-ins for HIV and STI testing. They also offer appointments for HIV/STI treatment and prevention services with little to no cost.
- 1315 E 7th Ave STE 104, Tampa, FL 33605  
Mon, Wed, Thur 9:00 AM – 5:00 PM  
Tue 1:00 PM – 5:00 PM by appt only  
(813) 396-9021
- <https://health.usf.edu/care/pediatrics/services-specialties/ad-med/ybor-youth-clinic>

### Judeo Christian Health Clinic

- In order to become a patient, you must visit the clinic Mon - Fri 9 a.m. – 11 a.m. with documentation of monthly income. Medical care (including gynecology provided)
- 4118 N Macdill Ave, Tampa, FL 33607  
Mon – Fri, 9:00AM - 5:00PM  
(813) 870-0395
- [www.judeochristianhealthclinic.org](http://www.judeochristianhealthclinic.org)

## Chronic Pain



### Physical Partners of American Pain Relief Group

- Pain relief services
- 4419 Rowan Road, NPR, FL 34653  
Mon – Fri 8:00 AM – 5:00 PM  
(727) 877-1611
- [www.physicianpartnersofamerica.com](http://www.physicianpartnersofamerica.com)

### Trinity Pain Center

- Pain relief services
- 8146 Cerebellum Way, Suite 102  
Trinity, FL 34655  
Mon – Fri 9:00 AM – 5:00 PM  
(727) 264-8865  
[info@trinitypaincenter.com](mailto:info@trinitypaincenter.com)
- [www.trinitypaincenter.com](http://www.trinitypaincenter.com)

## Nutritional Counseling



### Nutrition.gov

- USDA-sponsored website that offers credible information for healthy eating choices
- [www.nutrition.gov](http://www.nutrition.gov)

### Clearwater Free Clinic

- Free health services to those without insurance. Nutritional counseling provided
- 1218 Court St, Clearwater, FL 33756  
(727) 447-3041  
Mon – Thur 8:30AM – 6:30 PM
- [www.clearwaterfreeclinic.org/](http://www.clearwaterfreeclinic.org/)

## Physical Fitness



### Planet Fitness

- Low cost fitness center \$10/month + fees. Shower services. Open 24/7
- New Port Richey Location
  - 9023 Little Road, New Port Richey, FL 34654
  - (727) 863-5292
- [www.planetfitness.com](http://www.planetfitness.com)

### Land O' Lakes Recreation Complex

- Free sports activities, low cost dance and sport classes
- 3032 Collier Parkway Land O' Lakes, FL 34639  
**Recreation Center:** Mon – Fri 9:00 AM – 9:00 PM, Sat 9:30 AM – 6:00 PM  
(813) 929-1220
- <https://www.pascocountyfl.net/307/Land-O-Lakes-Recreation-Complex>

# PHYSICAL HEALTH/ MEDICAL

## Physical Fitness cont.

### Veterans Memorial Park

- *Physical fitness center. Personal training, nutrition education, group fitness classes.*
- 14333 Hicks Rd. Hudson, FL 34669  
**Recreation Center:** Mon – Fri 9:00 AM – 9:00 PM, Sat 9:30 AM – 6:00 PM  
(727) 861-3033
- [www.pascocountyfl.net/308/Veterans-Memorial-Park](http://www.pascocountyfl.net/308/Veterans-Memorial-Park)

### Baycare Fitness Center (multiple locations)

- *Physical fitness center. Personal training, nutrition education, group fitness classes.*
- Cheek-Powell Fitness Center 455 Pinellas St. Clearwater, FL 33756  
Mon – Thur 5:00 AM – 9:00 PM, Fri 5:00 AM – 8:00 PM, Sat & Sun 8:00 AM – 5:00 PM  
(727) 462-7656
- <https://baycare.org/services/fitness-centers>

## Vaccine Services



### Florida Department of Health in Pasco County

- East Side
  - 3941 15<sup>th</sup> Street Dade City, FL 33525
- West Side
  - 10841 Little Road New Port Richey, FL 34654
- Mon – Fri 8:00 AM – 5:00 PM
- (727) 861-5260 – Select Option 1 for Medical Services then select Option 2 for Immunizations
- <http://pasco.floridahealth.gov/>

### Palm River Community Health Center

- 7728 Palm River Rd. Tampa, FL 33619  
Mon – Fri 7:30 AM – 5:00 PM  
Appointment Line: (813) 653-6100  
Information: (813) 630-3600
- <http://suncoast-chc.org/>

### Premier Community HealthCare

- 37912 Church Ave Dade City, FL 33525
- Mon 7:00 AM – 7:00 PM, Tue – Fri 7:00 AM – 4:00 PM
- (352) 437-1770
- [www.premierhc.org](http://www.premierhc.org)

### Tampa Family Health Center

- 8108 N. Nebraska Ave Tampa, FL 33604  
Mon – Fri 8:00 AM – 3:30 PM  
(813) 397-5300
- <https://tampafamilyhc.com/>

### Clearwater Health Department

- 310 N. Myrtle Ave. Clearwater, FL 33755  
Mon – Fri 8:00 AM – 5:00 PM  
Appt: (727) 824-6931
- <http://pinellas.floridahealth.gov/>

### Walgreens Pharmacy (multiple locations)

- 5127 US-19, New Port Richey, FL 34652
- 7020 Massachusetts Ave, New Port Richey, FL 34653  
Mon – Sun 9:00 AM – 1:30 PM, 2:00 PM – 9:00 PM  
(727) 841-7740
- [www.walgreens.com](http://www.walgreens.com)

### Publix Pharmacy (multiple locations)

- 5127 US-19, New Port Richey, FL 34652
- Mon – Fri 9:00 AM – 9:00 PM, Sat 9:00 AM – 7:00 PM, Sun 11:00 AM – 6:00 PM  
(727) 845-3123
- [www.publix.com/covid-vaccine](http://www.publix.com/covid-vaccine)

### CVS Pharmacy (multiple locations)

- 10925 Sr 52 New Port Richey, FL 34655  
Mon – Fri 8:00 AM – 9:00 PM, Sat 9:00 AM – 6:00 PM, Sun 10:00 AM – 6:00 PM  
(727) 372-9030
- [www.cvs.com/immunizations/covid-19-vaccine](http://www.cvs.com/immunizations/covid-19-vaccine)

### Walmart Pharmacy (multiple locations).

- 8745 Little Rd, New Port Richey, FL 34654
- Mon – Fri 9:00 AM – 9:00 PM, Sat 9:00 AM – 7:00 PM, Sun 10:00 AM – 6:00 PM  
(727) 264-5224
- [www.walmart.com/cp/flu-shots-immunizations/1228302](http://www.walmart.com/cp/flu-shots-immunizations/1228302)

# MENTAL HEALTH

## Therapy/ Counseling/ Outpatient



### **BayCare Behavioral Health – King Helie Adult Treatment Center**

- Outpatient counseling including group and individual treatment for adults
- 8002 King Helie Blvd. New Port Richey, FL 34653
- Mon – Thurs 8:00 AM – 7:00 PM, Fri 8:00 AM – 5:00 PM
- (727) 841-4430
- <https://baycare.org/locations/b/baycare-behavioral-health-king-helie-adult-treatment-center>

### **7 CUPS**

- A free 24/7 service where you can chat with trained volunteers for support for any needs you may have
- [www.7cups.com](http://www.7cups.com)

### **Affordable Counseling Center Florida**

- Sister company of Star Point Counseling to provide affordable counseling. Sliding scale offered based on household income
- 419 West Platt Street Tampa, FL 33606  
(813) 260-8892  
Mon – Fri 11:00 AM – 8:00 PM, Sat 11:00 am – 5:00 pm  
[affordablecounseling@aol.com](mailto:affordablecounseling@aol.com)
- [www.affordablecounselingbrandon.com](http://www.affordablecounselingbrandon.com)

### **Baylife Counseling**

- Provides mental health, substance abuse, and psychotherapy. They focus on a range of issues including addiction, depression, LGBT+ issues, anxiety, PTSD, and more. The cost per session depends on annual income
- 6611 US-19 Suite 203, Port Richey, FL 34652  
Mon – Fri 9:00 AM – 8:00 PM  
(727) 741-0704
- [www.baylifecounseling.com/](http://www.baylifecounseling.com/)

### **Crisis Center of Tampa Bay**

- They offer services such as resources for individuals who have been sexually assaulted, suicide prevention and support services. They also offer trauma counseling for those who have experienced abuse.
- 1 Crisis Center Plaza, Tampa, FL 33613  
Mon – Fri 9:00 AM – 5:00 PM  
(813) 964-1964
- [www.crisiscenter.com](http://www.crisiscenter.com)

### **Chrysalis Health**

- Outpatient programs for children, adolescents, adults, and families. Payment plans available.
- 7821 N Dale Mabry Hwy, Tampa, FL 33614  
Mon – Fri 9:00 AM – 5:00 PM  
(813) 443-4827
- [www.chrysalishealth.com](http://www.chrysalishealth.com)

### **Rockland Treatment Center**

- Outpatient services for mental health issues
- 5319 Grand Blvd New Port Richey, FL 34652  
Mon – Thurs 8:00 AM – 5:00 PM  
(727) 610-8570  
[contact@rocklandcenter.com](mailto:contact@rocklandcenter.com)
- [www.rocklandtreatment.com/](http://www.rocklandtreatment.com/)

## Intensive/Partial Hospitalization



### **Springbrook Hospital**

- Partial Hospitalization Program (PHP) for those with mental health problems
- 7007 Grove Rd, Brooksville, FL 34609  
(352) 888-5785
- [www.springbrookhospital.org](http://www.springbrookhospital.org)

### **Medical Center of Trinity**

- Partial Hospitalization Program (PHP) for those with mental health problems
- Behavioral Health Center: 5637 Marine Pkwy New Port Richey, FL 34652  
Information: (727) 834 – 5700  
Hotline/Referral Request: (844) 423-4283
- <https://medicalcentertrinity.com/specialties/inpatient-mental-health-care>

# MENTAL HEALTH

## ***Inpatient/ Residential***



### **BayCare Morton Plant North Bay Hospital – Mitchell Rehabilitation**

- *Inpatient psychiatric crisis stabilization, case management, crisis intervention, and support*
- 6600 Madison Street New Port Richey, FL 34652  
Mon – Sun 8:00 AM – 8:00 PM  
(727) 842-8468
- [www.baycare.org](http://www.baycare.org)

### **Medical Center of Trinity**

- *Inpatient psychiatric services*
- Behavioral Health Center: 5637 Marine Pkwy New Port Richey, FL 34652  
Information: (727) 834 – 5700  
Hotline/Referral Request: (844) 423-4283
- <https://medicalcentertrinity.com/specialties/inpatient-mental-health-care>

### **BayCare Behavioral Health – Community Recovery Center**

- *Residential treatment program for adults dealing with addiction and behavioral disorders*
- 6040 Indiana Ave New Port Richey, FL 34653  
Mon – Sun 24 hours a day – admissions on weekdays  
(727) 841-4475
- <https://baycare.org>

## ***Family Counseling***



### **Pasco Counseling & Visitation Center**

- *Faith-based marriage counseling*
- 6825 Trouble Creek Rd New Port Richey, FL 34653  
Mon – Fri 7:00 AM – 6:00 PM  
(727) 282-4409
- <https://pascocounseling.com/>

### **Affordable Counseling Center Florida**

- *Sister company of Star Point Counseling to provide affordable counseling. Offers counseling services for marriage and families*
- 419 West Platt Street Tampa, FL 33606  
(813) 260-8892  
Mon – Fri 11:00 AM – 8:00 PM, Sat 11:00 am – 5:00 pm  
[affordablecounseling@aol.com](mailto:affordablecounseling@aol.com)
- <https://www.affordablecounselingbrandon.com/>

## ***Domestic Violence and Sexual Assault Services***



### **The Spring of Tampa Bay**

- *Domestic violence shelter, provides hygiene items to clients, safety planning, relocation assistance, support groups, legal resources, and housing support*
- 211 N Willow Ave, Tampa, FL 33606  
Mon – Fri, 8:00 AM – 5:00 PM  
(813) 247-7233
- <https://thespring.org>

### **Hope Villages of America**

- *Confidential and free consultations. Emergency shelter, safety planning, service management, outreach services*  
Outreach: Mon – Fri 8:00 AM – 6:00 PM  
Outreach Phone: (727) 441-2029
- <https://hopevillagesofamerica.org/>



# **Domestic Violence and Sexual Assault Services Cont.**



## **ARE YOU SAFE**

- *Assists domestic violence victims in obtaining a restraining order. Provides free counseling and case management*
- 12233 N Florida Ave, Suite 201, Tampa, Florida 33612  
Available 24/7  
(813) 997-7432
- <http://r-u-safe.org/>

## **MENTAL HEALTH**

### **Crisis Hotline**



#### **Alcohol**

Alcohol Hotline

- **1-800-331-2900**

Al-Anon for Families of Alcoholics

- **1-800-344-2666**

Alcohol and Drug Helpline

- **1-800-821-4357**

Alcohol Treatment Referral Hotline

- **1-800-252-6465**

Alcohol & Drug Abuse Hotline

- **1-800-729-6686**

Families Anonymous

- **1-800-736-9805**

National Council on Alcoholism and Drug Dependence Hotline

- **1-800-622-2255**

#### **Cancer**

American Cancer Society

- **1-800-227-2345**

National Cancer Institute

- **1-800-422-6237**

## **Domestic Violence**

National Domestic Violence Hotline

- **1-800-799-7233**

National Domestic Violence Hotline Spanish

- **1-800-942-6908**

National US Child Abuse Hotline

- **1-800-422-4453**

Elder Abuse Hotline

- **1-800-252-8966**

## **Eating Disorders**

National Crisis Line – Anorexia and Bulimia

- **1-800-233-4357**

National Eating Disorders Association (NEDA) Information and Referral Helpline

- **1-800-931-2237**

## **LGBTQ+**

LGBT Hotline

- **1-888-843-4564**

TREVOR Crisis Hotline (LGBT ages 13-24)

- **1-866-488-7386**

Trans Lifeline

- **1-877-565-8860**

## **Mental Health**

Crisis Text Line

- **Text HOME to 741741**

Deaf Crisis Hotline

- **1-800-799-4TTY**

NAMI Helpline

- **1-800-950-6264**

National Suicide Prevention Lifeline

- **988**
- **1-800-273-8255**

Self-Harm Hotline

- **1-800-366-8288**

Suicide/Depression Hotline

- **(727) 791-3131**

# MENTAL HEALTH

## ***Crisis Hotline cont.***



## ***Pregnancy***

National Postpartum Depression Hotline

- **1-800-PPD-MOMS (773-6667)**

Crisis Pregnancy Hotline

- **1-800-67-BABY-6**

Planned Parenthood Hotline

- **1-800-230-7526**

## ***Substance Abuse***

Poison Control

- **1-800-222-1222**

National Institute on Drug Abuse Hotline

- **1-800-662-4357**

Cocaine Anonymous

- **1-800-347-8998**

National Help Line for Substance Abuse

- **1-800-262-2463**

## ***Veterans***

Veterans Crisis Line

- **1-800-273-8255**
- Text **838255**

Florida Veterans Support Line

- **1-844-693-5838**

## ***Evaluation/ Testing***



### **Rice Psychology Group**

- *Psychological testing and assessment services for children, adolescents, and adults. Free 10-minute consultations*
- 312 S Brevard Avenue Tampa, FL 33606  
Mon – Fri 9:00 AM – 8:00 PM  
(813) 969-3878  
info@ricepsychology.com
- <https://ricepsychology.com/>

### **Tampa Psychology Group**

- *Psychoeducational, autism/developmental delay, forensic, occupational, and psychological/cognitive testing for children, adolescents, and adults. Sliding scale rates*
- 1463 Oakfield Dr Suite 109, Brandon, FL 33511  
(813) 992-1880
- <https://tampapsychologygroup.org/>

# SUBSTANCE USE

## ***Alcohol/Drug Treatment***



## ***Outpatient***

### **DACCO Behavioral Health**

- *Treats both substance abuse and mental health issues. Outpatient program has customized educational sessions and individual/group therapy. Also offers case management*
- 4422 East Columbus Drive, Tampa, FL 33605  
Mon – Fri 8:00 AM - 5:00 PM  
(813) 384-4000  
[www.dacco.org/](http://www.dacco.org/)

### **Operation PAR**

- *Outpatient recovery program. Offers psychosocial assessments, and individual/group counseling*
- 7720 Washington Street, Port Richey, FL 34668  
Mon – Fri 8:30 AM - 5:00 PM  
(727) 499-2335  
1-(888) 727-6398
- [www.operationpar.org/](http://www.operationpar.org/)

### **BayCare Behavioral Health – Life Management Center**

- Assists youth and adults in counseling for mental health and substance use
- 2727 W. Dr. Martin Luther King Jr. Blvd. Suite 640 Tampa, FL 33607
- Mon & Wed 8:00 AM – 7:00 PM, Tue & Thur 8:00 AM – 6:00 PM, Fri 8:00 AM – 5:00 PM
- (813) 872-7582
- <https://baycare.org>



# SUBSTANCE USE

## Alcohol/Drug Treatment



### Outpatient cont.

#### New Season Treatment Center

- *Focuses on treatment for opioid addiction.*
- 8800 49th Street North, Suite 106, Pinellas Park, FL 33782  
Mon – Fri 5:00 AM - 1:30 PM  
Sat – Sun 5:30 AM - 9:30 AM  
(877) 284-7074
- <https://www.newseason.com/clinics/bay-area-treatment-center/>

### Residential/Rehab

#### BayCare Behavioral Health – Community Recovery Center

- *Residential treatment program for adults dealing with addiction and behavioral disorders*
- 6040 Indiana Ave New Port Richey, FL 34653  
Mon – Sun 24 hours a day – admissions on weekdays  
(727) 841-4475
- <https://baycare.org>

#### DACCO Behavioral Health

- *Residential programs offer different programs for men, women, pregnant, and up to a year post-partum mothers with substance use problems.*
- 4422 East Columbus Drive, Tampa, FL 33605  
Mon – Fri 8:00 AM - 5:00 PM  
(813) 384-4000
- <https://www.dacco.org/>

## Half-way House



#### Da Vinci Recovery Homes

- *Half-way house*
- 6107 Springer Dr, Port Richey, FL 34668  
(727) 364-3110  
davincihomellc@gmail.com
- <https://davincihomellc.com/>

#### ACE Opportunities

- *Structured housing program that promotes a segregated alcohol and drug free environment*
- 6009 High St, New Port Richey, FL 34653  
(727) 776-5336
- [www.aceopportunities.org/about-us.html](http://www.aceopportunities.org/about-us.html)

#### Real Recovery House (multiple locations)

- *Sober living facility*
- 6014 W Sitka Street, Tampa, FL 33634  
Mon – Fri 10:00 AM – 6:00 PM  
(813) 488-5048
- <https://realrecoveryfl.com/>

#### Pure Life Sober Living

- *A sober living house for women.*
- 10519 Weeping Willow Place, Tampa, FL 33624  
Mon - Fri 10:00AM - 7:00PM  
Sat & Sun 10:00AM - 4:00PM  
(813) 328-9473  
info@purelifetampa.com
- [www.purelifetampa.com](http://www.purelifetampa.com)

## Harm Reduction



#### IDEA Exchange Tampa

- *Anonymous exchange in Hillsborough. Free needles/supplies. Free HIV/Hep C Testing*
- (813) 606-9378
- Mon & Fri 12-4 pm: TGH Specialty Center, 5802 North 30<sup>th</sup> Street
- Tues 6-9 pm: Metro Inclusive Health Center, 2105 North Nebraska Ave

#### BayCare Behavioral Health

- *Naloxone distribution*
- 8002 King Helie Blvd, New Port Richey, FL 34653  
(727) 315-8798
- <https://www.baycare.org/>

#### State Attorney Mobile Medical Clinic

- *Naloxone distribution*
- 7530 Little Road Suite 205, New Port Richey, FL 34654
- (727) 494-4515

#### WestCare Outpatient

- *Naloxone distribution*
- 6449 Ridge Road, Port Richey, FL
- 7068 Fort King Road, Zephyrhills
- (727) 490-6767



## Harm Reduction cont.

### Groups Recover Together

- Naloxone distribution
- 8224 Washington Street, Port Richey, 34669  
Mon, Wed 8:30 am – 5:30 pm  
Tues, Thurs 10:00 am – 7:00 pm  
Fri 8:00 am – 12:00 pm  
(727) 335-1290
- <https://locations.joiningroups.com/fl/portrichey/groups-recover-together-port-richey-fl-grt824.html>

### Pasco Sheriff's Office Behavioral Health Intervention Team

- Naloxone distribution
- 7601 Little Road, New Port Richey, FL 34654  
(727) 514 8404

### Metro Inclusive Health

- Naloxone distribution
- 4747 US-19, New Port Richey, FL 34652  
(727) 321-3854
- <https://www.metrotampabay.org/>

## Tobacco



### Area Health Education Center (AHEC) Tobacco Cessation Program

- Offers free group sessions for quitting tobacco. Free counseling and support services.
- (813) 929-1000
- [info@гнаhec.org](mailto:info@гнаhec.org)
- Tampa Location
  - University of South Florida  
College of Medicine, MDC 76  
12901 Bruce B. Downs Blvd  
Tampa, FL 33612  
(813) 974-3507
- <https://гнаhec.org/>

### Tobacco Quit Line

- 1-877-U-CAN-NOW  
1-877-848-6696

### Tobacco Free Florida

- Resource for quitting tobacco  
(850) 245-4144  
[Contact@tobaccofreeflorida.com](mailto:Contact@tobaccofreeflorida.com)
- <https://tobaccofreeflorida.com/>

## Alcohol Use



### Alcoholics Anonymous

- Offers anonymous support group services for those struggling with alcohol use. Meetings in the Tampa/Pasco area are conducted every day from 6:00 am – midnight.
- Office Location: 8019 N. Himes Ave, Suite 104, Tampa, FL 33613  
Mon, Wed, Fri 9:00 AM – 5:00 PM  
Tues, Thurs 11:00 AM – 5:00 PM  
Sat 9:00 AM – 5:00 PM  
(813) 933-9123  
[aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org)
- [www.aatampa-area.org](http://www.aatampa-area.org)

### SMART Recovery

- Nationwide nonprofit organization which offers free support groups to individuals who desire to gain independency from any type of addictive behavior. Also offers free Internet Message Board  
(440) 951-5357
- [www.smartrecovery.org/](http://www.smartrecovery.org/)

## Drug Use

### Bay Area Narcotics Anonymous

- They follow a 12-step recovery model for treating addiction. The program is completely free, and meetings are regularly hosted for those in Pinellas County.
- 7540 40th St N, Pinellas Park, FL 33781  
24/7 helpline: (888) 779-7117
- [www.bascna.org/](http://www.bascna.org/)

### Narcotics Anonymous Family Groups

- Support group for family and friends of addicts
- (800) 477-6291,  
Phone service 9:00 AM – 5:00 PM PST  
[wso@nar-anon.org](mailto:wso@nar-anon.org)
- [www.nar-anon.org/](http://www.nar-anon.org/)

# SUPPORT GROUP

## Drug Use cont.



### SMART Recovery

- Nationwide nonprofit organization which offers free support groups to individuals who desire to gain independency from any type of addictive behavior. Also offers free Internet Message Board
- (440) 951-5357
- [www.smartrecovery.org/](http://www.smartrecovery.org/)

## Mental Health

### National Alliance on Mental Illness in Pasco

- Provides support and education regarding mental illness. They offer free education programs and support groups for families, caregivers, and friends whose loved one's lives with mental illness. They also offer support groups for adults living with mental illness
- (727) 992-9653
- [www.namipasco.org](http://www.namipasco.org)

### DBSA Tampa Bay

- Depression and Bipolar Support Alliance. Support groups for individuals, as well as family and friends of those who have been diagnosed bipolar disorder, depression, and other affective (mood) disorders
- (727) 410-1569
- [dbsatampabay1985@gmail.com](mailto:dbsatampabay1985@gmail.com)
- <https://dbsatampabay.org/>

## Other

### MOFFITT Cancer Center

- Support groups available for individuals with cancer and friends and family of individuals.
- (813) 745-8407
- <https://moffitt.org/>

### Institute for LGBT Health and Well Being

- Offers separate support group services for transgender youth (ages 13 – 18) and parents of transgender youth.
- 2109 E. Palm Avenue, Suite 201 Tampa, FL 33605
- (813) 609-3699
- [www.instituteforlgbthealth.org/](http://www.instituteforlgbthealth.org/)

### Family Network on Disabilities

- Parent support network for children with disabilities. Only assists those with children with disabilities aged 0-22. Offers free help and information
- 26750 U.S. Highway 19 North, Suite 410 Clearwater, FL 33761
- Mon – Fri 8:30 AM – 4:30 PM
- (727) 523-1130
- <https://fndusa.org/>

### Institute for LGBT Health and Well Being

- Offers separate support group services for transgender youth (ages 13 – 18) and parents of transgender youth.
- 2109 E. Palm Avenue, Suite 201 Tampa, FL 33605
- (813) 609-3699
- [www.instituteforlgbthealth.org/](http://www.instituteforlgbthealth.org/)

### The Spring of Tampa Bay

- Domestic violence shelter, provides hygiene items to clients, safety planning, relocation assistance, support groups, legal resources, and housing support
- 211 N Willow Ave, Tampa, FL 33606
- Mon – Fri, 8:00 AM – 5:00 PM
- (813) 247-7233
- <https://thespring.org/>

### Corbet Trauma Center – The Circle

- Division of the Crisis Center of Tampa Bay. An open anonymous group for survivors of sexual assault age 18 or older; meets weekly in the evening
- Call (813) 264-9955 for more information regarding group times, dates, and location
- <https://www.crisiscenter.com/what-we-do/corbett-trauma-center/>

# MEDICATION

## Physical Health



### **Crescent Community Clinic**

- *Pharmaceutical prescription assistance. Helps those who cannot afford medication get the medication they need for free or nearly qualified individuals. Specific to those with chronic health conditions and mental health diagnoses.*
- 5244 Commercial Way, Spring Hill, FL 34606
- (352) 610-9916
- [www.crescentclinic.org](http://www.crescentclinic.org)

### **Hillsborough County Patient Assistance Program**

- *Provides people who have limited incomes with free or low-cost prescription drugs from the drug manufacturer*
- (813) 935-7600
- <https://www.hillsboroughcounty.org/en/residents/social-services/health-care-plan/patient-assistance-program>

## Psychiatric

### **Chrysalis Health**

- *Psychiatric treatment and medication management*
- 7821 N Dale Mabry Hwy, Tampa, FL 33614  
Mon – Fri 9:00 AM – 5:00 PM  
(813) 443-4827
- [www.chrysalishealth.com](http://www.chrysalishealth.com)

## Substance Use

### **DACCO Behavioral Health**

- *Medicated assisted treatments for opioids and alcohol addiction*
- 4422 East Columbus Drive, Tampa, FL 33605  
Mon – Fri 8:00 AM – 5:00 PM  
(813) 384-4000
- [www.dacco.org/](http://www.dacco.org/)