



USF Career Services Resources

Career Progression Steps

So you have an understanding of what career progression looks like for college students, read and watch the short videos in the document [Career Progression Steps](#). All students need to view the first video to learn about all of the services that our office has to offer them. Many times when alumni come to see us for the first time, they say that they wished they would have known about these services when they were a student. Freshman and sophomores would benefit by watching the videos in Steps 1 and 2. Juniors and seniors would get the most out of the videos in Steps 3 and 4.

Career Exploration Tools

[CandidCareer.com](#) View people talking about their careers.

[O*NET Online](#) Research occupations.

[Occupational Outlook Handbook](#) Research occupations.

To learn about majors, follow these instructions:

- A. Go to www.usf.edu/career-services
- B. Select the "Student" tab
- C. On the left, select, "What Can I Do With a Major In...?"
- D. Scroll down and under, "Major Possibilities," select, "What Can I Do With This Major?"
- E. Select the major that most closely matches your USF major (or feel free to choose other majors to explore). We recommend you print and download this document for future reference.

Finding and Gaining Career-Related Experiences - Becoming Career-Ready

[Career Readiness Badging Program](#)

[USF Cooperative Education Program](#)

[Information on Internships](#)

[USF Student Employment Jobs](#)

[USF Employment](#)

[Background Information About Informational Interviews](#)

[200 Informational Interview Questions to Ask](#)

Use [CareerShift](#) and [Handshake](#) to find part-time jobs and internships

[USF World, International Services](#)

Remember to consider these skill sets when gaining career-related experiences - [NACE Competencies](#)

Job Search Tools

Videos

[Conduct a Self-Directed Job Search](#)

[Resume Development](#)

[Mastering the Interview Process](#)

Tools

[CareerShift](#) (Great mega database for internship and job search!)

[Handshake](#)

[Sample Business Resume](#)

[Writing an Objective Statement for your Resume](#)

[Resume Do's & Don'ts](#)

[Cover Letter Do's & Don'ts](#)

[Guide to Employer Research](#)

[Intro to Networking](#)

[Elevator Speeches](#)

[LinkedIn Checklist](#)

[Interview Basics](#)

[Big Interview](#) (Best online preparation for interviewing!)

[Networking Tips for Introverts](#)

To schedule an appointment with a Career Consultant please email one of the Consultants below or request an appointment in [Handshake](#).

To call our front desk dial 813-974-2171.