

## Anti-Racism Resource List

### Introductory

- [For Our White Friends Desiring to be Allies](#) -- Provides a list of 6 steps white people can take to be stronger allies (e.g., don't be outraged that "this is still happening")
- [My White Friend Asked Me on Facebook To Explain White Privilege. I Decided to Be Honest](#) -- One individual's account of their experiences with racism throughout their lifetime, succinct and impactful
- [Do's and Don'ts for Communicating your Support for #BlackLivesMatter](#)
- [Addressing Privilege: Mental Model For White Activists](#) -- Model for learning about one's own privilege, with steps for reflecting and reminding oneself about privilege.
- [Moving from bystander to upstander: take action to combat harassment and aggression](#) -- APA's 2-hour video with information on and approaches to dealing with situations regarding racial and cultural differences, hostility, and discrimination toward others in a workplace learning environment
- [97 Things White People Can Do For Racial Justice](#) -- Compilation of action items for fighting racism

### Places to Donate

- [137 Ways to Donate in Support of Black Lives and Communities of Color](#) -- List of places to donate categorized into victim memorial funds, bail funds, megafunds, and organizations targeting the following: community restoration, community enrichment, youth-oriented community, community serving disabled BIPOC, policy reform, politics, police reform, incarceration reform, legal defense, Black LGBTQ, media, mental health, and health-care
- [Reclaim the Block's List of Orgs](#) -- List of anti-racism organizations
- [Campaign Zero](#) -- Campaign calling on local, state, and federal lawmakers to adopt data-driven policy solutions to end police violence
- [The Loveland Foundation](#) -- Funds support therapy for Black women and girls
- [#SayHerName Campaign](#) -- Campaign by the African American Policy Forum (AAPF) and Center for Intersectionality and Social Policy Studies (CISPS) to bring awareness to the names and stories of Black women and girls who have been victimized by racist police violence and provide support to their families

### Actions to Take

- [Contact your representatives](#) -- Comprehensive guide with links to identify your local representatives
- [Sign Petitions](#) -- List of petitions related to anti-racism efforts
- Support [Black-owned businesses and nonprofits in Tampa Bay](#) -- Article by Andrew Harlan listing Black-owned businesses and nonprofits to support in Tampa Bay (published June 1st, 2020)
- Support [Black-owned restaurants in Tampa Bay](#) -- Google doc created by the USF Racial Justice Task Force listing Black-owned restaurants to support in Tampa Bay. To suggest updates, email Elisa Carsten ([eecarsten@usf.edu](mailto:eecarsten@usf.edu))

## Science & Academia

- [Your Black Colleagues May Look Like They're Okay — Chances Are They're Not](#) -- Brings attention to the fact that black individuals are having to hide how they are feeling about the current events at work
- [Mentoring Underrepresented Minority Students](#) -- Discusses how a white woman worked to mentor minority graduate students
- Gildersleeve, R. E., Croom, N. N., & Vasquez, P. L. (2011). **“Am I going crazy?!”: A critical race analysis of doctoral education.** *Equity & Excellence in Education*, 44(1), 93-114. ([link](#))
  - Aims to explore the question “How do black and Latina/o students experience the culture of doctoral education?” Often they describe their experiences as “feeling crazy” and thinking that is this really happening or am I too sensitive, could be useful to start a conversation within departments.
- Hofstra, B., Kulkarni, V. V., Galvez, S. M. N., He, B., Jurafsky, D., & McFarland, D. A. (2020). **The diversity–innovation paradox in science.** *Proceedings of the National Academy of Sciences*, 117(17), 9284-9291. ([link](#))
  - This paper finds demographically underrepresented students innovate at higher rates than majority students, but their novel contributions are discounted and less likely to earn them academic positions.
- Slay, K. E., Reyes, K. A., & Posselt, J. R. (2019). **Bait and switch: Representation, climate, and tensions of diversity work in graduate education.** *The Review of Higher Education*, 42(5), 255-286. ([link](#))
  - Demonstrates that Diversity ≠ Inclusion, faculty and students perceived the department’s diversity initiatives to be positive developments that helped recruit a diverse group of graduate students to the department. However, once those students’ enrolled, the quality of their relationships with faculty, signaled that structural diversity efforts may not be enough to sustain that diversity over time.
- Jones, J. M., & Dovidio, J. F. (2018). **Change, challenge, and prospects for a diversity paradigm in social psychology.** *Social Issues and Policy Review*, 12(1), 7-56. ([link](#))
  - Introduces a diversity paradigm that builds upon traditional approaches to the study of prejudice and social identity
- Roberts, S., & Rizzo, M. (2020). **The psychology of American racism.** Preprint. ([link](#))
  - A large review of multiple areas across psychology to determine factors contributing to racism in America.
- Trawalter, S., Bart-Plange, D. J., & Hoffman, K. M. (2020). **A socioecological psychology of racism: making structures and history more visible.** *Current opinion in psychology*, 32, 47-51. ([link](#))
  - Call to action for psychologists to investigate how individual bias in the context of history and structures contributes to racial disparities.

- Syllabus for a Seminar on the Social Psychology of Race and Racism by Drs. Jin Goh and Jeff Hunger ([link](#)) -- Provides a list of race-related readings

## Further Reading

- [White Anti-Racism: Living the Legacy](#) -- Q&A with Diane Flinn, a white woman representing Diversity Matters, Georgette Norman, an African-American woman and director of the Rosa Parks Library and Museum, Sejal Patel, a South Asian-American woman and community organizer in South Asian immigrant communities, Yvette Robles, a Chicana and Community Relations Manager in Los Angeles; supplies valuable discussion questions
- [Anti-Racist Resources](#) or [Anti-racism Resources](#) -- Long list of anti-racism resources
- [Civil Rights Movement in Tampa](#) -- This web exhibition examines the history of the Civil Rights Movement in Tampa and its environs
- [44 Mental Health Resources for Black People Trying to Survive in This Country](#) -- This link contains easily accessible information, such as podcasts, people to follow, and quick info to have at hand
- [Black lives matter: Now what?](#) -- Article by Angelica Leigh, Ph.D., delineating next steps non-Black people can take to combat racism within our organizations through “positive deviance”

## Additional Media

- [The 1619 Project \(NY Times Project\)](#) -- Collection of essays, articles, photos from the NY times that talk about the history of racism
- [A Twitter thread on the history of racial violence in the United States](#) -- This establishes a timeline of racial violence in the US
- [Tampa Bay Times Article](#): How 3 killings by police sparked past Tampa Bay riots -- Article by Gabrielle Calise (published June 3rd, 2020)

## Podcasts

- [NPR's Code Switch](#) -- A multi-racial, multi-generational team of journalists fascinated by the overlapping themes of race, ethnicity and culture, how they play out in our lives and communities
  - Episodes to check out: [Why Now, White People?](#), [A Bittersweet Moment for Black Bookstore Owners](#), [1968-2020: A Tale of Two Uprisings](#), [What Does 'Hood Feminism' Mean for a Pandemic?](#)
- [New York Time's 1619](#) -- An audio series, hosted by Nikole Hannah-Jones, examining the long shadow of American slavery, connecting past and present through the oldest form of storytelling
- [Justice in America](#) -- Each episode covers a new criminal justice issue, explaining how it works and looking at its impact on people, particularly poor people and people of color

- [Lynching in America](#) -- As the Equal Justice Initiative has documented the lynchings of over 4,000 African Americans between 1877 and 1950, this series explains how this era of racial terror lynchings continue to shape America to this day
- [Beyond Prisons](#) -- A podcast on incarceration and prison abolition that elevates people directly impacted by the system
- [Historically Black](#) -- A podcast focused on bringing objects from the Smithsonian's New National Museum of African American History and Culture to life through interviews, archival sound and music
- [About Race](#) -- A lively multiracial, interracial conversation about the ways we can't talk, don't talk, would rather not talk, but intermittently, fitfully, embarrassingly do talk about culture, identity, politics, power, and privilege in America
- [Momentum: A Race Forward Podcast](#) -- A podcast featuring movement voices, stories, and strategies for racial justice. Co-hosts give their unique takes on race and pop culture, and uplift narratives of hope, struggle and joy to continue building momentum needed to advance racial justice in our policies, institutions, and culture

## Mental Health

- [Therapy Resources for POC and Queer folks](#) -- A Google doc listing mental health resources and tips for finding a good therapist for people of color and queer folks
- [The Boris Lawrence Henson Foundation](#) -- Aims to eradicate the stigma around mental health issues in the African American community (free COVID-19 virtual therapy and a directory of mental health providers and programs serving the African American community)
- [Melanin and Mental Health](#) -- A directory to connect clients to therapists who understand Black and Latinx experiences
- [Therapy for Black Men](#) -- A directory to help Black men find a therapist
- [Therapyforblackgirls.com](#) -- A directory to help Black girls find a therapist
- [Brother, You're on My Mind \(NIMHD\)](#) -- Website for the National Institute on Minority Health and Health Disparities. The Education, Training and Outreach Programs page contains lots of useful information
- [POC Online Classroom: Self-care](#) -- List of lists of resources. There are some interactive and interesting links that can be done on the spot (e.g., interactive self-care guide)
- [The Steve Fund](#) -- Offers resources especially intended to support students of color. It is student-oriented and includes programs for further learning