UNIVERSITY OF SOUTH FLORIDA

Clinically Significant

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Direct from the DCT

Hi all,

Good to "talk" to you again. I have now been at USF one and a half years (I cannot believe it!)--thus, this is my second "From the DCT" blurb for our beloved newsletter. I've appreciated the collegiality and contributions from program students and faculty, as well as the great support from our alumni and program friends.

Things in the program are going very well. We have been working on program-building activities, including increasing frequency of brown bags to every week and implementing a program-wide governance approach involving faculty/student subcommittee work. These initiatives, although slight and really a way of continuing the evolution of an already-excellent program, have really involved many members of the program contributing to the greater whole. This was a natural extension of the cohesiveness we already experience in the program.

But enough about the program! Let's talk about me :). Some of you may want to know that I spent part of this past summer in London, teaching in a USF study abroad program. I taught Abnormal Psychology and a newly-minted Psychology of Crime course that brings together my research interests with my love of mentoring and teaching. I took the students on excursions to the Freud Museum (Freud's last home in London), Bethlem Hospital (of Bedlam fame), and Jack the Ripper haunts. Good times, good times!

I was lucky enough to have my family join me for the month in London: my husband Ken, my 3 1/2 year old son Hector, and my 19 year old stepdaughter Molly. The picture shows brother and sister at Stonehenge.

That's it for me. As always, please feel free to come and visit. We would love more of our alum presenting at our brown bags, but no pressure ;). In truth, we have been trying to incorporate more content on professional development and different career trajectories into our brown bag series and other venues, so yes, please feel free to invite yourselves!

Till next year!
Edelyn

News From the Newsletter Editor

By Vicky Phares, Ph.D.

Hello Everyone!

Greetings from Tampa (or more accurately, greetings from my poolside table here in Temple Terrace... Wow do I love “winter” in Florida!).

The newsletter was supposed to be done this past summer, but I hope that it was worth the wait! We have lots of news from alumni, lots of kudos for current students and faculty, and lots of pictures of students and alumni all over the globe.

It is such a joy to hear from everyone and to see all of your successes. Congratulations to all near and far. We are so very proud of you!

Now sit back, relax, and enjoy the walk down memory lane. Vicky

Dr. Vicky Phares with granddaughters (L to R): Callie, Charlie Kate, and Brooke

Man-child, Carson (15 ½ years old)

Dr. Vicky Phares and Dr. Eric Storch with some of their awesome students and alumni

Updates from the Clinic

By Jack Darkes, Ph.D., Clinic Director;
USF Psychological Services Center and USF Alum

Here we are on the verge of the end of another year. Change in the PSC continues as we focus on supporting our updated training plan. Of course those changes are happening while we continue to address the needs of both our students and the surrounding community.

Some highlights:

Our focus on our veterans and their families continues as does our collaboration with **Dr. Karver's** group on the Campus Suicide Prevention Project with at-risk groups on campus. The "Working with Veterans and Their Families" seminar remains popular with those interested in working with our veterans and their dependents and many of our students continue to train with our great colleagues at the James A. Haley VAMC.

Dr. Jack Darkes with Clinic Assistant Directors (L to R): Julie Cessna, John Correa, and Robin Tan

Our relationship with the USF Athletics Department continues to expand. We have, for the past year, been providing psychoeducational assessments for USF student-athletes. Now we are beginning to do brief proactive screenings of student-athletes to identify those who might benefit from further assessment. This is an exciting new relationship that we hope will continue and expand in the future. And we are also in negotiations with Pasco-Hernando State College to contract with them for psychoeducational assessment services.

Dr. Rob Schlauch has been running his grant-funded research project on Brief Motivational Interviewing in the PSC. It has made the clinic a much busier place, which is great!

Our research program in the PSC also continues:

Lindsey Steding, John Correa, Robin Tan, and I submitted a manuscript based on the poster described in our last update. The study highlights several important factors in predicting the circumstances of treatment termination and discusses how increasing client engagement can enhance the efficiency and outcomes of our work. We hope to see it in print soon.

I am proud to announce that the article **John Correa, Steffanie Sperry,** and I submitted to the Archives of Women's Health on the psychological treatment of anxiety, depression, and problematic eating in Polycystic Ovarian Syndrome was accepted (abstract available at http://www.ncbi.nlm.nih.gov/pubmed/25627019). Congratulations John & Steffanie!

Continued….

Updates from the Clinic
(Continued)

Supervision groups are in full swing. Our new clinicians (second-year students) are already busy doing their own assessments and are also taking on their first therapy clients. As always, we welcome them on-board and are glad to have them in the PSC. Busy times!

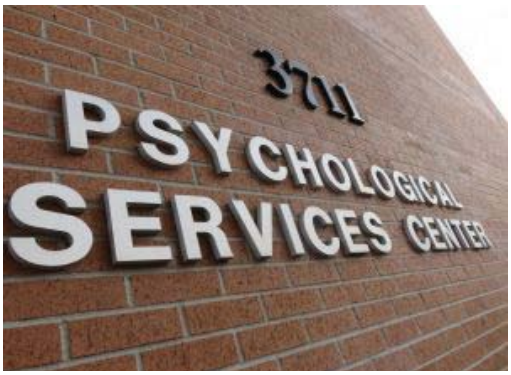
We have recently put together a new PSC Advisory Committee. **Dr. Cindy Cimino, Dr. Marc Karver, Dr. Rob Schlauch** and our current Clinic Assistants (CAs; more on them in a bit) have all joined me on the committee in support of the PSC's mission. Thanks for the support during these times of change!

Speaking of CAs, this past summer was yet another time when we said hello to our new CAs and bid farewell to those who moved on. **Michelle Kovacs** left us in May to move on to internship and **Julie Cessna** joined us to take her place. **Robin Tan** finished up her year with us and **John Correa** assumed duties in August. As everyone knows, the CAs (and our Clinic Administrative Assistant – right now, **Ms. Tatyana Truax**) are the backbone of our operation. They are the ones who keep it running smoothly on a daily basis and are really the "boots on the ground" (while the director is sitting on committees and writing newsletter updates).

There is never a dull moment in the PSC – I got tired just writing this - especially with all the changes going on. We all know that a close supportive social network is an important part of coping, adapting to change and making this whole thing work. The support of our current students, staff and faculty, as well as those who have been part of our history, is what makes it all possible. Each generation that has come through our program and the PSC has added immeasurably to what we do. I, of course, have been lucky (I think) to have been here to observe for almost 30 years (doesn't feel that long, but the numbers don't lie – nor does the receding hairline). Every day and almost everything here reminds me of that lineage.

Until next time! Jack

Alumna, Dr. Marla (Green) Bartoi, tours the clinic



Introducing the Baby Bulls (Entry Year of 2015)

My name is **Erica Ahlich** and I am originally from the Upper Peninsula of Michigan. I am excited to be working with Dr. Diana Rancourt. I earned my BA in 2011 from Albion College. Following graduation, I worked as an intern at a group home for children and adolescents suffering from mental health issues in Germany, and, for the past two years, as a manuscript and lab coordinator at Emory University. My research interests include obesity, disordered eating, and physical activity. In my free time, I enjoy traveling, canoeing, camping, reading, and riding my bicycle.

Hi! My name is **Kelly Hyland** and I am thrilled to be here at USF working under the mentorship of Dr. Paul Jacobsen. I have lived in Massachusetts my entire life and I am a diehard Boston sports fan (Go Pats!). Since earning my B.A. from Tufts University in 2012, I have been working in the Cancer Outcomes Research Group at Massachusetts General Hospital, where I have become passionate about intervention work aimed at improving quality of life and health outcomes in cancer patients and survivors. I am looking forward to continuing this line of research at Moffitt Cancer Center. While I will miss winters skiing up north in the record-breaking snowfall, I hope to capitalize on the Tampa sunshine by enjoying my favorite fair weather activities such as playing lacrosse, running, sailing, country music concerts, and year round al fresco dining!

My name is **Lendi Joy** and I will be working with Dr. Edelyn Verona. I'm originally from Michigan but grew up in Ohio. I completed my B.S. at Bowling Green State University, where I participated in the Juvenile Delinquency and Substance Abuse research team. My research interests concern antisocial behaviors and substance use among children and adolescents. Particularly I am interested in family, individual, and community factors as mediators and moderators of maladaptive behaviors. In my free time, I love volunteering, running, meditation, and experimenting with vegan and raw foods.

My name is **Brittany Lang** and I'm originally from central Wisconsin. I completed my BS at Minnesota State University, Mankato, and my MA at Midwestern State University in Texas. I've written two theses; in undergrad comparing the constructs of risk-taking measures, and through my masters program, looking at how tenants of ACT moderate the relationship between disordered eating cognitions and behaviors. I've taken a few gap years, working in vocational rehab with TBI individuals in London, as a therapist at a juvenile detention facility, and as an LPA, providing psychological assessment in private practice. Here at USF, I feel lucky to be working under the supervision of Dr. Diana Rancourt, and my research interests lie in eating disorders, specifically investigating moderators of orthorexia, and exploring the versatility of the tenants of ACT (especially mindfulness). I have extreme wanderlust, and enjoy spending my free time traveling, listening to live music, and playing sports.

Hello, my name is **Jacob Levine** and I am from California. I completed my Bachelor's degree in Psychology at Dominican University of California, after which I worked in the Substance Abuse Research Group at the University of California, San Francisco. I am broadly interested in alcohol treatment research, including co-occurring anxiety and mood disorders, and I will be working with Rob Schlauch here at USF. In my free time I enjoy playing with my three legged dog Boo, going to the beach, and trying not to get eaten by alligators.

Hello there! My name is **Emily Noyes** and I am coming to USF from the University of Michigan (I am very excited to be escaping the cold). At U of M, I worked in multiple substance abuse research labs and completed research focusing on binge drinking among college students and self-efficacy to use harm-reduction strategies. I am looking forward to expanding my interests in substance abuse here at USF while working with Dr. Rob Schlauch. In my free time, I like going for long runs, attempting to cook, and catching up on my favorite TV shows.

Hello! My name is **Sunkyung Yoon** and I will be working with Dr. Jonathan Rottenberg. I was born and raised in Korea. In Korea, I completed my MA from Sogang University, and worked at a neuroscience research lab of Ilsan Paik Hospital where I was working on various ERP (event-related potential) studies on emotional disorders. My primary research interests are focused on the reason why individuals with an emotional disorder become inflexible in emotional processing. Also, I would like to understand how biological vulnerability and socio-cognitive factors interact in the development and maintenance of emotional disorders. In my free time, I enjoy going to music festivals, concerts, listening to music, travel, doing yoga, and dancing.

First Year Welcoming Party Photo Collage

Welcome First –Years (aka “Baby Bulls)!!!

Recent Awards and Kudos

Current Graduate Students

Leah Boepple (4th year) was chosen for the Clinical Psychology Graduate Student Fellowship—Clinical.

Bethany Edwards (2nd year) won the Cheryl Wynne Hare student poster award this summer at the Society for the Study of Psychopathy biennial conference.

Renee (Brown) Hangartner (5th year) is the Research Fellow/Principal Investigator for USF's socio-cultural immersion program called "This Bridge," which won the "Best Intercultural Arts Outreach" Award in Creative Loafing's Best of the Bay edition.

Lex Cowden Hindash (3rd year) was chosen for the Clinical Psychology Graduate Student Fellowship—Research.

Brittany Jordan-Arthur (6th year), **Michelle Kovacs** (on internship), and **Megan McMurray** (on internship) received the 2015 Clinical Alumni Award for Citizenship.

Morgan Lee (5th year) and **Brittany Jordan-Arthur** (6th year) received the Eve Levine Graduate Teaching Award.

Heather McGinty (now an alum) was awarded the Stephanie and Adele Gilbert Award for Research on Women.

Robert Selles (on internship) received the Richard LaBarba Memorial Scholarship Award for research in developmental psychology or developmental psychopathology.

Robin Tan (6th year) was selected as a recipient of a 2015 American Psychological Association Dissertation Research Award. This award of $1,000 is to be used to help offset dissertation research costs.

Danni Ung, Jason Chen, Melanie Bozzay, Brittany Jordan-Arthur, Bryan Benitez, and **Monica Wu** of the USF Psychology Student Diversity Committee were awarded the APA Grant for Ethnic Minority Recruitment, Retention, and Training in order to create a training workshop for undergraduate students from under-represented communities in the state of Florida.

Monica Wu (4th year) received the 2015 APA Division 53 (Society of Clinical Child and Adolescent Psychology) Student Advisory Board's Student Achievement Award.

Sunkyung Yoon (1st year) received the Professor Charles D. and Carol Spielberger Endowed Fund Award for the Summer of 2016

Recent Awards and Kudos (*continued)*

Clinical Alumni

Dr. Erika Litvin Bloom (Entry Year of 2005) received the APA Division 50 (Society for Addiction Psychology) Distinguished Scientific Early Career Contributions Award for 2015.

Dr. Bryan Heckman (Entry Year of 2007) received a K12 award and a faculty appointment at the Medical University of South Carolina.

Dr. Idia Binite Thurston (Entry Year of 2003) received a grant through the Loan Repayment Program at NICHD for a research project entitled "Examination of Disparities in Weight Misperception, Health, and Cognition Among Children, Adolescents, and Young Adults." She also received the university-wide 2015 Outstanding Mentoring Award at the University of Mephis.

Dr. Steven Walfish (Entry Year of 1976) is the inaugural editor of *Practice Innovations*, which is a new APA journal that "serves practitioners by publishing clinical, practical, and research articles on current and evolving standards, practices, and methods in professional mental health practice."

Clinical Faculty

Dr. Tom Brandon and his research group were awarded a 5-year, $3.6 million dollar R01 grant from the National Institute on Drug Abuse for a project entitled, "Smoking Cessation Self-Help for Dual Users of Tobacco Cigarettes and E-cigarettes." This purpose of this project is to develop and then test an evidence-based intervention to help e-cigarette smokers quit smoking.

Dr. Paul Jacobsen and his research group received a R21 grant from the National Cancer Institute for a project entitled "Internet-Assisted Cognitive Behavior Intervention for Targeted Therapy Fatigue."

Dr. Marc Karver received a 3-year, $375,000 grant from the Substance Abuse & Mental Health Services Administration, entitled "Central Florida Pathways to Awareness, Support and Services (C PASS) Project".

Dr. Vicky Phares received a small grant from the APS Fund for Teaching and Public Understanding of Psychological Science to develop a series of educational videos aimed at undergraduate psychology students about careers in the helping professions and about how to apply to grad school.

Dr. Jon Rottenberg's book, *The Depths: The Evolutionary Origins of the Depression Epidemic*, has been translated into Polish.

Dr. Eric Storch was awarded a grant for $235,000 from All Children's Hospital Research Foundation for his study, "Reconsolidation Update Mechanisms among Anxious Children." In addition, Rogers Behavioral Health - Tampa Bay, which is directed by Dr. Storch, just celebrated its first anniversary. They have treated over 200 patients in their CBT-focused day treatment and intensive outpatient programs specializing in treating adults and children with significant OCD, anxiety, or eating disorders.

Dr. Edelyn Verona was recently appointed Associate Editor for the *Journal of Abnormal Psychology*.

Lifelong Learning: Clinical Brown Bags and CEUs

Interested in Free CEUs?

Come join us on Fridays from noon-1:00 in PCD 1134 for our clinical brown bag series. Not only are there free CEUs, but there is also free food! You can find the schedule of events at http://psychology.usf.edu/events.aspx

And **Save the Date**: Alum, Dr. Joe Ditre, is tentatively scheduled to present a talk at brown bag on Friday, April 22, 2016 at noon. Hope to see you there!

Andrew Kiselica (Fourth Year) presenting at the clinical brown bag series

Alum, Dr. Amy (Smith) Duhig, presented in February

Alum, Dr. Peter Hendricks, presented in April

Save the date for other opportunities for CEU's (and free food!):

Friday, April 8, 2016: The Third Annual USF Psychology Expo (Afternoon)

Friday, April 29, 2016: Department-wide Poster Session (Noon to 2:00)

Are you interested in learning about Motivational Interviewing? **Dr. Karen Nicholson** (Entry Year of 1992) and **Dr. Beth Jenkins**, both of whom are part of the Motivational Interviewing Network of Trainers (MINTed) will be conducting a CEU training event in the Tampa Bay area on February 25-27, 2016. For more information and registration, go to: http://www.professional-health.com/

The Benefits of Volunteering

We all know that many well-respected nonprofit organizations utilize volunteers to bring help to those in need. But did you know that volunteering can bring benefits to the volunteer as well? There is a growing research literature suggesting that volunteering is associated with better mental health and physical health outcomes for the volunteer. Although I have yet to find a huge randomized clinical trial that provides definitive evidence of the cause-effect connections, consider the following studies and then consider volunteering if you aren't already doing so.

In a large review of studies (including longitudinal studies) of older adults' volunteering behavior published in *Psychological Bulletin*, Anderson and colleagues (2014) found strong and consistent evidence that volunteering was associated with fewer health problems, lower levels of depression, higher cognitive and social functioning, and longer lives in volunteers.

Clients in a long-term care facility were randomly assigned to either volunteer to help a student learn English or to engage in recreational activities as usual and the volunteers showed significantly better well being, including lower levels of depression and higher life satisfaction both at the end of the study and at three-month follow-up (Yuen, Huang, Burik, & Smith, 2008).

In a meta-analysis of volunteerism across all ages, Jenkinson and colleagues (2013) found that volunteers showed lower levels of depression and higher levels of psychological well-being when compared with non-volunteers.

The connections between volunteering and positive well-being seem to be related to the increased social connections that volunteers experience while volunteering (Brown, Hoye, & Nicholson, 2012).

In a series of experimental studies published in *Psychological Science*, Mogilner, Chance, and Norton (2012) found that individuals who spent time on behalf of others (rather than on behalf on themselves) felt that they had more free time (which is known as time affluence).

So, volunteering is not only good for the helpees, but there is growing evidence that it is good for the helpers as well. If you are interested in finding volunteer opportunities in your area, please consider these resources:

Volunteer Match: http://www.volunteermatch.org/
Idealist: http://www.idealist.org/
Corporation for National and Community Service: http://www.nationalservice.gov/

And for further reading on this topic, consider the following resources:

Anderson, N. D., Kruger, E., Dawson, D. R., Binns, M. A., Caspi, E., Damianakis, T., et al. (2014). The benefits associated with volunteering among seniors: A critical review and recommendations for future research. *Psychological Bulletin, 140*, 1505-1533.

Brown, K. M., Hoye, R., & Nicholson, M. (2012). Self-esteem, self-efficacy, and social connectedness as mediators of the relationship between volunteering and well-being. *Journal of Social Service Research, 38*, 468-483.

Jenkinson, C. E., Dickens, A. P., Jones, K., Thompson-Coon, J., Taylor, R. S., Rogers, M., et al. (2013). Is volunteering a public health intervention? A systematic review and meta-analysis of the health and survival of volunteers. *BMC Public Health, 13*, 773.

Mogilner, C., Chance, Z., & Norton, M. I. (2012). Giving time gives you time. *Psychological Science, 23*, 1233-1238.

Yuen, H. K., Huang, P., Burik, J. K., & Smith, T. G. (2008). Impact of participation in volunteer activities for residents living in long-term-care facilities. *American Journal of Occupational Therapy, 62*, 71-76.

Happy helping everyone!

"We make a living by what we get, but we make a life by what we give."
- Winston Churchill

Alumni Volunteerism

How some alumni are giving back to the community

Greg Aarons, Ph.D. (Entry Year of 1991)

I serve (voluntary) as Secretary on the Board of Directors of the **Family and Youth Roundtable** – a child and family mental health advocacy organizations that is led by and serves families involved in public behavioral health services: http://fyrt.42sounds.com/home/

Tom Clark, Ph.D. (Entry Year of 1978)

I volunteer with an organization called **Sustainable Tallahassee**, at this site: http://sustainabletallahassee.org/ as a member of their alternative transportation committee. I also serve on the **Transit Advisory Committee** for the City of Tallahassee, which does not have its own website but is listed here among the Citizen Advisory Boards: https://www.talgov.com/treasurer/treasurer-boards.aspx (# 32). This group provides citizen input for the local bus service, StarMetro.

From Sylvia Herbozo, Ph.D. (Entry Year of 2001)

I wanted to send info on a charity that I've been volunteering for in the past few years. The name of the charity organization is **Girls on the Run**, which is a physical activity-based youth development program. Here is a link to their webpage http://gotrla.org/core-values/. It's a great organization that I've enjoyed working with since moving to California. It also fits nicely with my obesity and body image work as it encourages physical activity and promotes positive body image.

From Laura Mayhew-Purcell, Ph.D. (Entry Year of 2007)

I am a member of the **Junior League of St. Petersburg**, and the organization focuses on school readiness (health, nutrition, literacy, etc.) for children across Pinellas county. Their website is http://www.jlstpete.org/

Recommended Reading:
Kottler, J. A., Englar-Carslon, M., & Carlson, J. (2013). *Helping Beyond the 50-Minute Hour: Therapists Involved in Meaningful Social Action*. New York: Routledge.

From Vicky Phares, Ph.D. (Joined USF in 1992)

Okay, I'm not really an alum, but I thought that I'd share with you some of my volunteer experiences. When I was 16 years old (and already planning to be a clinical psychologist!), I started volunteering on an inpatient unit at a local psychiatric hospital (**Sharp Mesa Vista Hospital** for you folks out at the USF-West Campus in San Diego). Since that time, I've volunteered for gads of organizations like the **Guardian Ad Litem Program** and the **Florida Center for Survivors of Torture**. Currently, I volunteer actively at **Brooks DeBartolo Collegiate High School**, which is a public charter school that was just awarded the 2015 National Blue Ribbon School designation from the U.S. Department of Education. I am pretty sure that a certain student/man-child of mine was the reason they received this prestigious honor, but don't quote me on it: http://bdchs.org/

From Lee M. Ritterband, Ph.D. (Entry Year of 1993)

I co-founded an organization called the **International Society for Research on Internet Interventions** (isrii.org) – and we're in our 11th year now. We're gearing up for our 8th meeting – and this time it will be in the US – in Seattle, April 2016. I'm currently past president (and actually acting treasurer...). It's a group now of hundreds of people around the world conducting eHealth and mHealth research. Lots of students doing very cool and interesting work. If there's anyone there interested in the ehealth area, I highly recommend it.

From Kristi Wells, Ph.D. (Entry Year of 2001)

I volunteer a lot at **Susan G. Komen** San Diego Affiliate, which does amazing work in the San Diego community to provide access to breast cancer care: http://komensandiego.org/

Alumni Updates

Entry Class of….

1973

David Anderson, Ph.D.
anderzona@comcast.net

I am currently the Executive Director of The Meadows, an 82-bed inpatient addiction and behavioral health program in Wickenburg, AZ. I have been so blessed in my career (Executive Director of Sierra Tucson; Executive Director of Mirasol Eating Disorder Center; and now here at The Meadows, plus many years as Director of Physical Medicine & Rehabilitation at St. Mary's Hospital, Tucson, AZ). As I approach the end of my career (just a couple more years to go??), I continue to be very thankful for my training at USF, and friendships made that have lasted through the many years. David Anderson, Ph.D., Graduate, USF, "Clinical & Community Psychology" Ph.D., 1980

Vance L. Shepperson, PhD, ABPP
vanceshepperson@gmail.com

Vance Shepperson (class of '76) here. I've been living in southwest China for the past four years. My wife, Bethyl Joy, is also a psychologist (Rosemead Grad School, CA). We are having a fun time at this season of our lives. We left our CA group practice and pulled the plug on the USA. We supervise a cohort of MA in counseling Chinese students here in a hybrid online/live program. We're the live, boots on the ground, part of that. Another activity is that we also work as a trainers in a Chinese counseling center, helping locals translate information into skill. I also stay busy with writing projects that hopefully will morph into a book one day.

This has been and is an enjoyable, if not humbling experience. Most 3 year olds speak better Chinese than I do (with my survival level Mandarin). We work through interpreters mostly. Meanwhile the change in culture and context keeps us younger, more supple than otherwise, along with growing the virtue of meekness. All told, the experience is a great way to spend our 60's. Not sure when this chapter in life will transition us back to the states, or another country—but for now, we're content here in our station of life.
Best to all of you; feel free to write if you like, Vance:
vanceshepperson@gmail.com

Think UK, ZongLu GongYuan/Palm Springs Park, Building 4, Stairwell 1, Apt 1302
Yunnan Province, Kunming City, Jiao Ling Rd #88
People's Republic of China
650118

1974

Suzanne K. (Kathy) Zoss (formerly Hernandez)
skzoss21943@gmail.com

I am fully and happily retired, living in Fort Myers, Florida. On August 28, I will be re-marrying Fidencio Hernandez, after spending many years apart. The ceremony will be in Pensacola, Florida. We will live in both Fort Myers and Franklin, NC. I want to share this information with my classmates, many of whom knew Fidencio when I was in the doctoral program at USF during the 1970's.

1977

Rick Weinberg, Ph.D.
weinberg@usf.edu

My wife Becky and I will be in Florence, Italy once again this summer, where I will be teaching a course for USF World. Feel really blessed to be going once again. Warm wishes to all my USF alumni buddies!

1978

Bob Brubaker, Ph.D.
robert.brubaker@eku.edu

I am beginning my 31st year at Eastern Kentucky University and my 13th year as department chair. Retirement is just a fleeting thought as my youngest son who, after three years in college, appears to be in no hurry to finish his degree. I spent five weeks this summer teaching a class on the psychology of art in Paris as part of a study abroad program. I've been teaching in Paris since 2007 and each year it becomes more difficult to return home. C'est la vie.

We're on Facebook! Join our group now: USF Grad Psych

Alumni Updates

1978

Tom Clark, Ph.D.
Thomas.Lyon.Clark@gmail.com

I want to encourage everyone to visit the psychology department. The students and faculty are doing remarkably good work, appreciation of which can also return Continuing Education credits! I've been reading and writing about the role of behavior in evolution. Here are a couple links:
http://sciencedialogues.com/the-moral-of-the-story-of-how-we-came-to-be-1/

http://sciencedialogues.com/darwins-use-of-use-and-disuse-part-1/
Each commentary is continued at links on the right margin.

1984

Susan Krasner, Ph.D.
Krasner@buffalo.edu

I am still in Buffalo, splitting my time between private practice and working at the Medical school doing research (on Irritable Bowel Syndrome), teaching, and clinical work with chronic benign pain. I was in Boston recently and had the chance to catch up with a classmate, Karen Place Carlson.

Ren Massey, Ph.D.
drrenmassey@comcast.net

I have been elected to serve on the Georgia Psychological Association Ethics Committee and have appreciated this opportunity to give back to colleagues in our profession.

1986

Brian Levine, Ph.D.
blevine@research.baycrest.org
Twitter: @briantlevine

Greetings to all from Toronto! For information on my research, see levinelab.ca
Rotman Research Institute at Baycrest
University of Toronto

Kevin Richards, Ph.D.
krichards.phd@gmail.com

I'm still in Atlanta. The practice is growing and I have added two associates. However, probably the most interesting thing going on in my life recently was a month long trip to Scotland from which I returned [in July]. I've been lucky to re-connect with some people from USF that I hadn't spoken to in years and I'd love to hear from other folks with whom I've lost touch.

1987

Chris Frueh, Ph.D.
frueh@hawaii.edu

I am still dividing my time between the University of Hawaii and The Menninger Clinic in Houston, TX, where I continue to serve as Director of Research. I also published my seventh crime novel, "EVERY SECRET THING," under the pen name "Christopher Bartley."

1988

Marlene Bloom, Ph.D.
marlenebloom@hotmail.com

1989

Stacey Tantleff Dunn, Ph.D.
stdunn@rollins.edu

In fall 2014 I started my new job as Associate Professor at Rollins College. I am loving it! The small, liberal arts college atmosphere really suits me and I am learning so much about so many new things. Mike is still at UCF so we now have a blended family…the best of both academic worlds. Our girls Nickie (16) and Cassidy (11) are doing well and we're enjoying lots of quality time with them this summer. I'm also still in private practice in Winter Park, really enjoying my work with individuals and couples. Grateful to still be "living on the hyphen" after all these years. My email is stdunn@rollins.edu and my cell/practice number is 407-399-7930. Looking forward to hearing how everybody is doing! Take care, Stacey

1991

Greg Aarons, Ph.D.
gaarons@ucsd.edu

I am Professor in the UC San Diego Department of Psychiatry and Director of the Child and Adolescent Services Research Center. I am PI of a couple of NIMH R01 studies focusing on system and organizational factors that predict large scale implementation and sustainment of child-neglect evidence-based practices. I am Co-Investigator on a number of other NIH studies addressing topics such as increasing physical activity and health in older adults, recovery oriented behavioral health services, implementation of cognitive-behavioral social skills training for adults with SMI. We (with Tom Patterson) are just finishing up an implementation science study focusing on implementing a cognitive-social intervention to reduce HIV among high-risk women and working with 13 women's reproductive health clinics in 8 states in Mexico. I have also been working with the NIH Fogarty International Center/NICHD/PEPFAR Implementation Science Alliance to reduce mother-to-child HIV in sub-Saharan Africa. In the past year my colleague Mark Ehrhart (I/O psychologist) and I have published a suite of measures on implementation leadership, implementation climate, and implementation citizenship. Now to the important stuff: My son, daughter-in-law and 14 month-old granddaughter are now living in Vancouver, BC so we have been visiting that beautiful city as often as possible. I am still running, cycling, swimming, and marathon training.

Nadia Ali, Ph.D.
Nadia.Ali@emory.edu

Inside of work, I'm still on faculty here in Emory University's School of Medicine (Dept of Human Genetics) in Atlanta, Georgia. In addition to teaching two courses in Emory's Master's Program for Genetic Counseling (I teach the counseling, everyone else teaches the genetics), I do clinical research as a health psychologist and neuropsychologist with patients who have Lysosomal Storage Diseases and serve as neuropsychologist on clinical drug trials for new medications for patients with Down Syndrome, Fragile X, Autism, and Phenylketonuria. I am completing a 2013-2015 OpEd Project Public Voices Thought Leadership Fellowship, which has helped me to publish op-eds advocating for mental health in diverse mainstream media from *The Washington Post* to *Talking Points Memo*. I'm also co-author of the book "Transitions: Managing Your Own Healthcare: What Every Teen with an LSD Needs to Know." Outside of work, I added another daughter to the family last year, which brings our blended household to two boys and two girls, ranging in age from 20 years to 1 year. My husband is still in denial regarding this last part, though it is of course all his fault. I can be reached at Nadia.Ali@emory.edu http://genetics.emory.edu/faculty/primary/ali-nadia.html

James B. Morris, Jr., Ph.D.
jmorrisphd@gmail.com

Kathy Wood, Ph.D.
kcw60068@gmail.com

I took an unexpected leap into the world of private practice when my employers returned to their original business model of providing only nursing home and assisted living services. Wood Neuropsychology Associates opened this year in the Chicago suburbs, and has been going strong! It was a good lesson in maneuvering quickly to adjust to life's twists and turns. I'm sure all of us in clinical practice will be making a lot more adjustments in the next few years... On the personal side, Ted and I are now parents of a tween (Emily; 11) and a teen (Madeleine; 13). Those grad school years are looking easier and easier....

1992

Karen Nicholson, Ph.D.
Karen.Nicholson@va.gov

1994

Kerri Schneider Flaum
kerrischneiderphd@gmail.com

Marc Steinberg, Ph.D.
marc.steinberg@rutgers.edu

I'm an Associate Professor in the Department of Psychiatry at Rutgers Robert Wood Johnson Medical School in New Jersey. The majority of my professional time is spent doing research on tobacco use and dependence, but I have also joined our Faculty practice, Rutgers University Medical Group, and provide trainings on motivational interviewing. More importantly, Laura and I have three great kids (and two dogs) who keep life very fun and interesting! I'm on LinkedIn if you'd like to connect.

1996

Michael Hunt, Ph.D.
William.m.hunt.civ@mail.mil

Hi everyone. I had a great time catching up with Vicky and the west coast alumni last December. On a professional note, I was made the Associate Director of the Naval Medical Center San Diego's APA-accredited doctoral internship program in clinical psychology in July. New e-mail is William.m.hunt.civ@mail.mil

1997

Lora M.A. Thompson, PhD
lora.thompson@moffitt.org

1998

Demy Kamboukos, Ph.D.
demouko@yahoo.com

Hi from New York. I am still living here (it has been over 10 years since I graduated from USF but I still miss coming to PCD and seeing my friends walking the hallways or in the clinic). I am still doing research at NYU School of Medicine and teaching at NYU. One of the best parts of living in NY is that I get to see or meet USF grads from time to time. This past summer, I got to spend time with two "little sibs" from our wonderful lab (and another USF grad I recently met). If you visit New York, I would love to catch up (demouko@yahoo.com). Next year, a few of us are also planning an Alumni Event in Tampa – so stay tuned for more details.

My time with Ariz Rojas, Idia (Binitie) Thurston and Christa Labouliere **(pictured left).**

Alumni Updates

2001

Kristi Wells, Ph.D.
kwells@mail.sdsu.edu;
Twitter: @DrKristenWells

My family and I are enjoying our life in San Diego and I am quite settled into my job at San Diego State University.

2003

Jess (Curley) Hankinson, Ph.D.
jhankinson@jhmi.edu

I am currently an Assistant Professor and Pediatric Psychologist through the Department of Psychiatry and Behavioral Sciences at Johns Hopkins School of Medicine. Enjoying life in Baltimore with my husband, daughter (4yo), and son (1yo).

2005

Erika (Litvin) Bloom, Ph.D.
erika_bloom@brown.edu

This spring I started my third year on the faculty at the Alpert Medical School of Brown University. I recently switched hospitals and am now at Rhode Island Hospital in the Division of General Internal Medicine. I am in the third year of a K23 grant. Enjoying life in Providence!

Ariz Rojas, Ph.D.
ariz.rojas@mssm.edu and on LinkedIn

I was recently promoted as the Director of Pediatric Behavioral Therapies in the Division of Tics, OCD, and Related Disorders in the Department of Psychiatry at the Icahn School of Medicine at Mount Sinai in NYC. In my new position, I supervise and teach clinical psychology trainees and psychiatry residents and fellows as well as co-direct the OCD and Related Disorders program. I also carry a full clinical caseload and participate in clinical research and medication trials. While I miss the beach, I never tire of NYC!

Kristi White, Ph.D.
whiteke@umn.edu; also available through LinkedIn & Research Gate.

I just started a position as a Primary Care Behavioral Health Psychologist at Hennepin County Medical Center in Minneapolis, MN. I am splitting my time between two of their outpatient family medicine clinics and am practicing primary care and clinical health psychology. I have also been appointed as a faculty member at the University of Minnesota's Center for Spirituality and Healing and am collaborating with them on health promotion, disease prevention, and wellness initiatives. I was excited to finish up my postdoctoral fellowship in September and I am enjoying the start of my career in the Twin Cities!

2006

Ross Krawczyk, Ph.D.
krawczykr@strose.edu

I am in my 3rd year as a tenure-track faculty member in the department of psychology at The College of Saint Rose is Albany, NY. I also have a part-time private practice as a licensed psychologist, primarily treating eating disorders in an intensive outpatient program. On a personal note, my wonderful daughter Finola turned 2 in October and keeps me quite busy. She, my wife Shawn, and I are all doing great!

Heather Smith Schrandt, Ph.D.
drschrandt@kcanxiety.com

I started as a staff psychologist at Kansas City Center for Anxiety Treatment last month (KCCAT, www.kcanxiety.com). We've uprooted and moved back home! We are loving life now that we are so close to family and old friends. To top it off, KCCAT has exceeded my expectations and I am part of a top-notch treatment team. If only I could've moved Tampa friends (and the weather) with me!

2007

Brian D. Gonzalez, Ph.D.
BDGonzalez@live.com;
Twitter: @DrBrianGonzalez

This summer I began a faculty position at the Rutgers Cancer Institute of New Jersey, where I'll be conducting research to predict, prevent, and intervene upon psychosocial issues in diverse cancer populations. The family and I are enjoying New Jersey very much, as we fervently stock up on jackets for the long winter. Yay seasons!

2009

Natasha Burke, Ph.D.
natasha.burke.ctr@usuhs.edu
I am also on LinkedIn, though admittedly, almost never lol.

I graduated this August (woo hoo!!). I am super excited to be in my first year of postdoctoral fellowship at the Uniformed Services University of the Health Sciences and the National Institute of Child Health & Development (NICHD) Section on Growth and Obesity where I am working on a therapy trial aimed at preventing eating disorders and reducing excess weight gain in adolescent military dependents. While I'm here, I look forward to exploring all the DC area has to offer. Life is good, and I am blessed!

2010

Brittany (Speisman) Kugler, Ph.D.
brittany.kugler@gmail.com

Mentoring Faculty Contact Info

Marina Bornovalova, Ph.D.
bornovalova@usf.edu

Tom Brandon, Ph.D.
Thomas.Brandon@moffitt.org

Cindy Cimino, Ph.D.
cimino@usf.edu

Jack Darkes, Ph.D.
darkes@usf.edu

David Drobes, Ph.D.
David.Drobes@moffitt.org

Mark Goldman, Ph.D.
mgoldman@usf.edu

Paul Jacobsen, Ph.D.
Paul.Jacobsen@moffitt.org

Marc Karver, Ph.D.
mkarver@usf.edu

Vicky Phares, Ph.D.
phares@usf.edu

Diana Rancourt, Ph.D.
drancourt@usf.edu

Jon Rottenberg, Ph.D.
rottenberg@usf.edu

Rob Schlauch, Ph.D.
rschlauch@usf.edu

Eric Storch, Ph.D.
estorch@health.usf.edu

Kevin Thompson, Ph.D.
jkthompson@usf.edu

Edelyn Verona, Ph.D.
everona@usf.edu

Other Faculty and Supervisors: Near and Far, Past and Present

Margaret Booth-Jones, Ph.D.
Margaret.Booth-Jones@moffitt.org

Karen Brandon, Ph.D.
kbrandon@usf.edu

James Epps, Ph.D.
jepps@usf.edu

Monica Epstein, Ph.D.
mepstein@usf.edu

Ellis Gesten, Ph.D. (Emeritus)
gesten@usf.edu

Maria dePerczel Goodwin, Ph.D.
mgood1@verizon.net

Evelyn Hernandez, Ph.D.
drevey@aol.com

Katurah Jenkins-Hall, Ph.D.
jenkins@fmhi.usf.edu

Bill Kinder, Ph.D. (Emeritus)
bkinder@usf.edu

Brook McClintic, Ph.D.
brook@judishouse.org

Bill Sacco, Ph.D. (Emeritus)
sacco@usf.edu

Steffanie Sperry, Ph.D.
slwilso5@mail.usf.edu

Holly Steele, Ph.D.
hvsteele43@aol.com

Trevor Stokes, Ph.D.
Stokestf@jmu.edu

Lora (Azzarello) Thompson, Ph.D.
Lora.Thompson@moffitt.org

Clinical Alumni Award for Citizenship

Congratulations to Brittany Jordan Arthur, Megan McMurray, and Michelle Kovacs for winning the 2015 USF Clinical Alumni Award for Citizenship. You women rock!

As you may recall, the USF Clinical Alumni Award for Citizenship was established in 2004 to honor current graduate students who have shown superior "citizenship" behaviors in graduate school during the previous year. The term "citizenship" is borrowed from the I-O literature and it refers to someone who goes above and beyond the call of duty to help benefit others in the area/department.

Nominations are solicited from clinical students, faculty, staff, and supervisors, then the clinical faculty select the winners. Recipients receive a $50 honorarium and our undying gratitude. Megan, Brittany, and Michelle join the list of awesome clinical students and alumni who have gone above and beyond the call of duty and who have earned the USF Clinical Alumni Award for Citizenship in previous years:

2005: Demy Kamboukos and Elena Lopez
2006: Qutayba "Q" Abdullatif
2007: Susan Himes
2008: London Butterfield, Ty Brumback, and John Ray
2009: Lindsay Brauer
2010: Christa Labouliere and Ariz Rojas
2011: Jason Chen
2012: Yasmin Asvat and Kristi White
2013: John Correa
2014: Renee Brown, Natasha Burke, Brittany Speisman Kugler, and Danni Ung
2015: Brittany Jordan Arthur, Megan McMurray, and Michelle Kovacs

What an awesome legacy. Thank you to all of our students, alumni, and faculty who engage in good “citizenship” behaviors throughout the year.

Second Annual Psychology Expo: April, 2015

Left: Informational Tables

Right: Dr. Rick Weinberg and Dr. Sylvia Carra Hahn at the Psych Expo

USF Clinical Alumni Reunions All Around the World

USF Clinical Alumni in San Diego
(also known as USF—West Campus)

Boston reunion with Dr. Jen Park, student Lauren Schaefer, and Dr. Natasha Burke

USF Clinical Alumni in Atlanta

Alumna, Dr. Elena Lopez, with Drs. Tom and Karen Brandon in Doha, Qatar

On August 8, 2015, the clinical area celebrated our brand-new alumni:

Rheanna Ata, Ph.D.
Natasha Burke, Ph.D.
Brittany Speisman Kugler, Ph.D.
David MacQueen, Ph.D.
Laura Mayhew-Purcell
Joe McGuire, Ph.D.
Jason Oliver, Ph.D.

New alumni (L to R): Dr. Natasha Burke, Dr. Brittany (Speisman) Kugler, Dr. Laura Mayhew-Purcell, and Dr. Rheanna Ata

Congratulations graduates!

Graduates and Mentors:
Dr. Eric Storch, Dr. Vicky Phares, and Dr. Bill Sacco

> The beautiful thing about learning is that no one can take it away from you.
>
> – B. B. King

Post docs: 2015/2016

Rheanna Ata, Ph.D. is a Postdoctoral Fellow at Cleveland Clinic - Bariatric and Metabolic Institute.

Natasha Burke, Ph.D. is a Post-doc at Uniformed Services University of the Health Sciences (USUHS) and National Institute of Child Health & Development (NICHD)–Programs on Developmental Endocrinology and Genetics (PDEGEN) Section on Growth and Obesity

Brittany (Speisman) Kugler, Ph.D. is a Postdoctoral Fellow at Westchester Anxiety Treatment Services in White Plains, NY.

Dave MacQueen, Ph.D. is a Post-doc at University of California, San Diego/San Diego Veterans Administration.

Laura Mayhew-Purcell, Ph.D. is a Post-doc at University of South Florida Health Sciences-Behavioral Medicine.

Joe McGuire, Ph.D. is a Postdoctoral Fellow and Clinical Instructor at University of California, Los Angeles - Semel Institute for Neuroscience and Behavior.

Jason Oliver, Ph.D. is a Clinical Associate faculty member at Duke University, Department of Psychiatry and Behavioral Sciences/Durham, NC.

John Ray, Ph.D. is a Post-doc at the Central Arkansas Veterans Healthcare System and the University of Arkansas for Medical Sciences.

PSYJOBS

Are you looking for a post-doctoral position or a new job? If so, consider signing up for PSYJOBS. The listserv distributes job announcements to interested USF Psychology faculty, graduate students, and graduate alumni.

To subscribe: http://listserv.admin.usf.edu/archives/psyjobs.html
To post job listings: PSYJobs@listserv.admin.usf.edu

Good Shop

Do you like shopping (well who doesn't!)? Do you like giving back to the USF Clinical Psychology program (ditto!)? Please consider registering for Good Shop, where a certain percentage of your on-line purchases will be donated back to the clinical program for enhancements in the clinic and to help support students' conference travel.

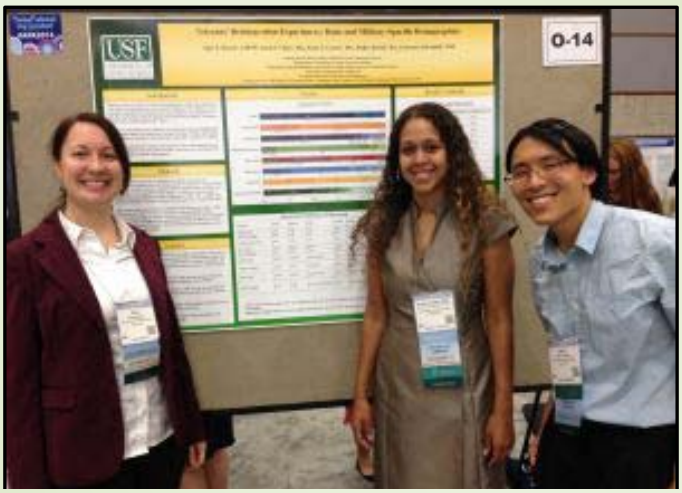
Check out their website at http://www.goodsearch.com/goodshop

and please consider selecting "USF Clinical Psychology" as the charity of your choice.

Happy shopping!

Connect with us on LinkedIn: USF Department of Psychology

Students and alumni presenting their research across North America

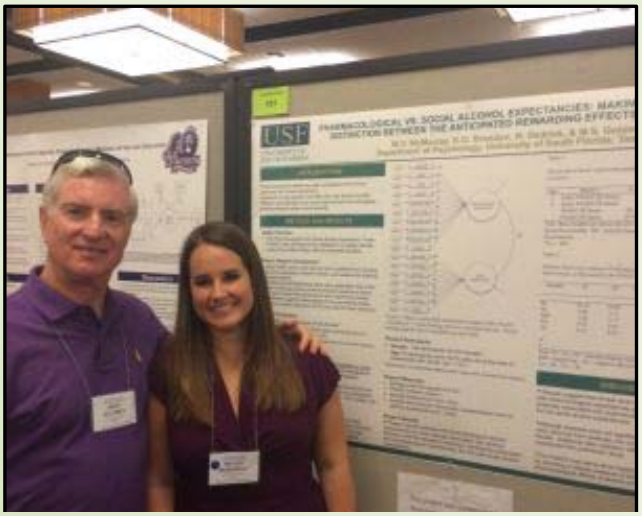


Student Erica Coates and intern Jason Chen at American Psychological Association (APA) in Toronto, Canada

"Many thanks to our alumni! A number of alumni have provided me with wonderful input over the years, and their unfailing support has facilitated travel to many conferences for current students, greatly benefitting our nascent careers. It's really great to be a part of the USF Clinical Psychology family."

- Alex DeNadai

Group of students at Association for Behavioral and Cognitive Therapies (ABCT) in Chicago



Dr. Mark Goldman and current intern Megan McMurray at Research Society on Alcoholism (RSA) in San Antonio, TX

Students and alumni presenting their research across North America

Dr. Cindy Cimino's lab with Alumna Dr. London Butterfield and a previous undergraduate RA at International Neuropsychological Society (INS) in Denver, CO

Alumni Dr. Idia Thurston and Dr. Natasha Burke with Esther Davila (4th year) at Society of Pediatric Psychology

Maureen Monahan (2nd year) presenting at American Association of Suicidality (AAS) in Atlanta, GA

Dr. Marc Karver's lab at AAS Atlanta, GA

Congratulations 2015/2016 Interns!

Celebratory Lunch with Dr. Edelyn Verona and Celebratory Informational Meeting with Students

2015/2016 Internship Placements:

Jason Chen - VA Medical Center - Denver
Betsy Hunt - Eastern Virginia Medical School
Michelle Kovacs - Brown University Alpert Medical School
Megan McMurray - University of Alabama at Birmingham
Vanessa Panaite - Hines VA Hospital in Chicago
Robert Selles - Brown University Alpert Medical School
Lindsey Steding - Kennedy Krieger/Johns Hopkins University
Danni Ung - Nationwide Children's Hospital at Ohio State University

Passing the torch – current and past Brown interns

Giving Back

Thank you to everyone who has made the USF Clinical Psychology Doctoral Training Program so strong throughout the years. We continue to do great work with limited resources, so we are always grateful when alumni and friends of the program help us out in any way they can.

Please help invest in the future of our field by helping to support our awesome students. You can make a tax-deductible donation at the following link:

https://usffdn.usf.edu/apps/?fund=421210&a=DEPT

Of if you'd like to go old school, please send a check made out to the **USF Foundation**, put "clinical psychology" in the memo line, and please send it to:

Vicky Phares, Ph.D.
University of South Florida
Department of Psychology
4202 E. Fowler Avenue, PCD 4118G
Tampa, FL 33620

Thank you all for being part of our wonderful USF clinical psychology family. We are grateful for how you are changing the world through your research, clinical work, teaching, community action, and advocacy. Thank you for being so awesome. As always, I wish you peace. Vicky

Current students are grateful for our clinical alumni!

"I am so thankful to alumni for supporting conference travel. It has been so wonderful to know that our research efforts are supported and we have great opportunities to disseminate our work. It is such an important part of what we do and thanks to alumni support we get to engage in these research activities regularly."

- Brittany Jordan-Arthur