



USF Undergraduate Psychology Alumni Society

Mental Health Matters: Raising Awareness and Breaking Stigma

Come Join Us!

May 18, 2023



5:30 pm EDT-
7:30 pm EDT



USF Gibbons
Alumni Center



May is Mental Health Awareness Month!

Join us for a discussion focused on breaking stigma surrounding mental health, seeking help, supporting those with mental health challenges, utilizing available resources, and hearing about others' lived experiences.

SPEAKERS



Vicky Phares
PhD



Rachel Gilmore
MA, LMHC



David Doan
PhD, MBA, MS, RN

Information tables with resources will be available from select student organizations and professional services



UPAS

Light refreshments will be served

