

# Purpose

• Gain clinical experience • Increase student success • Establish professional connections with community partners • Understand and apply evidence-based techniques • Provide service for community agencies and mental health clients in the Tampa

**Bay area** 

# **Current Partnerships (Selected)**

- Agency for Community Treatment **Services (ACTs)**
- Bay Area Neuropsychology
- Centerstone Research Institute
- Crisis Text Line
- DACCO
- DCF Adult Protective Services
- Early Childhood Council
- Gracepoint (formerly Mental Health Care)
- Guardian Ad Litem
- Health Buddies
- Kindness of the Heart
- Jury Selection Office
- Metropolitan Ministries
- Rogers Behavioral Health Care
- Trevor Project
- USF Interdisciplinary Center for **Evaluation and Intervention**
- USF Title IX
- USF Victims Advocacy

# Psychology Internship Experiences at USF

# Keven Espinet-Pizarro, Nathan Gibson, Madison McKinnis, Meaghan Brown B.A., & Vicky Phares, Ph.D. **Department of Psychology, University of South Florida, Tampa, FL**

# What student interns are saying!



ADULT PROTECTIVE SERVICES

"Before this internship, I didn't really know that Adult Protective Services was a thing. Now, I am helping vulnerable adults receive the care they need to live a happy and safe life. It's definitely eye opening to see the other side of protection and care at a hospital, making sure the patient has a safe place to get after being discharged."



"My internship at Gracepoint has opened my eyes to what homelessness means and looks like in Tampa. I learned about the role case managers play in helping people take control of their living and mental health situations. I am also learning more about the different governmental and societal programs that are out there to help the homeless, both their values and their limitations. I hope to continue to learn how to best serve the homeless community through this internship."

**More about Volunteer Opportunities and Internships** 

### **On-Campus Resources**

**USF Career Services:** http://www.usf.edu/career-services/ - Career consultants - Job search (Handshake) - Internships

**USF Human Resources:** http://www.usf.edu/administrative-services /human-resources/

> Careers@USF is for students, alumni, and the general public https://www.usf.edu/work-atusf/careers/index.aspx

"The Trevor Project is an excellent organization whose main goal is to save young LGBTQ+ lives. Working with the Trevor Project has been nothing short of amazing. Crisis counseling is a tough thing to do, especially when you know how young these kids are. They tend to reach out about issues like coming out, identity and issues with family, but they also reach out about mental health and even suicide. Knowing that I can be there and keep these young LGBTQ+ kids safe simply by talking with them is rewarding."

"I would advise anyone to seek an internship in their field of interest. Besides the obvious of helping people and gaining experience, the biggest pro I have found would be the networking opportunities. With time, I was able to not only receive letters of recommendation for graduate school but was also offered a job at All Children's Hospital. An internship at ACH gave me so much more in the end than any classroom setting ever could."



# JOHNS HOPKINS All Children's Hospital

# **Online Resources**

**Volunteer Opportunities** (Searchable data-bases):

http://www.volunteermatch.org/ http://www.idealist.org/ http://www.volunteersuncoast.org/

#### Job Opportunities (Searchable data-bases):

https://www.indeed.com/ https://www.careerbuilder.com/ https://www.glassdoor.com/

UNIVERSITY OF SOUTH FLORIDA

# **Courses Offered**

**1. Community Practicum in** Mental Health: CLP 4941 • Instructor: Dr. Vicky Phares phares@usf.edu • Fall and Spring Semesters • Credits (Graded): • 3 credits (for 8 hours/week at the internship including one hour/week of on-site supervision plus one hour/week class meetings) **2.** Community Internship: **IDS 4942** • Instructor: Dr. Vicky Phares phares@usf.edu • Offered in Fall, Spring, and Summer • Credits (Pass/Fail): • 1 credit (for 3 or more hours/week at the internship) • 2 credits (for 4 or more hours/week at the internship) • 3 credits (for 8 hours/week or more at the internship) • 4 credits (for 11 hours/week or more at the internship)