

Curriculum Vitae

JONATHAN ROTTENBERG

Department of Psychology
University of South Florida
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Current Employment

2015-present.

Professor, Department of Psychology, Director, Mood and Emotion Laboratory,
University of South Florida

2019-present.

Director of Clinical Training, Department of Psychology, University of South
Florida.

Previous Employment

2003-2009.

Assistant Professor, Department of Psychology, Director, Mood and Emotion
Laboratory, University of South Florida

2010-2011.

Visiting Scholar, Department of Clinical and Social Psychology
Tilburg University, The Netherlands

2009-2015.

Associate Professor, Department of Psychology, Director, Mood and Emotion
Laboratory, University of South Florida

Education

Ph.D., Psychology, Stanford University, 2003.

M.A., Psychology, Stanford University, 2000.

M.A., History, Johns Hopkins University, 1993.

B.A., *Magna cum Laude*, Social Studies, Harvard College, 1990.

Research interests: Emotion and psychopathology, with a focus on emotion in major depressive disorder; long-term course of depression; well-being.

Honors and Awards

Alan Alda Center Trainee, 2018.
 USF Graduate Mentor Award, University-Wide Runner-Up, University of South Florida, 2016.
 Phi Kappa Phi, Artist Scholar Award, University of South Florida, 2016.
 Mentor Award, University of South Florida, Honors College, 2008.
Biological Psychology, Top Reviewer, 2007.
 College of Arts and Sciences, International Travel Grant Award, 2006.
 Predoctoral Fellow, NIMH Consortium in Affective Science, 1999-2002.
 Wisconsin Symposium on Emotion Travel Award, 2000 and 2001.
 Stanford Graduate Research Award, (\$5000), 1998.
 NIMH Personality Training Grant, Stanford Psychology Department, 1997-1999.
 Dean of Arts and Sciences Teaching Award, Johns Hopkins University, 1994.
 Harvard College Scholar, 1990.

Association Memberships

Association for Psychological Science.
 Society for Research in Psychopathology.

Bibliography

Books

1. Rottenberg, J., & Johnson, S. L. (Eds.) (2007). *Emotion and psychopathology: Bridging affective and clinical science*. Washington, D.C.: APA Books.
2. Rottenberg, J. (2014). *The depths: The evolutionary origins of the depression epidemic*. New York: Basic Books.
3. Rottenberg, J. (2021). *Depression: What everyone needs to know*. New York: Oxford University Press.

Book Chapters

1. Gotlib, I. H., & Rottenberg, J. (2001). The clinical psychology of depression. In N. J. Smelser & P. B. Baltes (Eds.). *International Encyclopedia of the Social and Behavioral Sciences*, (Vol 5, pp. 3511-3516). Oxford, England: Elsevier Science Ltd.
2. Rottenberg, J., & Gotlib, I. H. (2004). Socioemotional functioning in depression. In

- M. Power (Ed.), *Mood disorders: A handbook of science and practice*. (pp. 61-77). New York: Wiley.
3. Rottenberg, J., & Ray, R. D., & Gross, J. J. (2007). Emotion elicitation using films. In J. A. Coan & J. J. B. Allen (Eds.), *The handbook of emotion elicitation and assessment*. (pp. 9-28). London: Oxford University Press.
 4. Rottenberg, J. (2007). Major depressive disorder: Emerging evidence for emotion context insensitivity. In J. Rottenberg & S. L. Johnson (Eds.), *Emotion and psychopathology: Bridging affective and clinical science*. (pp. 151-166). Washington, D.C.: APA Books.
 5. Rottenberg, J. & Vaughan, C. (2008). Emotion expression in depression: Emerging evidence for emotion context-insensitivity. in A. J. J. M. Vingerhoets, I. Nyklicek, J. Denollet (Eds.), *Emotion Regulation: Conceptual and Clinical Issues*. (pp. 125-139). Springer.
 6. Vingerhoets, A.J.J.M., Bylsma, L., & Rottenberg, J. (2009). Crying: a biopsychosocial phenomenon. In: Thorsten Fögen (ed.), *Tears in the Graeco-Roman World*. (pp. 439-475). Berlin & New York: de Gruyter.
 7. Bylsma, L. M., & Rottenberg, J. (2011). Uncovering the dynamics of emotion regulation and dysfunction in daily life with ecological momentary assessment. In I. Nyklicek, A. J. J. M. Vingerhoets, & M. Zeelenberg (Eds.), *Emotion regulation and well-being* (Part 3, pp. 225–244). New York, NY: Springer.
 8. Rottenberg, J. & Bylsma, L. M. (2014). Emotional functioning in depression. In Gotlib, I. H., & Hammen, C. L. (Eds). *Handbook of depression*. New York: Guilford Press.

Peer Reviewed Journal Articles

1. Kasch, K. L., Rottenberg, J., Arnow, B. A., & Gotlib, I. H. (2002). Behavioral activation and inhibition systems and the severity and course of depression. *Journal of Abnormal Psychology, 111*, 589-597.
2. Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2002). Crying threshold and intensity in major depressive disorder. *Journal of Abnormal Psychology, 111*, 302-312.
3. Rottenberg, J., Kasch, K. L., Gross, J. J., & Gotlib, I. H. (2002). Sadness and amusement reactivity differentially predict concurrent and prospective functioning in major depressive disorder. *Emotion, 2*, 135-146.
4. Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2002). Respiratory sinus

- arrhythmia as a predictor of outcome in major depressive disorder. *Journal of Affective Disorders*, 71, 265-272.
5. Rottenberg, J., & Gross, J. J. (2003). When emotion goes wrong: Realizing the promise of affective science. *Clinical Psychology: Science and Practice*, 10, 227-232.
 6. Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2003). Vagal rebound during resolution of tearful crying among depressed and nondepressed individuals. *Psychophysiology*, 40, 1-6.
 7. Rottenberg, J. (2005). Mood and emotion in major depression. *Current Directions in Psychological Science*, 14, 167-170.
 8. Rottenberg, J., Gross, J.J., & Gotlib, I. H. (2005). Emotion context insensitivity in major depressive disorder. *Journal of Abnormal Psychology*, 114, 627-639.
 9. Rottenberg, J., Joormann, J., Brozovich, F., & Gotlib, I.H. (2005). Emotional intensity of idiographic sad memories in depression predicts symptom levels one year later. *Emotion*, 5, 238-242.
 10. Rottenberg, J., Salomon, K., Gross, J.J., & Gotlib, I.H. (2005). Vagal withdrawal to a sad film predicts recovery from depression. *Psychophysiology*, 42, 277-281.
 11. Peeters, F., Berkhof, J., Delespaul, P., Rottenberg, J., & Nicolson, N.A. (2006). Diurnal mood variation in major depressive disorder. *Emotion*, 6, 383-391.
 12. Rottenberg, J., Hildner, J.C., & Gotlib, I. H. (2006). Idiographic autobiographical memories in major depressive disorder. *Cognition & Emotion*, 20, 114-128.
 13. Chentsova-Dutton, Y. E., Chu, J. P., Tsai, J.L., Rottenberg, J., Gross, J.J., & Gotlib, I. H. (2007). Depression and emotional reactivity: Variation in Asian Americans of East Asian descent and European Americans. *Journal of Abnormal Psychology*, 116, 776-785.
 14. Hendriks, M. C. P., Rottenberg, J., & Vingerhoets, A. J. J. M. (2007). Can the distress-signal and arousal-reduction views of crying be reconciled? Evidence from the cardiovascular system. *Emotion*, 7, 458-463.
 15. Rottenberg, J. (2007). Cardiac vagal control in depression: A critical analysis. *Biological Psychology*, 74, 200-211.
 16. Rottenberg, J., Chambers, A., Allen, J.J.B, & Manber, R. (2007). Cardiac vagal control in the severity and course of depression: The importance of symptomatic heterogeneity. *Journal of Affective Disorders*, 103, 173-179.

17. Rottenberg, J., Clift, A., & Bolden, S., & Salomon, K. (2007). RSA fluctuation in major depressive disorder. *Psychophysiology*, *44*, 450-458.
18. Rottenberg, J., & Gross, J.J. (2007). Emotion and emotion regulation: A map for psychotherapy researchers. *Clinical Psychology: Science and Practice*, *14*, 323-328.
19. Vingerhoets, A. J. J. M., Rottenberg, J., Cevaal, A., & Nelson, J.K. (2007). Is there a relationship between depression and crying? A review. *Acta Psychiatrica Scandinavica*, *115*, 340-351.
20. Bylsma, L. M., Morris, B. H., & Rottenberg, J. (2008). A meta-analysis of emotional reactivity in major depressive disorder. *Clinical Psychology Review*, *28*, 676-691.
21. Bylsma, L. M., Vingerhoets, A. J. J. M., & Rottenberg, J. (2008). When is crying cathartic?: An international study. *Journal of Social and Clinical Psychology*, *27*, 1080-1102.
22. Rottenberg, J., Bylsma, L.M., Wolvin, V., & Vingerhoets, A. J. J. M. (2008). Tears of sorrow, tears of joy: An individual differences approach to crying in Dutch females. *Personality and Individual Differences*, *45*, 367-372.
23. Rottenberg, J., Bylsma, L. M., & Vingerhoets, A. J. J. M. (2008). Is crying beneficial? *Current Directions in Psychological Science*, *17*, 400-404.
24. Rottenberg, J., Cevaal, A., & Vingerhoets, A. J.J.M. (2008). Do mood disorders alter crying? A pilot investigation. *Depression and Anxiety*, *25*, E9-E-15.
25. Kovacs, M., Rottenberg, J., & George, C. (2009). Maladaptive mood repair responses distinguish young adults with early onset depressive disorders and predict future depressive outcomes. *Psychological Medicine*, *39*, 1841-1854.
26. Morris, B. H., Bylsma, L. M., & Rottenberg, J. (2009). Does emotion predict the course of major depressive disorder? A review of prospective studies. *British Journal of Clinical Psychology*, *48*, 255-273.
27. Salomon, K., Clift, A., Karlsdóttir, M., & Rottenberg, J. (2009). Major depressive disorder is associated with attenuated cardiovascular reactivity and impaired recovery in those free of cardiovascular disease. *Health Psychology*, *28*, 157-165.
28. Bower, B., Bylsma, L. M., Morris, B. H., & Rottenberg, J. (2010). Poor reported sleep quality predicts low positive affect in daily life among healthy and mood-disordered persons. *Journal of Sleep Research*, *19*, 323-332.
29. Kashdan, T.B., & Rottenberg, J. (2010). Psychological flexibility as a fundamental aspect of health. *Clinical Psychology Review*, *30*, 865-878.

30. Peeters, F., Berkhof J., Rottenberg, J., & Nicolson, N. (2010). Ambulatory emotional reactivity to negative daily life events predicts recovery from major depressive disorder. *Behavioral Research and Therapy, 48*, 264-270.
31. Bylsma, L.M., Clift, A.T., & Rottenberg, J. (2011). Emotional reactivity to daily events in major and minor depression. *Journal of Abnormal Psychology, 120*, 155-167.
32. Taylor-Clift, A., Morris, B.H., Rottenberg, J., & Kovacs, M. (2011). Emotion-modulated startle in anxiety disorders is blunted by comorbid depressive episodes. *Psychological Medicine, 41*, 129-139.
33. Bylsma, L.M., Rottenberg, J., Croon, M.A., & Vingerhoets, A.J.J.M. (2011). When and for whom does crying improve mood? A daily diary study of 1004 crying episodes. *Journal of Research in Personality, 45*, 385-392.
34. Rottenberg, J., & Vingerhoets, A.J.J.M. (2012). Crying: Call for a developmental lifespan approach. *Personality and Social Psychology Compass, 6*, 217-227.
35. Genzler, A. L., Rottenberg J., Kovacs, M., George, C., & Morey, J. (2012). Atypical development of resting respiratory sinus arrhythmia in children at high risk for depression. *Developmental Psychobiology, 54*, 556-567.
36. Salomon, K., White, K.E., Bylsma, L.M., Panaite, V., & Rottenberg, J. (2013). Is blunted cardiovascular reactivity in depression mood-state dependent? A comparison of major depressive disorder, remitted depression and healthy controls. *International Journal of Psychophysiology, 90*, 50-57.
37. Yaroslavsky, I., Bylsma, L. M., Rottenberg, J., & Kovacs, M. (2013). Combinations of resting RSA and RSA reactivity impact maladaptive mood repair and depression symptoms. *Biological Psychology, 94*, 272-281.
38. Yaroslavsky, I., Rottenberg, J., & Kovacs, M. (2013). The utility of combining RSA indices in depression prediction. *Journal of Abnormal Psychology, 122*, 314-321.
39. Morris, B. H., McGrath, A.C., Goldman, M.S., Rottenberg, J. (2014). Parental depression confers greater prospective depression risk to females than males in emerging adulthood. *Child Psychiatry and Human Development, 45*, 78-89.
40. Rottenberg, J., Yaroslavsky, I., Carney R. M., Freedland, K.E., George, C.J., Baji, I., Dochnal, R., Gádoros, J., Halas, K., Kapornai, K., Kiss, E., Osváth, V., Varga, J., Vetró, A., Kovacs, M. (2014). The association between major depressive disorder in childhood and risk factors for cardiovascular disorder in adolescence. *Psychosomatic Medicine, 76*, 122-127.

41. Bylsma, L.M., Salomon, K., Clift, A.T., Morris, B.H., & Rottenberg, J. (2014). Respiratory sinus arrhythmia reactivity in current and remitted major depressive disorder. *Psychosomatic Medicine*, 76, 66-73.
42. Yaroslavsky I., Rottenberg, J., & Kovacs, M. (2014). Atypical RSA patterns index a depression endophenotype. *Development and Psychopathology*. 26, 1337-1352.
43. Bylsma, L. M., Yaroslavsky, I., Rottenberg, J., Jennings, J. R., Kiss, E., Kapornai, K., Halas, K., Dochnal, R., Lefkovich, E., Baji, I., Vetró, A., & Kovacs, M. (2015). Juvenile onset depression alters cardiac autonomic balance in response to psychological and physical challenges. *Biological Psychology*, 110, 167-174.
44. Kovacs, M., Yaroslavsky I., Rottenberg, J., George, C. J., Baji, I., Benák, I., Dochnal R., Halas K., Kapornai K., Kiss, E., Osváth, V., Varga, H., & Vetró, A. (2015). Mood repair via attention refocusing or recall of positive memories among adolescents with pediatric-onset major depression. *Journal of Child Psychology and Psychiatry*, 56, 1108-1117.
45. Kashdan, T.B., Rottenberg, J., Goodman, F.R., Disabato, D.J., & Begovic, E. (2015). Lumping and splitting in the study of meaning in life: Thoughts on surfing, surgery, scents, and sermons. *Psychological Inquiry*, 26, 336-342.
46. Panaite, V., Salomon, K., Jin, A., & Rottenberg, J. (2015). Cardiovascular recovery from psychological and physiological challenge and risk for adverse cardiovascular outcomes and all-cause mortality. *Psychosomatic Medicine*, 77, 215-226.
47. Morris, B., Bylsma, L., Yaroslavsky, I., Kovacs, M. & Rottenberg, J. (2015). Reward learning in pediatric depression and anxiety: Preliminary findings in a high risk sample. *Depression and Anxiety*, 32, 373-381.
48. Morris, B.H., & Rottenberg, J. (2015). Heightened reward learning under stress predicts depression resistance among anxious individuals. *Journal of Abnormal Psychology*, 124, 115-127.
49. Rottenberg, J., & Cowden Hindash, A. (2015). Emerging evidence for emotion context insensitivity in depression. *Current Opinion in Psychology*, 1, 1-5.
50. Bylsma, L.M., Mauss, I.B., Rottenberg, J. (2016). Is the divide a chasm? Bridging affective science with clinical practice. *Journal of Psychopathology & Behavioral Assessment*. 38, 42-47.
51. Bylsma, L. M., Yaroslavsky, I., Rottenberg, J., Kiss, E., Kapornai, K., Halas, K., ... & Kovacs, M. (2016). Familiality of mood repair responses among youth with and without histories of depression. *Cognition and Emotion*. 30, 807-816.
52. Kovacs, M., Yaroslavsky, I., Rottenberg, J., George, C. J., Kiss, E., Halas, K., Dochnal, R., Benak, I., Baji, I., Vetro, A., Makai, A., & Kapornai, K. (2016).

Maladaptive mood repair, atypical respiratory sinus arrhythmia, and risk of a recurrent major depressive episode among adolescents with prior major depression. *Psychological Medicine*, 46, 2109–2119.

53. Kovacs, M., Bylsma, L. M., Yaroslavsky, I., Rottenberg, J., George, C. J., Kiss, E., Halas, K., Benák, I., Baji, I., Vetro, A., & Kapornai, K. (2016). Positive affectivity is dampened in youths with histories of major depression and their never-depressed adolescent siblings. *Clinical Psychological Science*, 4, 661-674.
54. Panaite, V., Hindash, A.C., Bylsma, L.M., Small, B., J., Salomon, K., & Rottenberg, J. (2016). Respiratory sinus arrhythmia reactivity to a sad film predicts depression symptom improvement and symptomatic trajectory. *International Journal of Psychophysiology*. 99, 108-113.
55. Seeley, S. H., Mennin, D.S., Aldao, A., McLaughlin, K. A., Rottenberg, J., & Fresco, D. M. (2016). Impact of comorbid depressive disorders on subjective and physiological responses to emotion in generalized anxiety disorder. *Cognitive Therapy and Research*, 40, 290-303.
56. Yaroslavsky, I. Rottenberg, J., Bylsma, L.M., Jennings, J.R., George, C.,Kovacs., M. (2016). Parasympathetic nervous system activity predicts mood repair use and its effectiveness among adolescents with and without histories of major depression *Journal of Abnormal Psychology*, 125, 323-336.
57. Begovic, E., Panaite, V., Bylsma, L.M., George, C., Kovacs, M., Yaroslavsky, I., Baji, I., Benák, I., Donchai, R., Kiss, E., Vetró, A., Kapornai, K., Rottenberg, J. (2017). Positive autobiographical memory deficits in youth with depression histories and their never depressed siblings. *British Journal of Clinical Psychology*. 56, 329-346
58. Cowden Hindash, A.H., & Rottenberg, J. (2017). Turning quickly on myself: Automatic interpretation biases in dysphoria are self referent. *Cognition and Emotion*, 31. 395-402.
59. Cowden Hindash, A.H., & Rottenberg, J. (2017). Moving towards the benign: Automatic interpretation bias modification in dysphoria. *Behaviour Research and Therapy*, 99, 98-107.
60. Daches, S., Kovacs, M., George C., Yaroslavsky, I., Kiss, E., Vetro, A., Dochnal, R., Benak, I., Baji, I., Halas, K., Makai, A., Kapornai, K., & Rottenberg, J. (2017). Childhood adversity predicts reduced physiological flexibility during the processing of negative affect among adolescents with major depression histories. *International Journal of Psychophysiology*, 121, 22-28.
61. O’Leary, K., Bylsma, L.M., & Rottenberg, J. (2017). Why might poor sleep quality lead to depression? A role for emotion regulation. *Cognition and Emotion*, 31, 1698-1706.

62. O'Leary, K., Small, B., Panaite, V., Bylsma, L. M., & Rottenberg, J. (2017): Sleep quality in healthy and mood-disordered persons predicts daily life emotional reactivity. *Cognition and Emotion*, 31, 435-444.
63. Rottenberg, J. (2017). Emotions in depression: What do we really know? *Annual Review of Clinical Psychology*, 13, 241-263.
64. Rottenberg, J. & Yoon, S. (2017). Whither inflexibility in depression? *Clinical Psychology: Science and Practice*, 24, 277-280.
65. Rottenberg, J., Devendorf, A. R., Kashdan, T.B. & Disabato, D. J. (2018). The curious neglect of high functioning after psychopathology: The case of depression. *Perspectives on Psychological Science*, 13, 549-566.
66. Rottenberg, J., Kovacs, M. & Yaroslavsky, I. (2018). Non-response to sad mood induction: Implications for emotion research. *Cognition and Emotion*, 32, 431-436.
67. Yoon, S., Dang, V., Mertz, J., & Rottenberg, J. (2018). Are attitudes towards emotion associated with depression: A conceptual and meta-analytic review. *Journal of Affective Disorders*, 232, 329-340.
68. Dochnal, R., Vetro, A, Kiss, E., Baji, I., Lefkovics, E., Bylsma, L.M., Yaroslavky, I., Rottenberg, J., Kovacs, M., & Kapornai, K. (2019). Emotion regulation among adolescents with pediatric depression as a function of anxiety comorbidity. *Frontiers in Psychiatry*, 10, 722-722.
69. Panaite, V., Bylsma, L. M., Kovacs, M., O'Leary, K., George, C. J., Baji, I., ...Rottenberg, J. (2019). Dysregulated behavioral responses to hedonic probes among youth with depression histories and their high-risk siblings. *Emotion*, 19, 171-177.
70. Rottenberg, J., Devendorf, A.R., Panaite, V., Disabato, D. J., & Kashdan, T.B. (2019). Optimal well-being after major depression. *Clinical Psychological Science*, 7, 621-627.
71. Panaite, V., Rottenberg, J. & Bylsma, L.M. (2020). Daily affective dynamics predict depression symptom trajectories among adults with major and minor depression. *Affective Science*, 1, 186-193.
72. Yoon, S., & Rottenberg, J. (2020). Why do people with depression use faulty emotion regulation strategies? *Emotion Review*, 12, 118-128.
73. Yoon, S., Verona, E., Schlauch, R., Schneider S., & Rottenberg, J. (2020). Why do depressed people prefer sad music? *Emotion*, 20, 613-624.

74. Cowden Hindash, A. H., Siegle, G. J., Kelley, A., Christopher, R., McLean, J. & Rottenberg, J. (2021). Eyeing ambiguity: Pupillary reactivity during early automatic interpretations in major depressive disorder. *International Journal of Psychophysiology*, 164, 41-51.
75. Disabato, D.J., Kashdan, T.B., Doorley, J., Kelso, K., Volgenau, K.M., Devendorf, A.R., & Rottenberg, J. (2021). Optimal well-being in the aftermath of anxiety disorders: A 10-year longitudinal investigation. *Journal of Affective Disorders*, 291, 110-117.
76. Gruber, J., Prinstein, M.J., Clark, L.A., Rottenberg, J., Abramowitz, J.S., Albano, A.M., Aldao, A., Borelli, J.L., Chung, T., Davila, J., Forbes, E.E., Gee, D. G., Hall, G.C.N., Hallion, L.S., Hinshaw, S.P., Hofmann, S.G., Hollon, S.D., Joormann, J., Kazdin, A.E., Klein, D.N., La Greca, A.M., Levenson, R.W., MacDonald, A.W., McKay, D., McLaughlin, K.A., Mendle, J., Miller, A.B., Neblett, E.W., Nock, M.K., Olatunji, B.O., Persons, J.B., Rozek, D.C., Schleider, J.L., Slavich, G.M., Teachman, B.A., Vine, V.J., & Weinstock, L.M. (2021). Mental health and clinical psychological science in the time of COVID-19: Challenges, opportunities, and a call to action. *American Psychologist*, 76, 409-426.
77. Panaite, V., Devendorf, A.R., Kashdan, T.B., & Rottenberg, J. (2021). Daily life positive events predict well-being among depressed adults 10 years later. *Clinical Psychological Science*, 9, 222-235.
78. Devendorf, A. R., Bender, A., & Rottenberg, J. (in press). Depression presentations, stigma, and mental health literacy: A critical review and YouTube content analysis. *Clinical Psychology Review*.
79. Devendorf, A. R., Rum, R., Kashdan, T. B. & Rottenberg, J. (in press). Optimal well-being after psychopathology: Prevalence and correlates. *Clinical Psychological Science*.
80. Panaite, P, Yoon, S., Devendorf, A.R., Kashdan, T.B., Goodman, F.R., & Rottenberg, J. (in press). Do positive events and emotions offset the difficulties of stressful life events? A daily diary investigation of depressed adults. *Personality and Individual Differences*.
81. Tong, B., Kashdan, T.B., Joiner, T., & Rottenberg, J. (in press). Future well-being among people who attempt suicide and survive: Research recommendations. *Behavior Therapy*.
82. Tong, B., & Devendorf, A., Panaite, V., Miller, R., Kashdan, T.B., Joiner, T., Twenge, J., Karver, M., Janakiraman, R., & Rottenberg, J. (in press). Future well-being among United States youth who attempted suicide and survived. *Behavior Therapy*.

83. Rottenberg, J., & Kashdan, T.B. (conditionally accepted). Well-being after psychopathology: A transformational research agenda. *Current Directions in Psychological Science*.
84. Victor, S. E., Devendorf, A. R., Lewis, S. P., Rottenberg, J., Muehlenkamp, J. J., Stage, D. L., & Miller, R.E. (in press). Only human: Mental health difficulties among clinical, counseling, and school psychology faculty and trainees. *Perspectives on Psychological Science*.
85. Yoon, S., & Rottenberg, J. (in press). Listening to the blues: An ecological momentary assessment of music choice in depression. *Emotion*.

Selected Conference Papers and Invited Talks

- Rottenberg, J. (2019). *Optimal well-being after major depression*. Association for Psychological Science Annual Meeting, Washington, DC.,
- Rottenberg, J. (2018). *Is there another side of depression?* Invited speaker for Humanities and Hops Series, University of South Florida (October, 2018).
- Rottenberg, J. (2014). *The Paradox of Emotion in Depression: Towards Synthesis*. Invited colloquium presented at the Department of Psychology, Yale University, October, 2014.
- Rottenberg, J. (2014). *Can we stop the depression epidemic?* Invited talk presented at Mind Matters, Yale University. (October, 2014).
- Rottenberg, J. (2014). *Can we stop the depression epidemic?* Invited talk presented at the Festival of Reading, St, Petersburg, FL. (October, 2014).
- Rottenberg, J. (2014). *Can we stop the depression epidemic?* Invited talk presented at the AnxietyNow Summit (June, 2014).
- Yaroslavsky, I., Rottenberg, J., Bylsma, L.M., Kovacs, M. (2014, May). *Parasympathetic nervous system activity predicts emotion regulation use and effectiveness in an adolescent sample*. Paper at the Association for Psychological Science Annual Meeting, San Francisco, CA.
- Rottenberg, J. (2012). *The Paradox of Emotion in Depression: Towards Synthesis*. Invited colloquium, Department of Psychology, Northwestern University, February, 2012.
- Rottenberg, J. (2011). *The Riddle of Emotional Expression in Depression*. Keynote address presented at the International Conference on The (Non)Expression of

Emotions in Health and Disease, Tilburg, The Netherlands, October, 2011.

- Salomon, K., Bylsma, L. M., Rottenberg, J. (2011). Blunted respiratory sinus arrhythmia reactivity in major depressive disorder marks the depressed state. In W. D'Andrea & G. J. Siegle (chairs), *Blunted affect: The other side of physiological reactivity in psychopathology*. Symposium presented at the Annual Meeting of the Society for Psychophysiological Research, Boston, MA, September, 2011.
- Bylsma, L. M., Mennin, D., Salomon, K. & Rottenberg, J. (November, 2011). A meta-analysis of respiratory sinus arrhythmia in anxiety disorders. In J. J. Flynn & David M. Fresco, *Psychophysiological biomarkers of distress disorders: Improving diagnostic classification and informing treatment*. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Bylsma, L. M. & Rottenberg, J. (November, 2011). Emotional reactivity and regulation in current and remitted depression: an event related potentials study. In A. Aldao & K. L. Dixon-Gordon (chairs), *How we think about how we feel: Beliefs about emotions and emotion regulation*. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Bylsma, L. M., & Rottenberg, J. (October 2011). Changes In Reported Crying Frequency Predict Depressive Symptoms Over 6 Months. In A. J. J. M. Vingerhoets (chair), *Crying: Unraveling the mysteries of tears*. Symposium presented at the 5th International Conference on The (Non) Expression of Emotions in Health and Disease, Tilburg, The Netherlands.
- Bylsma, L. M., & Rottenberg, J. (October 2011). High Positive Affective Variability In Everyday Life Predicts Depression Remission. In F. Peeters & L. M. Bylsma (chairs), *The role of emotions in the prediction of the future course of mood disorders*. Symposium presented at the 5th International Conference on The (Non) Expression of Emotions in Health and Disease, Tilburg, The Netherlands.
- Rottenberg, J. (2011). *How depression starts*. Invited talk presented at the Maastricht Center for Community Mental Health, January, 2011.
- Rottenberg, J. (2010). *Emotion context insensitivity in depression: Extensions and anomalies*. Invited talk presented at the Department of Medical Psychology, Tilburg University, December, 2010.
- Rottenberg, J. (2010, October). *Depression is depression, Isn't it?: The case of bereavement*. Invited talk presented at the Department of Clinical and Social Psychology, Tilburg University, Tilburg, The Netherlands.

- Rottenberg, J. (2009, August). *Emotion context insensitivity in depression: Extensions and anomalies*. Paper presented at the International Society for Research on Emotion, Leuven, Belgium.
- Salomon, K., Bylsma, L.M., Karlsdóttir, M. & Rottenberg, J. (2008, March). *Brief slow-breathing training over 1 week decreases heart rate and blood pressure responses during stress*. Paper presentation at the Annual Scientific Conference of the American Psychosomatic Society, Baltimore, Maryland.
- Rottenberg, J. (2008, February). *The tar pit: Biobehavioral inflexibility in depression*. Invited colloquium, Department of Psychology, University of California, Irvine.
- Rottenberg, J. (2008, February). *Does diminished emotional reactivity predict a more pernicious course of depression?* Paper presented at the Emotion Pre-Conference of the Annual Meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico.
- Bylsma, L. M., Vingerhoets, A. J. J. M., Rottenberg, J. (2007, October). *When is crying cathartic? An international study*. Paper presented at the Fourth International Conference on The (Non)Expression of Emotions in Health and Disease, Tilburg, The Netherlands.
- Rottenberg, J. (2007, April). *Crying in human adults: Towards a research agenda*. Paper presented at the Annual Meeting of the Emotion Research Group, Point Reyes, California.
- Rottenberg, J. (2007, April). *Emotion context insensitivity in depression: Evidence and implications*. Invited colloquium, Department of Psychology, University of North Carolina, Greensborough.
- Vingerhoets, A. J. J. M., & Rottenberg, J. (2006, September). *Depression and crying: A review of the literature*. Paper presented at the European Conference of Psychosomatic Research, Cavtat-Dubrovnik, Croatia. Abstract published *Journal of Psychosomatic Research*, 2006, 61(3), 399-400
- Rottenberg, J. (2006, April). *Mood and emotion in major depression: (Still) more questions than answers*. Paper presented at the Annual Meeting of the Emotion Research Group, Miami, Florida.
- Salomon, K., Rottenberg, J., Clift, A., & Rieger, K. (2006, March). *Blunted RSA reactivity and recovery in major depressive disorder*. Paper presented at the Annual Meeting of the American Psychosomatic Society, Denver, Colorado.
- Rottenberg, J. (2005, May). *Does crying promote homeostasis?: Reconciling the distress signal and arousal-reduction views*. Paper presented at the annual meeting of the American Psychological Society, Los Angeles, California.

- Rottenberg, J. (2005, February). *The rise and fall of emotion in depression*. Paper at program seminar on depression and quality of life. Sponsored by Research Institute for Psychology and Health, Utrecht, the Netherlands.
- Rottenberg, J. (2004, November). *Memory for emotional autobiographical events in depression: Whatever happened to mood-congruency?* (Symposium Co-chair) Emotion and its (Dys)regulation in Depression and Generalized Anxiety Disorder: The role of rumination and autobiographical recall. Paper presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New Orleans, Louisiana.
- Rottenberg, J. (2004, May). *Emotion context-insensitivity in depression*. Invited paper presented at the annual meeting of the American Psychological Society, Chicago, Illinois.
- Rottenberg, J. (2003-2002). *The rise and fall of emotion in depression*. Invited colloquium presented to the Departments of Psychology, University of South Florida, Tampa, Florida, February, 2003; University of New South Wales, Sydney, Australia, February, 2003; University of California, Riverside, February, 2003; Queen's University, Kingston, Ontario, January, 2003; Florida State University, Tallahassee, Florida, December, 2002; University of Queensland, Brisbane, Australia, December, 2002.
- Rottenberg, J. (2002, August). *Towards the study of affective decay*. Presentation at the annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, California.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., & Gotlib, I. H. (2002, March). *The psychophysiology of tearful crying in major depressive disorder*. Paper presented at the annual meeting of the American Psychosomatic Society, Barcelona, Spain.
- Rottenberg, J. (2002). *Emotion and mood in major depression*. Invited colloquium presented to the Departments of Psychology, Harvard University, Cambridge, Massachusetts, March, 2002; Yale University, New Haven, Connecticut, January, 2002; University of Miami, Coral Gables, Florida, January, 2002.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., & Gotlib, I. H. (2001, October). *Emotion dysregulation in depression: Experiential, behavioral, and cardiovascular responses to emotionally evocative stimuli*. Paper presented at the annual meeting of the Society for Psychophysiological Research, Montreal, Canada.

Rottenberg, J. (2001, July). *Sadness and amusement reactivity in depression*. Presentation at the annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, California.

Rottenberg, J. (2000, July). *The puzzle of emotional reactivity in depression: Clues from the psychophysiology of sadness and crying*. Presentation at the annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, California.

Selected Conference Posters

O'Leary, K., Panaite, V., Bylsma, L.M., & Rottenberg, J. (2014, May). *Poorer sleep quality affects daily life emotional reactivity in depressed and healthy subjects*. Poster at the Association for Psychological Science Annual Meeting, San Francisco, CA.

Panaite, V., Bylsma, L.M., Cowden-Hindash, A., Rottenberg, J., Salomon, K. (2014, May). *Respiratory sinus arrhythmia reactivity to a sad film and a speech stressor predicts depression symptom improvement over 30 weeks*. Poster at the Association for Psychological Science Annual Meeting, San Francisco, CA.

Begovic, E., Panaite, V., Kovacs, M., & Rottenberg, J. (2013, September). *Deficits in the recall of positive autobiographical memories: Relationship to childhood-onset depression and mood repair*. Poster at the 27th Annual Meeting of the Society for Research in Psychopathology, Oakland, CA.

Panaite, V., Bylsma, L. M., Przystawik, K., Salomon, K. & Rottenberg, J. (September, 2013). *Emotion regulation and goal directed behavior during a speech in current and remitted depression*. Poster presented at the 27th Annual Meeting of the Society for Research in Psychopathology, Oakland, CA

Bylsma, L.M., Yaroslavsky, I., Jennings, J.R., Rottenberg, J., & Kovacs, M. (2013). *Juvenile onset depression history alters autonomic balance in response to psychological and physical challenges*. *Psychophysiology*, 50, S101-S101.

Labouliere, C.D., Bylsma, L.M., Panaite, V., Salomon, K., & Rottenberg, J. (2013). *Difficulties in emotion regulation and suicidality associated with abnormalities in resting RSA and task-related RSA changes*. *Psychophysiology*, 50, S101-S101.

Bylsma, L. M., White, K. E., Gougelet, R. J., Salomon, K. & Rottenberg, J., (October, 2012). *Attenuated cardiovascular reactivity in depression is mood-state dependent*. Poster presented at the Annual Meeting of the Society for Psychophysiological Research, New Orleans, LA.

- Panaite, V. & Rottenberg, J. (2012, May). *A critical analysis of cardiovascular recovery from stress as risk for adverse cardiovascular outcomes*. Poster presented at the Association for Psychological Science 24th Annual Convention, Chicago, IL.
- Panaite, V. & Rottenberg, J. (2012, January). *The utility of alexithymia facets: A test with crying behavior*. Poster presented at the 7th Annual Emotion Pre-Conference to the Annual Meeting of the Society for Personality and Social Psychology, San Diego, CA
- Bylsma, L.M. & Rottenberg, J. (October, 2010). Emotional reactivity and regulation in current and remitted depression: An event related potentials study. *Poster presentation at the Annual Meeting of the Society for Research in Psychopathology, Seattle, WA*.
- Bylsma, L. M. & Rottenberg, J. (September, 2009). *High Positive Affective Variability in Everyday Life Predicts Depression Remission*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Bylsma, L. M. & Rottenberg, J. (September, 2009). *An experience sampling study of crying behavior and affect in individuals with major and minor depression*. Paper presented at the Annual Conference of the International Society for Research on Emotion, Leuven, Belgium.
- Clift, A., Morris, B. H., Rottenberg, J., & Kovacs, M. (September, 2009). *Emotion-modulated startle in anxiety disorders is blunted by comorbid depressive episodes*. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Morris, B., H., & Rottenberg, J. (September, 2009). *Does stress reduce hedonic capacity among anxious individuals? An experimental study*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Brauer, L., & Rottenberg, J. (September, 2009). *Does the Meaning of a Goal Matter? The Relationship Between Goal Orientation and Cognitive Features of Depression*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Howard, A., Morris, B. H., Goldman M., & Rottenberg, J. (September, 2009). *Intentions to get drunk, but not drinking itself, predict depression symptoms among emerging adults*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Smith, B., Johnson S., & Rottenberg J. (September, 2009). *Emotional Reactivity in Bipolar Disorder: A Meta-Analytic Review*. Poster Presentation at the Annual

Meeting of the Society for Research in Psychopathology, Minneapolis, MN.

- Gentzler, A. L., Rottenberg, J., Morey, J. N., Kovacs M. (2009, April). *Vagal tone in children at risk for depression*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- Bower, B., Bylsma, L. M., Morris, B.H., & Rottenberg, J. (2008, September) *The impact of sleep quality on daily affect in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Brauer, L., Smith, B., Kovacs, M., & Rottenberg, J. (2008, September). *Emotional reactivity in adults with childhood onset mood disorder: Does age of onset, sex or polarity matter?* Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Bylsma, L. M., & Rottenberg, J., (2008, September). *Emotional reactivity to daily events in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Clift, A., Drobles, D. J., Rottenberg, J. (2008, September). *Emotion modulated startle in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Morris, B.H., Carter, A., Goldman, M., & Rottenberg, J. (2008, September). *Gender Differences in Risk for Depression Symptoms in Emerging Adulthood: The Role of Neuroticism and Parental Depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Bylsma L.M., Karlsdottir, M., Rottenberg J., & Salomon, K. (2007, October). *Brief slow-breathing training and stability of resting and stressor task changes in RSA over one week*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Savannah, Georgia.
- Brauer, L., Long, M. K., & Rottenberg, J. (2007, October). *Does depressed persons' overgeneral autobiographical memory generalize across memory tasks?* Poster presented at the annual meeting of the Society for Research in Psychopathology, Iowa City, Iowa.
- Clift, A., Morris, B. H., Drobles, D. J., Rottenberg, J. (2007, October). *Emotion-modulated startle in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Iowa City, Iowa.
- Karlsdottir M., Clift A., Rottenberg, J., Salomon, K. (2007, October). *Cardiovascularly healthy depressed persons exhibit attenuated cardiovascular reactivity to laboratory stressors*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Savannah, Georgia.

- Salomon, K., Rottenberg, J., Clift, A., & Bolden, S. (2007, March). *RSA in major depressive disorder: Sleep quality, physical activity and respiration account for deficits in RSA level but not deficits in RSA reactivity and rebound*. Poster presented at the annual meeting of the American Psychosomatic Society, Budapest, Hungary.
- Wolvin, V., Bylsma, L.M., Vingerhoets, A. J. J. M., & Rottenberg, J., *Personality and post-crying catharsis*. (2007, October). Poster presented at the fourth international conference on 'The (Non)Expression of Emotions in Health and Disease," Tilburg University, Tilburg, The Netherlands.
- Bolden, S., Clift, A., Salomon, K., & Rottenberg, J. (2006, October). *Blunted RSA reactivity and recovery in major depressive disorder*. Poster presented at the annual meeting of the Society for Research in Psychopathology, San Diego, California.
- Bylsma, L., & Rottenberg, J. (2006, October). *A meta-analysis of emotional reactivity in major depressive disorder*. Poster presented at the annual meeting of the Society for Research in Psychopathology, San Diego, California.
- Clift, A., Gotlib, I. H., Gross, J. J., & Rottenberg, J. (2005, October). *Facial EMG reactivity to emotional stimuli and the severity and course of major depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Coral Gables, Florida.
- Arney, M., Fresco, D.M., Rottenberg, J., Gotlib, I. H., & Gross, J. J. (2004, November). *Further psychometric refinement of depressive rumination: Support for the brooding and pondering factor solution in a diverse community sample with clinician-assessed psychopathology*. Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New Orleans, Louisiana.
- Brozovich, F., Rottenberg, J., Joormann, J., & Gotlib, I. H. (2004, October). *Emotional intensity of sad memories predicts symptomatic recovery in major depressive disorder*. Poster at the annual meeting of the Society for Research in Psychopathology, St. Louis, Missouri.
- Chu, J.P., Gotlib, I. H., Rottenberg, J., & Gross, J.J. (2004, August). *Emotional differences in depressed and nondepressed Asian Americans and Whites*. Poster at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Slavich, G. M., Rottenberg, J., Doyle, C. A., Monroe, S. M., Gross, J.J., & Gotlib, I. H. (2004, October). *Physiological correlates of severe life stress in clinical depression*. Poster at the annual meeting of the Society for Research in Psychopathology, St. Louis, Missouri.

- Rottenberg, J., Srivastava, S., Ray, R. D., Berkman, E., John, O. P., & Gross, J. J. (2003, February). *Rumination effects on depression and life satisfaction emerge three months after 9/11*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, California.
- Rottenberg, J., Schraedley, P. K., Traill, S. K., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2002, October). *The psychophysiology of sustained eye contact in mother-daughter dyads*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Washington, D.C..
- Kasch, K. L., Rottenberg, J., & Gotlib, I. H. (2001, November). *Behavioral activation and inhibition systems and the severity and course of depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Madison, Wisconsin.
- Najmi, S., Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2001, October). *Respiratory sinus arrhythmia in panic disorder: Evidence of task-specificity and relation to clinical outcome*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Montreal, Canada.
- Rottenberg, J., Topaz, M., & Gotlib, I. H. (2001, November). *The relation of rejection to nonverbal expressive behavior in depressed and nondepressed individuals*. Poster presented at the annual meeting of Society for Research in Psychopathology, Madison, Wisconsin.
- Rottenberg, J., Wilhelm, F. H., Gross, J. J., Biuckians, A., & Gotlib, I. H. (2001, October). *Low respiratory sinus arrhythmia as a marker of episodic major depression*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Montreal, Canada.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2000, October). *Crying in depression*. Poster presented at the annual meeting of the Society for Psychophysiological Research, San Diego, California.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2000, October). *The psychophysiology of negative cognitive bias in depression*. Poster presented at the annual meeting of the Society for Psychophysiological Research, San Diego, California.
- Wilhelm, F. H., Rottenberg, J., Roth, W. T., Gotlib, I. H., & Gross, J. J. (2000, October). *Respiratory responses to emotional film viewing and paced breathing in panic disorder and major depressive disorder*. Poster presented at the International Society for Advancement of Respiratory Psychophysiology, San Diego, California.

Rottenberg, J., Gross, J. J., Traill, S. K., & Gotlib, I. H. (1999, November). *Emotional reactivity in high- and low-bias depressed individuals*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Montreal, Canada.

Traill, S. K., Rottenberg, J., & Gotlib, I.H. (1999, November). *Information-processing biases in depression: An individual differences approach*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Montreal, Canada.

Grants

University of South Florida, New Investigator Grant, “Cardiac Vagal Tone and the Course of Depression,” Principal Investigator, 2005-2006. (\$10,000 direct costs).

National Institutes of Health, 1R21MH077669, “Vagal fluctuation as a predictor of current and future depression,” Principal Investigator, 2008- 2010. (\$275,000 direct costs).

National Institutes of Health, 1R01MH084938, “Biobehavioral inflexibility and risk for juvenile-onset depression,” Principal Investigator, 2009-2014. (\$3,251,541 direct costs).

National Institutes of Health, 1R01MH085722, “Psychiatric outcomes of children at high- and low-risk for depression: follow up,” Co-Investigator. (PI: M. Kovacs), 2009-2014. (\$2,500,000 direct costs).

University of South Florida, Creative Scholarship Grant, “Optimal well-being after depression and anxiety.” Principal Investigator, 2019-2020. (\$10,000 direct costs).

University of South Florida, COVID-19 Rapid Response Research Grant. “Social closeness despite social distance: A study of strategies to fight loneliness during the COVID-19 pandemic.” Co-Investigator, 2020-present. (\$25,000 direct costs).

Media Coverage

“Life after depression: Why so little is known about people who go on to thrive.” *Today Show Website*. November 12, 2018.

“What’s life like after depression? Surprisingly, little is known, *The New York Times*, October 22, 2018.

“Bourdain, Spade suicides show how even those at the top can know the lows of depression” *The Conversation*, June 11, 2018.

“Kate Spade 'sounded happy' before her suicide: How depression can be so hidden and what loved ones can do”, *ABC News*, June 7, 2018

“As social media culture becomes normalized, setting goals becomes psychologically distressing” *Salon*,-Jun 3, 2018

“Millennials are helping to end depression's stigma,”*Salon*,-May 28, 2018

- “Talk less, listen more to be a friend with depression, *Wall Street Journal*, August 26, 2014.
- “Advocates hope Robin Williams' death will spur discussion.” *USA Today*, August 12, 2014.
- Wisconsin Public Radio, *Central Time*, 2013.
- “The crying game,” interviewed on *BBC Radio 4*, February 22, 2013
- “Post-Prozac nation: The science and history of treating depression,” *New York Times*, April 22, 2012.
- “What's a 'Good Cry'?” *The Wall Street Journal*, July 15, 2011
- “Study: Crying Won't Make You Feel Better,” *Time*, August 1, 2011
- “Big boys don't cry, do they?” *New York Times*, December 20, 2010.
- “Think crying is cathartic. Not always,” *Scientific American*, June 30, 2009.
- “The muddled tracks of all those tears,” *New York Times*, February 3, 2009.
- “It's ok to cry—possibly even beneficial,” abcnews.com, December 24, 2008
- “Why a sob fest makes you feel better—or worse,” msnbc.com, December, 23, 2008.
- Interviewed on *All in the Mind*, BBC 4 Radio, December 16, 2008.
- “Heart Rate Variability in Depression,” University Beat, WUSF, May, 2005.
- “Depressed people don't cry more than usual.” *Reuters News Service*, May 22, 2002.
- “All cried out: Major depression puts lid on tears.” *Science News*, May 4, 2002.

Media Coverage: The Depths: The Evolutionary Origins of the Depression Epidemic (2014).

Excerpted: *Salon*; Reviews: *Nature*; *The Week*; *Philadelphia Inquirer*; *The Economist*, *Times Higher Education*, *The New York Times*, *The Daily Beast*, *Tampa Bay Times*, *Brain Pickings*, *PsychCentral*, *Rewireme.com*, *Science Based Medicine*, *Open Letters Monthly*, *Kirkus Reviews*, *Publishers Weekly*, *Booklist*;
Radio Interviews: Wisconsin Public Radio; Irish National Radio; WAMC; KPCW; Amy Alkon- Advice Goddess Radio, The Conquer Worry Show, The One You Feed, The Dr. Alvin Show, WLRN, KERA, Jefferson Public Radio, The Judith Regan Show, WUSF, WHYY – The Pulse, The Peter Breggin Radio Hour; Steven Spierer Show, TV – *Daytime*

Editorial Service

Associate Editor, *Emotion Review*, 2018-present.
 Consulting Editor, *Journal of Abnormal Psychology*, 2008-present.
 Associate Editor, *Cognition and Emotion*, 2011-2020.

Journal Reviewing (past 5 years only)

Emotion
Emotion Review
Journal of Abnormal Psychology
Journal of Affective Disorders

Journal of Social and Personality Psychology
Perspectives on Psychological Science
Psychological Science
Psychological Review
Clinical Psychological Science

Book Reviewing

Guilford Press (2014).
 McGraw Hill Publishing (2007).
 Palgrave Macmillan Books (2005).
 Prentice-Hall Publishing (2004).
 Routledge Books (2011).
 Yale University Press (2004).

Grant Reviewing

Institute for Mental Health Research (2005).
 National Science Foundation, Social Psychology Program (2005).
 Netherlands Organisation for Scientific Research, Social Sciences (2006).
 U.S. Civilian Research & Development Foundation, Cooperative Grants Program (2006).
 Social Sciences and Humanities Research Council of Canada (2010).
 Hunter College SCORE program (2011, 2013).
 National Institutes of Health, Child Psychopathology and Developmental Disabilities Study Section, Temporary Member (2011, 2017).
 National Institute of Mental Health Special Emphasis Panel, ZMH1 ERB-I 01 S, Harnessing Advanced Health Technologies to Drive Mental Health Improvement (2012).
 USF, Internal Grant Awards Program (2020).

Service in Professional Organizations

Program Committee, Society for Research in Psychopathology (2008; 2009).
 Sustained Membership Award Committee, Society for Research in Psychopathology (2011).

Tenure Reviews

University of Maine (2013).
 Wake Forest University (2015).
 Columbia University Teacher's College (2016).
 University of Rochester (2019).

*Thesis and Dissertation Committees at University of South Florida (*indicates chair)*

Undergraduate Honors Thesis Committees

Scott Banks (2009).

*Bethanne Bower (2008).
 *Aisha Howard (2010).
 *Megan Howard (2013).
 *Ashley Kelly (2018).
 *Kathy Long (2005).
 William McKibbin (2003).
 Donna Smith (2008).
 Alana Whittington (2015).
 *Vanessa Wolvin (2007).

Master's Thesis Committees

Erica Ahlich (2018).
 Ross Avila (2009).
 *Ena Begovic (2016).
 Bryan Benitez (2017).
 Meredith Bozzay (2014-).
 *Lindsay Brauer (2009).
 *Bradley Brown (2021).
 *Lauren Bylsma (2008).
 London Butterfield (2008).
 Kari Bruursema (2004).
 Cathy Bykowski (2008).
 Paula Chapman (2014-).
 *April Clift (2008).
 *Andrew Devendorf (2020).
 Andrea Elibero (2008).
 Joshua Halonen (2009).
 Bryan Heckman (2010).
 Mardis Karlsdottir (2010).
 Melissa Lehman (2008).
 Christa Labouliere (2009).
 Erika Litvin (2007).
 Julia MacDonald (2018-).
 Jessie Menzel (2010).
 Nicole Marquinez (2013).
 *Beth Morris (2009).
 *Kimberly O'Leary (2016).
 Pete Otovic (2007).
 *Vanessa Panaite (2011).
 John Ray (2010).
 Bingjie Tong (2021)
 Sun Yoon (2017)

Dissertation Committees

Qutayba Abdullatif (2006).

*Ena Begovic (2020).
 Nicole Bekman (2008).
 Kari Bruursema (2007).
 *Lindsay Brauer (2011).
 *Lauren Bylsma (2011).
 *April Clift (2010).
 *Alexandra Cowden Hindash (2018).
 Nadav Goldschmied (2007).
 Kelli-Lee Hartford (2007).
 Sylvia Herbozo (2007).
 Susan Himes (2009).
 Alvin Jin (2015).
 Michelle Kovacs (2016).
 Michelle LeVasseur (2007).
 Erika Litvin (2011).
 *Bethany Morris (2014).
 *Kimberly O'Leary (2019).
 *Vanessa Panaite (2015).
 Johannes Rank (2006).
 Elizabeth Rojas (2017).
 Lauren Schaefer (2016).
 Stephanie Sperry (2010).
 Patricia Van Den Berg (2005).
 Shannon Webb (2005).
 Yuko Yamamiya (2007).
 Tovah Yanovar (2008).
 *Sun Yoon (2019).

External Dissertation Committee Memberships

Michelle Hendriks, Ph.D. Thesis, Tilburg University, The Netherlands (2005).
 Ros Lethbridge, Ph.D. Thesis, University of Melbourne, Australia (2005).
 Peter Koval, Ph.D. Thesis, University of Leuven, Belgium (2014).
 Yael Millgram, Ph.D. Thesis, Hebrew University (2020).
 Paige Stimpson, Ph.D. Thesis, Latrobe University, Australia (2009).

University Service and Administrative Roles

Area Director, Clinical Psychology, USF, 2019-.
 Chair, PCSAS Reaccreditation Committee, 2021.
 Judge, USF Graduate Mentor Award, 2018.
 Chair, Search Committee, Junior Faculty Searches, Clinical Area (2018-2019).
 Chair, Psychology Department Alumni Committee (2012-2013).
 Chair, Search Committee, Senior Faculty Search, Clinical Area (2012-2013).
 Chair, Search Committee, Junior Faculty Searches, Clinical Area (2013-2014).
 Chair, Psychology Department Tenure and Promotion Committee (2015).
 Member, Psychology Department Tenure and Promotion Committee (2016).

Member, Psychology Department, Executive Committee (2013-2015, 2016-2017, 2019-present).

Member, Psychology Department, Evaluation Committee (2013-2015, 2016-2017, 2019-present).

Member, Psychology Department, Space Committee (2014-).

Clinical Admissions Reviewer (2003-).

Chair, Admissions, Clinical Area (2007-2010); Vice-Chair, Admissions, Clinical Area (2012-2014).

Member, Clinical Training Committee (2015-).

Psychology Departmental Participant Pool Committee (2008- 2010).

Psychology Departmental Strategic Planning Committee (2008-2010).

Committee on Student Admissions, College of Arts and Sciences (2007-2010).

Graduate Program Committee, College of Arts and Sciences (2016-),

Chair, Psychology Departmental Advisory Committee to Florida Mental Health Institute, Junior Faculty Search (2009).

Psychology Departmental Colloquium Committee (2004-2007).

Member, Search Committee, Junior Faculty in Social Psychology (2005).

Clinical Brown Bag Faculty Coordinator (2005-2007; 2019-)

Member, Clinical Area Curriculum Review Committee (2005-2006).

Public Service

Founder, *Depression Army*, an international social media campaign for depression awareness. Website at depressionarmy.com; ~150,000 followers across social media channels.

Faculty Advisor, USF Come Out of the Dark Student Organization.

Teaching

Graduate Courses

Mood Disorders

Adult Psychopathology

Psychopathology and its Development

Emotion and Its Disorders

Introduction to Clinical Psychology

Undergraduate Courses

Abnormal Psychology

Mood Disorders