

## VANESSA PANAITTE

Research Service  
Tampa VA Medical Center  
8900 Grand Oak Circle, Tampa, FL 33637  
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### CURRENT EMPLOYMENT & APPOINTMENTS

- 2022-Present    **Assistant Professor of Psychiatry**  
Morsani College of Medicine,  
University of South Florida, Tampa FL
- 2019-Present    **Research Scientist**  
Tampa VA Medical Center, Tampa, FL
- 2017-Present    **Courtesy Faculty (clinical psychology)**  
University of South Florida, Tampa, FL

### EDUCATION & TRAINING

- 2016-2019    **HSR&D Postdoctoral Psychology Research Fellow**  
Tampa VA Medical Center, Tampa, FL
- 2009-2016    **Ph.D., Clinical Psychology**  
University of South Florida, Tampa, FL
- 2015-2016    **Clinical Psychology Intern**  
Eduard Hines Jr., VA Hospital, Chicago, IL
- 2003-2006    **Bachelor of Arts, magna cum laude**, Honors in Psychology  
Case Western Reserve University, Cleveland, OH  
Minors: Childhood Studies, Spanish, Sociology

### RESEARCH GRANTS

#### Awarded

- 2021-2026    **HSR&D Career Development Award (IK2), Veterans Health Administration**  
*An eHealth intervention to increase depression treatment initiation and adherence among Veterans referred for mental health services.*  
Direct Costs: \$789,564. Role: Principal Investigator (100% effort).
- 2021-2022    **HSR&D Infrastructure Funds, Veterans Health Administration**  
Awarded to provide statistical and dissemination support.  
Direct Costs: \$74,364. Role: Co-Applicant.
- 2015-2016    **Dissertation Completion Fellowship, University of South Florida**  
*A cross-methodological investigation of emotional reactivity in major depression.*

Direct Costs: Awarded \$15,000; accepted \$5,000. Role: Principal Investigator.

- 2014 **Psi Chi Graduate Assistantship Grant**  
*A cross-methodological investigation of emotional reactivity in major depression.*  
 Direct Costs: \$3,000. Role: Principal Investigator.
- 2014 **Clinical Psychology Summer Research Fellowship, University of South Florida**  
*Respiratory sinus arrhythmia reactivity to emotional stimuli and depression course*  
 Direct Costs: \$2,500. Role: Principal Investigator.

### Submitted

- 2022 **RR&D SPIRE Award, Veterans Health Administration**  
*TMS Treatment for Treatment Resistant Depression*  
 Direct Costs: \$209,880, under review. Role: Co-Investigator (5% effort).
- 2021 **VA Virtual Care Consortium of Research, Veterans Health Administration**  
*Implementing Systematic My HealthVet Secure Messaging Contacts to Improve Adherence to a Pharmacological Care Management Program for Depression*  
 Direct Costs: \$209,880, not funded. Role: Co-Investigator (10% effort).
- 2019 **HSR&D Merit Award Pilot Project Program (I21), Veterans Health Administration**  
*Extracting clinically assessed measures of affect for use in health services and big data research.*  
 Direct Costs: \$97,659; not discussed. Role: Principal Investigator (50% effort)
- 2018 **Seed Grant, Tampa VA Research and Education Foundation**  
*Suicide mortality risk in current versus former OEF/OIF Veteran Clozapine users*  
 Direct Costs: \$5,509; not funded. Role: Co-Investigator (10% effort).
- 2014 *A cross-methodological investigation of emotional reactivity in major depression.*  
**AAUW American Dissertation Fellowship**  
 Direct Costs: \$20,000; not funded. Role: Principal Investigator.  
**APA Dissertation Research Award, Received departmental nomination**  
 Direct Costs: \$5,000; not funded. Role: Principal Investigator  
**APF COGDOP Graduate Research Grant, Received departmental nomination**  
 Direct Costs: \$5,000; not funded. Role: Principal Investigator

### RESEARCH & ACADEMIC AWARDS/HONORS

- 2014 Professor Charles D. and Carol Spielberger Endowed Fund Award (\$500)
- 2014 APS Travel Award (\$200)
- 2012, 2014 USF Clinical Student Travel Award (\$250)
- 2011 USF Graduate Student Travel Award (\$600)
- 2009-2013 USF Dean's Award for Excellence (\$6000)
- 2008 Award for Best Poster (Ohio Academy of Family Physicians Scientific Assembly)
- 2003 Who's Who Among American College Students
- 2002-2006 Case Western Reserve University Dean's List High Honors

## PEER-REVIEWED PUBLICATIONS

1. **Panaite, V.**, Devendorf, A.R., Finch, D., Bouayad, L., Luther, S.L., Schultz, S.K. (accepted). The value of extracting clinician-recorded affect for advancing depression clinical research: A proof-of-concept study applying Natural Language Processing to electronic health records. *JMIR Formative Research*.
2. Haun, J.N., Paykel, J., Fowler, C.A., Lapcevic, W.A., **Panaite, V.**, Alman, A.C., Mellilo, C., Venkatachalam, H.H., French, D.D. (in press). Association Between Participation in a Complementary and Integrative Health Clinical Care Program and Medical Costs in an Integrated Healthcare System. *Military Medicine*.
3. Tong, B., Devendorf, A.R., **Panaite, V.**, Miller, R., Kashdan, T.B., Joiner, T., Twenge, J., Karver, M., Janakiraman, R., Rottenberg, J. (in press). Not the end: Prevalence of optimal well-being in youth who attempted suicide and survived. *Behavior Therapy*.
4. **Panaite, V.**, Yoon, S., Devendorf, A.R., Kashdan, T., Goodman, F.R., & Rottenberg, J. (2022). Do positive events and emotions offset the difficulties of stressful life events? A daily diary investigation of heterogeneous reactions in depressed adults. *Personality and Individual Differences*, 186, 111379.
5. Haun, J.N., Cotner, B.A., Melillo, C., **Panaite, V.**, Messina, W., Patel-Teague, S., Zilka, B. (2021). Informing Proactive Integrated Use of Health Information Technology in Primary Care in a Climate of Delivering Remote Care and Reducing Contact. *BMC HSR*, 21(1), 802.
6. **Panaite, V.**, Devendorf, A.R., Kashdan, T., & Rottenberg, J. (2021). Daily life positive events predict well-being among depressed adults 10 years later? *Clinical Psychological Science*, 9(2), 222-235.
7. **Panaite, V.**, Rottenberg, J., Bylsma, L.M. (2020). Daily affective dynamics predict depression symptom trajectories among adults with major and minor depression. *Affective Science*, 1(3), 186-198.
8. Zuschlag, Z.D., Fowler, C., Devendorf, A.R., **Panaite, V.**, Efimova, O., & Schultz, S.K. (2020). Clozapine utilization at the United States Veterans Health Administration: A descriptive report of prescribing patterns and patient characteristics among OEF/OIF Veterans. *International Clinical Psychopharmacology*, 35(6), 322-328.
9. **Panaite, V.**, Bowersox, N., Zivin, K., Ganoczy, D., Kim, H.M., & Pfeiffer, P. (2019). Individual and neighborhood characteristics as predictors of depression symptom response. *Health Services Research*, 54, 1-6.
10. Rottenberg, J., Devendorf, A.R., **Panaite, V.**, Disabato, D., & Kashdan, T. (2019). Optimal well-being after major depression. *Clinical Psychological Science*, 7, 621-627.
11. **Panaite, V.**, Koval, P., Dejonckheere, E., & Kuppens, P. (2019). Emotion regulation and mood brightening in daily life vary with depressive symptom levels. *Cognition and Emotion*, 33, 1-11.
12. **Panaite, V.**, Bylsma, L.M., Kovacs, M., O'Leary, K., George, C., Baji, I., Benak, I., Dochnal, R., Kiss, E., Vetro, A., Kapornai, K., & Rottenberg, J. (2019). Dysregulated behavioral responses during exposure to hedonic probes among youth with depression histories and high-risk siblings. *Emotion*, 19, 171-177.
13. Taylor, W.D., Schultz, S.K., **Panaite, V.**, & Steffens, D.C. (2018). Perspectives on the management of vascular depression. *American Journal of Psychiatry*, 175, 1169-1175.
14. **Panaite, V.**, Brown, R., Henry, M., Garcia, A., Powell-Cope, G., Vanderploeg, R.D., & Belanger, H. (2018). Postdeployment mental health screening: A systematic review of current evidence and future directions. *Administration and Policy in Mental Health and Mental Health Services Research*, 45, 850-875.
15. **Panaite, V.**, Whittington, A., & Cowden Hindash, A. (2017). The role of appraisal in dysphoric affect reactivity to positive laboratory films and daily life events in depression. *Cognition and Emotion*, 32, 1362-1373.
16. Begovic, E., **Panaite, V.**, Bylsma, L.M., George, C., Kovacs, M., Yaroslavsky, I., Baji, I., Benak, I., Dochnal, R., Halas, K., Kiss, E., Vetro, A., Kapornai, K., & Rottenberg, J. (2017). Positive autobiographical memory deficits in youth with depression histories and their never depressed siblings. *British Journal of Clinical Psychology*, 56, 329-346.

17. O'Leary, K., Small, B., **Panaite, V.**, Bylsma, L.M., & Rottenberg, J. (2016). Sleep quality in healthy and mood-disordered persons predicts daily life emotional reactivity. *Cognition and Emotion*, *31*(3), 1-9.
18. **Panaite, V.**, Cowden Hindash, A., Bylsma, L.M., Salomon, K., & Rottenberg, J. (2016). Respiratory sinus arrhythmia reactivity to a sad film predicts depression symptom improvement and symptom trajectory over 30 weeks. *International Journal of Psychophysiology*, *99*, 108-113.
19. **Panaite, V.**, Salomon, K., Jin, A., & Rottenberg, J. (2015). Cardiovascular recovery from psychological and physiological challenge and risk for adverse cardiovascular outcomes and all-cause mortality. *Psychosomatic Medicine*, *77* (3), 215-226.
20. Salomon, K., Bylsma, L.M., White, K., **Panaite, V.**, & Rottenberg, J. (2013). Is blunted cardiovascular reactivity in depression mood-state dependent? *International Journal of Psychophysiology*, *90* (1), 50-57.
21. Werner, J.J., Lawson, P.J., **Panaite, V.**, Step, M.M., & Flocke, S.A. (2013). Comparing primary care physicians' smoking cessation counseling techniques to motivational interviewing. *Journal of Addiction Medicine*, *7* (2), 139-142.
22. Tyler, C.V., Zyzanski, S.J., **Panaite, V.**, & Council, L. (2010). Nursing perspectives on cancer screening in adults with intellectual and other developmental disabilities. *Intellectual and Developmental Disabilities*, *48*, 271-277.
23. Snyder, S.M., Tyler, C.V., **Panaite, V.**, & Zyzanski, S.J. (2010). Physicians underestimate calcium intake in women. *Family Medicine*, *42*, 428-432.
24. Tyler, C.V., Rader, E., Campbell, J.W., Zyzanski, S.J., & **Panaite, V.** (2009). Geriatrician training in the care of elders with intellectual and other developmental disabilities. *Gerontology & Geriatrics Education*, *30*, 332-340.
25. Tyler, C.V., Zyzanski, S.J., Berkley, M., & **Panaite, V.** (2009). Calcium supplement use by African-American women. *Journal of the National Medical Association*, *101*, 1-5.
26. Tyler, C.V., Werner, J.J., **Panaite, V.**, Snyder, S.M., Ford, D.B., Conway, J.L., Young, C.W., Powell, B.L., Smolak, M.J., & Zyzanski, S.J. (2008). Barriers to Supplemental Calcium Use among Women in Suburban Family Practice: A Report from the Cleveland Clinic Ambulatory Research Network (CIAReN). *Journal of the American Board of Family Practice*, *21*, 293-299.

## MANUSCRIPTS UNDER REVIEW

1. **Panaite, V.** (under review). When major depression goes untreated: National treatment guidelines provide no guidance for those patients refusing treatment.
2. **Panaite, V.** & Cohen, N. (revision invited). A day's affect in treated and untreated first time and lifetime depression among adults from six middle income countries.
3. **Panaite, V.** & Cohen, N. (revision invited). The divide between daily event appraisal and emotion experience in major depression.
4. Pfeiffer, P.N., Zivin, K., Hosanagar, A., **Panaite, V.**, Ganoczy, D., Kim, H.M., Hofer, T., Piette, J.D. (under review). Assessment of outcome-based measures of depression care quality in Veterans Health Administration facilities.
5. Haun, J.N., **Panaite, V.**, Cotner, B.A., Melillo, C., Venkatachalam, H.H., Fowler, C.A., Lapcevic, W., Alman, A.C., French, D., Zilka, B., Messina, W. (under review). Primary care virtual resource use prior and post COVID-19 pandemic onset.
6. Haun, J.N., **Panaite, V.**, Cotner, B.A., Melillo, C., Venkatachalam, H.H., Fowler, C.A., Zilka, B., Messina, W. (revision submitted). Provider reported value and use of virtual resources in extended primary care prior to and during COVID-19. *BMC HSR*.
7. Besterman-Dahan, K., Hathaway, W., Chavez, M., Orozco, T., Lind, J., Bradley, S., **Panaite, V.**, Berumen, J., Johnstone, K., Lee, P. (under review). A Responsive Mixed-Methods Protocol for Evaluating a Multi-site

Agricultural Pilot Program: The Veterans Affairs Farming and Recovery Mental Health Services (VA FARMS) Program.

## INVITED CHAPTERS

**Panaite, V.** & Bylsma, M.L. (2012). Alexithymia. In V.S. Ramachandran (Ed), *The Encyclopedia of Human Behavior, 2<sup>nd</sup> Ed.* Oxford: Elsevier.

Bylsma, L. M. & **Panaite, V.** (2012). Depression. In *Oxford Bibliographies Online: Psychology*. ScholarOne Books.

## INVITED TALKS & PAPER PRESENTATIONS

Tong, B., Miller, R.H., Devendorf, A.R., **Panaite, V.**, Rottenberg, J., & Karver, M. (2021, April). *Not the End: Long-Term Optimal Well-being (OWB) Among People who Attempted Suicide and Survived*. Paper presented at the American Association of Suicidology, Orlando, Florida.

Brown, R., Cotner, B., & **Panaite, V.** (2018, April). *Career Development Award Journey*. Presented to the Tampa VA Investigators and Staff, Research Service, Tampa VA Medical Center, Tampa, FL.

**Panaite, V.** (2013, April). *Case presentation: Integrative perspective on emotional expression and management*. Presented to the Training Committee and Staff, Counseling Center, University of South Florida, Tampa, FL.

**Panaite, V.** & Rottenberg, J. (2012, June). *Cardiovascular recovery from stress as risk for adverse cardiovascular outcomes: A meta-analytic review*. Invited talk presented at the Symposium to Honor Dr. Stephen Zyzanski's Retirement, Department of Family Medicine and Community Health, Case Western Reserve University, Cleveland, OH.

**Panaite, V.**, Tyler, C.V., Werner, J.J., Snyder, S.M., Ford, D.B., Conway, J.L., Young, C.W., Powell, B.L., Smolak, M.J., Zyzanski, S.J. (2007, October). *Barriers to Supplemental Calcium Use among Women in Suburban Family Practice*. Paper presented at the STFM Northeast Region Meeting, Pittsburgh, PA.

## PEER-REVIEWED POSTER PRESENTATIONS

**Panaite, V.**, Devendorf, A.R., Finch, D., Bouayad, L., Luther, S.L., Schultz, S.K. (2021, November). *Is there value in extracting clinician rated affect for advancing depression clinical research? A proof of concept using electronic health records*. Invited to present poster at the American Medical Informatics Association (AMIA) Annual Symposium, San Diego, California.

**Panaite, V.**, Luther, LS, Toyinbo, P, Marx, B, Campbell, T, Erbes, C, Kisala, P, Tulsy, D. (2017, June). *Modified PROMIS anger measure for Veterans with deployment-related PTSD*. Invited to present poster at the HSR&D/QUERI National Conference, Crystal City, Virginia.

**Panaite, V.** (2016, March). *State emotion regulation and the mood brightening effect in depression*. Poster presented at the Society for Affective Sciences (SAS), Chicago, Illinois.

- Whittington, A., **Panaite, V.**, O'Leary, K., & Rottenberg, J. (2015, May). *The role of perceived stress and rumination in the link between child abuse and depression*. Poster presented at the Association for Psychological Science 27<sup>th</sup> Annual Convention, San Francisco, CA.
- Panaite, V.**, Bylsma, L.M., Cowden Hindash, A., Salomon, K., & Rottenberg, J. (2014, May). *Respiratory sinus arrhythmia reactivity to a sad film and a speech stressor predicts depression symptom improvement over 30 weeks*. Poster presented at the Association for Psychological Science 26<sup>th</sup> Annual Convention, San Francisco, CA.
- O'Leary, K., **Panaite, V.**, Bylsma, L.M., & Rottenberg, J. (2014, May). *Sleep quality and emotional reactivity to daily events in depression*. Poster presented at the Association for Psychological Science 26<sup>th</sup> Annual Convention, San Francisco, CA.
- Bylsma, L.M., **Panaite, V.**, Salomon, K., & Rottenberg, J. (2014, April). *Self-reported emotion regulation in current and remitted depression and relationship to symptom change over six months*. Poster presented at the inaugural conference of the Society for Affective Sciences (SAS), Bethesda, Maryland.
- Labouliere, C. D., Bylsma, L.M., **Panaite, V.**, Salomon, K., & Rottenberg, J. (2013, October). *Difficulties in emotion regulation and suicidality associated with abnormalities in resting RSA and task related RSA changes*. Poster presented at the Annual Meeting of the Society for Psychophysiological Research, Florence, Italy.
- Panaite, V.**, Bylsma, L. M., Przystawik, K., Salomon, K. & Rottenberg, J. (2013, September). *Emotion regulation and goal directed behavior during a speech in current and remitted depression*. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Oakland, CA.
- Begovic, E., **Panaite, V.**, Kovacs, M., & Rottenberg, J. (2013, September). *Deficits in the recall of positive autobiographical memories: Relationship to childhood-onset depression and mood repair*. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Oakland, CA.
- Panaite, V.** & Rottenberg, J. (2012, May). *A critical analysis of cardiovascular recovery from stress as risk for adverse cardiovascular outcomes*. Poster presented at the Association for Psychological Science 24<sup>th</sup> Annual Convention, Chicago, IL.
- Panaite, V.** & Rottenberg, J. (2012, January). *The utility of alexithymia facets: A test with crying behavior*. Poster presented at the 7th Annual Emotion Pre-Conference to the Annual Meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Panaite, V.** & Rottenberg, J. (2011, September). *Are first onsets and recurrences of depression distinguishable in juvenile-onset depression? A study of Hungarian probands*. Poster presented at the 25th Annual Meeting of the Society for Research in Psychopathology, Boston, MA.
- Panaite, V.** & Rottenberg, J. (2010, May). *Early onset MDD in a sample of Hungarian probands: A retrospective analysis of children with one versus two MDD episodes*. Poster presented at 2008 First Year USF Department of Psychology Brown Bag, Tampa, FL.

- Zyzanski, S.J., Tyler, C.V., **Panaite, V.**, Conway, J.L., Ford, D.B., Powell, B.L., Smolak, M.J., Snyder, S.M., Young, C.W. (2009, November). *A brief office-based intervention to optimize calcium intake in adult women*. Paper presentation at the NAPCRG International Meeting, Montreal, QC, Canada.
- Werner, J.J., **Panaite, V.**, Marsh, S., & Zyzanski, S.J. (2008, June). *Substance abuse screening prior to prescription of opiate medications*. Poster presented at the AAFP Convocation of Practices and Networks Colorado Springs, CO.
- Goodman, K., Krug, L., Miklowski, C., **Panaite, V.**, & Zyzanski, S.J. (2008, April). *Effect of video patient education on health maintenance knowledge*. Poster presented at the Ohio Academy of Family Physicians Symposium on Research Education. Newark, OH. (Won the award for best poster).
- Ashby, K., Cadesky, A., Zyzanski, S.J., & **Panaite, V.** (2007, October). *Family Medicine/OB GYN Case-Based Women's Health Conferences: Learning from Each Other*. Paper presentation at the STFM Northeast Region Meeting, Pittsburgh, PA.
- Panaite, V.**, Fabritius, J., You, D.S., Stines, L.R., Zoellner, L., & Feeny, N.C. (2006, November). *Comorbidity of PTSD with Axis I and Axis II disorders among female assault survivors*. Poster presented at the International Society for Traumatic Stress Studies 22<sup>nd</sup> Annual Meeting. Los Angeles, CA.
- You, D.S., **Panaite, V.**, Fabritius, J., Stines, L.R., & Feeny, N.C. (2006, November). *Parent and child agreement for child's posttraumatic stress disorder symptoms*. Poster presented at the International Society for Traumatic Stress Studies 22<sup>nd</sup> Annual Meeting. Los Angeles, CA.
- Fabritius, J., You, D.S., **Panaite, V.**, Stines, L.R., & Feeny, N.C. (2006, November). *Parental psychopathology and family factors relating to child PTSD*. Poster presented at the International Society for Traumatic Stress Studies 22<sup>nd</sup> Annual Meeting. Los Angeles, CA.

## SERVICE ACTIVITIES

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|-----------|---|
| 2021      | Reviewer for American Medical Informatics Association (AMIA) 2021 Annual Symposium  |
| 2020-2021 | Committee Co-Chair for Early Career Researchers at the Tampa VA   |
| 2019      | Consultant on the USF Creative Scholarship Grant "Optimal well-being after depression and anxiety." PI: Jonathan Rottenberg, PhD  |
| 2019      | VHA HSR&D/QUERI National Conference Reviewer  |
| 2017-2018 | CINDRR Center of Innovation renewal grant preparation - Mentorship committee  |
| 2015      | APS Reviewer for the Student Research Competition   |
| 2014      | Co-founded USF graduate and undergraduate student organization <i>Come Out of the Dark</i> to promote depression awareness and served as interim Treasurer, University of South Florida |
| 2012-2013 | Member, USF Counseling Center Diversity Committee   |

2011	Psi Chi Graduate Student Panel, University of South Florida
2011, 2012	Volunteer Screener for National Depression Screening Day, University of South Florida Psychological Services Center
2010-2014	Webmaster, Mood and Emotion Lab, University of South Florida
2010	Coordinator, Giving Tree for the Florida Survivors of Torture
2009-2010	Member, Psychology Student Diversity Committee, University of South Florida
2009-2010	Webmaster, Psychology Student Diversity Committee, University of South Florida

### CURRENT AD-HOC JOURNAL REVIEWING

*Biological Psychology; Brain Science; Cognition and Emotion; Emotion Review; Journal of Affective Disorders; Journal of Experimental Psychopathology; Journal of Psychiatric Research; The Clinical Neuropsychologist*

### PAID PAST RESEARCH POSITIONS

2015	<p><b>Lab/Project Manager</b>  <b>Alcohol Research &amp; Treatment Lab</b>            Department of Psychology, University of South Florida, Tampa, FL  <i>Project Title: Ambivalence Model of Craving: Re-examining the craving-drinking relationship;</i>            PI: Robert C. Schlauch, Ph.D.</p>
2009-2013	<p><b>Lab/Project Manager/Data Analyst</b>  <b>Mood and Emotion Lab</b>, Department of Psychology, University of South Florida, Tampa, FL  <i>Project Title: Vagal fluctuation as a predictor of current and future depression</i>  <i>Project Title: Biobehavioral inflexibility and risk for juvenile onset depression</i>            PI: Jonathan Rottenberg, Ph.D.</p>
2006-2009	<p><b>Research Associate/Data Analyst</b>  <b>Family Medicine - Research Division</b>, Case Western Reserve University/ University Hospitals of Cleveland, Cleveland, OH  <i>Project Title: Research training in primary care medicine</i>            PI: Stephen Zyzanski, Ph.D.</p>
2005-2006	<p><b>Research Assistant</b>  <b>PTSD Treatment &amp; Research Program</b>, Department of Psychiatry/Psychology, Case Western Reserve University/University Hospitals of Cleveland, Cleveland, OH  <i>Project Title: Effectiveness of PTSD Treatment: PE vs. Zoloft</i>  <i>Project Title: Treatment for adolescents with depression study(TADS)</i>            PI: Norah C. Feeny, Ph.D.</p>
2003-2004	<p><b>Research Assistant</b></p>



**Depression Research Center**, Department of Psychiatry, Case Western Reserve University/  
University Hospitals of Cleveland, Cleveland, OH  
*Project Title: Serotonin function and vulnerability to depression*  
PI: Pedro Delgado, M.D.

## TEACHING

### University of South Florida, Department of Psychology

#### Course Co-Instructor

2014 Abnormal Psychology (2 sections)

#### Lab Instructor

2014 Introduction to Psychological Science (Online course)

2010 Research Methods

2009 Research Methods

#### Guest Lecturer

2014 Abnormal Psychology  
*Lecture Title: Clinical Assessment (2 lectures)*

*Lecture Title: Mood Disorders and Suicide*

2013 Abnormal Psychology  
*Lecture Title: Clinical Interviewing*

2010 Research Methods  
*Lecture Title: Experimental Designs*

#### Research Mentoring and Advising

Ricky Madhavan (2011): *Social cohesion and depressive symptoms among college-aged adults* (Honors thesis)

Megan Howard (2011): *The effects of mindfulness meditation on rumination and depressive symptoms* (Honors thesis)

Alana Whittington (2014): *Childhood trauma and adulthood attachment, parenting, and intimate partner violence* (Honors thesis)

Alana Whittington (2015): *The role of perceived stress and rumination in the link between child abuse and depression* (Poster presented at APS, 2015)

#### Research Supervision

2017-2019 **Principal Investigator/Data Analyst**  
**Research Service**, James A. Haley Veterans' Hospital, Tampa, FL  
*Emphasis: Provided mentorship to doctoral clinical psychology student, Andrew Devendorf, on a series of studies on both VHA national data and nationally available datasets.*

2013-2015 **Principal Investigator**  
**Mood and Emotion Lab**, Department of Psychology, University of South Florida, Tampa, FL

*Dissertation: A cross-methodological investigation of emotional reactivity in major depression.*

*Emphasis:* Trained undergraduate research assistants to perform phone diagnostic screening. Trained and supervised three advanced graduate students in the clinical psychology program to perform, score, and interpret clinical structured interviews for clinical research.

2009-2013

**Lab/Project Manager/Data Analyst**

**Mood and Emotion Lab**, Department of Psychology, University of South Florida, Tampa, FL  
*Project Title: Biobehavioral inflexibility and risk for juvenile onset depression*

PI: Jonathan Rottenberg, Ph.D.

*Emphasis:* Trained and supervised over 30 graduate and undergraduate research assistants to code emotional expressive behaviors by applying an adaptation of Emotional Behavior Coding System (Gross & Levenson, 1993) and ethically engage in other research related activities (data collection, data screening).

*Clinical Supervision*

2013-2014

**Psychological Services Center**, Department of Psychology, University of South Florida, Tampa, FL

*Supervisors:* Lora Thompson, Ph.D., Steffanie Sperry, Ph.D.

*Role:* Peer supervisor

*Population:* adults

*Emphasis:* Provided co-supervision for individual cognitive-behavioral therapy (and related therapeutic techniques) with outpatient adult clients with a focus on behavioral health, wellness, body image, and eating disorders.

**CLINICAL TRAINING**

2022-2023

**James A. Haley VA Medical Center**, Tampa, FL

*Role:* Primary Care Clinical Psychologist

*Location:* Women's Center Primary Care Mental Health Integration

*Clinical Supervisor:* Kelly White, Ph.D.

*Emphasis:* Mental health triage and brief individual cognitive and behavioral psychotherapy with veterans with a wide range of behavioral concerns, mood and anxiety disorders.

2019

**James A. Haley VA Medical Center**, Tampa, FL

*Role:* Clinical Psychology Resident

*Location:* Women's Center Primary Care Mental Health Integration

*Clinical Supervisor:* Rosario Falero, Ph.D.

*Emphasis:* Mental health triage and brief individual cognitive and behavioral psychotherapy with veterans with a wide range of behavioral concerns, mood and anxiety disorders.

2015-2016

**Edward Hines, Jr. VA Hospital**, Chicago, IL

*Training Director:* Caroline Hawk, Ph.D.

*Role:* Predoctoral Clinical Psychology Intern, General Track

*Rotation:* Mental Health Clinic (12 months)

*Supervisor:* Jonathan Sutton, Ph.D.

*Emphasis:* Individual cognitive and behavioral psychotherapy with veterans with a wide range of psychopathology: mood and anxiety disorders, adjustment disorders, anger, personality disorders, habit control issues, and psychotic disorders.

*Rotation:* Home Based Primary Care (6 months)

*Supervisors:* Anne Day, Ph.D.

*Emphasis:* Interdisciplinary team consultation, psychological and brief cognitive screening, clinical intake assessments, brief psychoeducation, and brief problem-focused and prevention-oriented psychotherapy for mood and anxiety spectrum disorders and behavioral health.

*Rotation:* Mental Health Service Line Intake Center (6 months)

*Supervisor:* Jeffrey Sieracki, Ph.D.

*Emphasis:* Biopsychosocial assessment of veterans seeking mental health services at Hines VA Hospital. Emergent/urgent evaluation, diagnostic evaluations, treatment, and referral to a specific program or specialty clinic. Assessment of need for hospitalization, including involuntary hospitalization. Emergent/urgent consultations to the emergency room, medical and surgical clinics, and other outpatient clinics.

*Rotation:* Clinical Training (6 months)

*Supervisor:* Caroline Hawk, Ph.D.

*Emphasis:* Administrative rotation focused on program development. Primary focus of this rotation in the context of my training was to revise and enhance the Research Rotation to better fit the development of research psychologists within the VA. Having a well-developed research rotation will better prepare competitive interns to become competitive MIRECC fellows and provide a well-rounded experience to ensure retention of well-prepared research psychologists in the VA system.

2015

**Alcohol Research & Treatment Lab, Department of Psychology, University of South Florida, Tampa, FL**

*Supervisor:* Robert C. Schlauch, Ph.D.

*Role:* Diagnostic Assessor - Clinical Research

*Population:* adults (18-65)

*Emphasis:* Conducted semi-structured clinical interviews (MINI.7 for DSM5 and ICD10) to assess a range of mental disorders and identify potential community adults with alcohol use disorder participating in NIH funded study “*Ambivalence Model of Craving: Re-examining the craving-drinking relationship*”. Trained and supervised research assistants conducting telephone eligibility interviews and suicide assessments of potential participants recruited from the community.

2014-2015

**Mood and Emotion Lab, Department of Psychology, University of South Florida, Tampa, FL**

*Supervisor:* Jonathan Rottenberg, Ph.D.

*Role:* Diagnostic Assessor - Clinical Research

*Population:* adults (18-65)

*Emphasis:* Semi-structured clinical interviews (SCID-I/P) to assess a range of mental disorders and identify potential community adults participating in my dissertation study on major depressive disorder. Provide consultation and training to graduate students in administration and interpretation of SCID-I/P. Trained and supervised research assistants conducting telephone eligibility interviews and suicide assessments of potential participants recruited from the community.

- 2012-2013 **USF-Counseling Center, University of South Florida, Tampa, FL**  
*Supervisor:* Jill Langer, Ph.D. & Chasma Mathis, M.A.  
*Role:* Therapist  
*Population:* college students  
*Emphasis:* Clinical intake assessment and individual cognitive-behavioral and interpersonal therapy (and related therapeutic techniques) with outpatient emerging adult college students, with a focus on integrative therapy from a diversity perspective.
- 2011-2013 **Rothman Center for Pediatric Neuroscience, All Children's Hospital, St. Petersburg, FL**  
*Supervisor:* Michael Sulkowski, Ph.D., Cary Jordan, Ph.D., Betty Horng, Ph.D.  
*Role:* Therapist  
*Population:* children, adolescents, adults (7-65)  
*Emphasis:* Cognitive and Behavioral Therapies for OCD, Social Anxiety, GAD, Depression, Developmental Disorders, Body Dysmorphic Disorder, Skin Picking, Hoarding, individual weekly and intensive daily psychotherapy
- 2010-2013 **Psychological Services Center, Department of Psychology, University of South Florida, Tampa, FL**  
*Supervisor:* James Epps, Ph.D., Ellis Gesten, Ph.D., Jack Darkes, Ph.D.  
*Role:* Therapist  
*Population:* adults  
*Emphasis:* Clinical intake assessment and individual cognitive-behavioral therapy (and related therapeutic techniques) with outpatient adult clients with a range of mood, anxiety, and behavioral disorders.
- 2009-2010 **Mood and Emotion Lab, Department of Psychology, University of South Florida, Tampa, FL**  
*Supervisor:* Jonathan Rottenberg, PhD & Beth Morris, M.A.  
*Role:* Diagnostic Assessor - Clinical Research  
*Population:* adults 18-65 recruited from the community for NIH-funded research  
*Emphasis:* Structured clinical interviewing, diagnostic and symptom assessment
- 2005 **Health Psychology, Department of Psychology, Case Western Reserve University, Cleveland, OH**  
*Supervisor:* Carolyn Landis, Ph.D.  
*Role:* Practicum Intern  
*Population:* hospitalized children  
*Emphasis:* Aided Child Life Specialist in the implementation of activities. Interacted with children and fostered positive attitude and coping. Conducted naturalistic observations and recorded behavior of hospitalized children and adolescents. Manuscript write-up on psychological effects of hospitalization and illness on mood and coping mechanisms and the differences among age groups
- 2004 **Grief Counseling Department, Cuyahoga County Coroner's Office, Cleveland, OH**  
*Supervisor:* Sandra A. Caramela-Miller, Ph.D.  
*Role:* Clinical Intern  
*Population:* adults suffering sudden loss

*Emphasis:* Transcribed and documented therapy sessions with clients presenting primarily with trauma/grief following sudden traumatic loss.

2003

**Child Psychology, Department of Psychology, Case Western Reserve University,**  
Cleveland, OH

*Supervisor:* Elizabeth Short, Ph.D.

*Role:* Practicum Student

*Population:* children ages 3-7

*Emphasis:* Conducted naturalistic observations and recorded behavior of toddlers in childcare setting. Fostered positive attitude and behavior change through play and by modeling and reinforcing appropriate behavior.

### **PROFESSIONAL MEMBERSHIPS**

Association for Psychological Science

Phi Theta Kappa International Honor Society

Psi Chi Psychology National Honor Society

Society for Affective Science