



USF-Performing Arts Medicine Collaborative Newsletter

Vol 1. No.1

We are launching the first issue of the USF-PAMC Newsletter, which will feature member activities, introduce new members, and profile a member in each issue. The newsletter will be published every three months, September, December, March, June, etc. assisted by our new member Johnathan Bosse.

WHO WE ARE



We are a USF faculty-initiated across-campus organization focused on performing arts medicine with a mission to educate, research, and serve the larger USF and regional community. We are 14 years old and comprised of 85-90 USF arts and health faculty, medical and music graduate students, medical residents, student chapter representatives, community artists, and healthcare specialty providers. A recent poll of members shows an overwhelming response to staying in the communication roster. Among the roster are our upper administrators, who continue to support our work.

WHERE WE ARE

After the successful Fourth USF-PAMA Conference in March 2022, we have reflected and restructured our operational procedures and tightened member roster. The larger membership/friends pool remains steady at 85-90. Our mission and goals will be revisited and

refined in the coming months. We will focus on internal and external community outreach, with activities like a one-day member forum, the clinic at the new Center for Student Health and Wellbeing, a grant proposal for NIH Center for Complimentary and Integrative Health. The Dance Health Science Certificate program continues to attract students, and Master in Music degree with concentration on Healthy Musician Performance, approved by music faculty, will be moving through the USF/State system this fall. We continue strengthening our relationship with International PAMA's leadership, creating synergy in our work with the Center for Student Health and Wellbeing, Judy Genshaft Honors College, and Center for Advanced Medical Learning and Simulation (CAMLS). In addition, we have forged a new friendship with the Straz Center for the Performing Arts.

WELCOME NEW MEMBERS



Jade Brunicardi jbrunicardi@usf.edu. Jade Brunicardi is a University of South Florida (USF) undergraduate alumna and current medical student at USF's Morsani College of Medicine. She earned her bachelor's in Biomedical Sciences, as well as minors in Psychology, Geology, and Biomedical Physics. She is in Morsani's Medical Humanities Scholarly Concentration Program, for which she is using 3D modeling to analyze the biomechanics of a martial arts kick. Jade's interests include drawing and taekwondo. She is considering neuropsychiatry as a profession. Jade is ID



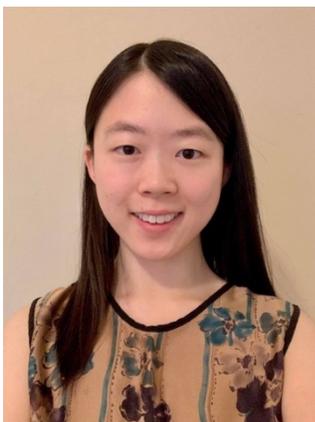
Tina Tidwell Bedore, tina.janelle.tidwell@gmail.com Tina Tidwell Bedore (she/ her) is a professional dancer who graduated from the USF Dance Department in 2007 with a degree in Dance Studies minoring Psychology and focusing on body image disturbances in dancers. She teaches yoga and meditation for Dr. Sang Hie Lee's Fit to Play and Music in Medicine courses in the USF Music Department. Tina is honored to be an owner of Bella Prāṇa Wellness Collective in Tampa where she leads their teacher training programs. She is thrilled to begin her first year in USF's Clinical Rehabilitation and Mental Health Counseling program in the Fall of 2022 and plans to build her degree into the alternative track to become a Dance Movement Therapist.



Cynthia Marshall otrotr@aol.com OTR/L. CHT is an Occupational Therapist and Certified Hand Therapist with 30+ years of experience focusing on hand and upper quarter rehabilitation. Experience includes employment with Potentia Therapeutics, Select Rehabilitation, and Florida Orthopedic Institute, where her practice includes fractures, ligament strains and sprains, arthritis, post-surgical rehabilitation of wrists, fingers, and elbows, and splinting for diagnoses such as repetitive strain, and patient education in ergonomics and self-care mentally and physically. Cynthia has attended extensive continuing education in a pain management technique called MPS (Micro-point stimulation), pelvic floor rehabilitation, splinting, and ergonomics. "What I have always loved about Occupational Therapy is the practice encourages treating the person as a whole and not just their pain or disability."



Laura Granville lgranville@usf.edu. Laura is a licensed Physical Therapist Assistant with over three years of clinical experience in inpatient and outpatient orthopedic and neurological rehabilitation. She earned her degree from Gulf Coast State College located in her hometown Panama City, FL. Laura is a dance instructor with ten plus years of experience training and educating artistic athletes. She is also a fitness trainer at a personal strength training facility. Laura is currently pursuing a certificate in dance medicine and science at USF.



Wenxin Song songw@usf.edu. Wenxin Song is a medical student at the University of South Florida. She earned her bachelor's in biology and music in medicine certificate at the University of Florida. She has been involved with arts in health programs at Shands Hospital and Moffitt Cancer Center; her interests include music and creative writing. Wenxin is planning to go into psychiatry or pathology.



Dr. Yasuharu Okuda yokuda@usf.edu is the Executive Director of USF Health's Center for Advanced Medical Learning and Simulation (CAMLS). In this role, he has oversight of a 90,000 ft² state of the art, advanced training facility, with the mission of creating and providing experiential learning that improves clinical skills and patient care in the community and around the globe. In addition to this role, Dr. Okuda also serves as USF Health's Assistant Vice President of the Office of Interprofessional Education and Practice focused on creating interprofessional learning opportunities from early healthcare training to clinical practice. He is Professor at the Morsani College of Medicine and practices clinically in the emergency department at Tampa General Hospital.



Johnathan Bosse jjbosse@usf.edu (he/ him), is a singer, conductor, Vocologist, voice instructor, owner of Mr. Bosse Music, founder of SoHPA, and a first-year Ph.D. student studying Music Education with cognates in Performing Arts Medicine, Choral Conducting, and Speech-Language Pathology. He is a professional voice instructor who graduated from the Boston Conservatory's Vocal Pedagogy, and Music Education Programs in 2013. His focus included students on the Autism spectrum, cross-genre vocal techniques, and vocal health. Johnathan holds a Certificate in Vocology from the National Center for Voice and Speech and is certified in Biodynamic Myofascial Manual Voice Therapy, from ClearVoice Therapy in Rhode Island. He incorporates the mind, body, and voice in a holistic approach to building healthy, cross-genre capable vocal instruction for musicians of all ages. He is honored to be the new Editor of the USF-Performing Arts Medicine Collaborative Newsletter.



Deanna Domnisch Deanna is a graduate of the University at Buffalo, completing her undergraduate studies in exercise science and Doctorate Degree in Physical Therapy. Prior to working at Potentia Therapeutics, Deanna was a physical therapist at The Ohio State University where she was a member of the Performing Arts Medicine Team, specializing in the evaluation and treatment of dancers, gymnasts, cheerleaders, and musicians. While at Ohio State, she provided stage coverage for BalletMet, consulted with the OSU Department of Dance, and lectured for numerous dance studios and gymnastic clubs. Academically she served as a mentor and faculty member for the first accredited Performing Arts Fellowship as well as the university's Orthopedic Residency. Deanna is recognized as an Orthopedic Certified Specialist through the American Physical Therapy Association and is certified in trigger point dry needling. Deanna resides in South Tampa with her husband and their dog Shea. When not in clinic, she loves to dance, workout, cheer on the Buffalo Bills, go to the beach, and travel.

MEMBER ACTIVITY



Performing Arts Triage: Happy Healthy Longevity

Drs. Nancy Burns and Saida Omarova presented a poster detailing our Performing Arts Triage: Happy Healthy Longevity at the International Performing Arts Medicine Symposium held in Chicago on June 23-27. The event was attended by 180 participants from the international community. USF's Triage attracted a lot of dialogue and inquiries.



Toni Farrell is a recent alumna of USF's Morsani College of Medicine and a current pediatric resident at the University of Connecticut. Prior to her medical training, she was a competitive Irish dancer for 14 years while also studying many other dance forms, with accomplishments at the World Championship level and completion of a minor in dance studies during her undergraduate studies. She is now working toward sitting her TCRG (Irish dance teaching certification) exam while also setting her sights on using her medical training to help improve training in the performing arts. Toni is continuing her USF-PAMC membership during her residency at UC.

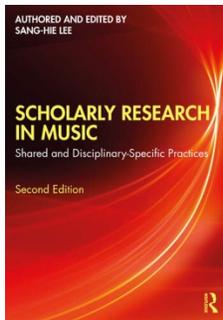
MEMBER AWARD



Marzenna Wiranowska received the 2021 Graduate Programs in Integrated Biomedical Sciences Award for exemplifying excellence in teaching and compassion for graduate-level education in the class setting from USF Health Morsani College of Medicine. **Dr. Wiranowska** also received "2022 Outstanding Pre-Clinical Teaching Award." Culminating her outstanding record, **Dr. Wiranowska** was honored as one of the five 2022 Inductees of The Academy of Distinguished Educators of Morsani College of Medicine.



MEMBER PUBLICATION



Sang-Hie Lee authored and edited the expanded revised second edition of *Scholarly Research in Music: Shared and Disciplinary-Specific Practices*, published by Routledge Publications Inc. Sang-Hie authored six and co-authored four chapters, and coordinated nine chapters contributed by fifteen distinguished scholars.

<https://www.routledge.com/Scholarly-Research-in-Music-Shared-and-Disciplinary-Specific-Practices/Lee/p/book/9780367722180>



Sang-Hie Lee's Compact Disc *Textures in Classics* was published on the Navona label (PARMA Records, Inc.) was released on August 12. The CD captures Sang-Hie's live performances from 1975-1977 at the University of Georgia's Chapel and Balcony Recital Hall. <https://www.navonarecords.com/catalog/nv6448/>

MEMBER FEATURE



Dr. Steven Specter joined USF-PAMC around 2014 and has been a messenger and critical link between the arts and medical communities. Known throughout his 39-year careers as “Steady, wise and constant” leader whose philanthropic work has amassed \$860,000 in endowed scholarship funds for MCOM students. As dean of Student Affairs, Dr. Specter and his associate dean Carolyn Nicolosi worked hard to increase Student Scholarship from \$450,000 to over \$4.5 million when Dr. Specter stepped down in 2014. Virtually every medical student during his helm was deeply indebted to his kindness and care. Dr. Bryan Bognar, Vice Dean of the Office of Educational Affairs calls Dr. Steven Specter “one of the quiet heroes of the College.”

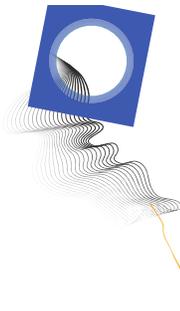
At USF-PAMC, Dr. Specter stepped in to become Co-Director when Dr. William Quillan retired and moved to Key West in 2018. Dr. Specter has been the driving force in garnering support from Dean Charles Lockwood and Director Donna Petersen. Steven’s masterful touch has helped USF-PAMC in making friends with Dr. Joseph Puccio to work out details for PAM Triage/Clinic at the upcoming Center for Student Health and Wellbeing, future collaboration with President and CEO Judith Lisi of Straz Performing Arts Center, Dr. Yasuhara Okuda, Executive Director of CAMLS, Dr. Charles Adams, Dean of Judy Genshaft Honors College, Dr. Martin Silbiger, former Vice President of USF Health, and President Rhea Law.



Dr. Sherrice Broussard Rose DPT PT CGFI ART-C is the Owner and Clinic Director of **POTENTIA THERAPEUTICS**, a physical therapist-directed practice based on orthopedic, spine, and sports assessment, treatment, and wellness in Tampa Bay, FL. Sherrice believes that the model for physical therapy and wellness should evoke confidence, trust, empathy, and appreciation in the provider-patient relationship. In this ever-changing healthcare environment, it is imperative to provide the highest standard of health care with ethical and quality service, compassion, and respect for the patient. The team of highly trained physical therapists at Potentia practice evidence-based physical therapy and wellness, allowing for precise diagnosis and skillful management of movement dysfunction.

Sherrice graduated from Emory University with a Doctor of Physical Therapy degree after earning a Bachelor of Science Degree in Microbiology from Louisiana State University. Sherrice worked for the University of Texas Medical School-Houston Texas, where she published articles in Clinical Genetics, Journal of Medical Genetics and Genomics. She continued her training under the tutelage of Marika Molnar, physical therapist for the New York City Ballet, and is certified in Dance Rehabilitation Training at Westside Dance Physical Therapy in New York City, NY. In 2012, Sherrice joined the Patel Conservatory at the STRAZ Center where she is an Adjunct Faculty Member within the dance department.

Sherrice is Active Release Technique (ART) certified; an evidence-based soft tissue treatment for sports injuries and in Dry Needling (Cert. DN) through the American Academy of Manipulative Therapy. She is a member of the American Physical Therapy Association (APTA), APTA Orthopedic Section, APTA Performing Arts Medicine Special Interest Group and serves as Co-President of the EMORY UNIVERSITY Alumni Chapter of Tampa Bay. She serves as a member of the Performing Arts Medical Collaborative Committee of USF's Performing Arts Medical Association.



Editors: Sang-Hie Lee & Jonathan Bosse

