

# CASSIDY DOYLE

## GRADUATE STUDENT SUCCESS FELLOW

University of South Florida  
School of Aging Studies | College of Behavioral and Community Sciences  
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 [ResearchGate](#) |  [Google Scholar](#) |  [LinkedIn](#) |  [Twitter](#) |  [Publons](#)

### EDUCATION

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- 2021- **Ph.D. Aging Studies**, University of South Florida  
Co-Major Advisors: Kathy Black, PhD & Brent Small, PhD  
Dissertation Committee: Jennifer Lister, PhD, & Ross Anzel, PhD
- 2024- **Graduate Certificate**, Aging and Neuroscience, University of South Florida
- 2017-21 **B.S. Human Development & Family Studies**, Pennsylvania State University  
Minors: Gerontology, Psychology  
Schreyer Honors College | *Magna Cum Laude*  
Thesis: [The Relationship Between Depressive Symptoms and Four Cognitive Constructs](#)  
Advisor: Lesley Ross, PhD

### RESEARCH INTERESTS

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Modifiable risk factors of Alzheimer's disease and related dementias; Cognitive 'SuperAging'

### PUBLICATIONS

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\*Indicates student author

#### *Peer-Reviewed Journal Publications*

3. **Doyle, C.**, Anzel, R., Saenz, J., & Crowe, M. Correlates of SuperAging in Two Population-Based Samples of Hispanic Older Adults (*Accepted*).
2. Rouse, H. J., **Doyle, C.**, \*Torres, M. D., Peterson, L. J., Pan, X., Conner, K., Du, Y., Dobbs, D., & Meng, H. (2023) *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*. Music Engagement and Episodic Memory among Middle-Aged and Older Adults: A National Longitudinal Analysis. <https://doi.org/10.1093/geronb/gbad058>
1. Freed, S. A., Sprague, B. N., Stephan, A. T., **Doyle, C. E.**, Tian, J., Phillips, C. B., & Ross, L. A. (2021) *Frontiers in Public Health*. Exergame Feasibility for Social Connectedness Feasibility and Enjoyment of Exercise Video Games in Older Adults for Social Connectedness. <https://doi.org/10.3389/fpubh.2021.751289>

**Manuscripts in Preparation**

**Doyle, C., & Small, B.** Leisure Activity Engagement and Satisfaction Before and After Caregiving Onset.

Saenz, J., **Doyle, C.,** & An del, R. Correlates of Cognitive SuperAging in the Mexican Health and Aging Study.

**Doyle, C.,** Small, B., \*Schwarzberg, A., Ahles, T., Carroll, J., & Mandelblatt, J. The Relationship Between Leisure Activities and Cognition in Older Breast Cancer Survivors and Non-Cancer Controls.

**Policy Briefs, Press, and Other Publications (not peer-reviewed)**

Ask for a Cognitive Evaluation During Your Next Annual Wellness Visit. National Council on Aging.

Don't Forget: Including Brief Cognitive Assessments at the Annual Wellness Visit. Florida Policy Exchange Center on Aging.

Mental Sharpness in Older Adults: Check your Mood Before Blaming Your Mind. National Council on Aging.

**RESEARCH EXPERIENCE**

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2024- **Graduate Research Assistant**  
*Principal Investigator:* Jennifer Lister, PhD, CCC-A, FAAA  
Neurophysiology of Aging Lab, Department of Communication Sciences & Disorders, University of South Florida, Tampa, FL  
Indicators of Cognitive Change

2022 **Graduate Research Assistant/Project Manager**  
*Principal Investigator:* Hongdao Meng, MD, PhD  
Positive Aging Lab (PAL), School of Aging Studies, University of South Florida, Tampa, FL

- MUsic to Support Engagement and Resilience (MUSER) Study
- Lead qualitative audio and video analysis using Atlas.ti software and Nvivo to collect User Experience (UX) data
  - Disseminated usability findings at the Southern Gerontological Society (SGS) Conference (2023) and Gerontological Society of America (GSA) Conference (2022)
  - Lead recruitment efforts and interviews with dementia family caregivers and care recipients; coordinate scheduling with memory care unit administrators and staff
  - Train undergraduate research assistants on delivering participant interviews and collecting data

2021 **Lab Manager**

- Assist with grant applications for (1) a study using smart speakers to target loneliness in older adults and (2) a study using music to reduce agitation in persons with dementia in a group setting
- Coordinate and facilitate meetings for lab team

- Communicate with community partners to build relationships and aid in recruitment of participants for lab projects
- Oversee undergraduate research assistants and offer guidance on personal projects

2019-21 **Undergraduate Research Assistant**

*Principal Investigator: Lesley Ross, PhD*

Study of Healthy Aging and Applied Research Programs (SHAARP) Lab,  
Pennsylvania State University, State College, PA

- Schedule participants for in-person lab visits to collect data for the Feasibility and Enjoyment of Exergame Study (FLEX) and the Everyday Function Intervention Trial (E-FIT)
- Lead FLEX data entry process
- Assist with a systematic literature review on older drivers by analyzing articles for specific inclusion criteria and fulfilling administrative tasks
- Recruit participants via phone calls and in-person events
- Design lab marketing materials (e.g., professional business cards, posters, and flyers) using Canva and manage lab website through Wix

## **HONORS AND AWARDS**

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- 2023 **Student Scholarship**, *Better Living for Seniors Hillsborough*  
Essay- and interview-based scholarship (\$1,000) awarded to one student in Hillsborough County planning to pursue post-secondary education to obtain a career that serves older adults.
- 2023 **Student Registration Award**, *AARP Florida*  
Competitive conference award that covers the registration fee (\$450) for one student in the state of Florida to attend the Florida Council on Aging Conference.
- 2022 **Wolowec Scholarship**, *University of South Florida, School of Aging Studies*  
Competitive award (\$1,250) given to two students in the College of Behavioral and Community Sciences who demonstrate a commitment of their time and energy to the study of aging.
- 2021- **Graduate Student Success Fellowship**, *University of South Florida, Graduate School*  
Competitive three-year fellowship that provides tuition remission, health insurance coverage, and an additional stipend of \$10,000 per year for a high-performing first-generation college student.
- 2021 **Human Development and Family Studies Affiliate Program Group Award**, *Pennsylvania State University, College of Health and Human Development*  
Competitive cash award (\$1,750) for two graduating undergraduate students with a degree or minor in Human Development and Family Studies. Grade point average, written essay, and future career plans were considered for this award.
- 2020 **American Airlines Foundation Scholarship**, *American Airlines*

Competitive cash award (\$2,500) for an undergraduate student with parents working for American Airlines. A combination of grade point average, community service, and essay responses were considered for this award.

- 2019-21 **Rodney P. Kirsch Renaissance Scholarship**, *Pennsylvania State University Renaissance Fund*  
Renewable semesterly scholarship (\$750) awarded to high performing undergraduate students demonstrating financial need. Recipient for 4 consecutive semesters.

## PRESENTATIONS AND INVITED LECTURES

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\*Indicates student author

### *Conference Presentations*

7. **Doyle, C.**, Andel, R., Crowe, M. & Saenz, J. (November 2023). *Correlates of SuperAging Among Two Population-Based Samples of Hispanic Older Adults*. Poster at the Annual Gerontological Society of America (GSA) Conference, Tampa, FL.
6. *Advancing Your Career in Aging at Any Age* (August 2023). Panelists: Jeff Johnson – AARP Florida, Laura Cantwell – AARP Florida, Katrina Davenport – City of Miramar Social Services, Erin McLeod – Senior Friendship Centers, Alisha Pieraccini – Blue Cross Blue Shield of Florida. Moderated session at the Florida Council on Aging (FCOA) Conference, Orlando, FL.
5. **Doyle, C.**, Dobbs, D., & Meng, H. (April 2023). *A Usability Testing Study of a Mobile Music Application for Caregivers of Individuals Living with Dementia*. Oral paper presentation at the Southern Gerontological Society Conference, Norfolk, VA.
4. **Doyle, C.**, Small, B., \*Schwarzberg, A., Ahles, T., Carroll, J., & Mandelblatt, J (November 2022). *Impact of Leisure Activities Among Older Breast Cancer Survivors and Non-Cancer Controls*. Symposium at the Annual Gerontological Society of America (GSA) Conference, Indianapolis, IN.
3. **Doyle, C.**, Dobbs, D., Wiechart, K., \*Wadhwa, R., Meng, H (November 2022). *A Mobile Music Application for Caregivers of Persons with Dementia: A Usability Testing Study*. Poster at the Annual Gerontological Society of American (GSA) Conference, Indianapolis, IN.
2. Meng, H., Barbeau, S., Li, M., **Doyle, C.**, Wiechart, K., Hammond, R., Kearns, W (November 2022). *A Mobile Application for Music Exposure Measurement in Dementia Research: A Proof-of-Concept Study*. Poster at the Annual Gerontological Society of American (GSA) Conference, Indianapolis, IN.
1. Fiscella, A. J., Veal, B. **Doyle, C.**, Ji, M., & Meng, H. (November 2021). *Associations Between Music Engagement and Mortality Among Middle-Aged and Older adults in the U.S*. Poster at the Annual Gerontological Society of America (GSA) Conference (virtual).

### *Upcoming Presentations*

**Doyle, C.** *Correlates of SuperAging Among Two Population-Based Samples of Hispanic Older Adults*. Oral Presentation at USF Graduate Research Symposium (March 2024).

**Doyle, C. & Anzel, R.** *Correlates of SuperAging Among Two Population-Based Samples of Hispanic Older Adults*. Poster at the 27<sup>th</sup> Nordic Congress of Gerontology, Stockholm, Sweden (June 2024).

Saenz, J., **Doyle, C.**, & Anzel, R. *Correlates of Cognitive SuperAging in the Mexican Health and Aging Study* (Abstract Submitted).

**Doyle, C. & Small, B.** *Leisure Activity Engagement Before and After Caregiving Onset* (Abstract in Preparation).

### ***Invited Talks/Public Service Presentations***

Workshop Presenter (April 2023). Tuning into Technology: Enhancing Long-Term Care Through Music Intervention and Digital Intervention.

Guest speaker (December 2022). Mental Sharpness: What does my mood have to do with this?! Hosted by Washington Metro Oasis.

Webinar presenter (June 2022). Addressing Substance Use in Seniors and Treatment Options Available. Hosted by Drug Free Manatee and Louis De La Parte, Florida Mental Health Institute.

### **REVIEWER EXPERIENCE**

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Abstract reviewer, *Gerontological Society of America (GSA) Conference 2024*

Abstract reviewer, *Gerontological Society of America (GSA) Conference 2023*

Ad hoc reviewer, *Aging & Mental Health* – Mentor: William Haley, PhD

Ad hoc reviewer, *Gerontology and Geriatric Medicine* – Mentor: Debra Dobbs, PhD

Ad hoc reviewer, *Acta Psychologica* – Mentor: Ross Anzel, PhD

Ad hoc reviewer, *Home Health Care Services Quarterly* – Mentor: Hongdao Meng, MD, PhD

### **OTHER RESEARCH AND COMPUTER SKILLS**

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Programming Languages: Statistical Analysis Software (SAS), R

Data Analytic Skills: Quantitative and qualitative data analysis, User Experience data analysis

Software Experience: Nvivo, Atlas.ti, Microsoft Office, Zoom

Citation Management: Zotero, Mendeley, EndNote

### **TEACHING EXPERIENCE**

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2022- **Course Instructor**, *The Life Cycle (DEP 2004)*

**In person** (2023-Present); **Online** (2022-2023)

University of South Florida, Tampa, FL

- Instruct class of 195 students through in-person lectures on theories and topics related to human development
- Instruct an asynchronous online class of 115 students on theories and topics related to human development
- Develop course assignments and assessments
- Promote classroom engagement in a virtual environment

- 2021-22 **University of South Florida, Tampa, FL**  
**Graduate Teaching Assistant, *Introduction to Aging Sciences (GEY 2000)***
- Assisted in teaching Introduction to Aging Sciences, an undergraduate course averaging 150 students per semester that covers topics like medication use in older adults, caregiving experiences, Medicare and Medicaid's influence on older adults, and physical and mental changes that occur during the aging process (3 semesters total)
  - Assisted in the development and grading of quizzes, exams, homework, and course assignments.
  - Guest lectured twice per semester.
- 2020 **Pennsylvania State University, State College, PA**  
**Undergraduate Teaching Assistant, *Introduction to Human Development and Family Studies (HDFS 129)***
- Graded assignments, led review sessions, and proctored exams for Introduction to Human Development and Family Studies

***Guest Lectures***

- Introduction to Aging Sciences (GEY 2000), Medication and Aging, Spring 2022  
Introduction to Aging Sciences (GEY 2000), Medicare and Medicaid, Spring 2022  
Introduction to Aging Sciences (GEY 2000), Medication and Aging, Fall 2022  
Introduction to Aging Sciences (GEY 2000), Dynamics of Family Caregiving, Fall 2022

**PROFESSIONAL WORK EXPERIENCE**

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- 2021 **Age-Friendly Care, PA, Pennsylvania State University**  
**Media Writer**
- Create and manage social media accounts (Twitter, Facebook) to promote Age-Friendly Care, PA and the 4Ms Framework – What Matters, Medication, Mind, Mobility – across 17 Primary Health Network sites across Pennsylvania.
  - Design and implement outreach activities to educate community members on the 4Ms Framework.
  - Collaborate bi-weekly with The Penn State College of Nursing's Center for Geriatric Nursing Excellence, The Penn State College of Medicine, and The Primary Health Network on best ways to create an age-friendly health system in rural Pennsylvania.
  - Input survey data from community members over the age of 65 regarding their knowledge on end-of-life preferences and satisfaction with their healthcare.
- 2020 **Gateway Hospice of Southwestern Pennsylvania, Aliquippa, PA**  
**Social Work Intern**
- Visit hospice patients to provide life-enrichment, music therapy, and other services.
  - Assist social media team by creating posts and informing the community of our services via Facebook.

- Attend interdisciplinary team meetings and shadow chaplains, social workers, nurses, and administrators.

## **CERTIFICATIONS**

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- 2022      Online Instructor Certification  
*University of South Florida Office of Corporate Training and Professional Education*
- 2021      Social/Behavioral Investigators and Key Personnel – Refresher Course  
Social and Behavioral Responsible Conduct of Research  
Social and Behavioral Research Best Practices for Clinical Research  
*Collaborative Institutional Training Initiative (CITI)*
- 2021      Addressing the Needs of Older Adults in Disasters  
*Health and Human Services (HHS) / Assistant Secretary for Preparedness and Response (ASPR)*
- 2020      End-of-Life Nursing Education Consortium (ELNEC)

## **PROFESSIONAL AFFILIATIONS**

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- 2024-      Alzheimer’s Association International Society to Advance Alzheimer’s Research and Treatment (ISTAART)  
*Student Member*
- 2021-      American Psychological Association (APA)  
*Division 20: Adult Development and Aging*
- 2021-      Gerontological Society of America (GSA)  
*Emerging Scholars and Professionals Organization*  
*Social Research, Policy, and Practice*  
*Behavioral and Social Sciences*

## **COMMUNITY SERVICE & OUTREACH**

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- 2023      **Gerontological Society of America, Annual Scientific Conference**  
**Volunteer**
- Assisted in coordinating GSA’s first ‘Careers in Aging Day’
  - Collaborated with GSA leadership and USF to plan the logistics, topics
  - Recruited 12 aging professionals (e.g., hospice social workers, elder law attorneys, AARP employees) in the Tampa Bay area to speak to undergraduate students about career opportunities in aging
- 2021-      **Student Association of Aging Studies, University of South Florida**  
**President (2023-Present); Vice President (2021-2022)**
- Lead writing days for Aging Studies PhD students to write manuscripts and collaborate with peers
  - Organize food drives to support food pantries in Tampa Bay

- Coordinate group participation in events that support the aging community in Tampa Bay (i.e., Walk to End Alzheimer's disease)
- Coordinate semesterly "Death Cafés" for students to discuss recent loss, feelings about death, and cultural differences surrounding death
- Facilitate club meetings and initiate relations with other USF affiliated organizations (i.e., Osher Lifelong Learning Institute, Youth Movement to End Alzheimer's)

2023 **Great American Teach-In, Leto High School, Leto, FL**  
**Volunteer**

- Opportunity for professionals to educate local students about potential careers
- Presented to a Lake Leto High School class about the opportunities surrounding careers in aging and research
- Discussed experiences around being a first-generation college graduate, applying to college, pursuing a PhD, and getting involved in research

2021-23 **Cypress Creek High School, Wesley Chapel, FL**  
**Assistant Cheerleading Coach**

- Assist in coaching the first team in school history to 1) win their district competition and 2) advance to their state competition
- Lead weekly practices for the competitive varsity team

2021-23 **Wiregrass Ranch Sports Complex, Wesley Chapel, FL**  
**Cheerleading Instructor**

- Train athletes (ages 5-18) on the basics of cheerleading skills and safety
- Develop classes for cheerleaders in the Tampa area to enhance their skills

2020-21 **Penn State THON, Pennsylvania State University**  
**Independent Fundraiser**

- Independently raised over \$7,000 for children with pediatric cancer (2021)
- Served on THON committee that raised over \$200,000 (2020)

2019-20 **Alpha Omicron Pi, Epsilon Alpha Chapter, Pennsylvania State University**  
**Wellness Chair**

- Founder of 'Wellness Chair' position
- Coordinated self-care days, promoted chapter physical activity by hosting step competitions, created anonymous inquiry resource about disordered eating habits, sexual assault, and mental health concerns