

Nasreen A. Sadeq

CURRICULUM VITAE

University of South Florida,
School of Aging Studies
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Websites: [University Webpage](#) | [ResearchGate](#) | [Online Teaching Portfolio](#)

CURRENT POSITION

2019 – Present Visiting Instructor
University of South Florida, School of Aging Studies

EDUCATION

2014 – 2019 Ph.D. in Aging Studies
University of South Florida, School of Aging Studies
Dissertation Title: *Home-based Cognitive Monitoring: The Role of Personality and Predictors of Adherence and Satisfaction*

2009 – 2013 B.A. in Psychology
University of South Florida, Honors College
Thesis Title: *The Effects of Semantic Cohesion and Emotionality on Subsequent Memory*

RESEARCH INTERESTS

Cognitive aging; predictors and early detection of cognitive decline; computerized and online cognitive monitoring; personality

PEER-REVIEWED PUBLICATIONS

Sadeq, N. A., & Molinari, V. (2019). International perspectives on residential aged care. In *Oxford Research Encyclopedia of Psychology*. Oxford University Press. doi: <http://dx.doi.org/10.1093/acrefore/9780190236557.013.439>

Sadeq, N. A., Valdés, E. G., Harrison Bush, A. L., & Andel, R. (2018). The role of personality in a regular cognitive monitoring program. *Alzheimer Disease & Associated Disorders*, 32(3), 226-231 doi: 10.1097/WAD.0000000000000236

Sadeq, N. A., & Molinari, V. (2017). Personality and its relationship to depression and cognition in older adults: Implications for practice. *Clinical Gerontologist*, *41*(5), 385-398. doi: 10.1080/07317115.2017.1407981

Edwards, J. D., Lister, J. J., Elias, M. N., Tetlow, A. M., Sardina, A. L., **Sadeq, N.A.**, Brandino, A. D., & Harrison Bush, A. L. (2017). Auditory processing of older adults with probable mild cognitive impairment. *Journal of Speech, Language, and Hearing Research*, *60*(5), 1427-1435, doi:10.1044/2016_JSLHR-H-16-0066.

Valdés, E. G., **Sadeq, N. A.**, Harrison Bush, A. L., Morgan, D., & Ansel, R. (2015). Regular cognitive self-monitoring in community-dwelling older adults using an internet-based tool. *Journal of Clinical and Experimental Neuropsychology*, *38*(9), 1026-1037, doi: 10.1080/13803395.2016.1186155.

RESEARCH PRESENTATIONS (*Undergraduate co-authors)

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Ansel, R. (2018). Implementing Monthly Cognitive Monitoring Among Older Adults: Lessons From a One-Year Pilot Study. Presented at the *Gerontological Society of America Annual Scientific Meeting*. Boston, MA.

Dobbs, D. J., Peterson, L. J., Sardina, A., Tan, S. C., Brown-Hughes, T., **Sadeq, N. A.**, Ansel, R., Gamaldo, A. (2018). Older Blacks' Experiences With Traditional Paper-and-Pencil Versus Computerized Cognitive Batteries. Presented at the *Gerontological Society of America Annual Scientific Meeting*. Boston, MA.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Ansel, R. (2018). The Role of Personality in a Regular Cognitive Monitoring Program. Presented at the biannual *Cognitive Aging Conference*. Atlanta, GA.

*Basdeo, D., **Sadeq, N.A.**, Chakkoli, S., Ho, Y. L., Medina, V., Mishaw, P., Walker, L., Ansel, R. (2017). Systematic Literature Review of the Relationship Between Active Lifestyle and Cognitive Decline. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Chakkoli, S., **Sadeq, N.A.**, Basdeo, D., Ho, Y. L., Medina, V., Mishaw, P., Walker, L., Ansel, R. (2017). Sleep as a Predictor of Cognitive Decline Using the Cogstate Brief Battery. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Ho, Y. L., **Sadeq, N.A.**, Basdeo, D., Chakkoli, S., Medina, V., Mishaw, P., Walker, L., Ansel, R. (2017). Alcohol Consumption and Cognitive Decline in Early Old Age. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Medina, V., **Sadeq, N.A.**, Basdeo, D., Chakkoli, S., Corona, R., Ho, Y. L., Mishaw, P., Walker, L., Ansel, R. (2017). Montreal Cognitive Assessment Scores on Cancer Presence and Aging. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Mishaw, P., **Sadeq, N.A.**, Basdeo, D., Chakkoli, S., Ho, Y. L., Medina, V., Walker, L., Ansel, R. (2017). Determination of the Existence of an Association Between Depressive Symptoms and Performance on Cognitive Tests. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Walker, L., **Sadeq, N.A.**, Basdeo, D., Chakkoli, S., Ho, Y. L., Medina, V., Mishaw, P., Ansel, R. (2017). A Systematic Literature Review of the Correlation Between Cigarette Smoking and Cognitive Decline. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Chakkoli, S., Mishaw, P. J., Ho, Y. H., Ansel, R. (2016) The Role of Personality in Cognitive Outcomes in a Regular Cognitive Monitoring Program. Presented at the *Gerontological Society of America Annual Scientific Meeting*. New Orleans, LA.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Ansel, R. (2016) Personality: Preliminary Age Norms for Older Adults Age 65 and Older. Presented at the biannual *Cognitive Aging Conference*. Atlanta, GA.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Morgan, D., Ansel, R. (2015) Personality and Cognitive Performance on the Cogstate Brief Battery. Presented at the *Gerontological Society of America Annual Scientific Meeting*. Orlando, FL.

Elias, M. N., Brandino, A. D., Edwards, J. D., Lister, J. J., Harrison Bush, A. L., Tetlow, A. M., **Sadeq, N.A.**, Sardina, A. L. (2015). Central Auditory Processing and Mild Cognitive Impairment in Older Adults. Poster presented at the *Gerontological Society of America Annual Scientific Meeting*. Orlando, FL.

Sadeq, N.A., Lister, J. J., Harrison Bush, A. L., Matthews, C. R., Ansel, R., Edwards, J. D. (2015). Cortical Auditory Evoked Responses and Mild Cognitive Impairment. Presented at the *2015 Alzheimer's Association International Conference*, Washington, D.C.

Valdes, E. G., **Sadeq, N. A.**, Harrison Bush, A. L., Morgan, D., Patel, R., Crowley, E. M., Ansel, R. (2015). Home-based Monthly Memory Monitoring: Moving Toward Regular Cognitive Self-assessment. Presented at the *2015 Alzheimer's Association International Conference*, Washington, D.C.

Sadeq, N.A., Goodwin, C., Cadena, E., Kamp, S., Donchin, E. (2013). Subsequent Memory Effects in Frontal Slow Waves Elicited by Emotional Words. Presented at the *20th Annual Cognitive Neuroscience Society Meeting*, San Francisco, CA. Also presented at the *University of South Florida Undergraduate Research Symposium*, Tampa, FL.

Kamp, S., Gruber, A., **Sadeq, N.A.**, Forester, G., Donchin, E. (2011). The Effects of Physical Distinctiveness and Emotional Distinctiveness on Recall – A Subsequent Memory Study. Presented at the *18th Annual Cognitive Neuroscience Society Meeting*, San Francisco, CA.

RESEARCH MENTORING

2017-Present Undergraduate Thesis Co-Advisor Honors College, University of South Florida

Student: Pamela Mishaw (Summer 2018)

Thesis Title: *Assessing the Existence of a Correlation between Depressive Symptoms and Impaired Cognition*

Student: Yen Linh Ho (Spring 2018)

Thesis Title: *Age and Alcohol Consumption on Cognition Assessed with Cogstate*

Student: Jerry Ray Logemann (Spring 2018)
Thesis Title: *Effect of Sleep Quality on Cognitive Decline*

Student: Lorena Walker (Spring 2018)
Thesis Title: *Measuring the Effect of Cigarette Smoking Status on the Cognitive Abilities of Healthy Older Adults*

Student: Sanjay Chakkoli, (Fall 2017)
Thesis Title: *Sleep as a Predictor of Cognitive Decline Using the Cogstate Brief Battery*

RESEARCH EXPERIENCE

2013-Present Study Coordinator (2016-Present); Research Assistant (2013-2016) Cogstate Study Lab – University of South Florida, School of Aging Studies

- PIs: Ross Andel, Ph.D. and Aryn L. Harrison Bush, Ph.D.
- Research Focus: Assessing the feasibility of self-administered cognitive assessments using the CogState Brief Battery, longitudinal cognitive monitoring of cognitively healthy older adults
- Responsible for training and supervising undergraduate research assistants with daily lab operations, mentoring undergraduate research assistants with independent research projects, data management and analysis, and manuscript writing
- Recruited and screened participants, instructed participants how to use in-home assessment program, made weekly reminder phone calls to participants and assisted with program troubleshooting

2010-2013 Senior Research Assistant Cognitive Psychophysiology Lab – University of South Florida, Psychology Department

- PIs: Emanuel Donchin, Ph.D. and Siri-Maria Kamp, Ph.D
- Research Focus: Event-related potentials, subsequent memory, emotional memory, eye-tracking, word familiarity, and reaction time
- Responsible for overseeing participant sessions, electroencephalography (EEG) net application, setup and use of E-Prime, NetStation, and Smart-Eye eye tracker
- Worked on data entry and MATLAB/NetStation data analysis
- Trained and supervised new research assistants with EEG net application and care, and data entry and analysis

2012-2013 Research Assistant Clinical Neuropsychology Lab – University of South Florida, Psychology Department

- PIs: Cynthia Cimino, Ph.D. and London Butterfield, Ph.D.
- Research Focus: Non-pharmacological interventions with Huntington's and Parkinson's disease patients
- Responsible for administering behavioral intervention program and neuropsychological tests to patients, new patient recruitment, and data entry

2011-2013 Research Assistant
Body Image Research Group - University of South Florida, Psychology Department

- Pls: Kevin Thompson, Ph.D. and Ross Krawczyk, Ph.D.
 - Research Focus: Perceived body image, changes in body image resulting from objectifying and non-objectifying advertisements
 - Responsible for overseeing large-group participant sessions, survey administration, data coding, and data entry
 - Trained and supervised new research assistants with study procedures
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TEACHING EXPERIENCE

2019-Present Visiting Instructor, University of South Florida
Fall 2019

DEP 2004: The Life Cycle (195 students)

DEP 2004: The Life Cycle (online; 202 students)

GEY 4612: Psychology of Aging (91 students)

2016-2019 Instructor (Graduate Student), University of South Florida
Summer 2019

DEP 2004: The Life Cycle (online; 97 students)

Fall 2018

DEP 2004: The Life Cycle (195 students)

Summer 2018

DEP 2004: The Life Cycle (online; 97 students)

GEY 4612: Psychology of Aging (34 students)

Spring 2018

GEY 4612: Psychology of Aging (88 students)

Fall 2017

GEY 4612: Psychology of Aging (95 students)

Spring 2017

DEP 2004: The Life Cycle (197 students)

Fall 2016

DEP 2004: The Life Cycle (195 students)

Spring 2016

DEP 2004: The Life Cycle (200 students)

2015 Graduate Teaching Assistant, University of South Florida
Fall 2015

DEP 2004: The Life Cycle (195 students)

Summer 2015

DEP 2004: The Life Cycle (50 students)

PROFESSIONAL DEVELOPMENT

- 2018-Present Abstract reviewer – Gerontological Society of America
- 2017-Present Student Reviewer – *Journal of Gerontology: Psychological Sciences*
- 2017-Present Conference facilitator – University of South Florida Office of Undergraduate Research
- 2017 Student Reviewer – *Clinical Gerontologist*
- 2016 Academy for Teaching and Learning Excellence (ATLE) Confidence in the Classroom Workshop – University of South Florida
- 2014 Academy for Teaching and Learning Excellence (ATLE) Teaching Assistant Training Certificate – University of South Florida
- 2013-Present Collaborative Institutional Training Initiative (CITI) Social and Behavioral Responsible Conduct of Research Certificate

PROFESSIONAL MEMBERSHIPS

- 2014-Present Gerontological Society of America
- 2014-Present Student Association for Aging Studies, University of South Florida
- 2015-2016 International Society to Advance Alzheimer's Research and Treatment
- 2011-2014 Cognitive Neuroscience Society Student Association

COMMUNITY SERVICE

- 2018-Present Club Faculty Sponsor, University of South Florida Music Appreciation Club
- 2014-Present Alzheimer's Association's Walk to End Alzheimer's
- 2014-2016 Alzheimer's Foundation of America's National Memory Screening Day
- 2013 Pelotonia
- 2012-2013 Feeding America Tampa Bay
- 2010-2014 Limited Brands: The Giving Tree

HONORS AND AWARDS

Graduate Level

- 2018 Outstanding Graduate Student Teaching Award
University of South Florida College of Behavioral & Community Sciences
- 2018 Provost's Award for Outstanding Teaching by a Graduate Teaching Assistant
University of South Florida
- 2014-2015 University of South Florida School of Aging Studies Graduate Fellowship

Undergraduate Level

- 2011 & 2013 University of South Florida Undergraduate Research Scholarship
- 2010 Dean's List
- 2009-2013 University of South Florida Presidential Scholar Award
- 2009-2013 University of South Florida Honors College Scholarship
- 2009-2013 Florida Bright Futures Academic Scholar
- 2009-2010 University of South Florida Minority Achievement Award
- 2009-2010 Polk County Education Foundation Scholarship
- 2009-2010 Bartow Community Healthcare Scholarship