

CABH | *Child & Adolescent Behavioral Health*



About this Graduate Course

RCS 6475 • CRN 18117 • 3 credits

LGBTQ Youth

Spring 2024

This course is taught entirely online (asynchronous) via modules made available through Canvas.

Instructor

Jessica Rice, PhD

More Information

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Director: Debra Mowery, PhD

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Spring 2024

PRIDE! Supporting the Behavioral Health of LGBTQ Youth

Course Description

This course is designed to equip behavioral health professionals, administrators, providers, and educators with the knowledge, skills, and insights necessary to support lesbian, gay, bisexual, queer, asexual, and gender diverse youth as they navigate their social worlds and emotional experiences. Recognizing how the chronic stress associated with having a stigmatized, and sometimes hidden identity, can exacerbate mental health concerns and contribute to high rates of depression, anxiety, suicidal thoughts, and substance use, this course seeks to provide practical tools and resources to professionals, such that they can equitably serve and support LGBTQ youth as allies and advocates.

Who Should Take this Course

This course is appropriate for graduate-level students, seeking a 3-credit elective course and interested in providing support to youth in the following contexts:

- Healthcare
- Education
- Child Welfare
- Mental Health
- Juvenile Justice



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