

Foundational Curriculum

Foundational Curricular Area	<ul style="list-style-type: none"> • Course # / Name • Credits/Clock Hours, and • Link to Syllabus 	<ul style="list-style-type: none"> • Course # / Name • Credits/Clock Hours, and • Link to Syllabus 	Add more courses as needed (full curriculum)
<p><i>FCA 1: Foundations of Relational/Systemic Practice, Theories & Models (Minimum of 6 semester credits/8 quarter credits/90 clock hours)</i></p>	<ul style="list-style-type: none"> • Systems theory, cybernetics, family dynamics • MHS 6559 Introduction to Systems Theory • 3 credits hours • Link to Syllabus 	<ul style="list-style-type: none"> • Introduction to the theories and models of MFT and basic skills • MHS 6430 Dynamics of MFT • 3 credits hours • Link to Syllabus 	
<p><i>FCA 2: Clinical Treatment with Individuals, Couples and Families (Minimum of 6 Credits/8 quarter credits/90 clock hours)</i></p>	<ul style="list-style-type: none"> • Basic counseling skills and techniques, treatment models and theories for individuals • MHS 5020 Counseling Skills and Techniques • 3 credits hours • Link to Syllabus 	<ul style="list-style-type: none"> • Treatment of families from first call to termination. Treatment planning, models of family therapy • MHS 6345 Family Therapy Theories and Techniques • 3 credits hours • Link to Syllabus 	<ul style="list-style-type: none"> • Treatment of couples from first call to termination. Treatment planning, models of couples therapy. • MHS 6447 Marital Therapy Theories and Techniques • 3 credits hours • Link to Syllabus
<p><i>FCA 3: Diverse, Multicultural and/or Underserved Communities (Minimum of 3 Credits/4 quarter credits/45 clock hours)</i></p>	<ul style="list-style-type: none"> • Diversity, power, privilege, cultural components of treatment, contextual intersectionality. • RCS 6440 Social and Cultural Foundations of Counseling • 3 credits hours • Link to Syllabus 		
<p><i>FCA 4: Research & Evaluation (Minimum of 3 Credits/4 quarter credits/45 clock hours)</i></p>	<ul style="list-style-type: none"> • Purposes of research; methods of data collection; introduction to data analysis; and the interpretation of research findings • RCS 6740 Research and program evaluation • 3 credit hours • Link to Syllabus 		

<p>FCA 5: Professional Identity, Law, Ethics & Social Responsibility (Minimum of 3 Credits/4 quarter credits/45 clock hours)</p>	<ul style="list-style-type: none"> • Ethics in MFT practice, AAMFT code of ethics, Florida law and legal responsibilities • MHS 6705 Legal and Ethical issues in MFT • 3 credit hours • Link to Syllabus 		
<p>FCA 6: Biopsychosocial Health & Development Across the Life Span (Minimum of 3 Credits/4 quarter credits/45 clock hours)</p>	<ul style="list-style-type: none"> • The study of physical, social, cognitive and emotional aspects of development from birth to death. Theories of development • MHS 5480 Human Growth and Development • 3 credit hours • Link to Syllabus 	<ul style="list-style-type: none"> • Sexual response cycle, sexual dysfunction, sexual development • RCS 6476 Human Sexuality Counseling • 3 credit hours • Link to Syllabus 	
<p>FCA 7: Systemic/Relational Assessment & Mental Health Diagnosis and Treatment (Minimum of 3 Credits/4 quarter credits/45 clock hours)</p>	<ul style="list-style-type: none"> • Examines assessment procedures and instruments utilized in Marriage and Family Therapy settings. Critical issues in diagnosing, testing, and evaluation of individual's mental health and the family systems in which they are a part • MHS 6222 Assessment in MFT • 3 credit hours • Link to Syllabus 	<ul style="list-style-type: none"> • Psychopharmacology, diagnosis, and treatment of major mental health diagnoses. DSM 5 criteria • RCS 6408 Diagnosis and Treatment of Psychopathology • 3 credit hours • Link to Syllabus 	
<p>FCA 8: Contemporary Issues</p>	<ul style="list-style-type: none"> • Emerging and evolving contemporary issues such as technology, immigration, crisis counseling, military families, practice of MFT's in various community settings such as private practice, hospitals, schools, residential, and non-profit agency work. • MHS 6115 Contemporary and Community Issues • 3 credit hours • Link to Syllabus 	<ul style="list-style-type: none"> • Psychodynamics of the families of addicted person and family growth and development. Practice of addiction counseling. Skills for running psychotherapy groups. • RCS 6456 Counseling approaches for substance abuse • 3 credit hours • Link to Syllabus 	

<p><i>FCA 9: Community Intersections & Collaboration</i></p>	<ul style="list-style-type: none"> • Emerging and evolving contemporary issues such as technology, immigration, crisis counseling, military families, practice of MFT's in various community settings such as private practice, hospitals, schools, residential, and non-profit agency work. • MHS 6115 Contemporary and Community Issues • 3 credit hours • Link to Syllabus 		
<p><i>FCA 10: Preparation for Teletherapy Practices</i></p>	<ul style="list-style-type: none"> • Emerging and evolving contemporary issues such as technology, immigration, crisis counseling, military families, practice of MFT's in various community settings such as private practice, hospitals, schools, residential, and non-profit agency work. • MHS 6115 Contemporary and Community Issues • 3 credit hours • Link to Syllabus 	<ul style="list-style-type: none"> • Ethics in MFT practice, AAMFT code of ethics, Florida law and legal responsibilities • MHS 6705 Legal and Ethical issues in MFT • 3 credit hours • Link to Syllabus 	