



### About this Graduate Course

RCS 6930 CRN 54134

Special Topics Seminar:

Expressive Arts in Play Therapy

Summer 2024 Session C

Tuesdays

5:00pm-9:15pm



### Instructor

Tessa Hastings, PhD,  
LMHC, RPT-S  
hastings@usf.edu

**Register now  
for the  
2024 Summer  
Semester**

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# Expressive Arts *in* Play Therapy

### Course Description

Expressive Arts through a play therapy lens is an evidence-based approach for counseling children. It is developmentally age-appropriate and utilizes children's natural tendency toward play. Play therapists meet children where they are and use toys as the medium of communication to help children identify and resolve distress.

### Course Highlights

- This course will provide students with a brief overview of the history, leading theories, and supporting research for expressive arts well as current trends and practices.
- Students will learn fundamental expressive arts techniques from a play therapy lens.
- This course will prepare students to begin using expressive arts skills under supervision.

### Who Should Take this Course

Any graduate student or professional with a related graduate degree interested in working with children.

