

# Rehabilitation & Mental Health Counseling



## Field Experience Basic Requirements

Rehabilitation and mental health counseling students are required to obtain a total of 1,000 hours of field experience. The 1,000 hours is broken down into 3 classes: Practicum 1, Practicum 2, and Internship.

### Practicum 1 and 2 *(requirements are the same for both)*

- 1. Students are required to obtain 200 agency hours** over the span of the semester *(for summer that averages about 20 hours per week at an agency and for spring and fall semesters, it averages about 14 hours per week at an agency)*. In addition, students attend a practicum class on campus.
- 2. Of the 200 hours for Practicum 1 and 2, 40 of the hours must be face-to-face client contact** *(individual sessions, group counseling, family, or couples)*. This number is higher if the student is completing the marriage and family certificate. Students are not allowed to market or recruit their own clients. An agency would need to have enough clientele to support the required hours.
- 3. Students need to have the ability to audio record** *(with client consent)* 4 individual client sessions over the span of the semester.
- 4. Students need one hour of individual clinical supervision** at their site each week. This can be performed by a staff member with the following credentials: LMHC, LCSW, LMFT, or Licensed Psychologist. Supervisors must be on-site while students complete their hours each week and will be asked to complete a mid-term and final evaluation regarding the student's performance.

### Internship

- 1. Students are required to obtain 600 agency hours** over the span of the semester. This breaks down to 40 per week. Of the 600 hours, 240 must be face-to-face client contact.
- 2. Audio recordings of client sessions are not required.**
- 3. Students need one hour of individual clinical supervision** at their site each week. This can be performed by a staff member with the following credentials: LMHC, LCSW, LMFT, or Licensed Psychologist. Supervisors must be on-site while students complete their hours each week and will be asked to complete a mid-term and final evaluation regarding the student's performance.

## Field Placement

These invaluable opportunities put theory into action. Field placements are practica and internship classes that give students a chance to experience firsthand what they have been reading about in textbooks and discussing in class. No amount of reading, role playing, or talking "about" counseling can substitute for working with people in the "real world."

Students' field placement experiences are critical components of USF's graduate training. It is the students' responsibility to understand the expectations of the practica and internship courses and how to secure an appropriate placement site in a timely manner.

## RMHC Program at USF

Watch what students & faculty say about the RMHC program at USF. Find the link at [www.usf.edu/rmhc](http://www.usf.edu/rmhc)



## More Information

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[Field Placement Handbook](#)

### Rehabilitation & Mental Health Counseling

Child & Family Studies  
College of Behavioral & Community Sciences  
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[www.usf.edu/rmhc](http://www.usf.edu/rmhc)



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