

Tuesday, March 23, 2021
2:45 - 3:10 PM

Title: *Examining the Implementation of Low Intensity, Technology-based Behavioral Health Interventions Supporting Rural Youth: An Integrative Review*

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Abstract: This study examined the implementation of low intensity, technology-based behavioral health interventions supporting rural youth. Three databases were searched through the creation of search strings that were guided by inclusion and exclusion criteria. Search results were screened by title and abstract, and full text reviews were conducted for articles with discrepancies in the title/ abstract. Articles meeting inclusion criteria were then evaluated following the evidence-based Downs and Black checklist to inform study quality. Studies meeting the checklist standards continued to data extraction and thematic synthesis. Preliminary findings focus on identifying existing interventions supporting the target population, the successes of the interventions, facilitators of successful outcomes, and barriers to successful intervention outcomes.