

— 2022 Counseling and Society Speaker Series —

# THE CRMHC AND MFT PROGRAM'S Career and Licensure Panel

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**Thomas Brown, LMHC, LMFT**

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**Milton Moss, LMHC, NCC, CRC**

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**Valerie Siegman, LMHC, LMFT**

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**Allison Zangari, LMHC, LMFT**

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**Dr. Lauren Baxley (Moderator)**

## Ana M. Aluisy, MA, LMHC, LMFT, CFMHE



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Ana Aluisy is a Bilingual Licensed Mental Health Counselor and Marriage and Family Therapist. She specializes in working with multicultural relationships. Ana has provided therapy services for couples, individuals, and families for the last 15 years. A native of Ecuador, Ana moved to the U.S. as a teenager and later joined the United States Marines. She served as President of the Suncoast Mental Health Counselors Association and has been featured as an expert on *The New York Post*, *Reader's Digest*, *Redbook Magazine*, *ABC Action News*, *Univision*, *Telemundo*, *CNN Latino*, *Tampa Bay Times*, *The Orlando Sentinel*, *Glamour* and more. She is the author of *Reinvent your Relationship: A Therapist's Insights to having the Relationship You've Always Wanted* available in English and Spanish.

Ana has been in private practice for the last 11 years and is currently working towards a Ph.D. at the University of South Florida. She lives in Tampa, Florida, with her husband and is raising two bilingual sons. She is passionate about learning and helping individuals thrive in their relationships.

*Areas of expertise: Multicultural couples, Spanish speaking couples, and individuals, Latinx*

## Thomas Brown, LMHC, LMFT



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Thomas D. Brown M.Div., LMHC, LMFT, NCC, is an established psychotherapist in the Tampa Bay community with over 40 years of service and experience. Tom has managed and supervised other non-profit organizations that provide counseling, teaching, educational seminars, support groups, intake assessments and community services. He is a National Certified Counselor who is licensed as a Marriage and Family Therapist and Mental Health Counselor. Tom is certified as a Victim Services Practitioner Designation from the Office of the Attorney General. He brings a wealth of knowledge, experience and to assist and provide service to all who come through the LIFE Center.

*Area of Expertise: Helping those mourning the loss of a loved one, suffering a serious illness, and those who have been victims of crimes.*

## Monica Burton, LMFT



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Monica is a licensed Marriage and Family Therapist (LMFT), practicing in St. Petersburg Florida. She has been a practicing clinician since 2003. She received her Bachelor's Degree from Eckerd College and her Master's Degree in Marriage and Family Therapy from Nova Southeastern University. Monica has completed the Level three Gottman Method Couples Therapy and incorporates the Gottman Method with her systemic training to work with couples and relationships.

Monica also hosts seminars, retreats and does speaking engagements. Monica has a YouTube channel and a podcast all about relationships and mental health issues. Lastly, she has online cooking classes and a relationship and money class.

## Gwendolyn Green, LMHC MCAP



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Gwendolyn Green is CEO at Tampa Crossroads, a Tampa nonprofit offering behavioral wellness, housing, and employment services to residents of Hillsborough County. Gwen was introduced to Tampa Crossroads in 2006 when attending graduate school at the University of South Florida studying mental health counseling. She was offered an internship, was then hired as a behavioral health technician job soon after, which led to a counseling role, clinical director position, and finally CEO. A large part of her responsibility as CEO includes not only overseeing all activities within Tampa Crossroads, but also developing and strengthening community partnerships. Gwen sits on several community task forces and committees associated with the populations served at Tampa Crossroads. Gwen is a Licensed Mental Health Counselor, Master's Level Certified Addictions Professional, and Qualified Supervisor. Outside of her work at Tampa Crossroads she maintains a small private practice and owns Ross Counseling which provides continuing education to mental health professionals across Florida.

*Areas of Expertise: Nonprofit leadership, Mental Health Counseling, Supervision, Continuing Education*

## Deborah McCarthy



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Deborah McCarthy is currently the Director of Student Accessibility Services at the University of South Florida. She has more than 25 years of Higher Education experience including academic advising, campus housing, teaching, admissions and disability advocacy. Prior to coming to USF in 2009, Deborah lived in Austin, TX and worked for The University of Texas at Austin and Southwestern University. Deborah has a Master's in College Student Personnel from Miami University in Ohio. Deborah has a variety of publications focusing on her own experience as a professional with a disability and/or the experiences of students with disabilities.

## Milton Moss, LMHC, NCC, CRC



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Milton Moss is an Area Supervisor with the Florida Division of Vocational Rehabilitation, working with his team to serve consumers in Hillsborough and Pasco Counties. In addition, he is professionally affiliated with The Life Center in Tampa, FL, providing grief and trauma counseling. Mr. Moss earned his MA in Rehabilitation and Mental Health Counseling from the University of South Florida in 2006. He is Certified Rehabilitation Counselor (CRC), Licensed Mental Health Counselor (LMHC) and National Certified Counselor (NCC). In addition, he is a board approved supervisor with the Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counselor for registered Marriage and Family Therapy Interns and Mental Health Counselor Interns. Mr. Moss's professional areas of expertise include helping persons with disabilities achieve their vocational goals and helping those who have experienced grief/trauma find their path to healing. As a proud member of the counseling community, Mr. Moss is always willing to assist the next generation of counselors anyway he can. Please feel free to reach out to him at if you have any questions.

## Valerie Siegman, LMHC, LMFT



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Valerie graduated from the Rehabilitation and Mental Health Counseling Program at USF in 2016. She completed internships at the Tampa Bay Center for Cognitive Behavioral Therapy and the Tampa Bay Center for Relational Psychology. She became a licensed Mental Health Counselor and Licensed Marriage and Family Therapist in 2019.

She began private practice in 2019 splitting her time treating suicidal and self-harming individuals and working with couples. She remains affiliated with both the Tampa Bay Center for Cognitive Behavioral Therapy, implementing Dialectical Behavior Therapy and the Tampa Bay Center for Relational Psychology, where the primary treatment modality is Emotionally Focused Therapy.

Valerie became a Board Certified DBT Clinician in 2020. She leads two active DBT group therapies as well as a family emotional support group for parents of children with suicidal and self-harming behaviors. She is a member of the EFT Tampa Bay Community and serves as a committee member in their Training Program. She is trained in the Neuro Affective Relational Model (NARM) to treat Developmental Trauma / Complex PTSD.

She is a member of the USF Professional Advisory Committee.

She will be completing the AAMFT Qualified Supervisor Training and is interested in supervising students soon.

On a personal note, she recently celebrated 30 years of marriage to her husband, Michael and is the proud mother to three young adult children. Her daughter will be graduating from Boston College with her Masters in Mental Health Counseling this Spring.

## Allison Zangari, LMHC, LMFT



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Allison Zangari, LMHC, LMFT has been working in the field with couples, families, and individuals for over 7 years. She is Emotion-Focused Couples Therapy Certified and a EFT Supervisor-in-Training, as well as an AAMFT Clinical Fellow. She is also a supervisor for MHC and MFT interns, specifically those interested in EFT and EFFT therapies. She has worked extensively with couples and families, specifically those who have tried other therapies and have not seen improvement and how to navigate their struggles with disconnection. She has a high level of passion for those studying mental health counseling and helping them figure out their own paths and goals in the field.

*Areas of Expertise: Couples, high-conflict couples, couples struggling with infidelity, LGBTQ+ couples, couples struggling with addiction and/or eating disorders; Families, high-conflict families, families with one or more LGBTQ+, families struggling with addiction and/or eating disorders, and working with teenagers*

## Dr. Lauren Baxley (Moderator)



Dr. Lauren Baxley is an Assistant Professor of Instruction and field placement coordinator in the Marriage and Family Therapy Program in the Department of Child & Family Studies at USF. She is a LMFT, AAMFT Approved Supervisor, and qualified supervisor in the state of Florida. She has experience working in community mental health as a crisis response therapist providing in-home therapy and school-based therapy. Dr. Baxley also has extensive experience working with the Veterans Health Administration as a marriage and family therapist.