

# JILLIAN LILLIBRIDGE HEILMAN

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## EDUCATION

University of Florida, Gainesville, FL

### **Ph.D. Rehabilitation Sciences**

**2009**

Dissertation: "The Psychosocial Impact of Locomotor Training on Children with Severe, Chronic, Incomplete Spinal Cord Injuries"

Specialization: Rehabilitation Counseling, Pediatric Disabilities

University of Florida, Gainesville, FL

### **M.A. Education and Communication**

Specialization: Youth Development

**1999**

University of Florida, Gainesville, FL

### **B.S. Human Development**

Specialization: Youth Development

**1997**

## CERTIFICATIONS

Certified Rehabilitation Counselor

**2018**

Certified PeopleMap Personality Trainer

**2010**

## WORK EXPERIENCE

University of South Florida, Tampa, FL;

### **Assistant Professor of Instruction/RCDS Program Coordinator**

**2019 - Present**

- Course taught within the Rehabilitation and Mental Health Counseling Program
  - RCS 4453 Overview of Addiction Disorders
  - RCS 4051 Addiction Counseling and Service Coordination
  - MHS 4931 Applications of Substance Use Prevention Programs
  - RCS 5035 Rehabilitation Counseling Concepts and Applications
  - RCS 6220 Individual Evaluation and Assessment
  - RCS 6301 Career/Lifestyle Assessment
  - RCS 6440 Social and Cultural Foundations of Counseling
  - RCS 6906 Independent Study in Addictions
- Innovative Education Course Development for RCDS Program
  - RCS 5080 Medical Aspects of Disability (Spring 2022)
  - RCS 5035 RC: Concepts and Applications (Spring 2022)
  - RCS 6440 Social and Cultural Foundations of Counseling
- Academic Advisor for 20 graduate students
- Scholarship Committee, Member, (2020-present)
- Cultural Diversity Committee, Co-Chair (2021-present)

- RMHC 50<sup>th</sup> Anniversary Committee, Chair (2021-2023)
- Cost Recovery Program Development Committee (2020 – 2022)
- CACREP Accreditation Committee, Chair/Lead (2021-2022)
- ABA Program Coordinator/Instructor Search Committee, Member (2022)
- Switzer Research Fellowship Grant Submission (not funded)
- Certified Rehabilitation Counselor Licensure Online Course, Co-developed (2020)
- 2020 IES Grant writing assistance provided to research faculty

**VOLUNTEER WORK EXPERIENCE**

The Halle Grace Foundation, Valrico, FL

**Co-Founder**

**2015 - Present**

- Manages and coordinates a non-profit organization
  - Educates medical professionals on the psychosocial impact disability has on the patient and family
  - Supports and advises families with chronically ill children
  - Empowers young people with disabilities
- Responsibilities include:
  - Provides workshops to medical professionals and health science students
  - Provides families with information on rights and laws associated with the ADA and Section 504 of the Rehabilitation Act of 1973
  - Assists with accommodations for students with IEPs
  - Organizes annual toy drive to benefit local children’s hospital
  - Manages volunteers
  - Coordinates fundraising efforts

**PRESENTATIONS AND PUBLICATIONS**

Heilman, Jillian, and Heilman, Neeley. “Psychosocial Impact Pediatric Disabilities has on the child and the family”  
 Guest Lecturer, University of Taiwan Rehabilitation Counseling students, Virtual **November 2021**

Heilman, Jillian, and Heilman, Neeley. “Psychosocial Impact Pediatric Disabilities has on the child and the family”  
 Guest Speaker, Gannon University, Rehabilitation Doctoral Students, Tampa, FL **April 2021**

Heilman, Jillian “Psychosocial Impact Pediatric Disabilities has on the child and the family”  
 University of South Florida, Tampa, FL. **October 2020**

Heilman, Jillian “Addressing Children’s Mental Health Needs When Returning to School during the COVID Pandemic;” ABC Action News, Tampa, Florida **August 2020**

Heilman, Jillian “Kids and Anxiety” USF Minute for Mental Health **June 2020**  
 Addressing the mental health needs of children while in isolation during the pandemic

Heilman, Jillian “PeopleMap Personality Assessment” **2018**  
 Presenter on Personality Assessment, Leadership Development and Goal Setting, Florida

Heilman, Jillian. “Putting a Face on Pediatric Disabilities” **Spring 2009 – 2018; 2020**

Guest Lecturer, University of Florida, Disease and Disability, Gainesville, FL

Heilman, Jillian. "Counseling Theories and Research and Their Implications for Practice" **September 2017**  
Panelist, University of Florida, Department of Psychology, Gainesville, FL

Heilman, Jillian. "Pediatric Disabilities: The Psychosocial Impact" **March 2017**  
Presenter, Tampa General Hospital Resident Program, Tampa, FL

Heilman, Jillian. "Effective Patient Communication for Medical Professionals" **March 2017**  
Presenter, University of Florida, Pre-Health Organization, Tampa, FL

Heilman, Jillian. "Healthy Disparity in Minority Populations" **October 2016**  
Panelist, University of Florida, Department of Psychology, Gainesville, FL

Heilman, Jillian. "Women in Leadership" **March 2016**  
Presenter, University of South Florida, Women's Soccer Team, Tampa, FL

Heilman, Jillian & Lillibridge, Michael. "PeopleMap Career Assessment" **April 2010**  
The PeopleMap System, Tampa, FL

Heilman, Jillian. "Journaling the Journey" **2010**  
Book self-published, Tampa, FL

Heilman, Jillian. "The Psychosocial Impact of Locomotor Training on Children with Severe, Chronic, Incomplete Spinal Cord Injuries" **2009**  
Doctoral Dissertation, University of Florida, Gainesville, FL