

## CURRICULUM VITAE

**Elizabeth A. Perkins PhD RNLD FAAIDD FGSA**

Florida Center for Inclusive Communities/UCEDD

Department of Child and Family Studies

College of Behavioral and Community Sciences

University of South Florida

13301 Bruce B. Downs Blvd, MHC 2113A Tampa, FL, 33612-3807

Tel: (813) 974-7076 Fax: (813) 974-9754 Email: [eperkins@usf.edu](mailto:eperkins@usf.edu)**EDUCATION AND PROFESSIONAL LICENSURE**

- 2013 Graduate – Developmental Disabilities Leadership Institute, University of Delaware/AUCD UCEDD.
- 2010 Post-Doctoral Fellowship, Florida Center for Inclusive Communities, College of Behavioral and Community Sciences, University of South Florida
- 2009 Ph.D. University of South Florida, Tampa, FL. GPA 4.0  
Major: Aging Studies  
Dissertation: *Caregivers of Adults with Intellectual Disabilities: The Relationship of Compound Caregiving & Reciprocity to Quality of Life.*
- 2003 B.A. (*Summa Cum Laude*) GPA 4.0 University of South Florida, Tampa, FL.  
Major: Psychology
- 2001 A.A (*High Honors*) GPA 4.0. St. Petersburg Junior College, Clearwater, FL.
- 1992 RNLD (Registered Nurse Learning Disabilities). Hereford & Worcestershire College of Nursing & Midwifery, Worcester, England, United Kingdom.
- 1992 – present RNLD continuous registration with the United Kingdom’s Nursing and Midwifery Council ID #89HO444E. Revalidated to November 2022.

**PROFESSIONAL EXPERIENCE****University of South Florida****College of Behavioral and Community Sciences****Department of Child and Family Studies, Florida Center for Inclusive Communities**

(University Center for Excellence in Developmental Disabilities – UCEDD)

Associate Director	02/13 - present
Research Associate Professor	08/17 - present
Research Assistant Professor	07/10 - 07/2017
Post-Doctoral Fellow	01/10 - 06/10
Health Coordinator	08/09 - present
Special Assistant to the Dean: Program & Instructional Enhancement	01/11-12/11

## **Morsani College of Medicine**

### **Department of Family Medicine**

Courtesy Joint Associate Professor

08/17 - present

Courtesy Joint Assistant Professor

05/13 – 07/17

### **College of Behavioral and Community Sciences**

#### **School of Aging Studies**

Graduate Teaching Associate/Assistant

08/04 – 07/09

### **College of Arts and Sciences**

#### **Department of Gerontology**

Undergraduate Research Assistant

04/03 – 12/04

#### **Department of Psychology**

Undergraduate Research Assistant

08/02 – 06/03

## **Cotdean Nursing Homes Limited, Brierley Hill, West Midlands, England**

Director

10/94 – 05/98

Quality Assurance Nurse

11/93 – 10/94

## **North Worcestershire (National Health Service) Trust, Lea Castle Hospital, Kidderminster, Worcestershire, England**

Staff Nurse

11/92 – 10/93

## **Kidderminster District Health Authority/Hereford & Worcestershire College of Nursing & Midwifery, Lea Castle Hospital, Kidderminster, Worcestershire, England**

Student Nurse

08/89 – 11/92

## **PUBLICATIONS**

### ***Articles in Peer-Reviewed Journals***

Jones, K., Rivera, C., Bindas, B., Woodard, L., & **Perkins, E. A.** (in press). Sports: An underutilized tool for achieving health and wellness for patients with intellectual disabilities. *Journal of Family Practice*.

Trip, H., Northway, R., **Perkins, E. A.**, Mirfin-Veitch, B., & Adams, R. (2022). COVID-19: Evolving challenges and opportunities for residential and vocational intellectual disability service providers. *Journal of Practice & Policy in Intellectual Disabilities*, 19(1), 102-115. <https://doi.org/10.1111/jppi.12414>

Lee, C. E., Burke, M. M., & **Perkins, E. A.** (2022). Compound caregiving: Toward a research agenda. *Intellectual and Developmental Disabilities*, 60(1), 66-79. <https://doi.org/10.1352/1934-9556-60.1.66>

Makris, A.\*, Khaliq, M., & **Perkins, E. A.** (2021). A scoping review of behavior change interventions to decrease health care disparities for patients with disabilities in a primary care setting: Can social marketing play a role? *Social Marketing Quarterly*, 27(1), 48-63. <https://doi.org/10.1177/2F1524500421992135>

- Kim, G., Allen, R.S., Wang, S. Y., Park, S., **Perkins, E. A.**, & Parmelee, P. (2019). The impact of multiple informal caregiving roles on subjective physical and mental health status among older adults: Racial/ethnic differences existed. *The Gerontologist*, 59(3), 499-508. doi: 10.1093/geront/gnx196
- Perkins, E. A.** (2018). Presidential Address 2018-Reaffirming diversity and inclusion. *Intellectual and Developmental Disabilities*, 56(6), 486-493.
- Williamson, H.J.\*, **Perkins, E.A.**, Massey, O.T., Baldwin, J.A., Lulinski, A., Armstrong, M.I., & Levin, B.L. (2018). Family caregivers as needed partners: Recognizing their role in Medicaid managed long-term services and supports. *Journal of Policy and Practice in Intellectual Disabilities*, 15(3), 214-225.
- Heller, T., Scott, H. M., Janicki, M. T., & Pre-Summit Workgroup on Caregiving and Intellectual/Developmental Disabilities. (2018). Caregiving, intellectual disability, and dementia: Report of the Summit Workgroup on Caregiving and Intellectual and Developmental Disabilities. *Alzheimer's & Dementia: Translational Research & Clinical Interventions*, 4, 272-282. <https://doi.org/10.1016/j.trci.2018.06.002> [Summit Workgroup: Tamar Heller, Ph.D., Anna Esbensen, Ph.D., Sam Fazio, Ph.D., Hailee Yoshizaki-Gibbons, Dean H. Hartley, Ph.D., Matthew P. Janicki, Ph.D., Nancy Jokinen, Ph.D., Beth Kallmyer, MSW, Seth Keller, M.D., Sandy Magana, Ph.D., Christina Marsack, Ph.D., Philip McCallion, Ph.D., **Elizabeth Perkins, Ph.D.**, Michelle Putnam, Ph.D., Sara Qualls, Ph.D., Rick Rader, M.D., Karen Roberto, Ph.D., Haleigh M. Scott, Ph.D., Barbara Wheeler, Ph.D.]
- Williamson, H. J., Contreras, G. M., Rodriguez, E. S., Smith, J. M., & **Perkins, E. A.** (2017). Health care access for adults with intellectual and developmental disabilities: A scoping review. *OTJR: Occupation, Participation, and Health*, 37, 227-236. <https://doi.org/10.1177/1539449217714148>
- Williamson, H. J.\*, **Perkins, E.A.**, Levin, B. L., Baldwin, J.A., Armstrong, M.I., Lulinski, A., & Massey, O.T. (2017). Implementation of Medicaid managed long-term services and supports for adults with intellectual and/or developmental disabilities in Kansas. *Intellectual and Developmental Disabilities*, 55(2), 84-96. <https://doi.org/10.1352/1934-9556-55.2.84>
- Williamson, H. J.\*, **Perkins, E. A.**, Fitzgerald, M., Acosta, A., Agrawal, J. K., & Massey, O. T. (2016). Family caregivers of individuals with intellectual and developmental disabilities: Experiences in U.S. States with Medicaid managed care long-term services and supports. *Journal of Policy and Practice in Intellectual Disabilities*, 13, 287-296. <https://doi.org/10.1111/jppi.12198>
- Bishop, K., Hogan, M., Janicki, M. P., Keller, S., Lucchino, R., Mughal, D., **Perkins, E. A.**, Singh, B. K., Service, K., Wolfson, S., and the Health Planning Work Group of the National Task Group on Intellectual Disabilities and Dementia Practices. (2015). Guidelines on health care advocacy for adults with intellectual disabilities and dementia of the National Task Group on Intellectual Disabilities and Dementia Practices. *Intellectual and Developmental Disabilities*, 53(1), 2-29. <https://doi.org/10.1352/1934-9556-53.1.2>

- Williamson, H. J.\* & **Perkins, E. A.** (2014). Family caregivers of adults with intellectual and developmental disabilities: Caregiver outcomes associated with U.S. services and supports. *Intellectual and Developmental Disabilities*, 52(2), 147-159. <https://doi.org/10.1352/1934-9556-52.2.147>
- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, Telford, R., Yalcin, A., & Yegidis, B. (2014). A preliminary investigation of risks for adverse outcomes of relationship seeking on social network sites: A descriptive study of women seeking relationships on MySpace in Hillsborough County, Florida. *Journal of Women and Aging*, 26(2), 127-145. <https://doi.org/10.1080/08952841.2014.884897>
- Perkins, E. A.**, & Haley, W. E. (2013). Emotional and tangible reciprocity in middle and older-aged caregivers of adults with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 10(4), 334-344. <https://doi.org/10.1111/jppi.12061>
- Glaesser, R.\*, & **Perkins, E. A.** (2013). Self-injurious behavior in older adults with intellectual disabilities. *Social Work*, 58(3), 213-221. <https://doi.org/10.1093/sw/swt018>
- Perkins, E. A.**, & Friedman, S. L. (2012). Introduction to the Special Issue on Aging and End of Life. *American Journal on Intellectual and Developmental Disabilities*, 117(6), 439-441. <https://doi.org/10.1093/sw/swt01810.1352/1944-7558-117.6.439>.
- Perkins, E. A.** (2012). Health care on both sides of the Atlantic Ocean. *Learning Disability Practice*, 15(7), 34-36. [Invited article] <https://doi.org/10.1093/sw/swt01810.7748/ldp2012.09.15.7.34.c9252>
- Perkins, E. A.**, & Berkman, K. A. (2012). Into the unknown: aging with autism spectrum disorders. *American Journal on Intellectual and Developmental Disabilities*, 117(6), 478- 496. <https://doi.org/10.1352/1944-7558-117.6.478>
- Woodard, L., Havercamp, S., Zwygart, K., & **Perkins, E. A.** (2012). An innovative clerkship module focused on patients with disabilities. *Academic Medicine*, 87(4), 537-542. <https://doi.org/10.1097/ACM.0b013e318248ed0a>
- Perkins, E. A.**, & LaMartin, K. M.\* (2012). The internet as social support for older carers of adults with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 9(1), 53-62. <https://doi.org/10.1111/j.1741-1130.2012.00330.x>
- Perkins, E. A.**, & Haley, W. E. (2010). Compound caregiving: When lifelong caregivers undertake additional caregiving roles. *Rehabilitation Psychology*, 55(4), 409-417. <https://doi.org/10.1037/a0021521>
- Perkins, E. A.**, & Moran, J. A. (2010). Aging adults with intellectual disabilities. *Journal of the American Medical Association*, 304(1), 91-92. <https://doi.org/10.1001/jama.2010.906>
- Perkins, E. A.** (2010). The compound caregiver: a case study in multiple caregiving roles. *Clinical Gerontologist*, 33(3), 248-254. <https://doi.org/10.1080/07317111003773619>
- Perkins, E. A.** (2007). Self and proxy reports across three populations: Older adults, persons with Alzheimer's disease, and persons with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 4(1), 1-10. <https://doi.org/10.1111/j.1741->

[1130.2006.00092.x](https://doi.org/10.1111/j.1741-1130.2006.00092.x)

**Perkins, E. A.**, Small, B. J., Balducci, L., Extermann, M., Robb, C., & Haley, W. E. (2007). Individual differences in well-being in older breast cancer survivors. *Critical Reviews in Oncology/Hematology*, 62, 74-83. <https://doi.org/10.1016/j.critrevonc.2006.11.002>  
[PMCID1911161](https://pubmed.ncbi.nlm.nih.gov/1911161/)

Robb, C., Haley, W. E., Balducci, L., Extermann, M., **Perkins, E. A.**, Small, B., & Mortimer, J. (2007). Impact of breast cancer survivorship on quality of life in older women. *Critical Reviews in Oncology/Hematology*, 62(1), 84-91.  
<https://doi.org/10.1016/j.critrevonc.2006.11.002>

**Perkins, E. A.**, & Small, B. J. (2006). Aspects of cognitive functioning in adults with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 3(3), 181- 194.  
<https://doi.org/10.1111/j.1741-1130.2006.00078.x>

Haley, W. E., & **Perkins, E. A.** (2004). Current status and future directions in family caregiving and aging people with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 1(1), 24-30. <https://doi.org/10.1111/j.1741-1130.2004.04004.x>

Note \* denotes a graduate student author that I have mentored.

#### ***Journals: Special Issues***

**Perkins, E. A.**, & Friedman, S. L. (Eds.). (2012). Special Issue: Aging and End of Life. *American Journal on Intellectual and Developmental Disabilities*, 117(6).  
<https://doi.org/10.1352/1944-7558-117.6.439>

#### ***Books***

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2021). Physical change and aging: A guide for the helping professions (7th ed.). Springer Publishing Company.  
<https://doi.org/10.1891/9780826150561>

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2014). *Physical change and aging: a guide for the helping professions* (6th ed.). Springer Publishing Company.

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2016). *Physical change and aging: a guide for the helping professions* (6th ed.). Taiwan: Farternng Culture Company Ltd., (Traditional Chinese).

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2010). *Physical change and aging: a guide for the helping professions* (5th ed.). Springer.

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2011). *Physical change and aging: a guide for the helping professions* (5th ed.). Taiwan: Farternng Culture Company Ltd., (Traditional Chinese).

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2014). *Physical changes in the elderly: Concepts and applications* (5th ed.). Taiwan: Huateng Culture Company Ltd., (Traditional Chinese).

## ***Book Chapters***

- Tassé, M. J., **Perkins, E. A.**, Jorgensen-Smith, T., & Chapman, R. (2020). Behavioral health services for persons with intellectual and developmental disabilities. In B. L Levin & A. Hanson. (Eds.), *Foundations of behavioral health* (pp. 253-272). Switzerland: Springer Nature
- Perkins, E. A.** & van Heumen, L. (2017). When the journey ends: Parental caregiving and later life planning. In B. S. Goff, & N. P. Springer (Eds). *Intellectual and Developmental Disabilities: A Road Map for Families and Professionals* (pp. 216-228). New York, NY: Taylor & Francis/Routledge
- Perkins, E. A.** (2016). Quality of life outcomes of aging adults with autism and their families. In S. D. Wright (Ed). *Autism spectrum disorders in mid and later life* (pp. 397-406). London, UK: Jessica Kingsley
- Perkins, E. A.**, & Hewitt, A. (2016). Coping with caregiver stress. In I. L. Rubin, J. Merrick, D. E. Greydanus, & D. R. Patel, (Eds), *Health care for people with intellectual and developmental disabilities across the lifespan* (pp. 2165-2183). New York, NY: Springer International Publishing.
- Perkins, E. A.**, Lynn, N., & Haley, W. E. (2007). Caregiver issues associated with wandering. In A. L. Nelson & D. L. Algase (Eds.) *Evidence based protocols for managing wandering behaviors.* (pp. 123-142). New York, NY: Springer.
- Note: This book was a recipient of the Book of the Year award in the Gerontological Nursing Section by the *American Journal of Nursing*.

## ***Non-peer reviewed articles, Policy Briefs, Book Reviews, Reports, and Testimony***

- Perkins, E. A.**, Kose, L., & Hooper, M. (2021). End the wait! Developmental Disability Policy Brief. Florida Center for Inclusive Communities & Florida Developmental Disabilities Council. [http://ddwaitlist.cbcs.usf.edu/docs/2021\\_EndtheWait\\_Policy%20Brief.pdf](http://ddwaitlist.cbcs.usf.edu/docs/2021_EndtheWait_Policy%20Brief.pdf)
- Perkins, E. A.**, & **VanZant, S.** (2019). Promoting better health care appointments: Let's make the unfamiliar familiar! *Exceptional Parent Magazine*, 9, 49-51.  
<https://reader.mediawiremobile.com/epmagazine/issues/205250/viewer?page=49>
- Perkins, E. A.** (2019). Reaffirming Diversity and Inclusion. (Reprint of AAIDD Presidential Address). *Exceptional Parent Magazine*, 5, 48-54.  
<https://reader.mediawiremobile.com/epmagazine/issues/204765/viewer?page=49>
- Perkins, E. A.**, Kose, L., & Hooper, M. (2019). End the wait! Developmental Disability Policy Brief. Florida Center for Inclusive Communities & Florida Developmental Disabilities Council. [http://ddwaitlist.cbcs.usf.edu/docs/2019-12%20DD%20WaitlistCampaign\\_Policy%20Brief.pdf](http://ddwaitlist.cbcs.usf.edu/docs/2019-12%20DD%20WaitlistCampaign_Policy%20Brief.pdf)

**Perkins, E. A.,** Kose, L., & Hooper, M. (2018). End the wait! Developmental Disability Policy Brief. Florida Center for Inclusive Communities & Florida Developmental Disabilities Council.

Heller, T., Scott, H., Janicki, M.P., and the Pre-Summit Workgroup on Caregiving and Intellectual/Developmental Disabilities. (2017, August). Caregiving and Intellectual and Developmental Disabilities and Dementia: Report of the Pre-Summit Workgroup. Chicago: University of Illinois at Chicago (Department of Human Development and Disability). Retrieved from <https://aadmd.org/sites/default/files/Presummit%20on%20IDD%20Brief-FINAL-8%2712%2717a.pdf>

Kose, L., **Perkins, E. A.,** & Hooper, M. (2017). *End the wait!* Developmental Disability Policy Brief. Florida Center for Inclusive Communities & Florida Developmental Disabilities Council.

Bishop, K.M., Hogan, M., Janicki, M.P., Keller, S.M., Lucchino, R., Mughal, D.T., **Perkins, E.A.,** Singh, B.K., Service, K., Wolfson, S., and the Health Planning Work Group of the National Task Group on Intellectual Disabilities and Dementia Practices. (2014). *Guidelines for Dementia-Related Health Advocacy for Adults with Intellectual Disability and Dementia: National Task Group on Intellectual Disabilities and Dementia Practices*. Prospect, KY: American Academy of Developmental Medicine and Dentistry. Retrieved from <http://aadmd.org/sites/default/files/Bishop-document-web.pdf>

**Perkins, E. A.** (2014). Review of the book *Transition to Retirement: A guide to inclusive practice*, by R. J. Stancliffe, N. J. Wilson, N. Gambin, C. Bigby, & S. Balandin. *Learning Disability Practice*, 17(5), 10.

**Perkins, E. A.** (2013). My health passport: A journey to better healthcare. National Gateway To Self-Determination. *Research to Practice in Self-Determination Series*, Issue 5, 9-10.

**Perkins, E. A.** (2011). *Compound caregivers: overlooked and overburdened* [White paper]. Tampa, Florida: University of South Florida, Florida Center for Inclusive Communities. [http://flfcic.fmhi.usf.edu/docs/FCIC\\_CompoundCaregivers\\_070811.pdf](http://flfcic.fmhi.usf.edu/docs/FCIC_CompoundCaregivers_070811.pdf)

**Perkins, E. A.** (2010). *Older Adults with Developmental Disabilities and their Aging Caregivers*. Written testimony submitted to the Administration on Developmental Disabilities, *Envisioning the Future Summit Series*, 2010. <http://www.envision2010.net/submissiondocs/54.pdf>

## EXTERNAL FUNDING

2021-2022 Promoting the Participation of Individuals with Disabilities in Covid-19 Vaccines. Administration on Community Living. US Department of Health & Human Services. Role: Principal Investigator (Total Budget \$59,701).

2020-2025 Florida Center for Inclusive Communities - University Center for Excellence in Developmental Disabilities 5 Year Core Grant. 90-DDUC-0076-01-00 Administration on Intellectual and Developmental Disabilities. Administration on Community Living. US Department of Health and Human Services.

- Role: Co-Principal Investigator /Associate Director (Total Budget \$2,858,660).
- 2015-2020 Florida Center for Inclusive Communities - University Center for Excellence in Developmental Disabilities 5 Year Core Grant. 90-DD-0806, Administration on Intellectual and Developmental Disabilities. Administration on Community Living. US Department of Health and Human Services.  
Role: Co-Principal Investigator /Associate Director (Total Budget \$2,729,595).
- 2010-2015 Florida Center for Inclusive Communities - University Center for Excellence in Developmental Disabilities 5 Year Core Grant. 90-DD-0668, Administration on Intellectual and Developmental Disabilities. Administration on Community Living. US Department of Health and Human Services.  
Role: Health Coordinator/Associate Director (Total Budget \$2,701,430).
- 2011-2012 Senior Surfers and Social Networking: An interdisciplinary investigation into online dating outcomes for older women seeking relationships on MySpace. USF College of Public Health Interdisciplinary Grant  
Role: Co-Investigator (Total budget \$99,980).
- 2004-2007 UPARC, 1501 N. Belcher Rd, Clearwater, Florida, 33765. Produce educational materials. Conduct regular workshops on aging and health issues, specifically for managerial and direct care staff serving consumers with intellectual/developmental disabilities in UPARC's Medical Elderly Program (Total Budget \$11,000).

### ***Grants Submitted***

- 2019 Disability and Rehabilitation Research Project: Social Determinants of Health and Health Outcomes for People with Cognitive or Intellectual Disabilities and Related Conditions in Three National Surveys (University of Minnesota)  
National Institute on Disability, Independent Living, and Rehabilitation Research.  
Total Budget \$2,500,000  
Role: Principal Investigator: USF Subcontract (\$113,361). Not Funded.
- 2016 R21 – Supports and Wellness Information for Multi-caregivers with Multi-morbidities. National Institute of Nursing Research, NIH, (Total Budget \$373,750).  
Role: Principal Investigator. Not funded.
- 2014 Hillman Foundation - Staying Home: a holistic approach to improving the quality of care and life satisfaction of aging adults with developmental disabilities and their family caregivers. (Total Budget - \$200,000 x 3 years).  
Role: Principal Investigator: USF Subcontract (\$65,000 per year). Not Funded.
- 2013 R01 – Changes in Aging Caregiver Quality of Life, Roles, and Supports, National Institute on Aging, NIH, (Total Budget - \$2.1 million).  
Role: Principal Investigator. Not funded.



- 2012 CDC – Improving Health of People with Intellectual Disabilities.  
National Collaborative for Healthcare Access (\$3 million x 3 years).  
Role Principal Investigator: USF Subcontract (\$100,000 per year). Not funded.
- 2011 R21 – Senior Surfers & Social Networking.  
National Institute on Aging, NIH, (Total Budget \$397,366).  
Role: Co-Investigator. Not funded.

## HONORS & AWARDS

### *National*

#### **Exceptional Parent (EP) Magazine**

##### *EP Magazine Advocate Hero Awardee*

For the 50<sup>th</sup> Anniversary of the Exceptional Parent Magazine, one of 50 living hero advocates recognized for their advocacy in the disability field. 2021

<https://www.usf.edu/cbs/cfs/news-events/perkins-ep-50-4-50.aspx>

#### **National Historic Recognition Project**

*National Honoree* 2020

For significant national contributions in the field of intellectual and developmental disabilities (scholarship and public policy) in the U.S. between 2000 and 2020. <https://www.aaidd.org/docs/default-source/default-document-library/national-historic-recognition-project-2000-2020.pdf>

The Award Committee was comprised of representatives from the following national disability organizations AAIDD, ANCOR, AUCD, NASDDDS, The Arc, UCP, Adapt Community Network.

#### **Gerontological Society of America**

Fellow 2016

#### **American Association on Intellectual and Developmental Disabilities**

Fellow 2014

#### **The Rosalynn Carter Institute for Caregiving/Johnson & Johnson**

Mattie J. T. Stepanek Intergenerational Caregiving Scholarship (\$2000) 2006

*Awards from University of South Florida*

**College of Arts & Sciences**

**Department of Psychology**

USF Distinguished Undergraduate Psychology Alumni Award 2017

**College of Behavioral and Community Sciences**

**School of Aging Studies**

Sue V. Saxon Faculty Teaching Award for Outstanding Teaching  
in the Field of Gerontology 2010

**Department of Child & Family Studies**

FCIC Core Management Team - FCIC/DARES Division Team Award 2010

**USF Graduate and Undergraduate Awards**

Provost's Award for Outstanding Teaching (Graduate Teaching Assistant) 2008

Provost's Commendation for Outstanding Teaching (Graduate Teaching Assistant) 2007

King O'Neal Scholar Award (graduating undergraduate cumulative 4.0 GPA) 2003

**USF College of Arts & Science Graduate Awards**

Publication Award for Doctoral Student and Faculty Mentor for *Aspects of  
Cognitive Functioning in Adults with Intellectual Disabilities* 2007

Aging Exchange Day, 2nd Place, Best Research Award, Dept of Gerontology 2005

*Awards from St. Petersburg College*

**Undergraduate Student Awards**

Gilbart Award for Excellence: Outstanding Student of the Year 2010

Honors Interdisciplinary Studies Program Year Two.

Gilbart Award for Excellence: Outstanding Student of the Year 2009

Honors Interdisciplinary Studies Program Year One.

George F. Hieber II Award for Excellence in College Prep Mathematics 2009

**PROFESSIONAL SERVICE**

*International and National Leadership/Committee Activities*

**American Association on Intellectual and Developmental Disabilities**

National Board of Directors (elected by membership)

Vice-President 2016-2017

President-Elect 2017-2018

President (142<sup>nd</sup>) 2018-2019

Immediate Past President 2019-2020

Member-at-Large	2012-2016
<b>National Conference Committee</b>	
Chair, National Conference Planning Committee	2017-2018
Chair, Local Arrangements Committee	2013-2014
Member, National Conference Planning Committee	2013/14, 2015/16
Conference abstract reviewer	2013
Ad Hoc Policy Committee	2011
Aging and End-of-Life Task Force, Chair	2009-2012
Nominations and Elections Committee, Member	2009-2011, 2019
Nominations and Elections, Chair	2018
Conference of Professional Interests Representative	2009-2012
President of the Gerontology Division	2008-2012
AAIDD Board of Directors' Leadership and Strategic Planning Retreat	2008
Invited participant	
<b>American Nursing Association</b>	
Member, Workgroup for Revising ANA Nursing Standards:	2017-2018
Intellectual & Developmental Nursing: Scopes and Standards of Practice	
<b>Gerontological Society of America</b>	
Formal Interest Group on Developmental Disabilities, Co-convener	2008-2011
Conference abstract reviewer	2008-2009
<b>International Association for the Scientific Study of Intellectual Disabilities</b>	
Ad hoc Working Group to Establish an International Training Academy	2006
<b>The Arc - National Center of Future Planning</b>	
Member, Advisory Council	2016-present
<b>Administration on Developmental Disabilities (US Department of Health and Human Services)</b>	
Envisioning the Future Summit Series	
Invited Listener/Key Stakeholder, Testimony & Prioritization Days	2010
<i>State Leadership/Committee Activities (Florida)</i>	
<b>Florida Department of Health, Disability and Health Program</b>	
Member, Advisory Board, Disability Community Planning Group	2012- 2021
<b>Florida Department of Health, Alzheimer's Disease and Related Dementias Workgroup, Nominated/Selected member</b>	
	2021-2022
<b>Florida Developmental Disabilities Council</b>	
USF/FCIC (UCEDD) Representative	2010- present
Healthcare/Prevention Task Force, Member	2010- 2016
Workforce Task Force	2016- present

Strategic Waitlist Task Force	2016-2017
Aging Caregivers Task Force	2019-present
Access to Services Task Force	2022-present

**Disability Rights Florida**

Elected to Board of Directors, member-at-large	2021-present
Finance Committee Member	2021-present
Public Policy Committee Member	2021-present
Client Grievance Committee Member	2021-present
Finance Committee Member	2021-present

Mailman Center UCEDD/University of Miami Mailman Advisory Committee, FCIC Representative	2014 - present
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**Editorial Appointments**

**Consulting Editor**

<i>Intellectual and Developmental Disabilities</i> (AAIDD, US)	2020 - present
<i>Journal of Policy &amp; Practice in Intellectual Disabilities</i> (Wiley-Blackwell, US)	2018- present

**Editorial Board**

<i>Inclusion</i> (AAIDD, US)	2013- present
<i>Learning Disability Practice</i> (Royal College of Nursing, UK)	2012- present
<i>Journal of Policy &amp; Practice in Intellectual Disabilities</i> (Wiley-Blackwell, US)	2011-2018

**Ad hoc Reviewer** (24 different journals from 2006 – current)

2021 *Journal of Gerontological Social Work*

2020 *Aging and Mental Health, Families in Society, Journal of Applied Research in Intellectual Disabilities*

2019 *The Gerontologist*

2018 *Journal of Mental Health Research in Intellectual Disabilities, Intellectual and Developmental Disabilities*

2017 *Intellectual and Developmental Disabilities*

2016 *The Gerontologist, Journal of Child and Family Studies, Intellectual and Developmental Disabilities, Home Health Care Services Quarterly*

2015 *American Journal on Intellectual and Developmental Disabilities, Research on Aging, Intellectual and Developmental Disabilities*

2014 *Journal of Autism and Developmental Disorders, Intellectual and Developmental Disabilities*

2013 *Intellectual and Developmental Disabilities, American Journal on Intellectual and Developmental Disabilities, Journal of Applied Research in Intellectual Disabilities, Inclusion.*

2012 *Journal of Intellectual Disabilities*

2011 *Anxiety, Stress, & Coping, American Journal on Intellectual and Developmental Disabilities, Journal of Policy and Practice in Intellectual Disabilities, Rehabilitation Psychology*

- 2010 *Archives of Internal Medicine, Rehabilitation Psychology, British Journal of Cancer.*  
 2009 *Journal of Policy and Practice in Intellectual Disabilities*  
 2007 *Psychology Health & Medicine, European Journal of Surgical Oncology.*  
 2006 *Journal of Policy and Practice in Intellectual Disabilities.*

***External Grants/Scholarship Reviews***

- University of Arizona, Tuscon, Arizona, USA. 2017  
 External Reviewer - Promotion
- University of Hawai'i, Honolulu, Hawai'i, USA. 2016  
 External Reviewer – Tenure and Promotion
- Health Research Board, Department of Health, Ireland 2015  
 External Reviewer
- U. S. Department of Health and Human Services, Administration for Child & Families,  
 Administration on Developmental Disabilities  
 UCEDD 5 year Center grant applications  
 Peer Review Panel, Member 2012
- International Association for the Scientific Study of Intellectual Disabilities  
 Tosinvest Scholarships  
 Review Panel, Member 2012

***University Service***

**University of South Florida**

- USF Education Abroad Scholarship Review Committee, CBCS representative 2011-2013

**College of Behavioral and Community Sciences**

- Professional Development Leave Review Committee, Member 2016  
 CBCS Diversity Workgroup, Member 2015-2018

**Department of Child & Family Studies (CFS)**

- Master's Program DD Concentration Admission Committee, Member 2015-present  
 (Master of Science in Child and Adolescent Behavioral Health)

CFS Governance Council

- Chair 2012-2013  
 Member 2013-2015

CFS Governance Faculty Subcommittee

- Chair 2012-2013  
 Member 2013-2015

#### Search Committees

FCIC/UCEDD Training Director, Member	2022
FCIC/UCEDD Training Director, Member	2012
FCIC/UCEDD Co-Director search, Member	2009
CFS Impact Committee Team, Member	2010-2012
CFS Post-Doctoral Scholar Committee, Member	2010

#### College of Arts & Sciences

Ad hoc Student Disciplinary Grievance Committee	
Student Representative	2003

### CONFERENCE PRESENTATIONS

#### *National/International Peer-Reviewed Conference Presentations*

**Perkins, E. A., & Goldschmidt, J.** (2020, Jun). *Diagnostic overshadowing: Understanding the implications of underdiagnosis in IDD healthcare* (Panel session). AAIDD 2021 Annual Meeting and Conference, Virtual Format.

**Perkins, E. A., & Goldschmidt, J.** (2020, Jun). *Diagnostic overshadowing: Understanding the implications of underdiagnosis in IDD healthcare* (Panel session). AAIDD 2020 Annual Meeting and Conference, Pittsburgh, PA. United States. [www.aaidd.org/education/annual-conference/archives/2020-annual-conference](http://www.aaidd.org/education/annual-conference/archives/2020-annual-conference) (Conference cancelled).

**Makris, A.\*, Khaliq, M., & Perkins, E.** (2019, Nov). *Social marketing interventions to primary care physicians to decrease health disparities for patients with a disability: A scoping review.* Poster presented at the annual AUCD Conference, Washington D.C.

**Makris, A.\*, Khaliq, M., & Perkins, E.** (2019, June). *Social marketing interventions aimed at physical activity to decrease health disparities for people with intellectual disabilities. A scoping review.* Poster presented at the World Social Marketing Conference, Scotland, UK.

**Makris, A.\*, Khaliq, M., & Perkins, E. A.** (2018, Nov). *Social marketing interventions to primary care physicians to decrease health disparities for patients with a disability. A scoping review.* Poster presented at the annual AUCD Conference, Washington D.C.

**Makris, A.\*, Perkins, E., & Khaliq, M.** (2018, Sep). *A scoping review of the social marketing interventions to decrease health disparities for patients with a disability in a primary care setting: Current status and future recommendations.* Poster presented Annual National Conference on Health Communication, Marketing and Media, Atlanta, GA.

**Makris, A.\*, Perkins, E., & Khaliq, M.** (2018, Sep). *A scoping review of the social marketing interventions to physicians to decrease health disparities for patients with a disability in a primary care setting: Current status and future recommendations.* Poster presented at the annual European Social Marketing Conference, Antwerp, Belgium.

- Makris, A.,\* Khaliq, M., & **Perkins, E. A.** (2018, Jun). *A scoping review of social marketing interventions to decrease health disparities for patients with a disability in a primary care setting*. Poster presented at the Annual Meeting of the Social Marketing Conference, Clearwater, FL.
- VanZant, S.\* & **Perkins, E. A.** (2017, Nov). *Integrating Disability: Evaluating the usefulness of "My Health Report" and its effect on doctor-patient communication*. Poster presented at the Annual Meeting of the American Public Health Association, Atlanta, GA.
- Glaesser, R.\*., **Perkins, E.A.**, & Park, N. (2017, Jun). *Transition of persons with developmental disabilities (DD) from parental to sibling co-residential care: Effects on sibling caregiver well-being and family functioning*. Poster presented at the Annual Meeting of the American Association on Intellectual and Developmental Disability, Hartford, CT.
- Williamson, H. J.\*, Contreras, G. M., Rodriguez, E. S., Smith, J. M., & **Perkins, E. A.** (2017, Jun). *Health care access for adults with intellectual and developmental disabilities: A scoping review*. Poster presented at the Annual Meeting of the American Association on Intellectual and Developmental Disability, Hartford, CT.
- VanZant, S.\*, & **Perkins, E. A.** (2017, Jun). *Training for support staff in clinical settings providing healthcare services to patients with intellectual and developmental disabilities*. Poster presented at the Annual Educational Conference of the American Academy of Developmental Medicine and Dentistry, Houston, TX.
- VanZant, S.\* & **Perkins, E. A.** (2016, Nov). *Integrating Disability: Communication and health promotion as a platform for overcoming disparities*. Poster presented at the Annual Meeting of the American Public Health Association, Denver, CO.
- Williamson, H.\*., **Perkins, E. A.**, Levin, B. L., Baldwin, J., Lulinski, A., Armstrong., & Massey, O. T. (2016, Nov). *Implementation of Medicaid Managed Long-term Services and Supports for adults with intellectual and/or developmental disabilities*. Paper presented at the meeting of the American Public Health Association, Denver, CO.
- Glaesser, R. S.\*, **Perkins, E. A.**, Park, N., Armstrong, M., & Strozier, A. (2016, Aug). *Transition of persons with developmental disabilities (DD) from parental to sibling co-residential care*. Poster presented at the meeting of the World Congress of the International Association of the Scientific Study of Intellectual and Developmental Disabilities, Melbourne, Australia.
- VanZant, S.\* & **Perkins, E. A.** (2016, Jul). *My Health Report: Enhancing the history taking process by primary care physicians to patients with intellectual and developmental disabilities*. Poster presented at the Annual Educational Conference of the American Academy of Developmental Medicine and Dentistry, Chicago, IL.
- Glaesser, R. S.\*, Park, N., & **Perkins, E. A.** (2016, Jun). *Post-transition adjustment of brothers/sisters with a developmental disability to sibling co-residential care*. Poster presented at the meeting of the National Association of Social Workers, Washington, DC.
- Perkins, E. A.**, VanZant, S.\*., LaMartin, K\*, & Romer, H. (2016, Apr). *Improving communication between providers and patients with intellectual and developmental disabilities*. Poster presented at the meeting of the Education Conference of the Developmental Disabilities Nurses Association, San Diego, CA.

- Perkins, E.A.** (2015, Jun). *Promoting successful aging in adults with intellectual disabilities and their caregivers*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Louisville, KY.
- Ferro, J. B., **Perkins, E. A.**, & Williamson, H. W.\* (2014, November). *Using the Plan-Do-Study-Act feedback loop to improve engagement in research and education*. Poster presented at the meeting of the Association of University Centers on Disabilities, Washington, DC.
- Perkins, E.A.**, Haley, W.E., LaMartin, K.\*, & Wang, W. (2014, November). *Older caregivers of adults with intellectual disabilities: reciprocal and social networking relationships*. Paper presented at the meeting of the Gerontological Society of America, Washington, DC.
- Williamson, H. J.\* & **Perkins, E. A.** (2014, June). *Family caregivers of adults with intellectual and developmental disabilities: Caregiver outcomes associated with U.S. services and supports*. Poster presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL.
- VandeWeerd, C., Corvin, J., Coulter, M., Yalcin, A., **Perkins, E.**, Myers, J., & Ivory, M. (2013, November). Risk reduction in online dating: Translating research to practice. Paper presented at the meeting of the American Public Health Association, Boston, MA.
- Corvin, J., VandeWeerd, C., Coulter, M., Yalcin, A., **Perkins, E.**, Yegidis, B. Myers, J., & Rodriguez, M. (2013, November). *Dating risks in 21st century: Perceptions of women 50+ dating online*. Poster presented at the meeting of the American Public Health Association, Boston, MA.
- Corvin, J., VandeWeerd, C., Coulter, M., **Perkins, E.**, Yalcin, A., Yegidis, B. & Myers, J. (2013, November). *The language of verbal aggression: Rudeness, anger, and unwanted sexual aggression in online dating*. Poster presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, Myers, J., Yalcin, A., & Yegidis, B. (2012, November). *Online profiles and risks for women 50+ seeking relationships on MySpace*. Paper presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Myers, J., VandeWeerd, C., Coulter, M., Corvin, J., **Perkins, E.**, Yalcin, A., & Yegidis, B. (2012, November). *E-dating over 50: A content analysis of older women's profiles who look for relationships online*. Paper presented at the meeting of the Society for the Study of Sexuality, Tampa, FL.
- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, Yegidis, B., Yalcin, A., Myers, J., Ivory, M., & Kennedy, M. (2012, October). *Seeking relationships online: Older women's lived experiences*. Poster presented at the meeting of the American Public Health Association, San Francisco, CA.
- Perkins, E. A.** & Haley, W. E. (2012, July). *Emotional and tangible reciprocity in older caregivers of adults with intellectual disabilities*. Poster presented at the meeting of the World Congress, International Association for the Scientific Study of Intellectual Disabilities, Halifax, Nova Scotia, Canada.
- Perkins, E. A.**, & LaMartin, K. M.\* (2012, June). *The internet as social support for older caregivers of adults with intellectual disabilities*. Poster presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Charlotte, NC.



- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, & Telford, R. (2011, November). *Older women and social network sites: An exploratory study of the risks and benefits of online relationship seeking*. Poster presented at the meeting of the Gerontological Society of America, Boston, MA.
- VandeWeerd, C., Corvin, J., Coulter, M., Telford, R., Yalcin, A., **Perkins, E.**, & Yegeedis, B. (2011, November). *Senior Surfers: Online dating experiences of older women*. Paper presented at the meeting of the American Public Health Association, Washington, DC. *\*This presentation was nominated and received an honorable mention for the Aetna Award for Excellence in Research on Older Women and Related Papers\**.
- Perkins, E. A.** & Berkman, K. A. (2011, June). *Aging adults with autism spectrum disorders*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, St. Paul, MN.
- Perkins, E. A.**, Haley, W. E., & Vanderweerd, C. (2010, November). *Reciprocity in older caregivers of adults with intellectual disabilities*. Poster presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Woodard, L., Havercamp, S. M., Zwygart, K., & **Perkins, E. A.** (2010, October). *Impact of training on medical students' knowledge, attitude, and comfort towards persons with disabilities*. Poster presented at the meeting of the Primary Care Research for People with Intellectual and Developmental Disabilities Family Medicine and Education Consortium Conference, Hershey, PA.
- Perkins, E. A.**, & Haley, W. E. (2010, June). *The effect of compound caregiving in older parental caregivers*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Providence, RI.
- Perkins, E. A.** (2009, June). *Aging caregivers: The impact of multiple caregiving roles on quality of life*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, New Orleans, LA.
- Perkins, E. A.** (2008, November). *Compound caregiving: caregivers who adopt multiple caregiving roles*. Poster presented at the meeting of the Gerontological Society of America, National Harbor, MD.
- Bergman, E. J., **Perkins, E. A.**, & Haley, W. E. (2007, November). *Patient perspectives on breast cancer: the qualitative experience of older breast cancer survivors*. Poster presented at the meeting of the Gerontological Society of America, San Francisco, CA.
- Perkins, E. A.**, Small, B. J., Balducci, L., Extermann, M., Robb, C., & Haley, W. E. (2005, October). *The salience of health status and psychosocial factors in overall well-being among older breast cancer survivors*. Poster presented at the meeting of the National Cancer Research Institute Cancer Conference, Birmingham, UK.
- Perkins, E. A.**, Haley, W. E., Small, B. J., Balducci, L., Extermann, M., & Robb, C. (2004, November). *Individual differences in well-being after breast cancer survivorship in older women*. Poster presented at the meeting of the Gerontological Society of America, Washington, DC.
- Robb, C., Haley, W. E., Balducci, L., Extermann, M., **Perkins, E. A.**, Small, B. J., Bergman, E., Jang, Y., & Mortimer, J. (2004, November). *Examining quality of life in older breast*

*cancer survivors*. Paper presented at the meeting of the Gerontological Society of America, Washington, DC.

Haley, W. E., Robb, C., Balducci, L., Extermann, M., **Perkins, E. A.**, Bergman, E. J., Small, B. J., Mortimer, J., & Jang, Y. (2004, June). *Psychological, social, and health impact of breast cancer survivorship in older women*. Poster presented at the meeting of the National Cancer Institute and the American Cancer Society, Washington, DC.

### **Invited Conference Presentations**

**Perkins, E. A.** (2019, Sep). *Imagine, Include, Inspire: Let us preach beyond the choir!* Invited keynote presentation at the AAIDD Louisiana Annual State Conference, Alexandria, LA.

**Perkins, E. A.** (2019, Jun). *Promoting effective health encounters for people with lifelong disability*. Invited keynote presentation at the Disabilities-Friendly Health & Social Care Conference, Virginia Commonwealth University, Richmond, VA.

**Perkins, E. A.** (2018, Jun). *Reaffirming diversity and inclusion: Presidential Address*. Opening plenary for the 142<sup>nd</sup> Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO.

**Perkins, E. A.** (2018, Jun). *Supporting successful aging in people with lifelong disabilities*. Invited keynote presentation at Aging with Lifelong Disabilities Conference, Virginia Commonwealth University, Richmond, VA.

**Perkins, E. A.** (2018, May). *Aging people with developmental disabilities: Promoting health & contentment*. Invited presentation at the Empower Florida Conference, Orlando, FL.

**Perkins, E. A., & Mahmood, I.** (2018, April). *DD Nurse Training: An International Perspective from Britain*. Invited plenary at the 26<sup>th</sup> Annual Education Conference of the Developmental Disabilities Nurses Association, Orlando, FL.

**Perkins, E.A., Holder, M., Renfro, M., & Shira, Y.** (2017, Jun). *Promoting health and wellness in older adults with intellectual and developmental disabilities*. Invited panel presentation at the 141<sup>st</sup> Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Hartford, CT.

**Perkins, E. A.** (2017, April). *Promoting successful aging in persons with intellectual and developmental disabilities*. Invited paper presented at the 25<sup>th</sup> Annual Education conference of the Developmental Disabilities Nurses Association, Dallas, TX.

**Perkins, E.A., Brown, K., Fray, D., & Ervin, D.** (2017, April). *From here to eternity: Where do we go from here?* Invited plenary panelist for 25<sup>th</sup> Annual Education conference of the Developmental Disabilities Nurses Association, Dallas, TX.

- Fox, S., Heller, T., **Perkins, E.A.**, & Shira, Y. (2016, Dec). *Navigating change in supporting individuals and their caregivers as they age!* Invited panel presentation at the meeting of the Association of University Centers on Disabilities, Washington, DC.
- Friedman, S., Heller, T., **Perkins, E.A.**, & Brogioli, M. (2016, Oct). *Health promotion, disease prevention, and well-being.* Invited plenary panelist for 16<sup>th</sup> Annual Coleman Institute Conference on Cognitive Disability and Technology, Broomfield, CO.
- Perkins, E.A.** (2015, March). *Planning for a healthy life beyond high school.* Invited paper presented at the Statewide Heart & Hope Family Conference, Dunedin, FL.
- Perkins, E. A.** (2013, Jan). *Growing older with autism spectrum disorders.* Invited paper presented at the meeting of the Statewide CARD Conference, Clearwater, FL.
- Perkins, E. A.** (2012, November). *Our power to empower the lives we serve.* Invited Closing Plenary presented at the meeting of the Caring for the Individual with Complex Healthcare Needs: A Birth to Adulthood Approach Conference, Asheville, NC.
- Perkins, E. A.** (2012, May). *Promoting successful aging in persons with intellectual and developmental disabilities.* Invited paper presented at the meeting of the Developmental Disabilities Nurses Association, Orlando, FL.
- Perkins, E. A.** (2011, June). *Aging - You can't escape it - so why not embrace it?* Invited paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, St. Paul, MN. [Student and Early Career Professionals Luncheon].
- Perkins, E. A.** (2011, April). *Into the unknown: Aging with autism and caregiver challenges.* Invited paper presented at the meeting of the Promising Pathways: The Road to Best Practices in Autism Conference, Fort Myers, FL.
- Perkins, E. A.** (2010, August). *Aging caregivers: The Master Multi-taskers?* Invited panel presented at the meeting of the Reinventing Quality Conference, Baltimore, MD.
- Perkins, E. A.** (2007, November). *Quality of life of aging caregivers of adults with intellectual disabilities.* Invited paper presented at the meeting of the Gerontological Society of America, San Francisco, CA. [Special Interest Group meeting on Developmental Disabilities]
- Perkins, E. A.** (2007, June). *Aging and caregiving issues for persons with intellectual and developmental disabilities.* Invited paper presented at the meeting of the University of South Florida Geriatric Education Center Conference, Tampa, FL.
- Perkins, E. A.** (2006, July). *Understanding the aging athlete.* Invited paper presented at the meeting of the Special Olympics of Florida Leadership Conference, Orlando, FL.
- Perkins, E. A.** (2006, February). *Aging with intellectual disabilities.* Paper presented at the meeting of the Conference on Living and Aging with a Disability, Fort Lauderdale, FL.

## Invited Workshop/Lecture Presentations and Non-Peer Reviewed Conferences/Events

### *International*

**Perkins, E. A.** (2018, April). *Promoting successful aging in people with learning disabilities*. Invited lecture for School of Nursing, Midwifery, & Health, Coventry University, Coventry, England.

**Perkins, E. A.** (2018, April). *From the West Midlands to West Florida: My journey in leadership & advocacy*. Invited lecture for School of Nursing, Midwifery, & Health, Coventry University, Coventry, England.

**Perkins, E. A.** (2013, April). *Ageing and compound caregiving of people with learning disabilities*. Invited webinar presentation for the Social Dimensions of Health Institute, Universities of Dundee and St. Andrews, Scotland, United Kingdom.

**Perkins, E. A.** (2012, December). *Developmental disability issues in the USA*. Invited lecture at the Autumnal Lecture Series of the Centre for Learning Disabilities Studies, University of Hertfordshire, and the University of West London, London, England.

### *National*

Brown, M., Doka, K., Goode, T., Janicki, M. J., Kingsbury, L., Moro, T., **Perkins, E.A.**, & Rader, R. (2013, October). *Supporting individuals with intellectual and developmental disabilities through life-ending illness, grief and loss*. Invited webinar presentation broadcast event from the Newseum, for the Hospice Foundation of America, Washington, DC.

**Perkins, E. A.** (2013, February). *The known and unknown of aging with developmental disabilities*. Invited lecture for the Distinguished Guest Speaker Series, Gerontology Institute, Ithaca College, Ithaca, NY.

**Perkins, E. A.** (2013, February). *Planning and promoting optimal aging for older people with developmental disabilities*. Invited lecture at the Franziska Racker Center, Ithaca, NY.

Okamoto, J. & **Perkins, E. A.** (2012, August). *The support system for people with intellectual and/or developmental Disabilities*. Invited webinar presentation for the Physician Education in Developmental Disabilities Series for the American Academy of Developmental Medicine & Dentistry/Florida Developmental Disabilities Council.

Woodard, L. & **Perkins, E. A.** (2012, July). *History and terminology*. Invited webinar presentation for the Physician Education in Developmental Disabilities Series for the American Academy of Developmental Medicine & Dentistry/Florida Developmental Disabilities Council.

**Perkins, E. A.** & Wallace, R. (2012, April). *Communication of health care needs*. Invited webinar presentation for the American Academy of Developmental Medicine & Dentistry - Emergency Healthcare in Adults with Intellectual/Developmental Disabilities Series.

### ***State-level Audiences (USA)***

- Perkins, E. A.** (April, 2020). *Family and Professional Partnerships Webinar: Invited presentation. Applications to people with IDD and the COVID-19 Crisis.* USF College of Public Health – Center of Excellence in Maternal and Child Health Education, Science and Practice.
- Perkins, E. A.** (2019, April). *STARability Medicaid Waiver Forum.* Invited keynote & panel presentation. Naples, FL.
- Perkins, E. A.** (2018, June). *Promoting health, wellness, & successful aging in older adults with intellectual and developmental disabilities.* Invited lecture for the Pennsylvania Department of Human Services, Philadelphia, PA.
- Perkins, E. A.** (2017, October). *Promoting health, wellness, and contentment in older adults with developmental disabilities and their aging caregivers.* Invited lecture presented for the Developmental Disabilities Lecture Series, Elizabeth M. Boggs Center on Developmental Disabilities, Robert Wood Johnson Medical School, University of Medicine & Dentistry of New Jersey, New Brunswick, NJ.
- Perkins, E. A.** (2017, October). *Collaborative approaches for caregiving supports.* Invited Technical Assistance Forum for the Developmental Disabilities Lecture Series, Elizabeth M. Boggs Center on Developmental Disabilities - Robert Wood Johnson Medical School, University of Medicine & Dentistry of New Jersey, New Brunswick, NJ.
- Perkins, E. A.** (2017, April). *Promoting person-centered care in patients with intellectual and developmental disabilities.* Invited lecture for the Texas Health and Human Services Commission, the Center for Excellence in Long Term Care & the School of Nursing at the University of Texas – Austin, Austin, TX.
- Perkins, E. A.** (2016, Feb). *Promoting successful aging in people with developmental disabilities.* Keynote presentation for the Florida Symposium on Aging with Developmental Disabilities, Tampa, FL.
- Perkins, E. A.** (2015, November). *A very brief journey into the world of disabilities.* Invited lecture, Dean’s Lecture Series, College of Health Sciences, Bethune Cookman University, Daytona, FL.
- Perkins, E.A.** (2014, November). *Caring for the caregiver.* Invited keynote presentation for CARD Annual Health & Wellness Symposium, Tampa, FL.
- Perkins, E. A.** (2014, March). *Caring for the Caregiver.* Invited webinar presentation for the Barth Syndrome Foundation, New York, NY.
- Perkins, E. A.** (2012, May). *Intellectual disability and dementia: Symptoms and supports.* Dr. Phil George Workshop Series - Spring 2012. The Baddour Center, Senatobia, MS.
- Perkins, E. A.** (2012, February). *Aging caregivers: issues and challenges.* Invited Webinar presentation for University of Rochester, Program on Aging and Developmental Disabilities. Rochester, NY.
- Perkins, E. A.** (2011, October). *Growing older with intellectual and developmental disabilities: An overview of health issues and caregiver concerns.* Invited presentation

for the West Central Florida Area Agency on Aging, Florida Department of Elder Affairs, Tampa, FL.

**Perkins, E. A.** (2011, September). *Growing older with intellectual and developmental disabilities: An overview of health issues and caregiver concerns*. Invited presentation for the Florida Department of Elder Affairs Aging and Disability Resource Center Statewide Stakeholder Advisory Council, Tampa, FL.

**Perkins, E. A.** (2010, October). *Physical changes, medical issues, and caregiver challenges associated with aging*. Invited lecture presented for the Developmental Disabilities Lecture Series, Elizabeth M. Boggs Center on Developmental Disabilities, Robert Wood Johnson Medical School, University of Medicine & Dentistry of New Jersey, New Brunswick, NJ.

**Perkins, E. A.** (2010, October). *Collaborative approaches to aging and developmental disabilities*. Invited Technical Assistance Forum for the Developmental Disabilities Lecture Series, Elizabeth M. Boggs Center on Developmental Disabilities - Robert Wood Johnson Medical School, University of Medicine & Dentistry of New Jersey, New Brunswick, NJ.

**Perkins, E. A.** (2009, September). *An overview of aging, aging medical conditions, and family caregiving in persons with intellectual disabilities*. Invited presentation for the Mid-Florida Developmental Disabilities Nurses Association, Shriner's Hospital, Tampa, FL.

### **Local**

**Perkins, E. A.** (2019, June). *What you need to know to promote successful aging*. Invited presentation for Yes! of America United & Hillsborough County, FL. Lightfoot Senior Center, Temple Terrace, FL.

**Perkins, E. A.** (2019, March). *Raising Expectations*. Invited keynote presentation for PARC Annual Breakfast and Awards Ceremony, Dali Museum, St. Petersburg, FL

**Perkins, E. A.** (2017, March). *Promoting lifelong health and wellness for people with developmental disabilities*. Invited Continuing Education presentation for Lee County Health Department, Florida Department of Health, North Fort Myers, FL.

**Perkins, E. A.** (2015, October). *Disability: Neither a confiner or definer be*. Invited keynote presentation for the 27<sup>th</sup> annual Awards Ceremony, Tampa Mayor's Alliance for Persons with Disabilities, Tampa, FL.

**Perkins, E. A.** (2015, September). *Health issues with developmental disability: what you should know!* Invited keynote for Be Real with Your Health: First Annual Health and Wellness Fair, Self-Reliance, Inc., Tampa, FL.

VanZant, S., & **Perkins, E. A.** (2015, July). *Improving care for individuals with intellectual and developmental disabilities: a patient-centered approach*. SELECT MD Program Summer Immersion Research Presentation Day, Morsani College of Medicine, USF.

**Perkins, E. A.** (2015, April). Panelist in *Breaking Barriers*. Invited Panel Presentation for University of South Florida's, 12<sup>th</sup> Annual Diversity Summit, Tampa, FL.

**Perkins, E. A.** (2015, April). *A brief overview of mental health in adults with intellectual and developmental disabilities*. Red Apple Center, New Port Richey, FL.

- Perkins, E.A.** (2014, Aug). *Optimizing our chances of aging well*. Invited presentation for The Centre, Tampa, FL.
- Perkins, E. A.** (2014, June). *People with disabilities; a primer for future health professionals*. Invited presentation for Concorde Career Institute, Tampa.
- Perkins, E.A.** (2014, June). *Aging adults with intellectual disabilities and their caregivers*. Invited presentation for the USF Geriatric Institute, Tampa, FL.
- Perkins, E. A.** (2014, February). *Patients with intellectual disabilities: rising to the challenge*. Invited presentation for Moffitt Cancer Center, Diversity Series, Moffitt Cancer Center, Tampa, FL.
- Perkins, E. A.** (2012, January). *Optimizing the aging process*. Invited lecture for the Osher Lifelong Learning Institute, Tampa, FL.
- Perkins, E. A.** (2011, November). *What's it really like?* Invited panel participant/speaker for Accessibull Disability Awareness Event - College of Education, University of South Florida, Tampa, FL.
- Perkins, E. A.** (2011, January). *People with disabilities: what medical students should know!* Invited lecture for the USF American Medical Students Association - Health Disparities Week. College of Medicine, University of South Florida, Tampa, FL.
- Perkins, E. A.** (2010, March). *Aging of adults with autism and other developmental disabilities*. Invited presentation for Autism Health & Wellness Symposium. Center for Autism and Related Disabilities at the University of South Florida, Tampa, FL.
- Perkins, E. A.** (2008, November). *Older parents and older adults with intellectual disabilities*. Invited presentation for the MacDonald Parent's Group, MacDonald Training Center, Inc., Tampa, FL.
- Perkins, E. A.** (2008, January). *Aging and medical issues of adults with intellectual disabilities*. Invited Workshop Presentation for PARC Inc., St. Petersburg, FL.
- Perkins, E. A.** (2006, October). *Aging issues and intellectual disabilities*. Invited Workshop Presentation for Easter Seals, Sarasota, FL.

## INSTRUCTION

### University of South Florida

#### College of Behavioral and Community Sciences

##### Department of Child and Family Studies

MHS 6065, Issues and Trends in Developmental Disabilities (x10) 2012-2022  
(converted to an online class in 2015)

MHS 6941, Applied Field Experience Seminar 2018, 2019

##### School of Aging Studies

GEY 4900 Directed Readings in Aging  
(Special Topics: Caregiving, and Intellectual Disabilities x 2) 2007-2008

GEY 3601, Physical Changes and Aging (7 x) 2006-2009

GEY 4612, Psychology of Aging 2006

**Regularly scheduled guest lectures, as part of the UCEDD mission**

**USF College of Medicine**

To all Medical Students in Doctoring 1, Doctoring 3 (2010-2020) and previously BCC 7184 Primary Care and Special Populations Clerkships courses (2010-2018).

To all Doctorate in Physical Therapy Students in Doctoring 1 (2010-2019)

**USF College of Nursing**

To all Nurse Practitioners in NGR 6613C Health Management of Families: Special Topics (2015-2018)

To BSN Nursing Students in NUR4636 Community/Public Health: Population Focused Nursing (2015-2018)

Numerous ad-hoc guest lectures given campus wide, including USF (Tampa) College of Public Health, School of Social Work, School of Aging Studies, Department of Sociology, Department of Mass Communications, and USF-Sarasota.

***Graduate Student Supervision and Mentorship***

**University of South Florida**

**College of Behavioral and Community Sciences**

Juanita Patterson Price  
Dissertation Committee Member 2020-present

Matthew Cox  
Dissertation Committee Member 2020-withdrawn 2022  
due to retirement

**School of Social Work**

Richard Glaesser, PhD  
Dissertation Co-chair 2013 – 2018

Dissertation: Transition of Persons with Developmental Disabilities from Parental to Siblings  
Co-Residential Care: Effects on Sibling Caregiver Well-being and Family Functioning.

**Department of Child and Family Studies – MS in Child and Adolescent Behavioral Health**

Deborah Silva  
Major Advisor 2017-2019

**USF Morsani College of Medicine – Medical Students**

Sahiti Gilela  
UCEDD Interdisciplinary Trainee Mentor 2020 - present  
SELECT program Mentor/Capstone Paper Mentor

Antoinette (Toni) Farrell, MD  
UCEDD Interdisciplinary Trainee Mentor 2019 - 2022



Jordan (Seth) VanSant, MPH, MD  
 SELECT program Summer Immersion Mentor 2015  
 UCEDD Interdisciplinary Trainee Mentor 2014 - 2018

Kimberley Lamartin, MD  
 Faculty Mentor, Scholarly Concentration in Health Disparities 2010 - 2014  
 UCEDD Interdisciplinary Trainee Mentor 2010 - 2014

**USF College of Public Health**

Angela Makris, MPH  
 UCEDD Interdisciplinary Trainee Mentor 2017-present  
 PhD Dissertation Committee Member 2019-present

Heather Williamson, DrPH  
 DrPH Dissertation Committee Member 2012 - 2015  
 UCEDD Interdisciplinary Trainee Mentor 2012 - 2015

Janet Hess, DrPH  
 DrPH Dissertation Committee Member 2010 – 2014

**USF College of Education**

Laura Rodriguez Lopez, MEd 2020-present  
 Ed.D Dissertation Committee Member

**MEDIA/ PRESS INTERVIEWS/APPEARANCES**

*Tampa Bay Times Newspaper.* 5 wheelchair deaths in 6 weeks show danger older Tampa Bay pedestrians face. Nov 25, 2021. <https://www.tampabay.com/news/crime/2021/11/23/5-wheelchair-deaths-in-6-weeks-shows-danger-older-tampa-bay-pedestrians-face/>

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*University of South Florida Magazine.* People with developmental disabilities get support from USF's 'hidden gem'. Dec 6, 2020. [https://issuu.com/usfucm/docs/usf\\_magazine\\_winter\\_2020](https://issuu.com/usfucm/docs/usf_magazine_winter_2020)

*Politico.* The health care system isn't ready to replace aging caregivers. November 13, 2019. <https://www.politico.com/news/2019/11/13/health-care-aging-caregivers->

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WJCT radio – Jacksonville NPR affiliate. Medicaid Waivers. <https://news.wjct.org/post/92519-impachment-medicaid-waivers-regenerative-agriculture-mission-house-home-patio-show> September 25, 2019. Radio interview -the segment starts at 13.08 minutes.

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Keynote address: “Disability: Neither a confiner nor definer be”  
Aired on City of Tampa Television (October 26 – November 6, 2015).  
<https://www.youtube.com/watch?v=bXAvJUvFemQ&feature=youtu.be>

*The Daytona Beach News-Journal.*

Duvall Home residents make transition to group homes. November 1, 2014.  
<http://www.news-journalonline.com/article/20141102/NEWS/141109916/1040?p=2&tc=pg>

*The Daytona Beach News-Journal.*

Funding drives move to group homes. November 1, 2014.  
<http://www.news-journalonline.com/article/20141101/NEWS/141109918/0/search?p=1&tc=pg>

National Organization of Nurses with Disabilities (NOND). 2003.

Featured story in the “Nurses Making a Difference” Section of the NOND website.. “Like missing an arm should stop me being a nurse!”  
<http://www.nond.org/What/Resources/News/News/Perkins.html>

*Exceptional Parent Magazine.*

December 2009 edition. Reprint of NOND website article - *Like missing an arm should stop me being a nurse!*

University of South Florida.

Carney, A. (2007). *Global Learning. USF Magazine, 49(3), 24-29.*  
Feature regarding international graduate students.  
<http://magazine.usf.edu/archives/pdf/vol49-no3-2007-fall.pdf>

## OTHER CREATIVE WORK AND EDUCATIONAL RESOURCES

Author of content, **Florida DD Waitlist Campaign website:** <http://ddwaitlist.cbcs.usf.edu/>

Author/Narrator, **What I Should Know Shows (5 videos regarding Covid-19 and Vaccinations):**  
<https://flfcic.cbcs.usf.edu/covid.html>

**View Factsheets and Health Advocacy Resources from**

Health Section of FCIC Website <https://flfcic.cbcs.usf.edu/health.html>

FCIC Health Resources [https://flfcic.cbcs.usf.edu/health\\_resources.html](https://flfcic.cbcs.usf.edu/health_resources.html)

FCIC Inclusion Florida Health Section [https://flfcic.cbcs.usf.edu/inclusion\\_health.html](https://flfcic.cbcs.usf.edu/inclusion_health.html)

- Gilela, S. and Perkins, E.A. (2022). A Primer on Health Disparities in People with Intellectual and Developmental Disabilities from Racial/Ethnic Minorities, Physician's Fact Sheet.  
[https://flfcic.cbcs.usf.edu/docs/physician\\_fs\\_disparities\\_2022.pdf](https://flfcic.cbcs.usf.edu/docs/physician_fs_disparities_2022.pdf)
- Rivera, C., Jones, K., & **Perkins, E. A.** (2022). What I should know about going to my gynecologist! Education for Lifelong Health Series, Florida Center for Inclusive Communities.  
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- Jones, K., Rivera, C., & **Perkins, E. A.** (2022). What I should know about healthy relationships! Education for Lifelong Health Series, Florida Center for Inclusive Communities.  
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- Perkins, E. A.** (2021). What I should know about COVID-19! Education for Lifelong Health Series. Florida Center for Inclusive Communities.  
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- Perkins, E. A.** (2021). What I should know about vaccines! Education for Lifelong Health Series. Florida Center for Inclusive Communities.  
English [https://flfcic.cbcs.usf.edu/docs/EFLH\\_Vaccines\\_Fact\\_%20Sheet\\_Aug\\_2021.pdf](https://flfcic.cbcs.usf.edu/docs/EFLH_Vaccines_Fact_%20Sheet_Aug_2021.pdf)  
Spanish [https://flfcic.cbcs.usf.edu/docs/EFLH\\_VACCINE\\_SPANISH.pdf](https://flfcic.cbcs.usf.edu/docs/EFLH_VACCINE_SPANISH.pdf)
- Farrell, A.,\* & **Perkins, E. A.** (2020). What I should know about stress. Education for Lifelong Mental Health Series, Florida Center for Inclusive Communities.  
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- Farrell, A.,\* & **Perkins, E. A.** (2020). What I should know about heart health. Education for Lifelong Health Series, Florida Center for Inclusive Communities.  
[https://flfcic.cbcs.usf.edu/docs/FCIC\\_EFLH-8-Heart%20Health%20Fact%20Sheet.pdf](https://flfcic.cbcs.usf.edu/docs/FCIC_EFLH-8-Heart%20Health%20Fact%20Sheet.pdf)
- Perkins, E. A.,** & VanZant, S\*. (2017). XCEL-Training. Excelling in care for patients with developmental disabilities through communication, environment and logistics. Florida Center for Inclusive Communities. <https://youtu.be/hxvx-k-x2N0>
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- Romer, N., & **Perkins, E. A.** (2014). What I should know about anxiety. Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.  
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