

DAE C. SHERIDAN, Ph.D., LMHC, CRC
University of South Florida
College of Behavioral and Community Sciences
Department of Child and Family Studies
13301 N. Bruce B. Downs Blvd. Tampa, FL 33620
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EDUCATION

Ph.D. American Academy of Clinical Sexologists at Maimonides University (Miami, FL), 2005
Doctor of Philosophy in Clinical Sexology

Dissertation Topic: An Erotological Study And Critical Analysis of Top-Recommended Sex Help Books Utilizing a Subjective Appraisal Book Review Form and a Consumer Questionnaire to Assess Overall Reader Usability and Efficacy

M.A. University of South Florida (Tampa, FL), 1997
Master of Arts in Rehabilitation and Mental Health Counseling

B.A. University of South Florida (Tampa, FL), 1994
Bachelor of Arts in Psychology

LICENSES AND CERTIFICATIONS:

Licensed Mental Health Counselor	#MH-7154
Certified Rehabilitation Counselor	#C-36074
Diplomate, American Board of Sexology	#2690

PROFESSIONAL EXPERIENCE

University of South Florida (Tampa, FL)
College of Behavioral and Community Sciences
Department of Child and Family Studies
Rehabilitation and Mental Health Counseling Program

- *Adjunct Professor* (2007-present)

American Academy of Clinical Sexologists (Winter Park, FL)

- *Assistant Clinical Professor* (2005-)

Private Practice (Tampa, Florida)

- *Licensed Psychotherapist* (2002-present)

Tampa Bay Academy (Riverview, FL)

- *Therapist* (2001-2003)
Provided individual, group and family therapy to girls in a residential psychiatric treatment center.

Northside Mental Health Center (Tampa, FL)

- *Therapist (1999-2001)*
Provided Behavioral Health Overlay Services including individual, group and family therapy to adjudicated delinquent adolescent girls in a Department of Juvenile Justice residential facility.

The Centre for Women (Tampa, FL)

- *Director of Girls' Services (1999)*
- *Program Coordinator, Especially for Girls (1998-1999)*
- *Employment Counselor (1997-1998)*
-

Florida Department of Labor and Employment Security, Division of Vocational Rehabilitation (Tampa, FL)

- *Vocational Rehabilitation Counselor Intern (1997)*

Mental Health Care, Inc. (Tampa, FL)

- *Crisis Counselor (1996-1997)*

University of South Florida Counseling Center for Human Development (Tampa, FL)

- *Practicum Counselor (1996-1997)*

CLASSES TAUGHT

University of South Florida

College of Behavioral and Community Sciences

Department of Child and Family Studies

Rehabilitation and Mental Health Counseling Program

Human Sexuality (RCS6476)

2007-present

Practicum II (RCS6803)

2016-present

PUBLICATIONS

Shewmaker, J.W., Sheridan, D.C., *Sexualized Media and Our Children; Teaching Kids to be Smart Critics and Consumers*, Childhood in America Series, Praeger Press, 80-91, 2015

Spenceley, A., Sheridan, D.C. *Chastity is for Lovers*, Ave Maria Press, 2014

Articles

Sheridan, D. C. (2016, November 1). "Strong Female Characters" Dove Self-Esteem Project [ONLINE]. Retrieved from <https://www.dove.com/uk/dove-self-esteem-project/help-for-parents/media-and-celebrities/do-female-characters-make-heroines.html>

Sheridan, D. C. (2014, February 7). Girl power. Tampa Bay Parenting. [ONLINE]. Retrieved from <http://tampabayparenting.com/article/girl-power/>

Shewmaker, J.W.. Sheridan, D.C. (2014, September 29). "Teaching Kids About Consent: Yes Means Yes" [ONLINE]. Retrieved from <https://jennifershewmaker.com/2014/09/29/teaching-kids-about-consent-yes-means-yes/>

Sheridan, D. C., Shewmaker, J.W. (2013, November 18). "Dear Justin Lookadoo: Enough With the Sexist 'Dateable' Rhetoric".[ONLINE]. Retrieved from <https://www.csmonitor.com/The-Culture/Family/Modern-Parenthood/2013/1118/Dear-Justin-Lookadoo-Enough-with-the-sexist-dateable-rhetoric>

Hines, A. (2012, September 14) "J.C. Penney Petition: Are Skinny Mannequins Artistic, Or Just Anorexic" Huffington Post [ONLINE]. Retrieved from https://www.huffingtonpost.com/2012/09/14/jcpenny-mannequin-petition_n_1879034.html
Reference: <https://www.change.org/p/jc-penney-reconsider-the-size-and-proportion-of-your-mannequins>

CONFERENCE PRESENTATIONS

Sheridan, D. C. (2019, November) "Tell Me What Happened. How Trauma Informed Practice and Care Helps us Understand our Relationship with Self and Others". Florida Rehabilitation Association Annual Conference, Orlando, FL

Sheridan, D. C. (2018, September) "Compassion Fatigue/Self Care for VR Counselors" Florida Rehabilitation Association Annual Conference, Orlando, FL

Sheridan, D. C. (2014, May). "Avoiding Caregiver Burnout". National Aphasia Association, Lake Buena Vista, FL.

Sheridan, D. C. (2014, May). Keynote Address: "Relax, Refresh, Revive". Annual Convention of the Florida Mothers of Multiples, Innisbrook, FL

Sheridan, D. C. (2013, June). "Sex Matters for Medical and Healthcare Professionals", American Association of Sexuality Educators Counselors and Therapists (AASECT) 45th Annual Conference, Miami, FL

Sheridan, D. C. (2012, April) "Sex Matters for Medical and Rehabilitation Professionals" Florida Rehabilitation Association Annual Conference, Orlando, FL

Sheridan, D. C. (2006, Nov) "More Bang for the Buck: A Critical Analysis of Sex Help Books Utilizing a Subjective Appraisal Book Review Form and a Consumer Questionnaire". The Society for the Scientific Study of Sexuality (SSSS) Annual Meeting

PROFESSIONAL PRESENTATIONS

Sheridan, D. C. (3/2/20) ServiceSource Annual Supervisors Conference. *Understanding Compassion Fatigue*. Orlando, FL.

Sheridan, D. C. (1/22/20) Voices of Hope for Aphasia. *Support for Caregivers*. St. Petersburg, FL.

Sheridan, D. C. (1/16/20) TAT, Hope and Love. *Sex Matters for Breast Cancer Survivors*. Tampa, FL.

Sheridan, D. C. (12/12/19) Selah Freedom. *Healthy Sexuality for Survivors of Human Sex Trafficking*. Bradenton, FL.

Sheridan, D. C. (10/30/19) WellCare Advisory Board Annual Meeting. *Trauma Informed Care and ACEs*. Tampa FL.

Sheridan, D. C. (9/11/19) EKHOS: *Conversations and Cocktails, Vag U*. Tampa, FL.

Sheridan, D. C. (7/17/19) WellCare Women Associate Resource Group Empower Advocacy Committee. *Live and WebEx presentation: Harassment in the Workplace*. Sand Key, FL.

Sheridan, D. C. (3/1/19) University of South Florida College of Public Health Maternal and Child Health Student Organization *10th Annual Maternal and Child Health Symposium Panel Discussion*. Tampa FL.

Sheridan, D. C. (2/1/19) North Tampa Bay Chamber Women of Wesley Chapel. *Life /Work Balance*. Wesley Chapel, FL.

Sheridan, D. C. (1/09/19) Crisis Center of Tampa Bay, Women In Action Meeting. *Sexual Resiliency: Awareness and Safety in Youth*. Tampa, FL

Sheridan, D. C. (10/19/18) USF Women in Leadership and Philanthropy 13th Annual Symposium. *#MeToo Panel Discussion*. Tampa, FL.

Sheridan, D. C. (5/23/18) Crisis Center of Tampa Bay Board of Directors Retreat. *Non-Profit Fundraising Connections*. Tampa, FL

Sheridan, D. C. (5/9/18) EKHOS: *Me Too, An Unfiltered Discussion*. Tampa, FL.

Sheridan, D. C. (4/15/18) TEDx USF 2018, Breaking Barriers. *“Real Talk About The Talk”* University of South Florida, Tampa FL.

Sheridan, D. C. (4/13/18) FMHI/CCTB/USF CBCS Colloquium. *The Untreated Trauma of Sexual Assault: A Community Response*. (Moderator) Tampa, FL.

Sheridan, D. C. (2/14/18) Wesley Chapel Rotary Club. *The Five Love Languages Explained* Wesley Chapel, FL.

Sheridan, D. C. (2/8/18) *Real Talk about "The Talk": a Q&A with Dr. Dae*, Tampa, FL.

Sheridan, D. C. (10/26/17) Self-Reliance, Inc. *Grassroots cross disability support group that addresses the needs, concerns and issues facing people with disabilities*. Tampa, FL.

Sheridan, D. C. (2/15/17) Peace Week, Pasco-Hernando State College. *Love and Communication in Intimate Relationships*. Wiregrass Ranch, FL.

Sheridan, D. C. (5/17/16) SciCafe, St. Petersburg, *Swinging Ain't Just for Monkeys: Monogamy and Polygamy in the Animal Kingdom*. (Panel discussion member). St. Petersburg, FL.

Sheridan, D. C. (5/8/15) SABIC Women's Network Hub. Shared Learnings, *Putting yourself on your to-do list, women's emotional and physical health issues*. International Webinar

Sheridan, D. C. (4/14/15) Temple Terrace Bar Association meeting, *Work/Life Balance*. Temple Terrace, FL.

Sheridan, D. C. (12/14/15) Lewis Elementary School iMom meeting. *Tis the Season to Be Stressed?!?* Temple Terrace, FL

Sheridan, D. C. (10/31/14), Pinellas and Pasco County Juvenile Probation Officers employee appreciation enhancement day. *Compassion Fatigue*, Clearwater, FL.

Sheridan, D. C. (5/31/14) Temple Terrace Recreation Center Summer Staff training day. *Self Esteem, redirecting behaviors, and Bullying*. Temple Terrace, FL.

Sheridan, D. C. (2/28/14) Lewis Elementary School iMom meeting. *Raising Responsible Kids*. Temple Terrace, FL

Sheridan, D. C. (2/17/14) Tampa Bay Area Mothers of Multiples, *Q&A with Dr. Dae*. Tampa, FL

Sheridan, D. C. (12/2/13) Hillsborough County Guardian ad Litem Program *Self Care for Caregivers*. Tampa, FL

Sheridan, D. C. (11/12/13) Temple Terrace Bar Association meeting. *Tis the Season to Be Stressed?!?* Temple Terrace, FL.

Sheridan, D. C. (4/12/13) USF School of Theatre & Dance production of *In the Next Room Panel discussion*. University of South Florida, Tampa, FL.

Sheridan, D. C. (4/13/13) FemCity Femprofessionals *Women as Business Partners, Not Competition*. Tampa, FL

Sheridan, D. C. (3/23/13) Helping Professionals Network. *The Differences Between Compassion Fatigue And Burnout*. Tampa, FL

Sheridan, D. C. (2/18/13) Tampa Bay Area Mothers of Multiples, *Q&A with Dr. Dae*. Tampa, FL

Sheridan, D. C. (2/13/13) Entrepreneurs' Organization of Central Florida. *Love and Communication in Intimate Relationships*. Tampa, FL.

Sheridan, D. C. (1/31/13) USF Women in Leadership and Philanthropy screening of the documentary, *Miss Representation. Where do We Go from Here?* Tampa, FL.

Sheridan, D. C. (12/5/12) Helping Professionals Network *Compassion Fatigue*. Tampa, FL.

Sheridan, D. C. (11/10/12) Mother Of All Baby Showers. *Pre and Postnatal Health and Wellness*. Panel Moderator. Tampa, FL.

Sheridan, D. C. (10/16/12) Junior League of Tampa screening of *Miss Representation* at the Tampa Theatre. *Panel Discussion*. Tampa, FL.

Sheridan, D. C. (7/14/12) American Speech-Language-Hearing CE event offered by the University of South Florida Department of Communication Sciences and Disorders. *Networking and Self-Preservation Strategies for 'Helping' Professionals*. Tampa, FL.

Sheridan, D. C. (4/27/12) *It's Time to Spring Clean Your Relationship!: a Q&A with Dr. Dae*. Tampa, FL.

Sheridan, D. C. (6/10/11) *Mommy's Time Out: a Q&A with Dr. Dae*. Tampa, FL

Sheridan, D. C. (3/15/11) – Temple Terrace Chamber of Commerce *Women Mean Business*. Temple Terrace, FL

Sheridan, D. C. (2/11/11) *Valentine Vixen Workshop: a Q&A with Dr. Dae*, Tampa, FL

Sheridan, D. C. (7/14/10) DWC Tampa Teleclass. *Dr. Dae's Key's to Relationship Fulfillment*, Tampa, FL.

ACADEMIC GUEST LECTURES

10/03/19

Bonnie P. Salazar, PhD, CHES
“First Impressions”
Executive Internship
Brooks DeBartolo High School

9/18/17

Bonnie P. Salazar, PhD, CHES
“First Impressions”
Executive Internship
Brooks DeBartolo High School

7/28/17

Cheryl A. Paul, M.S., CCC-SLP
Aphasia Support
Speech- Language Pathology
Communication Sciences & Disorders
University of South Florida

10/13/16

Bonnie P. Salazar, PhD, CHES
“First Impressions”
Executive Internship Class
Brooks DeBartolo High School
Tampa, FL

6/4/13

Aimee Eden, PhD, MPH
“Sexuality and the Life Span”
Department of Community & Family Health
College of Public Health
University of South Florida

10/15/12

Bonnie P. Salazar, PhD, CHES
“Sexuality and the Life Span”
Health Science
Department of Health Sciences and Human Performance
The University of Tampa

10/10/12

Nathan D. Maxfield, PhD, CCC-SLP

Advanced Fluency Disorders
Speech-Language Pathology
Communication Sciences & Disorders
University of South Florida

2008

Kim Vaz, Ph.D.
Gender, Race, Sexuality and Mental Disorders
Department of Women's Studies
University of South Florida

MEDIA

Television

Sheridan, D. C. (2019, February 13). Interview with Laura Moody, Fox 13 News: *Tips for a Healthy Relationship this Valentine's Day* <http://www.myfoxtampabay.com/story/>

Sheridan, D.C. (2018, October 26) Interview with Shannon Behnken, WFLA Reporter: *Sextortion Phishing Scams*. <https://www.wfla.com/8-on-your-side/better-call-behnken/con-artists-trick-tampa-bay-residents-into-sending-money-to-avoid-sextortion/1600315954/>

Sheridan, D. C. (2017, November 15) Interview with Melanie Michaels, WFLA Reporter: *8 ways to de-clutter your life* www.wfla.com/2017/11/15/8-ways-to-de-clutter-your-life/

Sheridan, D. C. (2017, May 18) Interview with Chip Osowski, WFLA Reporter: *Tampa DJ, mental health expert reflect on Chris Cornell's suicide*. www.wfla.com/tampa-dj-mental-health-expert-reflect-on-chris-cornells-apparent-suicide/

Sheridan, D. C. (2017, February 23) Interview with Melanie Michaels, WFLA Reporter: *Tampa Bay popular in 'sugar baby' world, but is the fast ...* wfla.com/2017/.../tampa-bay-popular-in-sugar-baby-world-but-is-the-fast-cash-scarri...

Sheridan, D. C. (2016, February 15) Interview with Melanie Michaels, WFLA Reporter: *Sports Illustrated: Is this curvy cover a good thing?* wfla.com/2016/02/15/sports-illustrated-is-this-curvy-cover-a-good-thing/

Sheridan, D. C. (2016, May 17) Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *The Ups and Downs of Sleeping Separate* <http://www.fox13news.com/health/the-ups-and-downs-of-sleeping-separate>

Sheridan, D. C. (2015, November 18) Interview with Melanie Michaels, WFLA Reporter: *New study shares surprising finding about sex in marriage* | wfla.com/2015/11/18/new-study-shares-surprising-finding-about-sex/

- Sheridan, D. C. (2015, January 10). Interview with Laura Moody, Fox 13 News: *Solutions for women silenced by sexual violence*. <http://www.myfoxtampabay.com/clip/>
- Sheridan, D. C. (2014, July 1). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *Massage helps couples strengthen bond*. <http://www.myfoxtampabay.com/story/25446033/>
- Sheridan, D. C. (2014, May 7). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *How yoga can help you in the bedroom*. <http://www.myfoxtampabay.com/story/25457133/>
- Sheridan, D. C. (2014, May 5). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *Romance novels: Turning a page in your love life*. <http://www.myfoxtampabay.com/story/25433228/>
- Sheridan, D. C. (2014, March 31). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *These foods get you in the mood*. <http://www.myfoxtampabay.com/story/24622578/>
- Sheridan, D. C. (2014, February 6). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *The fastest way to the heart: through the stomach*. <http://www.myfoxtampabay.com/story/24659028/>
- Sheridan, D. C. (2014, February 6). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *Desserts to drive up your libido*. <http://www.myfoxtampabay.com/story/24648282/>
- Sheridan, D. C. (2014, February 4). Interview with Dr. Joette Giovinco, FOX 13 Medical Reporter: *Super foods to super charge your libido*. <http://www.myfoxtampabay.com/story/24648282/>
- Sheridan, D. C. (2013, October 18). Interview with Josh Cascio, FOX 13 News: *New research: Women wired to talk more than men*. <http://www.myfoxtampabay.com/story/21301221/>
- Sheridan, D. C. (2012, December 12). Interview with Hetal Gandhi, Fox 13 News: *Social media site under fire after Pasco teen's death*. <http://www.myfoxtampabay.com/story/20324751/>
- Sheridan, D. C. (2012, November 14). Interview with Tanya Arja Fox 13 News: *Skinny mannequin sparks online petition*. <http://www.myfoxtampabay.com/story/19589589/>
- Sheridan, D. C. (2012, October 13). Interview with Laura Moody, Fox 13 News: *Is Halloween getting too sexy?* <http://www.myfoxtampabay.com/story/18024835/>
- Sheridan, D. C. (2012, September 24). Interview with Laura Moody, Fox 13 News: *Why isn't*

Valentine's Day every day? <http://www.myfoxtampabay.com/story/18003443/>

Sheridan, D. C. (2011, December 11). Interview with Russell Rhodes, Fox 13 News: *Home for the holidays: Keep your cool.* <http://www.myfoxtampabay.com/story/18016382/>

Sheridan, D. C. (2011, May 18). Interview with Russell Rhodes, Fox 13 News: *Where there's a will, there's a way.* <http://www.myfoxtampabay.com/story/18026172/>

Sheridan, D. C. (2011, May 18). Interview with Russell Rhodes, Fox 13 News: *Why is America obsessed with weight?* <http://www.myfoxtampabay.com/story/18028765/>

Sheridan, D. C. (2011, May 18). Interview with Laura Moody, Fox 13 News: *How to handle the inlaws.* <http://www.myfoxtampabay.com/clip/7328877/>

Sheridan, D. C. (2011, May 2). Interview with Russell Rhodes, Fox 13 News: *Can marriage survive an affair?* <http://www.myfoxtampabay.com/story/18046709/>

Sheridan, D. C. (2010, September 24). Interview Fox 13 News: *Too sexy for work.* <http://www.myfoxtampabay.com/story/18025667/>

Radio

Sheridan, D. C. (2013, November 15). Interview with Dana Pepper, 1250 WHNZ/iHeart Radio *Thankful for Therapy!* www.danapepper.com http://youtu.be/N_Ku0RVNBTc

Podcasts

November 5, 2018, Love, Then Money, Azuree Ashby. *In Between the Sheets with Clinical Sexologist, Dr. Dae C. Sheridan*

<https://www.stitcher.com/podcast/azuree-ashby/love-then-money/e/57070409>

July 4, 2017, How to Talk to Kids About Anything, Dr. Robyn Silverman *How to Talk to Kids about Suicide, Sexual Assault & 13 Reasons Why*
Special Guest: Dr. Dae Sheridan

drrobysilverman.com/tag/dr-dae-sheridan/

January 9, 2017, Dr. Jamie Show

Dr Jaime talks with Dr. Dae Sheridan about all things sex!

<https://player.fm/series/dr-jaime-kulaga/dr-jaime-ft-sex-therapist-dr-dae>

November 11, 2016, Vince August's Podcast by Vince August on Apple Podcasts

Battle of the Sexes with Dr. Dae Sheridan

<https://itunes.apple.com/us/podcast/vince-augusts-podcast/id925340636?mt=2>

April 5, 2013, Arleen Spenceley

[Interview] Sex therapist Dae Sheridan

<http://www.arleenspenceley.com/2013/04/interview-sex-therapist-dae-sheridan.html>

January 26, 2012, Rosemary Nickle, Motivating Other Moms
Interview with Dr. Dae Sheridan

Websites

Sheridan, D. C. (2011-present). *www.Dae.com*

PROFESSIONAL MEMBERSHIPS

USF Women in Leadership and Philanthropy	2012-present
American Board of Sexology	2004-present
Florida Mental Health Counselors Association	1997- present
Suncoast Mental Health Counselors Association	1997- present
American Mental Health Counselors Association	1997-present
University of South Florida Alumni Association	1994-present
American Psychological Association	2005-2007
Society for the Scientific Study of Sexuality	2005-2013
Women in Health Network	2002-2008
Business and Professional Women's Association	1997-1999
Greater Temple Terrace Chamber of Commerce	1997-2010
Tampa Chamber of Commerce	1997-1999

SERVICE TO THE COMMUNITY

Crisis Center of Tampa Bay, Board of Directors	2015-present
Terrace Community Middle School Comm. Development Board	2014-present
MehraVista Health QA Management & Credentialing Committee	2008-present
Great American Teach-In Volunteer	1999-present
Delta Gamma Fraternity, Delta Kappa Chapter Advisory Team	1997-present
Roland H. Lewis Elementary School PTA Board	2009-2018
Girl Scouts of Southwest Florida Camp CEO	2019
USF Veterans Reintegration Task Force on MST	2013-2015
Camelot Community Care, Vice Chair, Board of Directors	2005-2014
National Depression Month Volunteer Screener	1997-2001
Hillsborough County and Manatee County General Revenue Grants Reviewer	2000
Healthy Start Coalition of Hillsborough County ABC Program Board Member	1998-1999
Hillsborough County Juvenile Justice Council Member	1998-1999
Girls Initiative Sub-Committee Member	1998-1999
Prevention/Intervention Sub-Committee Member	1998-1999
Planning Committee Member	1998-1999
PACE Center for Girls (Hillsborough County) Steering Committee/Planning Committee Member	1998-1999
Youth Agency, Council Member	1998-1999
Tampa Bay Teen, Council Member	1998-1999
Bay Area Youth Services	

Volunteer Sexuality Education Facilitator University of South Florida	1997-1999
Summer Leadership Program for Young Women	
Shadow Day Sponsor/Mentor	1999
Take Our Daughters to Work Day Volunteer	1997-1999
Big Brothers Big Sisters of Tampa Bay	
Mentor Training Institute Graduate	1998
Hands on Tampa, Volunteer	1997-1999
United Way Speakers and Tours Member	1997-1999

RECOGNITIONS

Crisis Center of Tampa Bay Volunteer of the Quarter Feb 2017
Tampa Bay Business Journal 2013 Healthcare Heroes Award
Healthcare Educator Category