

MHS 6900  
CRN 81105

# School-Based Mental Health Services



RESEARCH & INNOVATION CENTER

## Our Mission

To improve the lives of vulnerable children by conducting innovative applied research, building strategic partnerships locally, nationally, and globally, and preparing the next generation of researchers.



Fall 2020

Distance Learning

This course aims to equip students with fundamental knowledge and skills related to evidence-based behavioral health prevention and intervention in schools with an emphasis on cross systems collaboration and multi-tiered systems of services and supports.

## Course Highlights

- Review the history, financing, and prominent models of delivery of school-based behavioral health services, and the roles of various key personnel (e.g., administrators, teachers, related services personnel, parents, and community providers) in meeting students' behavioral health needs.
- Understand whole-school approaches to the delivery of behavioral health services that address the needs of all students within the school setting.
- Gain knowledge regarding evidence-based behavioral health prevention and intervention approaches in schools for specific problems and higher risk students.

## About the Instructor

**Matthew E. Foster, PhD**

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Dr. Foster is a developmental psychologist and Assistant Professor at CFS's Rightpath Research and Innovation Center. Dr. Foster develops progress monitoring and kindergarten readiness assessments appropriate for English and Spanish speakers' ages 3 to 6 years. He is also interested in evidence-based practices, especially those that foster early academic achievement using multi-tiered systems of support (MTSS). As a previous special education teacher and developmental psychologist, he has a strong understanding of the intersection between developmental disabilities and school-based supports.

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