

Cary L. Hopkins Eyles, MA, CAP

Dedicated and passionate trainer and teacher with over twenty years of experience in education and behavioral health. Leader and mentor with diverse skills and experience.

Education, Certifications

- Masters, Criminology; Graduated Summa Cum Laude (USF)
- Bachelors, Psychology; Graduated Magna Cum Laude (Assumption College)
- Certified Addictions Professional (Florida Certification Board)
- Global Master Trainer, International Society of Substance Use Professionals (ISSUP) & U.S. Department of State, Bureau of International Narcotics and Law Enforcement Affairs (INL)
- UTC Train-the-Trainer participant, Organization of American States, INL
- Local Trainer Certification, Global Appraisal of Individual Needs (GAIN)
- Certified in Domestic Violence Victim's Issues, Certified in DV and Substance Abuse
- Mindfulness Based Stress Reduction (MBSR) course completed (Mindful Leader; 494861167)
- Mentor for the U.S. Department of State (INL) pilot mentorship project utilizing the Universal Treatment Curriculum (UTC)
- Online Instructor Certification (USF)

University Courses Taught

UNIVERSITY OF SOUTH FLORIDA

ADJUNCT INSTRUCTOR, CRIMINOLOGY

- Theories of Criminal Behavior (Spring 2023) – online, asynchronous
- Survey of the Criminal Justice System (Fall 2022)
- Drugs and Crime (Fall 2021, Spring 2022, Fall 2022, Spring 2023)
- Interdisciplinary Social Sciences (Fall 2001)
- Patterns of Criminal Behavior (Fall 1999, Spring 2000, Fall 2000)

UNIVERSITY OF TAMPA

ADJUNCT INSTRUCTOR, CRIMINOLOGY & CRIMINAL JUSTICE

- Special Topics: Trauma in the Criminal Justice System (developed new course; Spring 2020, Spring 2021)
- Introduction to Criminology (Spring 2019, Fall 2019, Fall 2000, Spring 2021)

Guest Lectures

- Pre-clinical skills in Multidisciplinary Behavioral Healthcare Services (Dr. Nev Jones; Spring 2018)
- Drug Treatment in Multidisciplinary Behavioral Healthcare (Dr. Khary Rigg; Fall 2017, Spring 2018, Fall 2019)
- Crisis Intervention skills in Behavioral Healthcare Field Experience (Dr. Roger Peters; Fall 2017, Spring 2018, Spring 2019, Summer 2019; Dr. James Epps, Fall 2019)
- Co-Occurring Disorders and Integrated Treatment in Recovery-Oriented Mental Health Services (Dr. Kristin Kosyluk, Summer 2019, Fall 2019, Fall 2020)

Career Experience

AUGUST 2023 – PRESENT

UNIVERSITY OF SOUTH FLORIDA, DEPT OF CRIMINOLOGY

Visiting Assistant Instructor

- Teaching Drugs and Crime and Research Methods in person.
- Teaching Theories of Criminal Behavior and writing intensive senior seminar (trauma) online.
- Utilizing the Canvas Learning Management System.
- Working closely with students from diverse backgrounds.
- Working closely with colleagues and team to ensure student success.

JAN 2020 – AUGUST 2023
REDUCTION

INT'L CONSORTIUM OF UNIVERSITIES FOR DRUG DEMAND

Deputy Director (ICUDDR)

- Partner with the Executive Director and Board of Directors to determine and implement the overall strategic direction of ICUDDR.
- Steward the implementation of the strategic framework through an inclusive, equitable, accountable, and transparent process.
- Develop, plan, and manage goal and objective-setting across the organization; monitor and report on progress against organizational objectives and milestones; and ensure alignment with organizational impact metrics.
- Plan and facilitate an annual team retreat, as well as ongoing cross-functional team discussions.
- Ensure that strategic organizational priorities and team planning goals align and cascade to individual goal setting and performance management process.
- Align annual budget and grant goals for multiple funding streams.
- Ensure processes and practices are well aligned and communicated to the team and well documented.
- Mentor and supervise team members and potential future leaders.
- Determine organizational capacity for implementation of new projects and directions, and lead on special projects as needed.

- Advise ED on internal communications and ensure transparent decision-making processes and clear direction setting.
- Engage staff/teams as appropriate in decision-making processes.
- Strengthen communication and collaboration platforms for global team interactions and information sharing, working closely with the regional and local partners.
- Strategically represent organization with key partners, funders, and donors, as needed.
- Assist ED in prioritizing issues and agenda setting for leadership and staff discussions.
- Instructional design/course development such as writing learning objectives, determining the scope of educational projects, creating the layout of the instructional material, working with subject matter experts (when I am not the subject matter expert), writing content, assisting in the development of audio, visual, and interactive media aids, planning and creating assessments. One example is the Adult Learning Principles course started in Jan 2022.
- Planned, coordinated, and implemented the 2021 ICUDDR Virtual Conference.
- Sustaining and Adapting Addiction Science to Virtual Realities. Two hundred participants, approx. 20 sessions, and global rep of both presenters and participants. Content available at <https://icuddr2021.conferencecontent.net/agenda/2021-07-21>
- Start addiction studies initiatives in underserved areas such as the ICUDDR Uganda walk-through and consultation training (Nov 2020-Feb 2021).
- Serve to facilitate mission of ICUDDR with international teams including “Parents Living with Substance Use Disorders during COVID-19” work group.
- Coordinate first annual virtual conference with presenters from all across the world with panels representing Asian-Pacific, African, and Latin American regions; had 273 unique participants, representing 46 countries; fully bilingual (Spanish-English)/simultaneous translation.
- Coordinate the Annual ICUDDR Conference, including planning, implementation, and participation in the conference.
- Provide training on the UTC or UPC to university partners interested in developing education programs or using the materials in existing programs.
- Provide consultation to University drug demand reduction education programs.
- Plan and implement ICUDDR meetings and presentations at the annual ISSUP/International Addictions conference.
- Participate and provide presentations at meetings and conferences (domestic, international) related to ICUDDR and partner organizations
- Convene meetings with member committees/sub-committees
- Maintain and update membership list and communicate with new members
- Facilitate member learning collaboratives and webinars
- Collaborate with UPC/UTC Coordinating Centers to plan and implement activities to disseminate the UPC and UTC curricula
- Liaison with ISSUP and other partner organizations
- Assist in marketing and media/public relations activities

JUNE 2021 – PRESENT

UNIVERSITY OF SOUTH FLORIDA

Master Trainer, Train-the-Trainer, Mentorship (Consultant on Int'l grant)

- Developed the train-the-trainer curriculum for experienced trainers who want to become Mentors for the UTC Mentorship Curriculum. Conducted the sessions as the Master trainer.

SEPT 2019 – AUGUST 2020

UNIVERSITY OF CA – SAN DIEGO

PROGRAM ADMINISTRATOR (CONSULTANT ON INTERNATIONAL GRANT)

- Provide administrative support for the organization and implementation of Universal Treatment Curriculum basic course trainings in three countries - Serbia, Albania and Ukraine including communication with University personnel, trainers for the UTC, participants in the training, and others.

JAN 2017-JAN 2020

INT’L CONSORTIUM OF UNIVERSITIES FOR DRUG DEMAND

REDUCTION

Coordinator (ICUDDR)

- Coordinate global conferences, trainings, and meetings including planning, implementation, and participation (Prague, Europe; San Diego, CA; Cusco, Peru).
- Plan and implement ICUDDR meetings and presentations at the annual ISSUP/International Addictions conferences.
- Participate and provide presentations at meetings and conferences (domestic, international) related to ICUDDR and partner organizations.
- Convene meetings with member committees.
- Facilitate member learning collaboratives and webinars.
- Liaison with ISSUP and other partner organizations.
- Assist in marketing and media/public relations activities including creating and implementing professional newsletters.

JUNE 2017-JAN 2020

UNIVERSITY OF SOUTH FLORIDA (USF)

ASSISTANT DIRECTOR, UTC COORDINATING CENTER OF NORTH AMERICAN UNIVERSITIES

- Mentor for pilot mentorship program, Basic Counseling for Addictions Professionals. Provided guidance to international addictions professionals in inaugural run-through of the mentorship program utilizing curricula created on this project.
- Develop materials to evaluate participant outcomes and administer survey forms at various intervals following participation in Universal Treatment Curriculum (UTC) training programs.
- Develop an integrated set of mentorship activities that provide structured follow-up training opportunities for participants who have completed UTC courses. Develop a web-based resource library to augment mentorship activities.
- Coordinate meetings of the Advisory Committee for the UTC Coordinating Center, including establishing a process for convening committee meetings and identifying short and long-term goals and products for the Center.
- Developed, launched, and currently maintain UTC Coordinating Center website.

- Identify North American Universities that may be interested in implementing the UTC and disseminate information about the curriculum.
- Compile a database of participating North American Universities to track how the UTC is being used and maintain contact information.

FEBRUARY 2015-MAY 2017 DRUG ABUSE COMPREHENSIVE COORDINATING OFFICE, INC.

Training and Staff Development Coordinator (DACCO)

- Responsible for training programming for 300+ employees.
- Created trainings to assist in onboarding, recruitment, and retention as well as enhance skill base of all staff.
- Created multi-day training for new clinicians and case managers.
- Created training opportunities for licensed practitioners to be able to supervise those seeking licensure.
- Mentored employees to obtain certifications in behavioral health field.

MAY 2002-AUGUST 2012 DRUG ABUSE COMPREHENSIVE COORDINATING OFFICE, INC.

DIRECTOR, OUTPATIENT SERVICES

- Supervised all programming for outpatient services including the Drug Court program and Intensive outpatient.
- Monitor and advise clinical staff in client decisions, curriculum, and training.
- Ensure compliance for all licensure, accreditation, and funding sources including DCF, CARF, and DOC.

Director, Residential Services and Prison Diversion Program

- Report directly to Chief Operating Officer on all Residential and Prison Diversion issues including, but not limited to, clinical programming, budgeting, outcomes, policies, training, staffing, facilities.
- Provide trainings on motivational enhancement techniques, coping with resistance, domestic violence, customer service, and other topics as needed.

ASSISTANT DIRECTOR, RESIDENTIAL SERVICES

- Supervise Management team for three Residential sites, Department of Corrections (DOC) outpatient program, and transitional living facility.
- Ensure compliance for all licensure, accreditation, and funding sources including DCF, CARF, and DOC. Maintain budget as it pertains to facilities, staffing, and overall needs.
- Implement best practices, curriculum, evidence-based materials, and train. Conduct fidelity checks and continual training.

Program Coordinator, Women's Residential facility

- Program Coordinator for 6-month residential treatment program for women, utilizing a modified therapeutic community approach; capacity 60 residents.
- Supervise Counselor Supervisor, Support Staff Supervisor, and clinical and technician staff.
- Conduct intake interviews and clinical staffings; facilitate interdisciplinary treatment team meetings; conduct agency trainings for new staff; lead Domestic Violence and other therapeutic and educational groups; oversee hiring process for facility.
- Monitor co-occurring services and progress towards stronger dual diagnosis program including meeting requirements to receive funding for co-occurring services.
- Maintain standards of 65D-30 documentation and requirements of DOC contract.

COUNSELOR, SAMI (SUBSTANCE ABUSING MOTHERS AND THEIR INFANTS) PROGRAM

- Primary Counselor for clients during the first stage of intensive outpatient treatment.
- Conduct therapeutic groups and one-on-one sessions. Create curriculum for and conduct domestic violence classes & substance abuse education groups, conduct evidenced-based trauma groups (Seeking Safety), as well as focus and process groups. Liaison with probation officers, children and family workers, and other referral sources for clients.
- Conduct agency trainings in Domestic Violence issues.

MARCH 2001-MAY 2002

UNIVERSITY OF SOUTH FLORIDA

Program Assistant, Educational Outreach

- Assisted non-traditional students from admission to graduation of distance learning program; facilitated services for adult students; recruited professors and staff for program. Planned and conducted quarterly workshops, created partnerships in community and between students and faculty, and aided students with research.

SEPTEMBER 2000-MARCH 2001
SERVICES

SALVATION ARMY CORRECTIONAL

PROBATION OFFICER, DOMESTIC VIOLENCE DIVISION

- Case management for misdemeanor domestic violence offenders (180+). Facilitation of treatment, risk analysis, financial compliance, liaison to treatment providers, court representation, victim support, maintenance of detailed, confidential file documents from initial interview through program completion (up to one year).

Presentations, Trainings, Publications

- Virtual Communities of Practice – The Case of ICUDDR, accepted for poster presentation during the 2023 Virtual NIDA International Forum’s Poster Session.
- Can You Teach Empathy? Building Skills for Students in SUD, Presented webinar for ICUDDR, March 30, 2023.

- Building Global Networks to Achieve the Best Results in Substance Use Issues, ISSUP Symposium as part of the XI Annual Psychiatric International Conference, February 24, 2023.
- Motivational Interviewing for Substance Use Disorder, Part of Emerging Trends in Substance Use Disorder training series, Behavioral Health Excellence Technical Assistance Center. January 26, 2023.
- Webinar selected by NAADAC for 2023 webinar series (30 chosen from 190 submissions); to be held in December 2023.
- Two submissions accepted for the Lisbon Addictions conference Nov 2022
 - e-short communication: “Improving the Addiction Treatment Workforce through a Structured Mentorship Program” (recording available: [Improving the Addiction Treatment Workforce through a Structured Mentorship Program - YouTube](#))
 - e-poster selected and chosen for e-poster guided tour: “A thousand on-line strategies and tools in academic addiction specialty education in post-COVID time: From necessity to quality”
- Youth Southeast Asia Leadership Institute (YSEALI): “Introduction to Helping Relationships” (June 2022).
- Youth Southeast Asia Leadership Institute (YSEALI): “New Normal, New Concept: Consequences of the Pandemic Related To Substance Use Disorders” (June 2022).
- A member of the SCI 2022 faculty (Summer Clinical Institute in Addiction Studies) at the University of CA San Diego (June 2022): “The International Consortium of Universities on Drug Demand Reduction: Opportunities for Improvement of Education in Addictions”
- Panelist for "Plenary on Prevention" of the 2nd Philippine Recovery Summit on March 21, 2022.
- “Shame: A Long-Ignored Key in SUDs”, NAADAC webinar, January 26, 2022. <https://www.naadac.org/shame-webinar> (665 participants)
- “Supporting Emergency Remote Teaching Due to Coronavirus Pandemic: Problem Solving Group at ICUDDR” Adiktologie (21), 211-218, <https://doi.org/10.35198/01-2021-004-0001>
- Co-presenting an international online course, Adult Learning Principles, with Susana Henriques, PhD. (recordings available at <https://youtu.be/EB9NUUY5KjU>)
- Presented a two-series webinar on Adult Learning Principles for Health Resources and Services Administration (HRSA) (Dec 2021).
- Presenter in a panel, “Sustaining Addiction Science Education During COVID-19” at the ICUDDR virtual conference. Content available in Spanish and English at <https://icuddr2021.conferencecontent.net/sessions/1045> and <https://icuddr2021.conferencecontent.net/sessions/s1045>
- Part of panel: Health Workforce Development in Addiction Medicine and Related Fields, 3rd World Health Organization on Alcohol, Drugs and Addictive Behaviors Accelerating public health actions and addressing new challenges during the COVID-19 pandemic (June 24, 2021).
- Wellness and Recovery in the Addiction Profession, Part Five: “Mindfulness with Clients - Sitting with Discomfort”. Specialty Online Training for NAADAC. Presented webinar May 5, 2021.
- Presented “Self-Care for Rehabilitation Professionals” for the Annual Meeting of the Florida Rehabilitation Association (February 23, 2021).

- Developed and served on the Expert Working Group, “COVID-19 Coping Toolkit for Parents and Caregivers in Recovery” which ultimately related in a toolkit document (published January 2021).
- Presented a 3-hour workshop, “How Shame Keeps Us Sick: Work for Addictions Professionals and Their Clients”, for the Alabama School of Alcohol and Other Drug Studies (ASADS) annual event (online, January 5, 2021).
- Presented international webinar, “Coping in Uncertain Times: Mindfulness for Families” for Research Group Beyond Borders and Sponsored by Mutual Support Group (November 22, 2020).
- Authored blog “ICUDDR First Virtual Conference: Educating and Promoting Addiction Science in a Virtual World” available at <https://icuddr.org/blogs/Post-Conference.aspx> (July 2020)
- Co-presented at ICUDDR virtual conference, “Moving to an Online Teaching Format”, July 14, 2020. Available at <https://www.youtube.com/watch?v=70Vr9pCwrLM&list=PLaIB9yTPNvoJaGj3V4iisZEF9MP1cA1bk&index=12>
- Co-presented at ICUDDR virtual conference, “Ensuring Graduates have Adequate Skills: Skill Based Training Online, July 15, 2020. Available at <https://www.youtube.com/watch?v=BaRRsFwVsbq&list=PLaIB9yTPNvoJaGj3V4iisZEF9MP1cA1bk&index=9>
- Pilot Mentor for State Department, INL, funded project; mentoring international adult learners in Basic Counseling Skills. Course videos available at <https://www.youtube.com/channel/UC-l5En-3r1hGbWOB2gYW5IQ>
- Co-authored the UTC Mentorship Curriculum with Dr. Roger Peters (2019-2020); funded by the Department of State, INL.
- Authored blog, “The Problem of Workforce Development in the Addictions Field” available at <https://icuddr.org/blogs/Workforce-Development.aspx> (June 2020)
- Presented “Supporting University Students During COVID-19” webinar for ICUDDR, May 2020, available at <https://youtu.be/isjxdqIVtvY>
- Authored blog “Supporting University Students During COVID-19” available at <https://icuddr.org/blogs/supporting-university-students-covid19.aspx> (May 2020)
- Chosen to present at the Alabama School of Alcohol and Other Drug Studies (ASADS) annual event – subsequently cancelled due to COVID (March 2020).
- Co-author, with Drs. Kim Johnson and Khary Rigg, “Receiving addiction treatment in the US: Do patient demographics, drug of choice, or substance use disorder severity matter?” International Journal of Drug Policy Ms. No.: DRUGPO-D-19-223R2 available at: <https://www.sciencedirect.com/science/article/pii/S095539591930283X>
- Presentation “Wholeheartedness and the Addiction Professional: Keeping our Empathy and Authenticity”, 70th Annual Florida Counseling Association convention, Tampa, FL, October 2019.
- Presented a 6-hour workshop, “Empathy, Authenticity, and Self-Care as an Addiction Professional”, at the Alabama School of Alcohol and Other Drug Studies (ASADS) annual event (March 2019). Evaluation results available upon request.
- Completed the Train-the-Trainer session for the Universal Treatment Curriculum (October 2018; February 2019); in process to be Global Trainer through the International Society of Substance Use Professionals.

- Presented National webinar for NAADAC, the Association for Addiction Professionals, titled “Authentic Self-Care for Addiction Professionals” to over 400 participants. Available on-demand at <https://www.naadac.org/authentic-self-care-webinar> August 2018.
- Presented “Developing a Mentorship Framework for the UTC Curriculum” at the Meeting of Global Demand Reduction (DDR) Partners on Workforce Development with Dr. Roger Peters. INL, U.S. Department of State; CICAD, Organization of American States. January 2018.
- “ANOTHER Trendy Initiative?!? – Integrating Trauma-Informed and Co-Occurring Capable Care” FADAA/FCCMH 2011 Annual Conference; Co-Presented with Colleen Clark, PhD (August 2011).
- “Assessing Trauma-Informed Care Readiness in Behavioral Health: An Organizational Case Study” (2011). Samantha Anne Farro, PhD, Colleen Clark, PhD, & Cary Hopkins Eyles, MA, CAP, Journal of Dual Diagnosis, 7:4, 228-241.
- “Tools for Motivating Clients: Motivational Enhancement Therapy and Stages of Change” Presented for CEUs at the Crisis Center of Tampa Bay. (Feb 2010).
- “Stages of Change and Motivational Enhancement: Why They Are Worth Adding to Your Counseling Toolbox” FADAA 2008 Annual Conference.
- “What Women Want: A Webinar to Enhance Substance Abuse Treatment for Women” (2006) Co-presented with Linda Mann, LCSW & Liz Harden, LMHC, CAP.
- “An Examination of the Associations of Educational Attainment, Salience, and Influence toward the Death Penalty for Juveniles: A Test of Attribution Theory” (2002) Cary L Hopkins Eyles, University of South Florida.
- “School Shootings in the United States: A Typology of Lethal and Nonlethal Injury.” (2000) Kathleen Heide, PhD, Cary Hopkins Eyles; Erin Spencer. Copyright 2000 Federal Bureau of Investigation at www.fbi.gov
- “A Case Study of a Jonesboro, Arkansas School Shooting Offender.” Kathleen Heide, PhD, Eldra P. Solomon, PhD, & Cary Hopkins Eyles; paper presented at the Academy of Criminal Justice Sciences Annual Meeting, March 1997, Orlando, FL.

Committees, Volunteer work, Consulting

- Volunteer, Day of Service at Metropolitan Ministries (March 2023)
- OneBlood donor since 2004: Platelet Apheresis and Whole Blood (4.25 gallons)
- Served on advisory committee on NASAC International Standards group (2022)
- Reviewer since 2020 for Journal of Substance Use (published by Elsevier)
- Invited and served on the Treatment Expert Advisory Group (TEAG) online meeting to review and endorse recommendations arising from the peer review process on the Universal Treatment Curriculum (UTC) 3: Common Co-Occurring Mental and Medical Disorders – An Overview for Addiction Professionals and UTC 4: Basic Counseling Skills for Addiction Professionals (October 2020).
- Florida Mental Health Institute at USF, affiliate (since 2017)
- Honors Tutorial advisor for student in Introduction to Criminology, University of Tampa (2020)

- Moderator for “Research Group Beyond Count”, international discussion group (Aug 2020)
- Program Administrator, UTC Walkthrough grant, consultant to University of CA San Diego for grant with Drug Advisory Programme
- Mentor (to eight 4th grade female students), Lomax Magnet Elementary, September 2018-May 2019
- Member, Healthy Culture Crew, Wellness Committee for the College of Behavioral and Community Sciences employees, USF, January 2018-June 2019
- Treatment Expert Advisory Group (TEAG) member, December 2017, UNODC
- Expert advisor for Universal Treatment Curriculum (2017), UNODC
- Volunteer Yoga teacher for College of Behavioral Health and Community Sciences, USF, August 2017-2020
- 2008 - Palmetto Beach Community Association – Treasurer; Vice President; Secured Hillsborough County grant to build a community garden (2009); led sub-committee to implement community garden
- Co-chair of the Hillsborough County Co-Occurring Steering Committee
- Chair of the Hillsborough County Domestic Violence Task Force
- HCV (Hep C) Advocate, certified trainer (2015)
- Presented about wellness and taught yoga at PACE Center for Girls