

# CURRICULUM VITAE

## **B. Michelle Beekman**

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### **Educational History**

- 2017-present **Behavioral and Community Sciences, PhD Candidate**  
University of South Florida  
Behavioral & Community Sciences  
Advisor: Dr. Kristin Kosyluk, Mental Health Law & Policy  
**STigma Action Research Lab**  
<http://kristinkosyluk.weebly.com/>
- 2016 **Bachelor of Arts**  
University of South Florida  
Psychology
- 2014 **Associate of Arts**  
Hillsborough Community College

### **Research Programs & Training**

- 2018 Collaborative Institutional Training Initiative (CITI)  
IRB Training and Certification Courses:  
    Social & Behavioral Responsible Conduct of Research  
    Social & Behavioral Investigators and Key Personnel
- 2018 Adolescent Mental Health First Aid Training
- 2016 Undergraduate Psychology Honors Program  
University of South Florida Department of Psychology

### **Teaching Experience**

- 2018-present **Graduate Teaching Assistant**  
University of South Florida College of Behavioral and Community Sciences,  
Mental Health Law & Policy. Teaching Assistant advisor: Dr. Amber Gum  
\*MHS 4434: Behavioral Health & The Family  
\*MHS 3063: Cultural Diversity, Health, and Behavioral Health  
\*MHS 4703: Legal, Ethical & Professional Issues in Behavioral Health  
\*MHS 3411: Multidisciplinary Behavioral Health Care

\*MHS 2031: Mental Illness & Addictive Disorders

\*MHS 4723: Pro-Seminar in Behavioral & Community Sciences

May 2019 – **Instructor of Record**  
Dec 2020 University of South Florida College of Behavioral and Community Sciences,  
Mental Health Law & Policy

MHS 4434: Behavioral Health & The Family

MHS 2031: Mental Illness & Addictive Disorders

### **Research Experience**

2018 – present **Dissertation Research Preparation**  
University of South Florida College of Behavioral and Community Sciences,  
Mental Health Law & Policy  
Develop and coordinate research projects; Complete IRB applications and  
submissions; Collect qualitative and quantitative data related to various projects;  
Analyze data

2017 – 2018 **Graduate Research Assistant**  
University of South Florida College of Behavioral and Community Sciences, HIV  
Lab: Enter raw data into ACCESS; Transcribe project audio interviews;  
Detect/correct errors in data collection and data sets

2015 – 2017 **Undergraduate Honors Thesis: Principal Investigator**  
University of South Florida Department of Psychology, D.E.P.T.H. Lab:  
Disordered Eating Prevention, Treatment & Health: *Intrasexual Competition and  
Its Influence on Body Image Thoughts and Behaviors in Women*

2014 – 2016 **Research Assistant**  
Substance Use, Personality, and Emotion Research Lab, Dr. M. Bornovalova

### **Internships/Community Service**

2018 **Volunteer Tutoring Elementary Children**  
Working with children who are members of the Academic Enrichment Program at  
Parker Street Ministries; Mentoring Children; Supervisor Christina Allen: (863)  
286-4376

2015 **Clearwater Public Defender's Office**  
Homeless Empowerment Program (HEP): Interacted with residents; Facilitated  
“listening” groups where a nonjudgmental, safe-feeling environment was key for  
residents to talk about their past; Supervisor: Gene Godwin (727) 400-7217

## **Funding**

Sept-Nov 2019      **NSF Innovation Corps (I-Corps) USF Internal Application**  
“Encouraging Mental Health Conversations with Primary Care Physicians Using Waiting Room Televisions”  
\$3,000 (Role: Technical Lead; Kosyluk, PI)

## **Presentations**

- Kosyluk, K.A., **Beekman, B.M.** *Introduction to Honest-Open-Proud for Teens, a Disclosure-Based Stigma Reduction Program.* Healthy Minds & Health Futures Conference. Orlando, FL. May 2019.
- Kosyluk, K.A., **Beekman, B.M.**, Her, J. *Introduction to Honest-Open-Proud for Adults, a Disclosure-Based Stigma Reduction Program.* Behavioral Health Conference. Orlando, FL. August 2019.
- Beekman, B.M.**, Kosyluk, K.A. *Preliminary Findings of a Qualitative Inquiry Eliciting Teens’, Parents’, and School Personnel’s Recommended Modifications to a Contact-Based Mental Illness Stigma Reduction & Suicide Prevention Program for High Schools.* Presentation at the Florida Suicide Prevention Conference. Tallahassee, FL. February 27, 2020.
- Beekman, B.M.**, Kosyluk, K.A. *Teens’, Parents’ and School Personnel’s Contribution to the Modification of a Contact-Based Mental Illness Stigma and Suicide Reduction Program for High Schools: A Qualitative Study.* Poster to be presented at the 33<sup>rd</sup> Annual Research & Policy Conference on Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL. March 15, 2020 (Conference canceled).
- Beekman, B.M.**, Garza, A. *Implementing Services in Low Resource Communities: A Case Study.* Study results to be presented at the 33<sup>rd</sup> Annual Research & Policy Conference on Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL. March 15, 2020 (Conference canceled).
- Beekman, B.M.**, Vojtech, J., Torres, K., Kosyluk, K. *Teens & School Stakeholders Contribution to the Modification of a Contact-based Mental Illness Stigma & Suicide Reduction Program for High Schools.* Coming Together 4 Action! Virtual Conference. October 7, 2020.

## **Publications**

Kosyluk, K.A., Marshall, J., Rivera Macias, D., Macias, S., Conner, K.O., **Beekman, B.M.**, Her, J. (2020). Challenging the Stigma of Mental Illness through Creative Storytelling: A Randomized Controlled Trial of This Is My Brave. *Community Mental Health Journal*. <https://doi.org/10.1007/s10597-020-00625-4>

Kosyluk, K.A., Marshall, J., **Beekman, B.M.**, & Her, J. (**In preparation**). Evaluating the Impact of This Is My Brave's Documentary on Mental Health Literacy: A Pilot Study.

Kosyluk, K.A., Umucu, E., Zenn, N., **Beekman, B. M.**, Tran, J., Rose, K., Conner, K. (**Under Review**). Coping with COVID-19 Among a Sample of U.S. College Students. *Journal of College Student Development*.