

Mina Davari

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EDUCATION

- **Ph.D. student**, Behavioral and Community Sciences; University of South Florida, Tampa, USA. **2022 – to date**

Supervisor: Dr Marylin Stern

- **M.Sc.**, Community Nutrition; Tabriz University of Medical Sciences, Tabriz, Iran. **2017 – 2019**

Total Cumulative GPA: 3.87

Thesis Title: *the assessment of changes in nutritional statuses and its effective factors over time in trauma patients in “shahid Bahonar” Hospital, Kerman, Iran.*

Supervisors: Dr Seyed-Rafi Aref-Hosseini and Dr. Sarvin Sanaie

- **B.Sc.**, Nutrition Science; Kerman University of Medical Sciences, Kerman, Iran. **2010 – 2014**

Total Cumulative GPA: 3.7

RESEARCH INTERESTS

- Type 2 Diabetes & CVDs
- Mental Health
- Obesity
- Public Health Nutrition
- Eating Behaviors
- Cancer

HONORS AND AWARDS

- Full-tuition scholarship for Bachelor and Master’s degree courses.
- Exceptional talent student of Tabriz University of Medical Sciences for four semesters.
- Working as a volunteer at “Shahid Bahonar” Hospital diabetes center for two months, Kerman, Iran.

PUBLICATIONS AND CONFERENCES

➤ Published Journal Articles

- Moludi J, et al. (2022). “Protective and therapeutic effectiveness of taurine supplementation plus low calorie diet on metabolic parameters and endothelial markers in patients with diabetes mellitus: a randomized, clinical trial.” *Nutrition & Metabolism Journal (Lond)*. 23;19(1):49. **2022**
- Davari M, et al. (2020). “Effects of cinnamon supplementation on expression of systemic inflammation factors, NF-kB and Sirtuin-1 (SIRT1) in type 2 diabetes: a randomized, double blind, and controlled clinical trial.” *Nutrition Journal* **19**(1): 1-8. **2020**

- **Davari M**, et al. (2019). "*Impact of clinical factors on calorie and protein intakes during Icu stay in adults trauma patients: results from a prospective observational study.*" International journal of burns and trauma **9**(3): 59. **2019**
- Mirmiran P., **Davari M**, et al. (2019). "*A randomized controlled trial to determining the effect of cinnamon on the plasma levels of soluble forms of vascular adhesion molecules in type 2 diabetes mellitus.*" European journal of clinical nutrition **73**(12): 1605-1612. **2019**
- Moludi J., Alizadeh M, **Davari M**, et al. (2019). "*The efficacy and safety of probiotics intervention in attenuating cardiac remodeling following myocardial infraction: Literature review and study protocol for a randomized, double-blinded, placebo controlled trial.*" Contemporary clinical trials communications **15**: 100364. **2019**
- Moludi, J., et al. (2019). "*The Effect of Probiotic Supplementation on Depressive Symptoms and Quality of Life in Patients After Myocardial Infarction: Results of a Preliminary Double-Blind Clinical Trial.*" Psychosomatic medicine **81**(9): 770-777. **2019**
- **Poster**
- Impact of clinical factors on calorie and protein intakes during ICU stay in adults trauma patients: results from a prospective observational study, (3th International clinical nutrition conference), Mashhad, Iran. **2020**
- **Selected Conference Attendance**
- Hydration for Health Scientific Conference, USA. **2021**
- **Selected Courses/Workshops**
- Precision Nutrition: research gaps and opportunities virtual workshop. 15 Hours, National Institute of Health (NIH), USA **2021**
- 2021 Cancer Prevention Web-Based Activity (CE Eligible), COURSERA, by University of Virginia, USA **2021**
- Essentials of Global Health, COURSERA, by Yale University, USA **2021**
- Public Health Perspectives on Substantial Diets, COURSERA, by Johns Hopkins University, USA **2021**
- **Internships**
- Intern, Field of PHC (Primary Health Care) and other, Kerman University of Medical Sciences Public Health Centers, 3 months. **2014**
- Intern, Field of Nutrition in Hospital, Kerman University of Medical Sciences hospitals, 3 months. **2013**
- Trainee, Field of Foodstuff Industry, Kerman Pegah milk and dairy factory, 2 months. **2013**

WORK EXPERIENCE

➤ **Academic Experience**

- Research Assistantship: Graduate researcher assistant, I-HOPE Research Lab, Department of Child and Family Studies, University of South Florida, Tampa, USA. **2022 – to date**

Responsibility: Preparation of scholarly reports, checking and analysis of data, writing and submission of manuscripts, etc.

- Teaching Assistantship: Instructor, Department of Nutrition, Kerman University of Medical Sciences, Kerman, Iran. **2018 – 2019**

Responsibility: Provided class and taught “Hospital Internship”. 26 bachelor students of Nutritional Science. 180 hours.

➤ **Professional Experience**

- Dietitian, Karadarman Beauty & Fitness center, Kerman, Iran. **2019-2022**

Responsibilities: Nutrition Therapy particularly weight loss, Education and Counseling.