

SARAH K. SHEFFIELD, MA, CRC, TTS

Tampa, FL 33606/ (813) 420-8661/ Email: Skcarpen@usf.edu

EDUCATION

- Ph.D. Behavioral and Community Sciences, Expected - 2021
University of South Florida Tampa, FL
- Doctoral Candidacy, 2020
 - *JBHS&R*, Editorial Associate
 - Graduate Teaching Associate
 - Graduate Research Associate
 - Translational Institute, Peer Mentor
 - Translational Institute, Ambassador
- MA Rehabilitation and Mental Health Counseling, 2018
University of South Florida Tampa, FL
- Certification: Substance Abuse and Addictions Counseling; Translational Research in Adolescent Behavioral Health
 - Intern - BayCare Behavioral & Pinellas Co Jail Diversion
- BA Psychology, 2012
University of South Florida Tampa, FL
- Minor: Behavioral Healthcare
- AA Liberal Arts, 2009
Hillsborough Community College / Honors Program Tampa, FL
- HCC Honors Program

PROFESSIONAL POSITIONS: 2012 – 2020

Green Goals Counseling, Founder/ Owner, Registered Mental Health Intern

Clinical Supervision, Louise Wallowitz & Dr. Stacey Scheckner

709 W. Bay Street Tampa, FL 33607; (813) 420-8661; E-mail:

Sarah@GreenGoalsCounseling.com; Website: www.GreenGoalsCounseling.com.

Investigator & Trainer, HCSO Child Protection

Supervision, Captain Bradford & Kathleen Matthews

Investigated high profile crimes against children; Petitioned the court for child removal; Collaborated with community organizations; Live scanned fingerprints for FDLE cross match; Fulfilled Florida and National Criminal History Requests; and Completed home evaluations for legal placement; Diligent Search Specialist; and CPID Certified Instructor: Car seat, Bloodborne, First aid, and CPR.

HONORS & AWARDS: 2012 - 2020

University of South Florida

- 2020 Florida MH Counselors Association (FMHCA), Scholarship Recipient
 - \$320 Conference Tuition Waiver
- 2019 Child and Family Studies, CBCS Ambassador
 - 32nd Annual Child, Adolescent, and Young Adult Behavioral Health Research & Policy Conference Scholarship Recipient
 - \$600 conference fee/s and travel stipend
- 2018 – 2019, USF Graduate Assistant/ Associate, Scholarship Recipient
 - \$22,500 combined stipend and tuition waiver
 - \$10,000 NIDA/ NIH Scholarship Recipient
- 5th Annual Tampa Prevention Summit, Scholarship Recipient
 - \$200 Conference Tuition Waiver
- Florida Medallion Scholarship Recipient

Hillsborough Community College & University of South Florida Tampa, FL

- Presidential Honors Scholarship Recipient
- Florida Medallion Scholarship Recipient

Hillsborough County Sheriffs Office (HCSO)

- Hillsborough County Sherriff Office (HCSO) Letter of Commendation
- Three Time Department Recommendation Recipient: Staffing with Sherriff Gee

TEACHING & PROFESSIONAL POSITIONS: 2012 – 2020

2020

**JBHS&R Editorial Associate, University of South Florida
Supervision, Dr. Bruce Levin/ SP, SU, & FA 2020**
Screened initial review to include deficiencies and blinding;
Assigned manuscripts to peer review; Answered author
complaints; Screened reviewers; Recruited reviewers; and
Coordinated daily business with *Springer Nature* and *National
Council of Behavioral Health*.

**Graduate Research Associate, University of South Florida
MHS 4002: *Behavioral Health Systems Delivery*
Supervision, Dr. Bruce Levin/ FALL 2020**
Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

**Graduate Research Associate, University of South Florida
MHS 6543 *Foundations in Behav Health Systems*
Supervision, Dr. Bruce Levin/ SPRING 2020**
Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

**Graduate Research Associate, University of South Florida
MHS 7740: *Survey Course in Planning, Eval, & Account.*
Supervision, Dr. Bruce Levin/ SPRING 2020**

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

Peer Mentor, Translational Institute (ITRE), USF

Supervision, Dr. K. Moore/ SP, SU, & FA 2020

Hillsborough County Anti-Drug Alliance

Delivered program expectations to incoming students; Assisted community providers and students in the development of a collaborative research project; Facilitated social and educational programs; Participated in training session and meeting; and edited final presentations.

2019

JBHS&R Editorial Associate, University of South Florida

Supervision, Dr. Bruce Levin/ SUMMER & FALL 2020

Screened initial review to include deficiencies and blinding; Assigned manuscripts to peer review; Answered author complaints; Screened reviewers; Recruited reviewers; and Coordinated daily business with *Springer Nature* and *National Council of Behavioral Health*.

Graduate Research Associate, University of South Florida

MHS 6706 Child and Adol Behav Health Policy

Supervision, Dr. Bruce Levin/ FALL 2019

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

Graduate Research Associate, University of South Florida

MHS 4002 Behavioral Health Systems Delivery

Supervision, Dr. Bruce Levin/ FALL 2019

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

Graduate Teaching Associate, University of South Florida

MHS 6456 Co-Occurring Mental and Sub Use Disorders in Child and Adolescent Behavioral Health

Supervision, Dr. Donna Burton/ SUMMER 2019

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

Graduate Teaching Associate, University of South Florida

MHS 6900 Drug and Alcohol Use and Abuse in Child and Adolescent Behavioral Health Systems

Supervision, Dr. Donna Burton/ SUMMER 2019

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

**Graduate Teaching Associate, University of South Florida
MHS 6900 Foundations in Adolescent Behav Health
Supervision, Dr. Donna Burton/ SPRING 2019**

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

**Graduate Teaching Associate, University of South Florida
MHS 4490 Children's Issues in Behavioral Health
Supervision, Dr. Donna Burton/ SPRING 2019**

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

**Peer Mentor, Translational Institute (ITRE), USF
Supervision, Dr. Bruce Levin/ SP, SU, & FA 2019
*Hillsborough County Children Services***

Delivered program expectations to incoming students; Assisted
community providers and students in the development of a
collaborative research project; Facilitated social and educational
programs; Participated in training session and meeting; and edited
final presentations.

2018

**Graduate Teaching Associate, University of South Florida
PHC 6729 Advanced Research Methods in Adol Beh/ Health
Supervision, Dr. Donna Burton/ FALL 2018**

Managed attendance; Instructed specified course curriculum;
Settled complaints and concerns; and Graded course material.

**Graduate Teaching Associate, University of South Florida
MHS 6900 Co-Occurring Mental Health & SA Disorders
Supervision, Dr. Donna Burton/ FALL 2018**

Managed attendance; Instructed specified course curriculum to
include; Settled complaints and concerns; and Graded course
material.

**Peer Mentor, Translational Institute (ITRE), USF
Supervision, Dr. Oliver Massey/ SP, SU, & FA 2020
*Hillsborough County Children Services***

Delivered program expectations to incoming students; Assisted
community providers and students in the development of a
collaborative research project; Facilitated social and educational
programs; Participated in training session and meeting; and edited
final presentations.

2017

**Graduate Teaching Assistant, University of South Florida
MHS 3411 Behavioral Healthcare/ SPRING 2017
Supervision, Dr. Khary Rigg, Mental Health Law & Policy**
Managed attendance; Instructed specified course curriculum to include Motivational Interviewing and Therapeutic Alliance; Settled complaints and concerns; Graded course material.

**Child Instructor, University of South Florida Tampa
Research Lab, ADAPT/ SPRING 2017
Supervision, Dr. Marilyn Stern, Eating Disorder Lab**
Brainstormed intervention formulation and program adaption for immigrant children; Attended weekly planning meetings; and Delivered core curriculum to children for eight sessions based on ADAPT at *Tom Lee Community Health Center*.

2012 – 2017

**Investigator & Trainer, HCSO Child Protection
Supervision, Captain Bradford & Kathleen Matthews**

- Investigated high profile crimes against children; Petitioned the court for child removal; Collaborated with community organizations; Live scanned fingerprints for FDLE cross match; Fulfilled Florida and National Criminal History Requests; and Completed home evaluations for legal placement.
- Diligent Search Specialist.
- CPID Certified Classroom Instructor: Car seat, Bloodborne, First aid, and CPR.

CERTIFICATIONS: 2012 - 2020

- CRC, Certified Rehabilitation Counselor Certification, USF
- TTS, Tobacco Cessation Specialist Certification, FSU
- CPST, NHTSA Child Passenger Safety Technician
- CFMHE (*In Progress*), Certified Forensic MH Evaluator Certification, NBFE
- MCAP (*In Progress*), Addictions & Substance Abuse, USF
- Translational Research in Adolescent Behavioral Health, USF
- CPR, BLS, & First Aid Instructor, American Heart Association, AHA
- Youth Mental Health First Aid, National Council for Behavioral Health
- FCIC/ NCIC, National and Florida Crime Information Center
- FSFN, Florida Safe Families Network
- Cross Match, Government Database for Fingerprints
- PIVOT, Pivot ProQuest/ University Funding, USF
- CITI, The Collaborative Institutional Training Initiative, USF
- R&R, Research and Responsibility Training, USF
- QM, Quality Matters Certified, USF

RESEARCH EXPERIENCE: 2012 - 2021

University of South Florida Tampa, FL

- **2020, Ready of Life (RFL), Dissertation Data Collection.**
 - *(In Progress).*
- **2019, USF IRB 251, Ready for Life.**
 - *Transition: Culturally and Community Relevant Service Provision Tailored to Support the Needs of Transition-Age Youth (18-26) Exiting Foster Care Services.*
- **2018, USF IRB, ACTs Detox.**
 - *Direct-Care Staff Perceptions of Patient Engagement and Treatment Planning in Detox.*
- **2017, USF IRB Pro00028283, Hillsborough County Children Services.**
 - *Operationalizing Success: An Analysis of Risk and Protective Factors of Transition-Age Youth in Residential Foster Care at Hillsborough County Children's Services.*
- **Translational Institute Peer Mentor Supervised Studies, 2018, 2019, & 2020.**
 - *2018 - Voices in Foster Care: A Peer-Driven Perspective on Successful Development of Life-Skills among Transition-Age Youth.*
 - *2019 - An Evaluation of Positive Youth Development (PYD) Constructs within the CINS/FINS Outpatient Counseling Program: Building on the Strengths of At-Risk Youth.*
 - *2020 – Evaluation of a Pilot Online Vaping Class for Middle/ High School Students.*
- USF Eating Disorder Lab, ADAPT Program, Dr. Marilyn Stern.
- USF Suicide Alliance Lab, Dr. Marc Karver.

PRESENTATIONS: 2018

- Sheffield, S.K. (2018, January). *Operationalizing Success: An Analysis of Risk and Protective Factors of Transition-Age Youth in Residential Foster Care at Hillsborough County Children's Services.* Paper presented at the 30st Annual Research & Policy Conference: Child, Adolescent, and Youth Adult Behavioral Health. *Operationalizing Success: An analysis of risk and protective factors in transition age youth. Tampa, FL.*

INVITED PRESENTATIONS: 2017

- Sheffield, S. K. (2017). *Operationalizing Success: An analysis of risk and protective factors in transition age youth.* Presented at Hillsborough County Children Services. Tampa, FL.

PROFESSIONAL MEMBERSHIPS

Professional Organizations

- SMHCA
- FMHCA
- IARP
- NEDA
- CRCC

- AHEC

Academic and Honor Organizations

- Golden Key International
- Phi Kappa Phi
- Pi Gamma Mu
- Phi Sigma Theta
- Psi Chi
- Phi Theta Kappa