

Sierra Tentis

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EDUCATION

Master of Public Health (MPH), University of South Florida
Concentration Behavioral Health, Current GPA: 4.0 *Expected: 2023*
Tampa, FL

Bachelor of the Arts (BA) *Graduated: 2020*
University of St. Thomas *St. Paul, MN*

Majors: Political Science; Peace Studies | Minor: Public Health
Graduated Cum Laude
Institute of European Studies *Fall 2018*
Study Abroad *Vienna, Austria*

RESEARCH INTERESTS

Health disparities; health equity; mental health; sexual & reproductive health; gender; social determinants of health; global health; community health; resiliency; stigma; trauma; comorbidity

RESEARCH & TEACHING

University of South Florida *Aug 2022 – Present*
Teaching assistant *Tampa, FL*

- HUN3126: Food & Culture

University of South Florida; myPATH Collaboration *Aug 2022 - Present*

- Assist and collaborate with research team in qualitative and quantitative data analysis using SPSS 27 and Atlas.TI to inform a Statewide partnership about the impacts of COVID-19
- Create tables for manuscripts and presentations to summarize and analyze results of research
- Present COVID-19 enhancement results and findings regarding trauma to myPATH Collaboration

University of South Florida – Do More Feel Better Study *Oct 2021 – Present*

Graduate Research Assistant *Tampa, FL*

- Recruit, track and conduct a variety of mental health assessments for project participants using videoconferencing for a National Institute of Mental Health grant
 - Accurately follow guidelines of IRB protocol and study methods
 - Participate in cross-site meeting with other study site Universities to plan and evaluate study progress
 - Communicate client status with supervisors; utilize REDcap database to enter and track client data
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RELEVANT EXPERIENCE

Minneapolis Election & Voter Services *Oct – Nov 2020*
Minneapolis Voter Specialist *Minneapolis, MN*

- Mastered necessary skills in data entry and voter policy, while assisting voters in timely fashion
- Assisted absentee ballot voters leading to 2020 presidential election
- Highly proficient in Statewide Voter Registration System (SVRS). Excelled in fast-paced, stressful, and unpredictable environment

Federal Executive Board of Minnesota *Aug 2019 – Mar 2020*
Fellowship *St. Paul, MN*

- Communicated and organized federal events, trainings, and meetings for government personnel

- Independently coordinated and conducted an intergovernmental agency event connecting over 25 Minnesota agencies with general public at a large-capacity venue

EqualHealth

J-term 2018

Study Abroad Student

Gulu, Uganda

- Overcame cultural barriers to research and analyze solutions to healthcare inequalities globally through immersion and collaboration
- Studied alongside medical students from Uganda, Rwanda, and Zimbabwe to better understand global health inequities

NFL Minnesota Vikings

Aug 2017 – Feb 2019

Premium Suite Hostess

Minneapolis, MN

- Supported and guided high-profile clients during Minnesota Viking’s football games
- Escorted clientele in high security areas while communicating with caterers, security, and other staff

University of St. Thomas School of Law

Jun – Aug 2018; Jan – May 2019

Student Assistant

Minneapolis, MN

- Served as liaison for students entering law school while keeping them abreast of information needed for their continuous study. Organized and assisted in reviewing submissions to the law school

University of St. Thomas

May 2018 – Jun 2019

Campus Tour Guide

St. Paul, MN

- Communicated with diverse set of prospective students and families thereby encouraging them to see the University as a future home
- Engaged in administrative roles and public speaking with prospective students ensuring an outstanding public relation of the university

Hammer Law Firm

Jun 2017 – Sep 2017

Legal Assistant

Dubuque, IA

- Drafted, reviewed, and e-filed client letters, pleadings, and other legal documents.
- Researched and investigated short deadline legal issues for several attorneys independently.
- Opened and maintained client files and assisted with case organization for high profile cases.

PUBLICATIONS

Anderson-Miller, Z., & **Tentis, S.** (2020). History. In *A PLACE to call home* (pp. 25–34). Chapter, Praxis Publishing.

VOLUNTEER/OTHER

For the Condom Good

Feb – May 2020

Student Sexual Health Coalition Co-Founder

St. Paul, MN

- Co-founded local Students for Reproductive Justice group; designed and delivered media communications and education towards college students to fill the gap on sexual health.
- Repeatedly met with campus administrators to advocate for access to and education on sexual health and healthcare on campus including access to free contraception.

Brightside Produce, Nonprofit

May – Aug 2019

Farm Stand Volunteer

Minneapolis, MN

- Assisted in organizing and holding farm stands in Minneapolis to bring fresh produce to inner-city areas and locations in food swamps or food deserts.
- Worked with community and local high school students to engage and develop relationships to advocate for food justice.

SKILLS:

- Proficient in Microsoft Suites, RedCap, Atlas.TI, & SPSS