



# CASSIDY BOLTON

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## EDUCATION

**B.S. Behavioral Healthcare | B.A. Psychology | University of South Florida**

AUG 2018 – MAY 2022

- USF Honors College
- Major GPA – 3.85

### Awards + Honors

- Benacquisto Scholarship
- Genshaft Global Presidential Scholarship
- National Merit Scholar
- USF Presidential Scholarship
- Florida Bright Futures Academic Scholarship
- Psi Chi International Honor Society
- Dean's List – Spring 2020, Spring + Fall 2021
- Undergraduate Research Assistantship – 2021, 2022



## EXPERIENCE

**Program Evaluation Support | Centerstone Research Institute**

JAN 2022 – PRESENT

- Worked on a SAMHSA-funded grant evaluating the impact of Certified Community Behavioral Health Centers on clients
- Administered National Outcome Measures assessments verbally to hundreds of clients receiving behavioral health services at a Centerstone location across the United States
- Managed and organized client data including informed consent, demographic information, and health and wellness responses

**Undergraduate Research Assistant | USF Department of Mental Health Law and Policy**

JAN 2021 – PRESENT

- University of South Florida – Stigma Action Research Lab
- Director – Dr. Kristin Kosyluk, Ph.D.
- Aided in behavioral health research with an emphasis in stigma reduction and its impact
- Analyzed the intersectionality between mental health conditions and other identities such as the LGBTQ+ community
- Collaborated with other team members to develop research ideas, review articles, analyze quantitative and qualitative data, and produce manuscripts

## **Crisis Counselor | Crisis Text Line**

DEC 2020 – PRESENT

- Provided acute crisis intervention and suicide prevention support to users from across the United States
- Assisted clients facing a variety of mental health and substance use concerns
- Managed up to 4 clients at a time and efficiently documented each conversation
- Collaborated with supervisors to accurately identify clients at high risk of suicide and effectively work to ensure client safety



## **LEADERSHIP + SERVICE**

### **Secretary | Winterguard at USF**

SEP 2018 – OCT 2021

- Assisted the program director in delivering and receiving all packages for the organization, including handling payments for program staff
- Founding member of the organization's Diversity Committee, working to support underrepresented groups within winterguard

### **National Merit Scholar Mentor | USF Honors College**

AUG 2019 – FEB 2020

- Mentored incoming freshman National Merit Scholars to promote ease of college transition and engagement in social and academic events
- Coordinated meeting schedules and tailored meeting content to the student's specific needs and interests

### **Hearing Loss Camp Counselor | Nemours Children's Specialty Care**

JUN 2015 – JUN 2017

- Served as a camp counselor for the Nemours Hearing Loss Camp, a summer camp designed for children with hearing aids or cochlear implants
- Supervised and engaged 25+ children while also providing speech/language therapy and educational activities



## **SKILLS + CERTIFICATIONS**

- Collaborative Institutional Training Initiative (CITI) Training
  - Social/Behavioral Investigators and Key Personnel
  - Social and Behavioral Responsible Conduct of Research
- Florida Certification Board Training
  - Youth Suicide Prevention
- Adult Mental Health First Aid – National Council for Mental Wellbeing
- Psychological First Aid – National Child Traumatic Stress Network
- Proficient in Microsoft Office products
- SPSS, REDCap, Qualtrics, Dedoose, Trello



## PUBLICATIONS

Kosyluk, K., Tran, J.T., **Bolton, C.**, Kenneally, R., & Conner, K. Understanding the Role of Parent and Guardian Attitudes in Children's Mental Health Care Seeking. (In review - Journal of Mental Health)

Tran, J.T., Mills, V., **Bolton, C.**, Wilks, M., Galea, J., & Kosyluk, K. Integrative Review on Contact-Based Interventions to Address LGBTQ+ Related Stigma. (In review – Annals of LGBTQ Public and Population Health)

Kosyluk, K., Kenneally, R. G., Tran, J., Cheong, Y. F., **Bolton, C.**, & Conner, K. Overcoming Stigma as a Barrier to Children's Mental Healthcare: The Role of Empowerment and Mental Health Literacy. (In review – Journal of Stigma and Health)

**Bolton, C.** & Pathak, Y. V. (2020). Pharmacology of Attention-Deficit/ Hyperactivity Disorder Treatments. *Novel Research in Science*, 4(5). DOI: 10.31031/NRS.2020.4.000596



## PRESENTATIONS

**Bolton, C.**, Tran, J., Kenneally, R., Conner, K., & Kosyluk, K. "The Role of Affiliate Stigma in Treatment Seeking for Children's Mental Health," International Conference on Stigma. Howard University, November 2021.