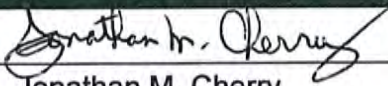


APPENDIX C – COVER PAGE FOR GRANT APPLICATION

Criminal Justice, Mental Health and Substance Abuse Reinvestment Grant

PROPOSAL INFORMATION		
Type of Grant:	Planning Grant <input type="checkbox"/>	Implementation and Expansion Grant <input checked="" type="checkbox"/>
Project Title:	Forensic Community Services Team	
County(ies):	Lake County	
Preferred Project Start Date:	April 1, 2020	
APPLICANT INFORMATION		
Type of Applicant	County Government <input type="checkbox"/> Consortium of County Governments <input type="checkbox"/> Managing Entity <input type="checkbox"/> NFP Community Provider <input checked="" type="checkbox"/> Law Enforcement Agency <input type="checkbox"/>	
Applicant Organization Name:	LifeStream Behavioral Center, Inc.	
Contact Name & Title:	Jonathan M. Cherry	
Street Address	P.O. Box 491000	
City, State and Zip Code:	Leesburg, FL 34749	
Email:	JCherry@LSBC.Net	
Phone:	352-315-7500	
ADDITIONAL CONTACT		
Participating Organization Name:	N/A	
Contact Name & Title:		
Street Address		
City, State and Zip Code:		
Email:		
Phone:		
FUNDING REQUEST AND MATCHING FUNDS		
	Total Amount of Grant Funds Requested	Total Matching Funds:
Program Year 1	\$400,000	\$400,000
Program Year 2	\$400,000	\$400,000
Program Year 3	\$400,00	\$400,000
Total Project Cost	\$1,200,000	\$1,200,000
CERTIFYING OFFICIAL		
Certifying Official's Signature:		
Certifying Official's Name (printed):	Jonathan M. Cherry	
Title:	President/CEO	
Date:	1-31-19	



January 29, 2019

Jonathan M. Cherry
President/CEO
LifeStream Behavioral Center, Inc.
P.O. Box 491000
Leesburg, FL 34749-1000

RE: Letter of Commitment - Criminal Justice, Mental Health, and Substance Abuse
Reinvestment Grant

Dear Mr. Cherry:

On behalf of the Lake County Board of County Commissioners (the "Board"), I am pleased to submit this Letter of Commitment in support of your application for the Florida Department of Children and Families' Criminal Justice, Mental Health, and Substance Abuse Reinvestment Grant (the "Grant"). On January 29, 2019, the Board considered and approved this Letter in support of LifeStream Behavioral Center, Inc.'s submission of an application for the Grant.

During the previous three grant cycles, the Board directly received funding from the Grant, which it passed through to LifeStream Behavioral Center, Inc. ("LifeStream") as the subgrantee. The Board recognizes that LifeStream has an extensive history of collaborating with non-profit agencies to better serve our community. The Board also recognizes LifeStream as a primary provider of community-based behavioral healthcare services in Lake and Sumter Counties.

LifeStream currently assists in the facilitation of the 40-hour Crisis Intervention Training ("CIT") program offered to law enforcement officers and first responders and operates the Forensic Community Services Team ("FCST"). The FCST has been successful in providing opportunities for individuals with a history of repeat misdemeanor offenses to develop prosocial behaviors and prevent repeat incarceration. LifeStream is looking to expand their program with the addition of specific evidence-based treatments (dialectical behavioral therapy and eye movement desensitization and reprocessing) as well as aftercare services for those unable to transition to other programs due to lack of resources or funding. These initiatives will further enhance an already successful and much needed program.

BOARD OF COUNTY COMMISSIONERS' OFFICE
P O BOX 7800 • 315 W MAIN ST • SUITE 316 • TAVARES, FLORIDA 32778-7800 • P 352.343.9850 • F 352.343.9495
Board of County Commissioners • www.lakecountyfl.gov

TIMOTHY J. SULLIVAN
District 1

SEAN M. PARKS, JR.
District 2

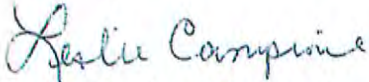
WENDY R. BREEDIN
District 3

LESLIE CAMPIONE
District 4

JOSH BLAKE
District 5

This Letter is a natural extension of the partnership that already exists between the Board and LifeStream. As such, the Board will continue to provide support to LifeStream in providing Grant related services within Lake County.

Sincerely,



Leslie Campione, Chairman
Lake County Board of County Commissioners

cc: Board of County Commissioners
Jeff Cole, County Manager
Melanie Marsh, County Attorney

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APPENDIX D – STATEMENT OF MANDATORY ASSURANCES

		<u>Initial</u>
A.	Infrastructure: The Applicant shall possess equipment and Internet access necessary to participate fully in this solicitation.	D.C.
B.	Site Visits: The Applicant will cooperate fully with the Department in coordinating site visits, if desired by the Department.	D.C.
C.	Non-discrimination: The Applicant agrees that no person will, on the basis of race, color, national origin, creed or religion be excluded from participation in, be refused the benefits of, or be otherwise subjected to discrimination pursuant to the Act governing these funds or any project, program, activity or sub-grant supported by the requirements of, (a) Title VI of the Civil Rights Act of 1964 which prohibits discrimination on the basis of race, color or national origin; (b) Title IX of the Education Amendments of 1972, as amended which prohibits discrimination on the basis of sex; (c) Section 504 of the Rehabilitation Act of 1973, as amended which prohibits discrimination in employment or any program or activity that receives or benefits from federal financial assistance on the basis of handicaps; (d) Age Discrimination Act 1975, as amended which prohibits discrimination on the basis of age, (e) Equal Employment Opportunity Program (EEO) must meet the requirements of 28 CFR 42.301.	D.C.
D.	Lobbying: The Applicant is prohibited by Title 31, USC, Section 1352, entitled "Limitation on use of appropriated funds to influence certain Federal contracting and financial transactions," from using Federal funds for lobbying the Executive or Legislative Branches of the federal government in connection with a specific grant or cooperative agreement. Section 1352 also requires that each person who requests or receives a Federal grant or cooperative agreement must disclose lobbying undertaken with non-Federal funds if grants and/or cooperative agreements exceed \$100,000 in total costs (45 CFR Part 93).	D.C.
E.	Drug-Free Workplace Requirements: The Applicant agrees that it will, or will continue to, provide a drug-free workplace in accordance with 45 CFR Part 76.	D.C.
F.	Smoke-Free Workplace Requirements: Public Law 103-227, Part C-Environmental Tobacco Smoke, also known as the Pro-Children Act of 1994 (Act), requires that smoking not be permitted in any portion of any indoor facility owned or leased or contracted for by an entity and used routinely or regularly for the provision of health, day care, education, or library projects to children under the age of 18, if the projects are funded by Federal programs either directly or through State or local governments, by Federal grant, contract, loan, or loan guarantee. The law does not apply to children's projects provided in private residences, facilities funded solely by Medicare or Medicaid funds, and portions of facilities used for Inpatient drug or alcohol treatment. Failure to comply with the provisions of the law may result in the imposition of a civil monetary penalty of up to \$1,000 per day and/or the imposition of an administrative compliance order on the responsible entity.	D.C.
G.	Compliance and Performance: The Applicant understands that grant funds in Years 2 and 3 are contingent upon compliance with the requirements of this grant program and demonstration of performance towards completing the grant key activities and meeting the grant objectives, as well as availability of funds.	D.C.
H.	Certification of Non-supplanting: The Applicant certifies that funds awarded under this solicitation will not be used for programs currently being paid for by other funds or programs where the funding has been committed.	D.C.
I.	Submission of Data: The Applicant agrees to provide data and other information requested by the Criminal Justice, Mental Health, and Substance Abuse Technical Assistance Center at the Florida Mental Health Institute to enable the Center to perform the statutory duties established in the authorizing legislation.	D.C.
J.	Submission of Reports: The Applicant agrees to submit quarterly progress reports and quarterly fiscal reports, signed by the County Administrator, to the Department.	D.C.

APPENDIX I - MATCH SUMMARY
(for the entire grant period)

Date - 2/4/2019

County - LAKE

Type of Grant - CJMHTA EXPANSION GRANT

Match Requirement Percentage - 100%

Total Match Required for the Grant \$1,200,000.00

Match Committed:

Cash \$120,000

In-Kind \$1,080,000

Total \$1,200,000

Comments: Please also see Budget Detail and Basis of Valuation Form (Appendix H)

Prepared By Carol E. Dozier, CPA, CFO

Approved By 

APPENDIX H - COMMITMENT OF MATCH DONATION FORMS
(FOR ENTIRE GRANT PERIOD)

TO: (name of county) LAKE COUNTY
FROM: (donor name) LIFESTREAM BEHAVIORAL CENTER, INC.
ADDRESS: P.O. BOX 491000
LEESBURG, FL 34749-1000

The following X space, X equipment, X goods or supplies, and X services, are donated to the County permanently (title passes to the County) X temporarily (title is retained by the donor), for the period 07/01/2019 to 06/30/2022.

Description and Basis for Valuation (See next page)

Description	Value
(1) <u>Building/Space</u>	<u>\$99,106</u>
(2) <u>Equipment</u>	<u>\$23,075</u>
(3) <u>Goods/Supplies</u>	<u>\$704,708</u>
(4) <u>Services</u>	<u>\$373,110</u>
TOTAL VALU <u>\$1,200,000</u>	

The above donation is not currently included as a cost (either direct or matching) of any state or federal contract or grant, nor has it been previously purchased from or used as match for any state or federal contract.

Doc Hanky 2/14/19 _____ _____
(Donor Signature) (Date) (County Designee Signature) (Date)

**Appendix H (cont.)
BASIS OF VALUATION**

Building/Space

1. Donor retains title: **Please see Appendix H. (Continued) Attached document.**
 - a. Fair commercial rental value - Substantiated in provider's records by written confirmation(s) of fair commercial rental value by qualified individuals, e.g., Realtors, property managers, etc.
 - b. (1) Established monthly rental of space **Please see Appendix H. (Continued) Attached document.**
 (2) Number of months donated during the contract 36
 Value to the project [b.(1) X b.(2)] **Please see Appendix H. (Continued) Attached document.**

2. Title passes to the County:

Depreciation

- a. Cost of Fair Market Value (FMV) at acquisition (excluding land) **Please see Appendix H. (Continued) Attached document.** \$ _____
- b. Estimated useful life at date of acquisition _____ yrs.
- c. Annual depreciation (a./b.) **Please see Appendix H. (Continued) Attached document.**
- d. Total square footage _____ sq. ft.
- e. Number of square feet to be used on the grant program _____ sq. ft.
- f. Percentage of time during contract period the project will occupy the building or space **Please see Appendix H. (Continued) Attached document.**
 Value to project (e./d. X f. X c.) \$ _____

Use Allowance

- a. To be used in the absence of depreciation schedule (i.e., when the item is not normally depreciated in the County's accounting records).
- b. May include an allowance for space as well as the normal cost of upkeep, such as repairs and maintenance, insurance, etc.

Equipment

1. Donor retains title: Fair Rental Value
2. Title passes to County: **Please see Appendix H. (Continued) Attached document.**
 - a. FMV at time of donation \$ _____
or
 - b. Annual value to project (not to exceed 6 2/3% X a.) = \$ _____

Goods or Supplies

FMV at time of donation

Personnel Services **Please see Appendix H. (Continued) Attached document.**

1. Staff of another agency or organization:
 Annual Salary Number of hours 2080 X to be provided = \$ _____
2. Volunteer -- Comparable annual salary \$ _____
 Annual Salary Number of hours 2080 X to be provided = \$ _____

CJMMSA - FCST PROGRAM
Appendix H (cont.)
BASIS OF VALUATION

	Year 1	Year 2	Year 3	TOTAL
Building / Space				
1. Donor Retains Title:				
a. Fair commercial rental value - substantiated in provider's records by written confirmation(s) of fair commercial rental value by qualified Individuals, e.g. Realtors, property managers, etc. PROJECT DIRECT OFFICE SPACE				
b. (1) Established monthly rental of space - NonDepr Occupancy Costs	\$2,514.26	\$2,538.11	\$2,562.44	
(2) Number of months donated during the contract Value to the Project [b.(1) x b.(2)]	12	12	12	
	\$30,171	\$30,457	\$30,749	\$91,379
c. Depreciation - PROJECT PRO-RATA OFFICE SPACE				
(1) Cost of Fair Market Value (FMV) at acquisition (excluding land)	\$858,632.12	\$858,632.12	\$858,632.12	
(2) Estimated useful life at date of acquisition - Avg Life including Original Life and Life of Renovations	25.00	25.00	25.00	
(3) Annual depreciation (a./b.)	\$34,345.28	\$34,345.28	\$34,345.28	
(4) Total square footage	20,000	20,000	20,000	
(5) Number of square feet to be used on the grant program	1,500	1,500	1,500	
(6) Percentage of time during the contract period the project will occupy the building/space	100.00%	100.00%	100.00%	
(7) Value to the project (e./d. x f. x c.)	\$2,576	\$2,576	\$2,576	\$7,728
2. Title passes to the County:				
Depreciation				
a. Cost of Fair Market Value (FMV) at acquisition (excluding land)				
b. Estimated useful life at date of acquisition				
c. Annual depreciation (a./b.)				
d. Total square footage				
e. Number of square feet to be used on the grant program				
f. Percentage of time during the contract period the project will occupy the building/space				
g. Value to the project (e./d. x f. x c.)				
Use Allowance				
a. To be used in the absence of depreciation schedule (i.e., when the item is not normally depreciated in the County's accounting records)				
b. May include an allowance for space as well as the normal cost of upkeep, such as repairs and maintenance, insurance, etc.				

Equipment				
1. Donor Retains Title: Fair Rental Value				
a. Depreciation - PROJECT OFFICE Equipment				
(1) Cost of Fair Market Value (FMV) at acquisition (excluding land)	\$502,700.00	\$502,700.00	\$502,700.00	
(2) Estimated useful life at date of acquisition - Avg Life for Office Equipment (7 yrs) and Computer Equipment (5 yrs)	6.00	6.00	6.00	
(3) Annual depreciation (a./b.)	\$83,783.33	\$83,783.33	\$83,783.33	
(4) Total square footage	20,000	20,000	20,000	
(5) Number of square feet to be used on the grant program	1,500	1,500	1,500	
(6) Percentage of time during the contract period the project will occupy the building/space	100.00%	100.00%	100.00%	
(7) Value to the project (e./d. x f. x c.)	\$6,284	\$6,284	\$6,284	\$18,851
a. Depreciation - PROJECT TRANSPORTATION Equipment				
(1) Cost of Fair Market Value (FMV) at acquisition (excluding land)	\$9,856.00	\$9,856.00	\$9,856.00	
(2) Estimated useful life at date of acquisition - Avg Life for Vehicles (7 yrs)	7.00	7.00	7.00	
(3) Annual depreciation (a./b.)	\$1,408.00	\$1,408.00	\$1,408.00	
(6) Percentage of time during the contract period the project will occupy the building/space	100.00%	100.00%	100.00%	
(7) Value to the project (e./d. x f. x c.)	\$1,408	\$1,408	\$1,408	\$4,224
2. Title passes to the County:				
a. FMV at time of donation				
b. Annual value to project (not to exceed 6 2/3 % x a.)				

Goods/Supplies				
1. FMV at time of donation				
a. Sample Prescriptions - FMV as determined by Pharmaceutical Company	\$79,938	\$81,536	\$83,167	\$244,641
b. EBP/EHR/IT Support Services - FMV as determined by approved Cost Allocation Plan	\$19,101	\$19,101	\$19,101	\$57,303
c. Insurance - FMV as determined by approved Cost Allocation Plan	\$11,032	\$11,253	\$11,478	\$33,762
d. Communications Services - FMV as determined by approved Cost Allocation Plan	\$1,567	\$1,598	\$1,630	\$4,796
e. Patient Services - FMV as determined by approved Patient Services Charge Master	\$123,783	\$121,417	\$119,005	\$364,206

Personnel Services				
1. Staff of another agency / organization:				
a. Physician				
(1) Annual Salary	\$170,976.00	\$174,395.52	\$177,883.43	
(2) Number of Hours to be provided	208.00	208.00	208.00	
(3) Value to the project [(1) / 2,080 hrs/yr x (2)]	\$17,097.60	\$17,439.55	\$17,788.34	

CJMHTSA - FCST PROGRAM

Appendix H (cont.)
BASIS OF VALUATION

	Year 1	Year 2	Year 3	TOTAL
b. Program Services Vice President				
(1) Annual Salary	\$96,605.18	\$98,537.29	\$100,508.03	
(2) Number of Hours to be provided	104.00	104.00	104.00	
(3) Value to the project [(1) / 2,080 hrs/yr x (2)]	\$4,830.26	\$4,926.86	\$5,025.40	
c. Program Services Director				
(1) Annual Salary	\$65,827.63	\$67,144.18	\$68,487.07	
(2) Number of Hours to be provided	208.00	208.00	208.00	
(3) Value to the project [(1) / 2,080 hrs/yr x (2)]	\$6,582.76	\$6,714.42	\$6,848.71	
d. Program Services Manager				
(1) Annual Salary	\$45,260.80	\$46,165.02	\$47,089.34	
(2) Number of Hours to be provided	1052.50	1016.47	981.11	
(3) Value to the project [(1) / 2,080 hrs/yr x (2)]	\$22,902.38	\$22,560.87	\$22,211.42	
	\$51,413	\$51,642	\$51,874	\$154,929
2. Volunteer				
a. Annual Salary				
b. Number of Hours to be provided				
c. Value to the project				
Administration				
1. Valued at Cost - @ 10% - Costing per Approved Cost Allocation Plan	\$72,727	\$72,727	\$72,727	\$218,182
TOTAL MATCH	\$400,000	\$400,000	\$400,000	\$1,200,000

3.8.5 Tab 5: Statement of the Problem

3.8.5.1 For both Planning and Implementation and Expansion Grants, the application must include a detailed description of the problem the project will address. The application should document the extent of the problem using local or state data and include trend analysis. Describe the project's geographic environment, Target Population, socioeconomic factors, and priority as a community concern. If the Applicant is a consortium of counties, describe the geographic region to be covered.

Lake County is home to 333,598 individuals (Florida Department of Health, 2017). The race and ethnicity distribution is as follows:

Race and Ethnicity	Lake County	Florida
Caucasian/White	83.7%	77.4%
Black/African American	11.1%	16.9%
American Indian & Alaskan Native	0.6%	0.5%
Asian	2.3%	2.9%
Hispanic or Latino	15.4%	25.6%
Native Hawaiian and other Pacific Islander	0.2%	0.1%
Persons Reporting Two or More Races	2.0%	2.1%

Lake County is a federally designated health care shortage area for primary care, dental care, and mental health care. The National Center for Education Statistics reports that 20.5% of the residents of Lake County are functionally illiterate. These ongoing issues of changing population, poverty and growth challenge the entire infrastructure of Lake County. Conditions in the places where individuals live, work, learn and play can affect a wide range of health risks and outcomes. These social determinants are indicators to the overall health and wellbeing of the community.

In 2015, the Sentencing Project ranked the States based on the number of people incarcerated per 100,000 residents. Comparing state by state rates of incarceration with the access to mental health care, ranking shows a significant positive correlation between rates of adults who are in the criminal justice system and lack of access to mental health care. Florida was identified as one of the states with the least access to mental health care along with the highest rate of incarceration (Mental Health, The Facts, 2017)

Without treatment and support to address mental illness, substance use and criminogenic needs, these individuals experience re-arrest, re-hospitalization, illness and even death (Screening and Assessment of Co-occurring Disorders in the Justice System, SAMHSA, 2015). Early intervention and treatment strategies are recommended by SAMHSA for the U.S. Justice system to reduce recidivism. Treatment for mental

health, specifically trauma and a diagnosis of Post Traumatic Stress Disorder (PTSD) are on the rise. In addition, there is a continued rise in substance use and co-occurring disorders in Florida and in Lake County. In a Circuit 5 (Citrus, Hernando, Lake, Marion, and Sumter) cross-county data review, since 2008, there has been a steady increase in hospitalizations for mental disorders. Mood and depressive disorders account for over half of the hospitalizations (Florida Department of Health, 2017). Please see the table and chart below on Age-Adjusted Hospitalizations for Mood and Depressive Disorders (FI Department of Health, 2017) Lake County is currently experiencing a rise of suicide rates among our adults. According to the LifeStream Annual Reports from 2016-2018, there has been a 2% increase in the Psychiatric Hospital stays and the stays in the Crisis Stabilizations more than doubled from 487 clients in 2016 to 1081 clients in 2018. The number of adult mental health clients showed a 1.6% increase from 2016-2018. Adult substance use showed a significant decline from 2016-2017; however, there was an 8% increase from 2017-2018. When reviewing the County Health Status Summary Profile from 2014-2017, there has been a steady increase in the rate of suicides in Lake County. Lake County experienced an overall increase from 13.9 in 2014 to 16.7 from 2015-2017. In fact, Lake County surpasses the State rate of 14.2. According to the Lake County Sheriff's Office (LCSO) Annual Report, Backer Acts and Baker Act Transports make up the majority of reported miscellaneous calls for services (2018). Child Abuse, Domestic Violence and Simple Battery were among the highest reported crimes (LCSO Annual Report, 2018). The Uniform Crime Reporting statistics for 2018 indicate a total crime volume index of 3, 133. Out of the 3,133, 489 were violent and 2,644 were property. The data indicates a total of 4,508 arrests. Adults make up the majority of arrests at 4,295 to 213 juvenile arrests. Males were the majority of the arrests at 3,298 compared to 1,210 females (LCSO Annual Report, 2018).

Through the above data evaluation and anecdotal accounts within community meetings, the rise in mood and depressive disorders and the increase rates of suicide can be connected to the increase in poverty, unemployment, family violence, and mental health and substance use among our communities within Circuit 5. Families across Circuit-5 are experiencing increases in poverty, unemployment, family violence, and mental health and substance use. The patterns between drugs, alcohol, violence and crime can inform communities and service providers on programs and services to better assist individuals reentering into the community. Substance abuse—involving drugs, alcohol, or both—is associated with a range of destructive social conditions, including family disruptions, financial problems, lost productivity, failure in school, domestic violence, child abuse, and crime. The table below provides detailed information regarding the risk factors currently facing Lake County individuals and their families.

Risk Factors	Fl.	Lake
Population below poverty level.	16.1%	13.5%
Families Under 100% of poverty with children under 18.	19.1%	20.5%
Unemployment	8.4%	8.2%
Public cash assistance; food stamps	15.2%	16%
Rate (per 100,000) Children 5-11 in foster care.	413.7	549.6
Rate (per 100,000) Children 12-17 in foster care.	410.6	592.6

Rate (per 100,000) Children 5-11 child abuse.	932.8	958.3
Sexual violence per 100,00	59.8	63.4
Domestic Violence Offenses (Rate per 100,000)	536.2	499
Past 30 day marijuana use high school	17.1%	21.3%

Florida Department of Health, 2017

There has been an increase in substance use as well as an increase in adults experiencing a mental health crisis. Florida's per capita support for mental health services ranks last among the states. Mental health treatment in Circuit 5 had a significant increase from 2012 to 2017. There was a 67% increase in adult mental health treatment and Lake County has experienced an increase in mental health and substance use. It is important to note that since 2016, as indicated in the **Criminal Justice, Mental Health, and Substance Abuse Reinvestment Grant Program Status Reports for the Implementation and Expansion Grants**, 100% of the individuals screened and oriented to the program have been identified as having trauma and PTSD. On average, 78% of the individuals have a co-occurring disorder; 43% have been identified with a high mental health need; almost all have been identified with a high to moderate criminogenic factor; and 69% were identified as a high need for substance use services.

The rising trend of mental health, substance use, and co-occurring disorders correlate to the increased crime rate in drug and violence charges; and an increase in domestic violence and child abuse. While other counties have addressed these issues through the establishment of problem solving courts, Lake County has not. There has also been an increase in persons charged and determined by the court to be incompetent to proceed due to a mental illness (ITP) or persons who are found guilty by reasons of insanity (NGI) who may be committed to the custody of the Department of Children and Families for treatment in the State Forensic facility. The rise in NGIs and ITPs and the increased need for a mental health court have been identified by key stakeholders at the Public Safety Coordinating Council meetings, the FCST Taskforce, and other community meetings as the two major issues concerning individuals with in the criminal justice system and those re-entering into the community.

3.8.5.2 The application must provide an analysis of the current population of the jail or juvenile detention center in the county or region.

The average population for Lake County Jail from April 2016-December 2018 was 782 inmates. Lake County Jail demonstrated a spike in April of 2016 with 800 inmates. There was a decline between April 2016 to September 2016 from 800 inmates to 750 and a steady increase to 795 inmates from October 2016 to December 2018. The average daily population consists of 635 males, 120 females, and 6 juveniles (LCSO, 2018). According to the Lake County Jail, for fiscal year 2016-2018, 15% of the inmates were diagnosed with a serious mental illness and 85% were identified as having substance abuse. Additionally, there are approximately 70% with co-occurring disorders that are not considered serious and persistent mental illness.

Forensic commitments to DCF have been on a steady increase. According to the Florida Department of Children and Families Community Forensic Trends for 2018, Forensic Commitments to the state hospital from Fiscal year 2013-2014 to Fiscal Year 2016-2018 increased by 18%. The Lake County Jail has experienced an increase of inmates with severe mental illness. According to the mental health counselor at Lake County jail, in the past years, transfers to State Hospital occurred generally one time per month. In the past three months, 22 inmates were transferred from the jail in to the State Hospital. Despite having had case management, outpatient and even inpatient treatment at LifeStream, the limited availability of wrap-around services for these individuals makes it difficult to divert them from State Hospital care back to community care. As a central coordinating project, FCST will assist in identifying individuals who could be diverted and linking them to the appropriate program.

3.8.5.2.1 A description of the screening and assessment process used to identify the Target Population(s).

Individuals are screened at Booking and again by the Medical Services Team. Nurses complete a standard assessment designed for, and in use by detention programs nationally to screen for past history and/or current psychiatric problems including current medications for physical and mental health problems. If an individual is known to have a treatment history or reports such, a release of information is requested so that the Jail's Licensed Counselor can contact the treatment provider for information. Many of these individuals have a treatment history with LifeStream, as the contracted community behavior health provider receiving state funding through Lutheran Services Florida (LSF).

The Forensic Community Services Team (FCST) utilizes several evidence-based screening and assessment tools to ensure the targeted population is triaged into the right program receiving the right practices (treatment, services and rehabilitation). The justice involved individuals that are referred, screened, and require intensive services based on a moderate to high criminogenic score and a moderate to high presence of a mental illness will be offered opportunity to access the Forensic Community Services Team. Low risk individuals will be treated in existing appropriate outpatient available programs. The evidenced based screening tools currently used include The ORAS, Texas Christian University, GAINS and Trauma Screening PCL-5 from the National Center for PTSD. According to the most recent FCST quarterly report, the results from the PCL 5 show that 100% of the consumers have had some form of trauma in their lives and have been experiencing symptoms in the past 12 months. Services provided at the FCST program include, Individual Trauma Informed Therapy; Eye Movement Desensitization and Reprocessing (EMDR); Forensic Strength Based Case Management; a Peer Recovery Coach; co-occurring group, relapse prevention, individualized treatment; regular appointments and follow up with Psychiatrist; med management with a LPN, and referrals to WIN clinic, LifeStream's integrated behavioral health and primary care clinic for primary care services. Residential substance use treatment is available to FCST participants through LifeStream's Adult Choice program.

All treatment and intervention plans are individualized and increased services are offered as necessary. The FCST are assertive in their approach to treatment.

3.8.5.2.2 The percentage of persons admitted to the jail or juvenile detention center that represents people who have a mental illness, substance use disorder, or co-occurring disorders.

According to the Lake County Jail, for fiscal year 2016-2018, 15% of the inmates were diagnosed with a serious mental illness and 85% were identified as having substance abuse. There are currently 16 individuals identified as NGI and 11 ITP in Lake County on Conditional Release being followed by Forensic Case Managers at LifeStream. Four individuals are receiving restoration to competency training through FCST. If any of these individuals violate the conditions of their release, they are at risk of returning to jail. In the past three months, 22 individuals were sent to the State Hospital. Data from Lake County Jail indicates that 15% of the inmate population is prescribed a psychotropic agent. These include anti-psychotics, anti-depressants and mood stabilizers. Eighty-five percent (85%) of those receiving psychotropic medication have a history of impulse control deficits secondary to either mood disorder or personality disorder. Fifteen percent (15%) meet the criteria for a severe and persistent mental illness such as Schizophrenia or Bipolar Disorder-Type I, while 10% are co-morbid for both a substance use disorder and a severe/persistent mental illness. Individuals experience medication changes upon incarceration if the medication that they have been prescribed in the community is not on the jail's formulary. Long acting injectables, a proven intervention for reducing relapse to psychosis, are rarely used.

3.8.5.2.3 An analysis of observed contributing factors that affect population trends in the county jail or juvenile detention center.

There is a correlation between an increase in drug related offenses and an increase in the number of individuals receiving substance use and co-occurring treatment. Drug and alcohol offenses often result in referral or court orders to treatment. Total adults and children who attended a treatment program from 2010/2011 were 21,687. This increased by 10% from 2011 to 2015/2016 to 23,963 (Quality of Life Report, 2017). According to the Department of Children and Families, the top three primary treatment admissions across age groups (17 and under, 18-25, 26-34, and 35 and up) were for alcohol (4,973), Opioid prescriptions (3,352), and marijuana (2,516). Drug charges show a similar increase across the state of Florida, (a 1.9% increase in female arrests and .8% increase in male arrests). Violent offense arrests and property show a slight decline. The increase, specifically in adults is in the Part II offenses. The overall highest category was simple assault as a result of the opioid epidemic facing the State and the county. According to the FDLE, from 2016-2017, Lake County has experienced an increase in drug arrests and assault (FDLE, 2017) and an increase in drug trafficking charges. Crime surges in Lake County were noted specifically in Leesburg, Clermont, and Eustis. This is significant because communities can begin to prepare for these individuals, especially those individuals reentering with Substance Use Disorders. There is a pattern between drugs, alcohol, violence, crime, and mental

illness. Lake County has experienced a rise in mental health and substance use. It is important to identify the needs and challenges of the community and how these needs and challenges impact community safety.

FCST has seen an increase in referrals from numerous entities including felony probation, state attorneys, conflict attorneys, jail, other LifeStream programs, self-referral and more. Most of the referrals received came from intercept 3 and intercept 5, which is the court system such as the public defender's office and both state and county probation. FCST has also seen an increase in the need for re-entry services. FCST is committed to finding services for all individuals referred to us even if the FCST program is not the appropriate program to meet their individual needs. (e.g. violent felonies, intravenous substance use requiring residential treatment, etc.). FCST has been successful thus far in making appropriate referrals to varying services both intra-agency and external to LifeStream Behavioral Center.

3.8.5.2.4 Data and descriptive narrative delineating the specific factors that put the Target Population at-risk of entering or re-entering the criminal or juvenile justice systems.

Untreated mental illness, untreated substance abuse issues, homelessness, lack of employment, lack of family support, lack of transportation and criminogenic risk factors such as criminal thinking and associating with those involved in criminal activities, puts the targeted group at risk of recidivism to jail or prison. Sixty one percent of adults with any mental illness in Florida do not receive treatment compared to the national average of 55.8%. Nearly 50% of individuals with serious mental illness are untreated in any 12-month period. Lake County is considered to be at full employment, making it difficult for people to find jobs that require limited or little skill and 55% of those enrolled in FCST are unemployed at the time of admission. Public transportation routes are extremely limited. The economic cost of associated consequences from drug use in the state of Florida related to incarceration is \$1,077,450,638.

Access to transitional housing and transportation continues to be an on-going barrier for many of the justice involved individuals returning to the community from jail or our receiving facility. Continued work with county leaders, partners, and stakeholders is being done to overcome barriers to provide safe and affordable housing in order to promote safety, reduce recidivism, and promote recovery. A significant barrier that criminal justice involved individuals face is an increase in IV substance use, particularly methamphetamine. While these individuals utilize programs like LifeStream's Medication Assisted Therapy, there are not medications that work primarily for methamphetamine use. This increases the number of referrals to inpatient substance abuse treatment. A large number of criminal justice involved individuals are indigent and/or without insurance and many do not use or continue services, such as residential substance use treatment. Due to the increase in substance use in Lake County, access to services has become a challenge. According to the **Criminal Justice, Mental Health, and Substance Abuse Reinvestment Grant Program Status Reports for the Implementation and Expansion Grants**, the primary reason for unsuccessful discharges was due to severe substance use (2017). Additional barriers include

communication, data sharing, and a continuum of services among Forensic Case Management, FCST, and other community services. The unique mental health and substance use challenges experienced by individuals involved in the criminal justice system can be addressed through problem solving courts which, with the exception of Veterans Court, are not available in Lake County. Limited funding for community mental health services that address the treatment needs of individuals with CJMHS involvement, such as the lack of problem solving courts, the limited availability of wraparound programs such as provided by FACT Teams and Forensic Multidisciplinary Team puts them at risk of re-offending and recidivism to jail.

The citizens of Lake County and their representatives remain committed to diverting individuals with mental illness and co-occurring substance use disorders from incarceration. Despite recent gains in securing funds for behavior health needs in Lake County, Circuit 5, from both state and federal sources, mental health services for the indigent and uninsured are not adequate to meet the needs of the community. Only one-third of those with serious and persistent mental illness receive state funded services according to Florida Council for Community Mental Health. Lake County Board of County Commissioners (BOCC) has benefitted from prior Reinvestment Grant Funding as a Grantee, and has moved the county forward in building partnerships and programming to address this problem. Lake County BOCC chose LifeStream as the service provider for the Forensic Community Services Team, the jail diversion behavioral health program that was funded through previous grants. At this time, the BOCC has requested that LifeStream apply directly for the funding as Grantee, with full confidence that our partnership will continue, to the benefit of the citizens of Lake County.

3.8.5.3 Implementation and Expansion Applicants Only

The application must include a concise analysis of the Target Population, including:

3.8.5.3.1 A projected number of the broader category of persons served in any capacity;

As planned for in the program's development over the years, FCST serves as a coordination point for the integration of criminal justice and behavioral health services in Lake County. Community partners rely on the team for information and referral to resources of benefit to their clients/constituents. This is consistent with **Action Step 4.4 under Objective 4 of the PSCC Strategic Plan: Identify and link offender with community resources before release, including employment, housing, personal identification, treatment referrals, medication, etc.** For every one individual admitted to the FCST program, three (3) or more individuals are screened and provided information or referral to alternative services. **Under this expansion grant funding, the jail screener and court liaison will expand data collection to track these contacts and recommendations in order to gather data about any needs and gaps in the system that may be identified.** A minimum estimate of the number of persons

receiving information and or referral to services other than FCST is 500 over the life of the grant. This will allow for identification of resources needed to facilitate successful re-entry and transition into the community.

3.8.5.3.2 A projected number of any subset of persons served, as detailed in Section 2.5.1.2.1. This analysis must demonstrate how the identified needs are consistent with the priorities of the Strategic Plan.

Services to be provided through the grant funding and in-kind match will directly facilitate accomplishment of three (3) of the current Strategic Plan Goals which are likely to be carried forward in the upcoming revision of the plan in this fiscal year. While Action steps may be revised, goals that were not accomplished in the plan years from 2013 through 2018 are likely to be continued. The three objectives are **Objective 2:** To keep people who come into contact with law enforcement because of mental illness from becoming unnecessarily enmeshed in the criminal justice system; **Objective 3:** To enable more defendants to be assessed and released at the earliest possible point with the support and supervision they may need to remain safely in the community and return to court as directed and **Objective 4:** To increase resources required to facilitate successful re-entry and transition into the community from incarceration. The provision of screening, referral and wraparound treatment services as well as competency restoration training and diversion of individuals from Forensic State Hospital commitment are designed for and in place to meet these objectives and will be continued under this expansion grant. **FCST will expand the number served from 70 to 76 individuals, who meet the specific program requirements, per year for a total of 228 over the lifetime of the grant.** This number will include the provision of competency restoration training for any individuals referred specifically for that service, either as direct diversions from state hospital commitment or as step downs from forensic hospital placement. These individuals will not necessarily participate in the full array of FCST services as they may be otherwise enrolled in programming such as Forensic Targeted Case Management.

3.8.6 Tab 6: Project Design and Implementation

3.8.6.1 For both Planning Grants and Implementation and Expansion Grants, the application must include a description of the planning council or committee.

The Lake County Public Safety Coordinating Council (PSCC), which serves as the planning council, was established in 2005 as a sub-committee of the Board of County Commissioners, with membership formed according to the statutory requirements. Presently, Mike Graves, Public Defender for Circuit 5 is Chair of the Council. Several new appointments were made recently and the BOCC is actively recruiting qualified individuals to fill the few vacant seats, anticipating a full council by the April 2019 meeting. The Public Safety Coordinating Council meets quarterly.

3.8.6.1.1 A description of the composition of the planning council or committee, including the role of each member as stakeholder, consumer, etc. demonstrating compliance with s. 394.657(2)(a), F.S. If the Council does not currently meet the statutory requirements, provide a detailed explanation of how and when the Council intends to rectify the deficiency.

PSCC Membership includes: The police chief, or a person designated by the local police chiefs association (no term limits); A representative of the substance abuse program office and the mental health program office of the Department of Children and Family Services, selected by the substance abuse and mental health program supervisor of the Florida Department of Children and Families, District 13 (no term limits); a primary consumer of mental health services, selected by the substance abuse and mental health program supervisor of the Florida Department of Children and Families, District 13 (no term limits); a primary consumer of substance abuse services, selected by the substance abuse and mental health program supervisory of the Florida Department of Children and Families, District 13 (no term limits); a family member of a primary consumer of community based-treatment services, selected by the substance abuse and mental health program supervisor of the Florida Department of Children and Families, District 13 (no term limits); a representative from an area homeless program or a supportive housing program (no term limits); the director of the detention facility of the Department of Juvenile Justice, or a person designated by the director (no term limits); the chief probation officer of the Department of Juvenile Justice, or an employee designated by the chief probation officer (no term limits); State Attorney or an Assistant State Attorney designated by the State Attorney (no term limits); Public Defender or an Assistant Public Defender designated by the Public Defender (no term limits); Chief Circuit Judge or another Circuit Judge designated by the Chief Circuit Judge (no term limits); Chief County Judge or another County Judge designated by the Chief County Judge (no term limits); Chief Correctional Officer (no term limits); Sheriff or a member designated by the Sheriff (no term limits); Chairperson of the Board of County Commissioners or another County Commissioner as designee (no term limits); State Probation Circuit Administrator or a member designated by the State Probation Circuit Administrator (4-year term); Director of County Probation or Pretrial Intervention

Program (4-year term); Director of a Local Substance Abuse Treatment Program or a member designated by the Director (4-year term); and Representatives from County and State Jobs Programs and other Community Groups who work with Offenders and Victims (4-year term). The list below provides the current members of the PSCC.

MEMBER	ROLE	BUSINESS AFFILIATION
Brad King	State Attorney	State Attorney, Fifth Judicial Circuit of Florida
Michael A. Graves	Public Defender	Public Defender, Public Defender's Office
Lawrence Semento	Chief Circuit Judge	Lake County Circuit Judge, Fifth Judicial Circuit of Florida
Brian Welke	County Court Judge	Lake County Judge, Lake County Court
Major David Mass	Chief Correctional Officer	Major of Criminal Justice Operations, Lake County Detention Center
Major Glen Hall	Sheriff or Designee	Major of Administrative Services Division, Lake County Sheriff's Office
Josh Blake	Chairperson of the Board of County Commissioners	Commissioner, Lake County Board of County Commissioners
Charles Broadway	Police Chief	Chief of Police, Clermont Police Dept.
Recruiting	Representative of the Substance Abuse Program Office and the Mental Health Program Office of the Dept. of Children and Families	Department of Children and Families; Managing Entity.
Recruiting	Primary Consumer of Mental Health Services	Community at Large
Recruiting	Primary Consumer of Substance Abuse Services	Community at Large
Recruiting	Family member of a primary consumer of community-based treatment services	Community at Large
Barbara Wheeler	Representative from an area homeless program	Executive Director, Mid Florida Homeless Coalition, Inc.
Captain Kenneth Coleman	Director of the detention facility of the Dept. of	Director, Department of Juvenile Justice

	Juvenile Justice	
Rick Bedson	Chief probation officer of the Department of Juvenile Justice	Chief Probation Officer, Circuit 5, Department of Juvenile Justice
Alina Stoothoff	Local Court Administrator	Deputy Court Clerk, Lake County Courthouse
Jon Cherry	Director of a community mental health agency	President/CEO, LifeStream Behavioral Center, Inc.
Susan S. Cizmadia	State probation circuit administrator	Circuit Administrator – Circuit 5, Florida Department of Corrections
Tony Deaton	Director of county probation	Chief Probation Officer, Lake County Probation Services Division
Karen Rogers	Director of a local substance abuse treatment program	Substance Abuse Program Director, LifeStream Behavioral Center, Inc.
Iris E. Clas	Representative from a county and/or state jobs program	UF IFAS Extension Advisory Committee

Recently there has been a decrease in the number of attendees with voting privileges and there are two vacant seats. Efforts by the BOCC to fill the vacant seats are unknown, but all meetings are open to the public and are advertised according to the Sunshine Laws, so the vacancies are known to the community at large. LifeStream holds two seats on the committee and will make recommendations to the council when appropriate candidates are identified. The county's coordinator of the PSCC has communicated the needs for attendance and recruitment to the members and plans to address this in upcoming communications and meetings. The FCST Task Force also meets quarterly to review program performance and services. The meeting format involves members contributing updates on their programs as they relate to jail diversion and re-entry strategies, program outcomes, and news of interest to the group. Reports include information about jail population and programming. The last FCST task force meeting was held on January 17th, 2019. Representatives from probation, Veteran's Treatment Court, Clermont Police Department, the Lake County Sheriff's Office, Be Free Lake Coalition and other LifeStream programs attended.

3.8.6.1.2 An outline of the Planning council's activities, including the frequency of meetings for the previous 12 months and future scheduling of meetings.

PSCC meets quarterly on the second Tuesday of the month; then the FCST Taskforce Committee meets quarterly; the county representative, the FCST Supervisor and Director meet as needed. Jon Cherry, CEO of LifeStream is a standing member of the PSCC and Karen Rogers, LMHC, Associate Vice-president of Adult Clinical Services at LifeStream was appointed to the Council last year. Meetings were advertised as required under the Sunshine Statutes and scheduled four times over the past year at

the State Agriculture Center and Extension Office in Lake County. The October, 2018 meeting was cancelled and the last meeting was held as scheduled (with a quorum), on January 8, 2018.

Partners and stakeholders provide report of activities related to diversion, re-entry efforts in their organizations and the community, resources are shared, and consensus built. The current CJMHSA program and the Forensic Case Management program at LifeStream provide updates and share data along with CIT planning and other training information.

3.8.6.2 Planning Grants Only N/A

3.8.6.3 Implementation and Expansion Grants Only

3.8.6.3.1 The application must include a copy of the existing Strategic Plan, which must include at minimum, all the elements specified in Appendix A and a description of the Strategic Plan, including progress toward implementing the plan or SIM, when the plan or Sequential Intercept Mapping was last reviewed or updated for the Target Population, and any challenges or barriers toward implementation.

The current Public Safety Coordinating Council Plan was formatted and accepted prior to the development of this application and meets the format requirements. The Strategic Plan was last updated in 2013 and was established at that time as a five-year plan with five objectives to be accomplished by the end of fiscal year 2018. It is periodically reviewed by the FCST Task Force, a PSCC subcommittee, and continues to be utilized by that group and other planning subcommittees routinely. The Public Safety Coordinating Council Strategic Plan form consists of five objectives. The PSCC will strengthen partnerships to improve data collection and reporting that will inform policymaking and efficiency. All Action Steps toward the accomplishment of this objective are being taken. All Action Steps are also in progress for the objective of reducing incarceration of people with mental illness and lessening their involvement with the criminal justice system, a priority for this grant application. Focusing on all of the intercepts where individuals can be diverted from jail while remaining in the community and following through with court appearances and requirements is the council's third objective. Five of seven Action Steps are active with efforts increasing to address the others. Reentry remains a high priority for the safety council and they will focus on increasing resources for re-entry efforts. This is an area that needs more resources for successful action. Lastly, the council intends to focus energy on the system of probation in order to reduce violations and revocations. Implementation of the plan is proceeding as action steps are met with continued efforts by all responsible parties. Sustainability of existing programs and resources is essential to success in meeting these objectives.

This project is an expansion of the existing Forensic Community Services Team which was established in 2010 and serves misdemeanor offenders, and those with non-violent

felonies who have mental illness and co-occurring disorders. These are individuals for whom services might otherwise be unavailable. The team engages individuals in treatment, rehabilitation and support in order to reduce the risk factors that contribute to their criminal justice involvement. The team utilizes Assertive Community Treatment methods along with Cognitive Behavioral Therapy and Strengths Based Case Management to get people on the road to successful recovery. Expansion is focused on increasing the number served annually and expanding data collection on screening and referrals to other services, and collaboration toward the development of a Mental Health Court. Sustainability of this program is essential to the jail diversion efforts in Lake County, which are clearly a priority according to the Public Safety Coordinating Council's Strategic Plan.

The Target Population for services under this program is adults with mental illness or co-occurring disorders, involved in the criminal justice system at the misdemeanor and felony level who reside in Lake County. Those with "violent" felonies are screened and accepted on a case base case basis based on the severity of the mental illness and/or co-occurring disorder.

As stated in Section 3.8.5.3.2, the services provided through this proposal will address the following three objectives that are identified in the strategic plan that were not fully addressed in Plan years from 2013-2018. These objectives are Objective 2: To keep people who come into contact with law enforcement because of mental illness from becoming unnecessarily enmeshed in the criminal justice system; Objective 3: To enable more defendants to be assessed and released at the earliest possible point with the support and supervision they may need to remain safely in the community and return to court as directed and Objective 4: To increase resources required to facilitate successful re-entry and transition into the community from incarceration. Additions or revisions will be considered after the Strategic Plan is updated this year.

The aforementioned objectives correlate with section 2.2.4.3.3: Adapting existing service capacity and models to better address unique recovery-oriented needs of the Target Population; and 2.2.4.3.4: Identifying and mitigating existing policy, legal, social and other barriers within the county. To address these objectives, **we propose to expand/increase collaboration with Court Administrative Services and partners toward the establishment of a Mental Health Court in Lake County to divert persons with mental illness and co-occurring disorders from incarceration.**

The specific tasks are further defined in section 3.8.6.3.2.2.

3.8.6.3.2 The application must include a description of the project design and implementation including:

3.8.6.3.2.1 Project goals, strategies, milestones, and key activities toward meeting the objectives specified in Section 2.2. Applicants must include at least one objective in addition to those specified in Section 2.2 and may propose tasks in addition to those specified in the RFA;

Please see table below.

3.8.6.3.2.2 Organization and key stakeholder responsible for each task or key activity necessary to accomplish the objectives;

The Forensic Community Services Team was initiated in February 2010. The program is currently operating from the in-kind supports from Lake County, LifeStream and the DCF Reinvestment Grant. The current reinvestment grant took effect April 1st, 2017 and will last until March 31st, 2020. The target population for this expansion grant is adult residents of Lake County, male and female, with misdemeanor and/or non-violent felony offenses and a history of, or presentation with moderate to high mental illness/co-occurring disorders and moderate to high criminogenic risks and needs. In their revised Strategic Plan for 2013 through 2018, the Public Safety Coordinating Council identified an objective “to keep people who come into contact with law enforcement because of mental illness from becoming unnecessarily enmeshed in the criminal justice system.” This proposed expansion project will increase the number of individuals served from 25 to 38 at any given time, with expectation of a six to nine month program course and the opportunity for longer enrollment for aftercare services up to an additional year. **A minimum of 76 will be served annually with a total of 228 receiving FCST services by the end of the three-year grant period.**

**GOAL OF THE PROGRAM- Implementation and Expansion
(Addresses section 2.2.4)**

Increase access in Lake County to treatment and support for Criminal Justice involved adults with mental illness and co-occurring substance use disorders through the provision of evidence based, trauma-informed services that address and reduce criminogenic risks and needs.

Objective 1- (Addresses section 2.2.4.1) Expand client service programs (namely FCST) designed to increase public safety, avert increased spending on criminal justice, and improve the accessibility and effectiveness of treatment services for the Target Population identified as adults age 18 or older who have a mental illness, substance use disorder or co-occurring disorders and who are in or at risk of entering, the criminal justice system within three (3) months of execution of the final Grant Agreement.

Obj. 1 Task 1- Establish or revise/update legally binding agreements with all participating entities to establish/continue programs and diversion initiatives for the Target Population

Key Activities-

1) Update existing MOUs/BAA's to include new areas of collaboration; 2) Establish MOUs/BAA's with new partners. (e.g. Court Administrative Services for Circuit 5)

Responsible Parties LifeStream, CEO and representatives; partners' representatives

Timetable - by the end of the second quarter of year 1(October 31, 2020)

Obj. 1 Task 2- Provide an information system to track persons during their involvement with the Program and for at least one year after discharge, including but not limited to, arrests, receipt of benefits, employment, and stable housing

Key Activities-

- 1) Revise/expand the current data collection spreadsheet that is analyzed by Dr. H. Potter, Program Evaluator ensuring that relevant data points are tracked.
- 2) Implement Health AI program and Reaching Recovery programs with TIER database program to more easily manage information at the FCST program level and the individual participant level;
- 3) Inquire about existing tools used by other similar programs to enable the storage and retrieval of program and system level data by all invested parties.

Responsible Parties LifeStream FCST & IT; Evaluator; Sheriff Dept.; Court Administrative Services, TA advisors, et al.

Timetable - an updated, improved system will be in place by the end of year 1 (March 31, 2021). Continuous improvements to the system will be on-going.

Obj. 1. Task 3. Implement strategies that support the strategic plan for diverting the Target Population from the criminal justice system.

Key Activities

- 1) Continue and expand provision of behavior health services to individuals being diverted from incarceration through the FCST program;
- 2) Include new partners in the project and provide linkage to new community resources (e.g. housing, employment, ARF, clinical trial programs)
- 3) Formalize data collection on number screened and referred to other services and the needs/gaps identified through this activity.
- 4) Assist in diverting individuals from State Forensic Treatment Facilities who can be supported safely in the community.

Responsible Parties LifeStream, internal and external partners, PSCC members, DCF, LSF, Public Defenders' and State Attorney's Offices and others.

Timetable –formalize data collection changes within 3 months of award; behavioral health services under FCST will continue without interruption; partner linkages and diversions from state hospital efforts on-going.

Objective 2 – Collaboration (Addresses 2.2.4.2)

Create and encourage collaboration among key stakeholders in implementing the Strategic Plan and providing ongoing oversight and quality improvement activities.

Obj. 2 Task 1- Participate in planning council or committee meeting regularly;

Key Activities-

- 1) Attend Quarterly PSCC meetings with reports;
- 2) Organize and conduct Quarterly FCST Task Force meetings;
- 3) LifeStream and County Liaison meetings as needed.
- 4) Quarterly reports to the BOCC and DCF; Monthly benchmarks to LifeStream QI meetings

Responsible Parties LifeStream Program staff, internal QI department, Task Force members, PSCC, LSF.

Timetable – all efforts will be on-going with routine quarterly meetings held as scheduled

Obj. 2 Task 2. Assesses progress of the project based on established timelines and review attainment of goals

Key Activities-

- 1) Monthly review of timeline activities to ensure compliance;
- 2) Quarterly submission of data and required status and financial reports to DCF.

Responsible Parties Program Supervisor and Director, Taskforce members, LifeStream internal partners (e.g. fiscal managers)

Timetable – on-going with monitoring by the Project Director and Grants Administrator quarterly.

Obj. 2 Task 3. Data Sharing

Key Activities-

- 1) Implement best practices available and affordable for the storage, retrieval and sharing of program information and statistics needed by partners and stakeholders.
- 2) Allow partners to utilize this information to assess, monitor and report on the program's efficacy.
- 3) Include data that is relevant for future program development and sustainability of existing and effective diversion strategies including FCST and CIT.

Responsible Parties LifeStream's IT Department, QI Department, Sheriff's IT Department, County resources and court Administrative Services.

Timetable- by end of grant year 2 (March 31, 2022) an accessible system will be in place.

Obj. 2 Task 4. Coordination with Managing Entities

Key Activities-

- 1) Include ME (LSF) representative on Task Force
- 2) Collaborate with Forensic Liaison at LSF to identify those who could be diverted from State Forensic Hospitals to services or competency restoration through FCST.
- 3) Open dialogue about funding opportunities to sustain the program follow the end of the grant cycle.

Responsible Parties LifeStream CEO or designee, FCST Supervisor or Director

Timetable - beginning with first Task Force meeting following contract award and ongoing.

Obj. 2 Task 5. Makes necessary adjustments to implementation activities, as needed.

Key Activities-

- 1) Update timeline with approval if needed.
- 2) Report staff changes to county and state.
- 3) Respond to requests for information.
- 4) Utilize program evaluation data to monitor progress of the program and make quality improvement changes as needed to improve the effectiveness of the program.

Responsible Parties Project Director, Program Supervisor, DCF, LSF.

Timetable – on-going and as needed

Objective 3- Additional Proposed Diversion Strategy

Collaborate with Court Administrative Services and partners toward the establishment of a Mental Health Court in Lake County to divert persons with mental illness and co-occurring disorders from incarceration.

Obj. 3 Task 1 Assist in the planning, development and implementation of a problem solving court to serve individuals with mental illness and co-occurring disorders.

Key Activities-

- 1) Establish monthly or bimonthly planning meetings regarding problem solving courts as scheduled by the Court Administrative Services personnel.
- 2) Provide information and data needed by policy makers and stakeholders in Lake County on the need for and effectiveness of problem solving courts.
- 3) Utilize Core Components for best practice in MH Courts in planning activities.

Responsible Parties LifeStream FCST Program Director, Supervisor and staff members; Court Administrative Services designated personnel.

Timetable – meetings established by the end of year one, second quarter. Other activities - on-going.

Obj. 3 Task 2 Become the preferred provider for behavioral health services to participants in planned Mental Health problem solving court.

Key Activities-

- 1) Provide a Court Liaison/Screenener to attend MH court once established.
- 2) Deliver screening/assessment services as requested.
- 3) Assist in referrals to other more appropriate services or adjunctive services if needed
- 4) Continue established supports and treatment services/options for Veterans Court participants/referrals.
- 5) Pursue financial supports for sustainability of problem solving courts and behavioral health services in Lake County.

Responsible Parties LifeStream FCST Program Director, Supervisor and staff members; Court Administrative Services designated personnel.

Timetable – on-going supports to Veterans Court referrals; establishment of MH Court in Lake County is to be determined.

3.8.6.3.2.3 How the planning council or committee will participate and remain involved in implementation or expansion on an ongoing basis.

The FCST task force which is a subcommittee of the Public Safety Coordinating Council will continue to meet quarterly and as needed. Participants are also invited to program “graduations” which provides motivation for continued investment in the program as outcomes are demonstrable in this setting. Partners will also remain engaged as they participate in referring individuals to the program, collaborate in monitoring, as with probation and respond to requests for information and data. FCST staff members and leadership attend relevant community meetings and the give and take in partnership benefits all. The program reports directly to the PSCC currently as a participant in pursuing strategic planning goals. If the funding is awarded for this expansion project,

we will meet with the county representatives from public safety, grants management, information technology and others to better understand the processes that have been in place for collaborative data sharing; continue co-planning with law enforcement for CIT, and expand collaborations with Court Administrative Services and others.

3.8.6.3.2.4 How the agencies and organizations involved will communicate throughout the lifetime of the project, detailing the frequency of planned meetings, and the decision-making process to ensure successful implementation.

Communication among partners and stakeholders is essential to the success of this project. Formal meetings are in place daily for team members; weekly contact with probation through an officer who is assigned to this specialty caseload and who co-locates in the FCST office once per week and quarterly task force and PSCC meetings. Meeting invitations are sent to all involved parties with recurring appointments annually through the lifetime of the grant. Public meetings are advertised as required. Staff members are assertively engaged in meeting individuals face to face for collaboration and conference calls are utilized when necessary. Decisions regarding programmatic issues will be handled by the program supervisor and chain of command as needed. Chain of command is respected with regard to interactions and decisions involving partner concerns. Clinical decisions are made with input from the clinical leadership in the program while criminal justice matters are referred to the appropriate parties.

Additionally, having a presence in the courtrooms and jail keeps communication fluid and direct. Memorandas of Understanding reinforce the need for communication and information exchange between partners and stakeholders.

Partnerships have been established to include: Lake County Probation, Lake County Sheriff's Office, The State Attorney's office for the 5th Judicial Circuit, the Public Defender's Office, Court Administration, the Chief Judge, and support letters from local law enforcement agencies in Lake County. We have received MOUs from the Homeless Coalition, LCSO, Clermont PD, Eustis PD, Fruitland Park PD, Groveland PD, Howey in the Hills PD, Lady Lake PD, Leesburg PD, Mascotte PD, Mt Dora PD, Tavares PD, and Umatilla PD.

3.8.6.3.2.5 The plan to screen potential participants and conduct tailored, validated needs-based assessments. Include the criteria to be used, specific screening tool(s) and validity specific to the Target Population. If specific tool(s) have not yet been selected, describe the process by which tool(s) will be selected;

FCST will screen any referral that meets the basic eligibility and will assist with information and referral for those who do not. Currently referrals come from Lake County Jail; Circuit Court Judges in Lake County (who might refer or order individuals into the program); County Probation (misdemeanor offenses) and State Probation (felony offenses); Office of the Public Defender; Office of the State Attorney; other LifeStream programs and through family members and word of mouth.

Eligibility criteria for the program include adult residents of Lake County (18 and over), with moderate to high mental health issues, co-occurring disorders and moderate to high criminogenic risk factors. Screenings will be conducted in a variety of settings according to the intercept point for diversion. The screening tools used have been tested successfully for the target population. Locations include Lake County Jail, LifeStream's Inpatient Hospital, Crisis Stabilization Unit, the Addictions Receiving Facility, Detoxification, Central Receiving Facility, Residential SUD Program (Adult Choice), CRS Residential, and at the FCST Office in Tavares.

For inmates referred while still incarcerated, a case staffing is held at the jail with the referring Licensed Mental Health Counselor, Howard Lawrence. The FCST screener Houston Spore, then meets the inmate and conducts a semi-structured interview; provides information to include risk and benefits of the program and expectations for successful completion, and administers a GAIN short screen instrument. This science-based tool is among those recommended for behavior health screening to identify the presence of mental illness, substance use problems, anxiety and antisocial characteristics. Additional screening instruments which are also used include screening for trauma using the PCL 5 (Weathers, Litz, Keane, Palmieri, Marx, & Schnurr; National Center for PTSD, 8/14/2013) and LEC 5 (Weathers, Blake, Schnurr, Kaloupek, Marx, & Keane; National Center for PTSD, 10/27/2013) and Ohio Risk Assessment System (ORAS), a risk assessment measure of the likelihood of re-offending. The ORAS is also in use by Lake County Office of Probation, which facilitates understanding and communication between professionals from both the behavioral health and supervision sides regarding the referred individual's risk of re-offending. The Texas Christian University Drug Screen V, developed by the Institute of Behavioral Research, Fort Worth, Texas, is used to assess substance abuse risk and need. All FCST staff members understand criminogenic risk and needs and the screening instruments used by the program contribute to their understanding of each person and the development of a plan for their participation in the program that will lead to future success.

Special Risk factors are identified such as pregnancy, children in dependency, IV drug use, trauma and veteran history and motivation for treatment and assistance is identified. The instruments are scored and data verifies if the referral meets the program criteria and if the person desires to voluntarily participate. A recommendation is then made to the jail diversion team and the team discusses the case. Planning and coordination with the jail diversion Court Liaison then facilitates communication at the arraignment hearing if that is the intercept point, about the individual's acceptance into the program. Those individuals who meet the eligibility criteria and pose the greatest risk for returning to the criminal justice system will be offered assistance.

3.8.6.3.2.6 How the proposed design will facilitate care coordination to increase access to behavioral health treatment and support services and ancillary social services (i.e., housing, primary care; benefits, etc.);

FCST is designed as a comprehensive service program where a multidisciplinary team utilizes assertive and motivational strategies to engage individuals in treatment, providing medication, counseling, case management and peer support services. The program is time limited with focus on stabilizing the individual, assisting them in meeting requirements of the criminal justice system, accessing benefits and resources and transitioning them to on-going care in the most appropriate community or private programs to meet their unique needs. Treatment, rehabilitation and support services are directly provided by the team according to Forensic Assertive Community Treatment practices. Treatment professionals on the team include the supervisor, a Masters prepared clinician; therapist, who is a Registered Mental Health Counselor Intern, and the Program Psychiatrist. A Licensed Practical Nurse assists the Psychiatrist with vitals, medication orders and administration of injectible medications.

Ancillary services available to participants of this program will be accessed through coordination by the FCST program case management. These services will address needs in the four recovery domains of housing, health, purpose and community. They include 1) integrated primary health care through our Wellness Integration Network (WIN) clinic; 2) rental housing through LifeStream's Hope Springs Apartments, Shelter Plus Care vouchers and community housing; 3) Linkage to Workforce Central Florida, Goodwill employment training; Achievement, Independence and Mastery Skills (AIMS) psychosocial rehabilitation program and Labor Ready for employment and/or vocational assistance; 4) both Patient Assistance and Indigent Drug Program for psychiatric medication and 5) LifeStream's residential mental health or substance abuse treatment if that level of care is needed by an individual. Open beds in our housing continuum will be utilized for immediate housing for individuals in housing crisis or for those re-entering the community from jail or state hospital until permanent housing can be found. The FCST will provide supportive housing and supportive employment according to the ACT model of care.

A phase approach following the Trans-theoretical, or Stages of Change model, is utilized in order to provide the individual opportunities to see their own progress and to be affirmed and rewarded for their positive movement in recovery. This, along with individual treatment team meetings to review treatment plans, team interventions to supportively confront problems with program engagement and behaviors such as relapse to substance use, provide maximum opportunity for individuals to successfully complete the program.

3.8.6.3.2.7 How law enforcement will assess their current process at intercept points, capacity, and how they intend to implement or expand diversion initiatives (e.g., processes, training, etc.)

FCST serves as the central coordinating program for CJMHSA initiatives in Lake County and as such has partnered with county leadership to take the lead role in hosting stakeholder meetings, Sequential Intercept Mapping (SIM) and other training and education events relevant to jail diversion. Participation in CIT training by law enforcement leadership presents opportunities for them to consider processes and how greater awareness of behavior health problems can affect interventions and create safer outcomes for those involved. The FCST program, under the Reinvestment funding, provides a CIT Coordinator to the county. FCST schedules, plans and coordinates the Crisis Intervention Training (CIT) advisory group and provides CIT to law enforcement agencies in Lake and Sumter Counties. The Lake County Sheriff's Office and 13 municipalities have been invited to task force meetings and to send patrol officers, correctional officers, dispatch and others through the training. Updates are also made available annually and Mental Health First Aid for law enforcement and corrections is being offered.

It is a goal of the program to have individuals from all law enforcement agencies trained and several municipalities have committed to ensuring that there are CIT officers on each shift. The Lake County Sheriff's organization and two municipal law enforcement agencies participated in the SIM held on March 31 and April 1, 2016 at the FCST office. Other Law Enforcement agencies are participating in the expansion of Mobile Crisis services in south Lake County. Analysis of participation of law enforcement agencies in the various CJMHSA activities is the county finds that 9 out of 13 have been active to some degree with Leesburg and Clermont having the highest involvement outside of the Sheriff's Department. Two municipalities in the county contract their law enforcement with the Sheriff.

Use of the Sequential Intercept Mapping for Lake County provides understanding of the needs and gaps in services and processes for diversion. This map can then be used as a common language for all concerned parties and periodic review of the map and the recommendations that followed mapping will act as a compass for the initiative. Those involved in the mapping exercise this year shared their commitment through frank and open communication during the process. There are several examples of how the partners are involved in improvements at each Intercepts. Commitment to diversion at Intercept 1 is demonstrated by the participation of the majority of law enforcement agencies in the county sending officers to CIT and the inclusion of personnel from Dispatch, which is operated by the Sheriff's Office. Clermont Police Department has committed to expanding CIT training so that there are enough trained to cover every shift. That department has also signed an MOU committing to participation in mobile crisis with a counselor imbedded in the department. To increase diversion at Intercept 2, Correctional officers in the jail are being trained as well as court personnel. Permission for the FCST Court Liaison to be routinely present in Misdemeanor Court is further confirmation of the commitment to CJMHSA initiatives was demonstrated by

participation of law enforcement agencies in a recent re-mapping of the intercepts and current strategies for diversion. This event was facilitated by Mark Engelhardt from the Florida Mental Health Institute at the University of South Florida who provided a report to the County. Results of that mapping inform plans for this grant application and will be utilized by the PSCC for future recommendations to the BOCC for budget considerations to fund interventions at identified intercepts and related grant applications. Results of the re-mapping will be shared with all Lake County LE organizations, whether they participated in the two day event or not, in order to improve communication and understanding within the system and encourage buy-in and future participation in planning meetings.

3.8.6.3.2.8 If the Applicant is a consortium of counties, describe the collaboration and the relationship between the partner counties. Not Applicable

3.8.6.3.3 The application must include a description of the strategies an Applicant intends to use to serve the Target Population, including a description of the services and supervision methods to be applied and the goals and measurable objectives of the new interventions. Interventions may include, but are not limited to:

3.8.6.3.3.1 Specialized responses by law enforcement agencies;

The synergy of utilizing several strategies and the resources available through a variety of dedicated community partners will contribute to the success of this expansion program. As noted above, CIT is available, supported and encouraged in Lake County and the training will be delivered by LifeStream and partners through the planning and collaboration of the FCST CIT Coordinator. A Mobile Crisis Service is operating in the south area of the county through a Bureau of Justice Assistance grant. This service is a co-responder model in collaboration with law enforcement agencies and mental health staff will respond on scene as requested by through emergency dispatch and law enforcement responders.

3.8.6.3.3.2 Centralized receiving facilities or systems for individuals evidencing behavioral difficulties;

Centralized Receiving System (CRS) services for individuals evidencing behavioral difficulties are available through LifeStream and persons needing inpatient MH or SUD treatment, voluntary or involuntary will be evaluated. Level of care assessments are part of the process, as well as assessment of suicide/homicide risk. LifeStream is actively involved in LINC/Zero Suicide initiative and is training staff members, including those in FCST, in the Question, Persuade and Refer (QPR) and QPR-Treat practices. The CRS utilizes Care Coordination and Peer Support services to engage individuals in transitional and recovery oriented activities. The CRS recently opened a level 2 residential facility for adults to temporarily support individuals whose transitional needs are in the process of being secured but who no longer require inpatient level of care in the hospital or CSU.

3.8.6.3.3.3 Post-booking alternatives to incarceration;

Post-booking alternatives to incarceration are in place through the FCST and will continue under the program's expansion through this grant funding. The program's Court Liaison communicates with the Judges, State Attorney and Public Defender regarding available diversion alternatives for those identified as having behavioral health challenges that are contributing to their criminal justice involvement. Referral to the program results in a briefer period of incarceration and continued community supervision with behavior health services for those returning to jail for violation of probation.

3.8.6.3.3.4 New court programs, including pretrial services and specialized dockets;

New court programs, including pretrial services and specialized dockets are in development in Lake County. Presently there is only one specialty court or specialized docket in Lake County, and that is Veterans Court. Those individuals who do not meet the criteria for Veterans Court but who have served in some capacity, whether honorably or dishonorably discharged will be able to receive services through the FCST program as long as they meet basic program requirements such as residency and misdemeanor or non-violent felony offenses and the presence of moderate to high risk factors and mental health/co-occurring disorders. Pretrial intervention through referral to FCST has not been used extensively in Lake County but it is a welcome strategy and referrals will be screened within 24 hours business hours, to facilitate pretrial interventions

Several stakeholders are in discussions in the planning stages for a Mental Health Court. Alina Stoothoff, the Director of Problem Solving Courts for Circuit 5 met with representative of LifeStream to discuss collaboration with LifeStream toward the aim of securing treatment services for participants should implementation of a MH court begin in the future. On January 31, 2019 technical assistance was provided through the CJMHSAs Technical Assistance Center (Mark Engelhardt and Karen Mann) to LifeStream and community stakeholders regarding the core components of a MH Court. One barrier to the support for problem solving courts in Lake County has been the lack of resources in the system for such courts, such as funding for the Public Defenders' office to supply a dedicated attorney, or the lack of adequate funding in the community to pay for treatment for the indigent and uninsured who are likely to benefit from problem solving courts. It has been commented by stakeholders, including the Director of Problem Solving Courts for Circuit 5, that we have everything needed in Lake County for a Mental Health Court, except a dedicated Judge. LifeStream's FCST program through previous reinvestment grants and other grant awards has been strategically planned and developed to create the opportunities for diversion of CJMHSAs involved individuals that could be provided by a MH problem solving court if one were to be implemented. This strategy was thought out by community partners during a period when former County Commissioners expressed negative attitudes

toward problem solving or specialty courts in the county. As a result, Lake County was the last in the Circuit to institute such a court and this was only established following a change in Statute to address the needs of veterans. The Veterans' Court success has demonstrated the need for and benefit of these courts.

3.8.6.3.3.5 Specialized diversion programs;

FCST is designed as a diversion program and operates as such by assisting individuals into treatment, providing support and linking them to resources at all points of interception according to the sequential intercept map that is unique to Lake County. Additionally, LifeStream provides other programs and services such as intervention for those with lower level criminal justice involvement through the Treatment Alternatives for Safer Communities program and prevention programs to reduce the likelihood of an individual engaging in risky behaviors. Although these are not technically diversion programs, they do provide opportunities to disrupt the patterns of behavior that contribute to the development of criminal thinking and behavior.

3.8.6.3.3.6 Intensified transition services that are directed to the designated populations while they are in jail or juvenile detention to facilitate their transition to the community;

The Jail Screener and Court Liaison from the FCST are on the front line of services directed to transitioning individuals from jail to community. When a referral is made to the program, which can happen during a court appearance, the Jail Screener begins the process of gathering releases, information and assessment. Interviews are conducted in the jail and the Screener maintains contact with the individual by visiting and providing information about the program services and program expectations for the person's participation.

Lake County has a strong grassroots initiative to develop Re-entry services for those returning from incarceration at all levels. FCST remains involved in that planning along with other community representatives despite the ending of a community program called Partners Investing in People, which was a not for profit group focused on Re-entry. Many Task Force members participated in these meetings and several different grant applications were made to develop re-entry services but awards were not secured. This is likely to remain an area of interest for the program's Task Force and PSCC at large. While not identified as a re-entry program, FCST provides assistance in line with principles from the Transition from Jail to Community model with the exception that treatment is not provided by the FCST program to individuals while they are in the jail.

3.8.6.3.3.7 Specialized probation processes;

Lake County Probation has identified Kristin Mabry as the Probation Officer assigned to any probationers who will be participating in the FCST program. Communication between Officer Mabry and the team is based on mutual trust and respect. Clear

consents for the release of necessary behavioral health information are in place in all cases. Officer Mabry visits with her clients at the FCST office at a scheduled time. Other program activities are also occurring during these visits and this enables all to see her as a vital team member. Solidifying the collaboration in this way gives a message that all team members are on the same page, so to speak, in terms of recovery planning and supports with the individual.

3.8.6.3.3.8 Day-reporting centers;

This has not been identified as a need in Lake County at this time.

3.8.6.3.3.9 Linkages to community-based, evidence-based treatment programs for the served Target Population

LifeStream operates a full continuum of Commission on Accreditation of Rehabilitation Facilities accredited behavioral health services which are evidence based, trauma informed and quality driven. While FCST is a fully integrated outpatient treatment program, utilizing evidence-based practices, case management services within the program link individuals to other parts of the continuum that are needed to support their recovery and minimize their criminogenic risks. These include Supportive Housing, Illness Management and Recovery through the AIMS program and Medication Assisted Treatment. Some services will be outside of the LifeStream continuum but will be vetted for appropriateness and proper licensing. For example, referrals to sober housing will only be made to homes that have been credentialed by the state. Recommendations for community support programs are made to those groups that have demonstrated effectiveness, such as 12-step programs or Celebrate Recovery.

3.8.6.3.3.10 Community services and programs designed to prevent high-risk populations from becoming involved in the criminal or juvenile justice system.

A fully developed recovery plan for each individual in the program includes services or referrals to services that will address criminogenic risks and needs. In addition to the programs mentioned above which may be involved in the person's plan. Other areas of risk will be addressed in a variety of ways according to the individual's needs. Antisocial cognitions are targeted through the use of the Thinking for a Change curriculum. Therapeutic interventions, particularly group therapy, assist the individual in identifying risky relationships and the "people places and things" associated with criminal behavior and substance abuse. Expanding the program to incorporate Seeking Safety as a key intervention curriculum will also focus individuals on understanding high-risk behaviors, substance use and making positive alternative choices. Family and marital counseling is available through the therapeutic staff in the program or by referral to other therapists inside or outside of LifeStream, including faith-based counseling organizations if that is the person's preference. Referrals to vocational rehabilitation services, the AIMS program, local community colleges, technical schools and other resources are utilized to address education and employment issues. Individuals are