

# Implementing Evidence Based Treatment for Justice System Involved People with OUD and PSUD

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# Evidence based practices for OUD

- Methadone
- Buprenorphine
- Long-acting injectable Naltrexone for some highly motivated patients

## **Evidence based practices for stimulant use disorder**

- Currently no FDA approved medication for PSUD
- Contingency Management
- Cognitive Behavioral Therapy

# Useful supportive therapies

- Motivational interviewing
- Mindfulness based interventions

# Implementing EBP in a criminal justice system

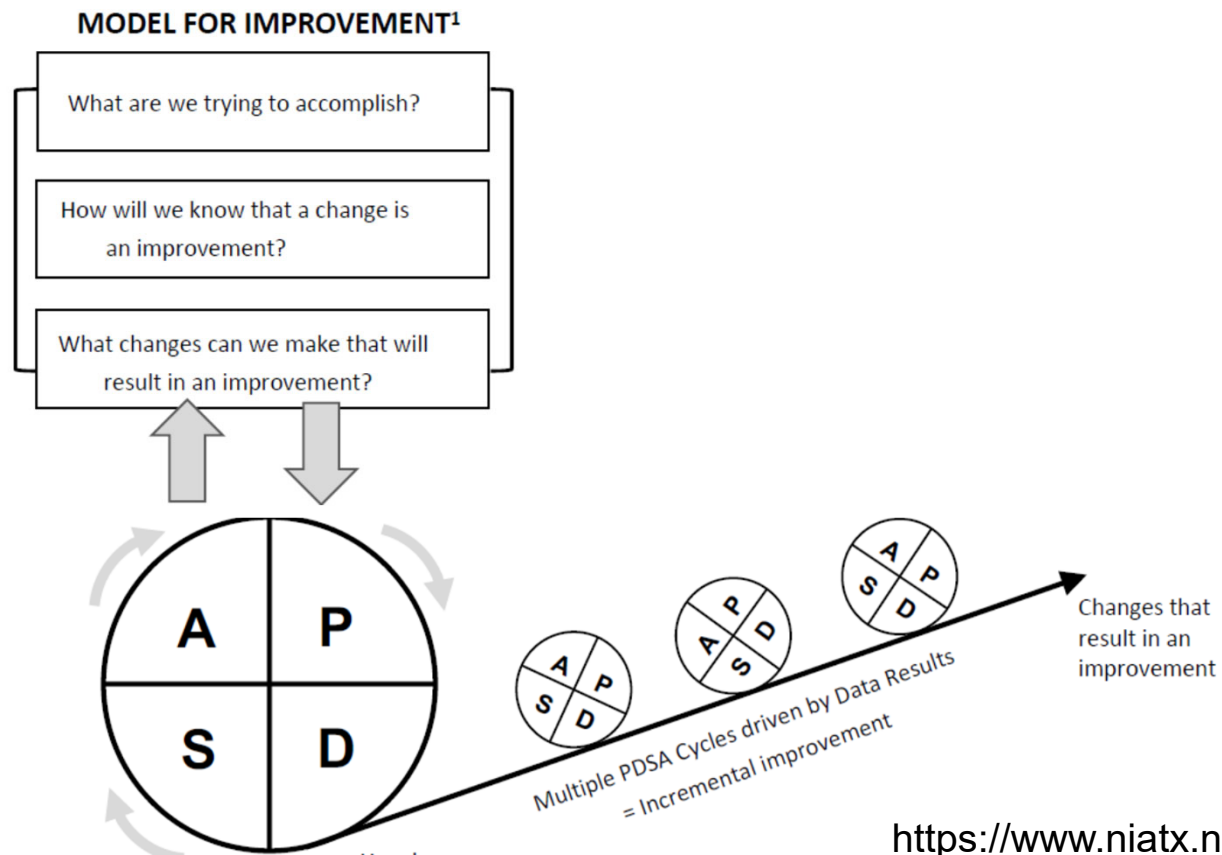
## **Some tactics that have worked in other rural communities for intercepts 2 & 3**

- Diverting low risk offenders from jail
- Continuing medication while people are in jail
- Initiate contact with treatment providers via telehealth
- Use computer based CBT

# Barriers to providing treatment in jails

- People are generally in county jails for short periods of time
- Facility space limitations
- Time and staffing limitations
- Milieu management issues

# Using PDSA Cycles to Pilot Change



<https://www.niatx.net/pdsa/>





# Thank-you

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