



SARASOTA COUNTY  
MENTAL HEALTH COURT SEMINAR  
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Criminal Justice, Mental  
Health, and Substance Abuse  
Technical Assistance Center

# Community Care Models: Best Practices

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## CJMHSA ROADMAP & A FEW MODELS

- Sarasota County Leadership (CJMHSA Planning Council)
- Sequential Intercept Mapping Action Plan (Stakeholder Inclusion)
- Target Population: Serious Mental Illnesses, Co-occurring/homeless
- Screening, Comprehensive Assessment – Risk Level
- Co-occurring Disorders is the Expectation, Not the Exception
- In-jail identification, in-reach, engagement, transition planning
- Mental Health Court – Community-based Collaborative Process
- Assertive Community Treatment Models/Forensic Diversion
- Importance of Supportive Housing, Employment and Recovery

## PRINCIPLES OF RECOVERY

- Hope
- Person-Driven
- Pathways – Non-linear, clinical, family, medications, faith, highly personalized
- Holistic – mind, body, healthcare, spirit, community
- Peer Support
- Relationships and Social Networks
- Culturally Based and Influenced
- Address Trauma
- Strengths and Responsibility
- Respect, Courage and Community Acceptance
- Source = SAMHSA

## SCREENING JUSTICE INVOLVED INDIVIDUALS

- Engage the Individual
- Collect Collateral Information
- Screen and Detect Co-occurring Disorders
- Determine the Severity of Mental Health and Substance Use Issues
- Determine the Level of Treatment Services Needs
- Identify a Diagnosis
- Determine the Level of Disability and Functional Impairment
- Identify Strengths & Supports
- Identify Cultural and Linguistic Needs and Supports
- Describe Key Areas of Psychosocial Problems
- Determine the individual's Level of Motivation and Readiness for Treatment
- (Source – SAMHSA – CMHS)

# RISK NEED RESPONSIVITY MODEL

## Dynamic Risk Factors for Criminal Recidivism

- High Risk Factors:
- Antisocial Attitudes
- Antisocial Friends and Peers
- Antisocial Personality Pattern
- Substance Abuse
- Family and/or Marital Problems
- Lack of Education
- Poor Employment History
- Lack of Prosocial Leisure Activities
- Emerging – Post Traumatic Disorders

## ASSERTIVE COMMUNITY TREATMENT (ACT BASICS)

- Higher the Fidelity, The Better The Outcome
- ACT provides the level of support for the target population identified by the Mental Health Court
- ACT is Not a “Linkage” or Brokerage Model
- ACT provides highly individualized services directly to consumers, mostly at on-site or at home
- ACT recipients receive services from a multidisciplinary team, consisting of psychiatry, social work, nursing, substance abuse, peers and housing/employment specialists and if necessary 24/7 and 365 days a year.

## FORENSIC ASSERTIVE COMMUNITY TREATMENT

- Modifications from “civil” model = Target population
- Increased % of time spent in-home and community
- Focus on criminal risk and criminal justice sanctions
- Staffing – Cross-system Boundary Spanners
- Partnership with Probation and Courts
- Outcomes – Reduce arrests, Hospitalizations, Recovery
- Community Integration, Social Settings, Peers, Support
- Permanent Supportive Housing is a Core Component
- SAMHSA National Expert Panel in Development (2018)



## FORENSIC INTENSIVE CASE MANAGEMENT

- Similar Principles and Practices as ACT, except the staffing and target population may differ.
- Mostly Social Work and Case Managers
- Expectation that Services are 70% in the field
- Access to clinic-based psychiatry and medications
- Transition planning from the jail to community
- Case Conferencing with the Courts
- Benefits Planning and Access to Healthcare
- ***Strong Partnership with Other Community Providers !***

## COMMUNITY-BASED BEST PRACTICES

- Crisis Intervention Teams & Providers – By Design
- Assess Plan Identify Coordinate (APIC) - Jail to Home
- Integrated Dual Disorders Treatment (IDDT)
- Independent Placement & Support (IPS –Employment)
- Permanent Supportive Housing (Housing First Fidelity)
- Frequent User Service Enhancement (FUSE – Emerging)
- Consumer Operated Services – Range of Models/Fidelity
- Independent Evaluation – Qualitative & Quantitative
- Sequential Intercept Action Plan (SIM) – Progress !

# Resources

Recommended one-stop portal for resources:

USF's CJMHTA Technical Assistance Center website: [www.floridatac.org](http://www.floridatac.org)

- Mark Engelhardt: [mengelhardt@usf.edu](mailto:mengelhardt@usf.edu)
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- Katelind Halldorsson: [katelind@usf.edu](mailto:katelind@usf.edu)

Policy Research Associates, Inc. : [www.prainc.com](http://www.prainc.com)

GAINS Center: [www.samhsa.gov/gains-center](http://www.samhsa.gov/gains-center)

The Justice Center: <http://justicecenter.csg.org>

SAMHSA: [www.samhsa.gov](http://www.samhsa.gov)

USF <http://mhlp.fmhi.usf.edu> Dept. of Mental Health, Law and Policy