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OLLI-USF

UNIVERSITY OF SOUTH FLORIDA

Course Catalog | Spring 2018 Semi-edition

Spring Has Sprung!

With over 150 winter-spring course offerings, our catalog can feel a bit overwhelming. So here we offer you a simple document listing our yet-to-start “spring” courses!

They are listed in day of week order, Monday through Friday, grouped by morning and afternoon.

We’ve also developed a simple **grid schedule** (pages 16-18) that lists these courses by day of week in the hopes this makes it easier for you to locate courses that fit your schedule.

If you have already taken a course this term, remember to check into the **SECOND CHOICE OPTION!** Get a great deal on additional courses each term once you pay full price for one of our multi-meeting courses.

Second choice registration is by phone only. OLLI Registrar Charise Dixie looks forward to helping you register AND get a great deal.

A very few classes are full. Those are marked. If interested, please ask Charise to put you on the wait list. You will be notified if a space becomes available; some, like the OLLI Tech Squad, will return in the summer months.

Register by calling 813-974-2403, option 1, Monday – Friday, 8:30 a.m. until 4:30 p.m.

Register online anytime at www.usfseniors.org

View our complete winter catalog for other OLLI-USF offerings on our website!



Ara Rogers, Ph.D.
Director of OLLI-USF

Learn for the Joy of It

MONDAY MORNING

Emerging Technologies for Aging at Home

Michael Bice

Aging in place, at home, is how most of us would prefer to live out our days. Learn about emerging technologies such as artificial intelligence, robotics, voice-activated devices and telemedicine, which hold great promise to improve the aging experience and to keep you in your home for as long as possible. Learn how to discern quality service and value in this marketplace. Explore the tools and insights you need to make informed choices for you, your caregivers and your loved ones.

Mon • 3/05-3/19 • 10-12pm • 3 mtgs • \$30 • \$15 (*2nd Choice Fee* after 2/19/18) • PAB210 - Port Authority Building • 182XOSCSM0691

Understanding Social Security, Medicare and Medicaid

Michael Steinberg

FDR signed the Social Security Act in 1935. LBJ's Great Society created Medicare and Medicaid. Follow the history of these now-complicated laws and regulations. See how they are administered. Examine eligibility requirements for Supplemental Security Income and review retirement, disability and widows' benefits. Hear the latest information on Medicare, the various Medicare programs, and proposals relative to their expansion.

Mon • 3/05-3/26 • 10-12pm • 4 mtgs • \$40 • \$20 (*2nd Choice Fee* after 2/19/18) • CANT-ASSEM - Canterbury Tower, Assembly Room • 182XOSFLS1601

Gentle, Mindful Yoga: Especially for You

Clara Schönborn-Lowe

You've heard about the benefits of yoga, mindfulness and meditation -- now it's time to do it! The gentle poses you will practice are specifically designed to stretch muscles, strengthen bones, and bring flexibility to the joints. Yoga helps improve body posture, ease of movement and balance. Mindfulness and meditation help relieve stress, relax the body, and quiet the mind. Get ready to improve your health while also having fun.

Mon • 3/05-4/09 • 10-11:30am • 6 mtgs • \$40 • \$20 (*2nd Choice Fee* after 2/19/18) • PCCC - Pebble Creek Community Center • 182XOSFLS1541

Watercolor: Through New Eyes

Sue Tihansky

Learn basic watercolor techniques in this hands-on course. We will discuss tools, brushes and paper as we experience the properties of paint, color and composition to help you create your own work. Beginner through intermediate watercolorists welcome. Initial cost of materials and supplies is approximately \$100; a list of required supplies will be provided upon registration.

Mon • 3/19-4/23 • 10-12pm • 6 mtgs • \$60 • \$30 (*2nd Choice Fee* after 3/5/18) • JCC - Jewish Community Center • 182XOSLHA1942

A History of the US Secret Service from 1865 to the Present



Michael Horn

Who are those brave men and women walking next to politicians and presidential candidates? What else do they do? Join Special Agent Michael Horn for a discussion of the origin, history, and development of the U.S. Secret Service. He will begin with the inception of the Secret Service and continue through the evolution of its protective and investigative missions in the modern era.

Mon • 3/26-4/09 • 10-12pm • 3 mtgs • \$30 • \$15 (*2nd Choice Fee* after 3/12/18) • PAB210 - Port Authority Building • 182XOSHPC3021

The Media and the 2018 Elections

George Hyde

Billions of dollars will be spent in 2018 by national and local political advertisers to grab your attention, your support, and ultimately, your vote. Billions more will be spent to influence the way candidates and their campaign platforms are portrayed in news coverage across the spectrum, from the New York Times to Fox News to local newspapers and radio stations, and even micro-geographic blogs. The combination of congressional and gubernatorial elections makes this a critical year for Florida and national politics, and we'll be analyzing the action as the races begin to heat up!

Mon • 3/26-4/30 • 10-12pm • 6 mtgs • \$60 • \$30 (*2nd Choice Fee* after 3/12/18) • LMUMC301 - Lake Magdalene United Methodist Church • 182XOSHPC2581

Know Your Florida Birds

Gail Parsons

Learn the best tools and resources needed to help identify birds and what field marks to look for when identifying birds. We will spend three classes in the field practicing our newly learned skills and using those tools. Finally, we will spend our last class at one of the top birding spots in Florida--Fort De Soto--looking for seasonal migrants. We also will learn about "citizen science" projects and conservation issues regarding Florida birds. Note: class meetings are at varied locations and may require long walks. Field trips may be an hour's drive: expect class meetings will run into the afternoons.

Mon • 4/02-4/23 • 9-12pm • 4 mtgs • \$40 • \$20 (*2nd Choice Fee* after 3/19/18) • ARC - Audubon Resource Center - Lettuce Lake Park • 182XOSCSM0491

Maintaining Your Quality of Life in Retirement

Eric Longphee, Jeffrey Locker

The uncertain economy makes it challenging for the retired investor to generate needed income. Today's markets present challenges--interest rate and credit risks in particular--that should be considered when evaluating investments. We will discuss the realities of investing for retirement income in a low interest rate world and how the current economic environment can affect investments. This workshop will educate investors, not sell investment products.

Mon • 4/2 • 9:30-12:30pm • 1 mtg • \$20 • CANT-ASEM - Canterbury Tower, Assembly Room • 182XOSFSL1001

Introduction to Global Warming Issues

David Cardina

Learn about accepted, nonpolitical scientific information regarding the relationship of fossil fuel energy utilization to greenhouse gas formation and by association, to global warming. We will examine and challenge the facts, the data and the models, enabling you to arrive at your own conclusions about global warming and climate change. You will also be able to confidently engage in social discussion on the topic. No scientific or technical background is assumed or required.
 Mon • 4/09-4/30 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/26/18) • CANT-ASSEM - Canterbury Tower, Assembly Room • 182XOSCSM0581

MONDAY AFTERNOON

Issues in the Crossfire

Linda Philipps, Charles Kolker, Douglas Dallio

This course will be a friendly gathering of people who enjoy considering newsworthy events together. We invite you to join our talented communicators as we engage in discussions on the pressing topics of our time. Class participation is an integral part of this course: you will be invited to help select several topics and your opinions are welcome. We will identify current issues, consider them in all their complexity, and then move on to consider possible solutions. Topics will range from domestic to foreign affairs as well as Florida-specific and women's issues.

Mon • 3/05-4/23 • 1-3pm • 8 mtgs • \$70 • \$35 (2nd Choice Fee after 2/19/18) • CPCC - Compton Park Community Center • 182XOSHPC1791

Windows 10 Advanced: Maintenance, Recovery and More

Myron Thorner

Develop confidence and solve your Windows 10 computer mysteries! We'll discuss navigating some settings, data backup and recovery, routine Windows 10 Advanced maintenance, networking, and ways of solving common problems. Learn how to update hardware, and use third-party programs to act as your simplified agent to maintain the system, along with gaining insight into the Windows 10 operating system (OS). You should be familiar with Windows 7 or higher.

SKILL LEVEL C

Mon • 3/19-4/02 • 12:30-3:30pm • 3 mtgs • \$45 • \$20 (2nd Choice Fee after 3/5/18) • LMUMC303 - Lake Magdalene United Methodist Church • 182XOSCSMW22A

Beginning Mountain Dulcimer, Part III

Karen Brown-Blonigen

We'll have more fun with the dulcimer in this third level course. Learn about the arpeggiated style of playing and how to incorporate it with chord melody style, refining flat picking, finger picking and Aolian Mode. We'll learn this as we play lots of songs. Prerequisite: Beginning Mountain Dulcimer Parts I and II

Mon • 3/19-4/23 • 1-3pm • 6 mtgs • \$60 • \$30 (2nd Choice Fee after 3/5/18) • LMUMC307 - Lake Magdalene United Methodist Church • 182XOSLHA2111

Creative Writing: A New Writer's Journey Through the Author's Craft

John Chaplick



Afraid to start writing? Develop a deeper understanding of the writer's craft. We will cover essential components of creative writing such as setting, conflict, plot, characters and dialogue. Upon completion of the course, you should be better equipped to begin the process of writing your own work. Begin your own adventure as a writer with the advice of a seasoned pro.

Mon • 3/19-4/23 • 1-3pm • 2 mtgs • \$60 • \$30 (2nd Choice Fee after 2/12/18) • CANT-ASSEM - Canterbury Tower, Assembly Room • 182XOSLHA2851

Watercolor II: Continuing the Motif

Sue Tihansky

This follow-up to our *Watercolor: Through New Eyes* course introduces new exercises to help you experience the joy of color and expand upon the motifs of your earlier class assignments. Learn about exciting variables and effects that are unique to this art form and apply the lessons learned to your own compositions. Prerequisite is *Watercolor: Through New Eyes*

Mon • 3/19-4/23 • 1-3pm • 6 mtgs • \$60 • \$30 (2nd Choice Fee after 3/5/18) • JCC - Jewish Community Center • 182XOSLHA2082

Humanity and the Cosmos

Harry Ellis

Do humans have a meaningful role in the Universe? And if so, what is that role? To try to answer that question, you'll examine evidence supporting the latest theories of space and time, and cosmological and biological evolution. You'll even ponder the meaning of meaning! Your goal will be to try to fit humanity into the current picture of reality, and consider if humans have a meaningful role.

Mon • 3/19-4/30 • 1-3pm • 7 mtgs • \$60 • \$30 (2nd Choice Fee after 3/5/18) • PAB210 - Port Authority Building • 182XOSLHA3331

Crossing Cultural Gaps: Comparing Rites of Passage in China and America

Jingping Du

A need for better understanding of East-West cultural differences has surfaced along with the increasing pace of globalization. Explore the traditional and modern values of the Chinese people in three significant phases of life: the college entrance exam, marriage customs and aging. The goal: to increase mutual understanding by comparing the lives of ordinary Chinese and Americans in these and other challenging areas.

Mon • 3/26-4/09 • 1-3pm • 3 mtgs • \$30 • \$15 (2nd Choice Fee after 3/12/18) • JKVA - John Knox Village, Activity Room • 182XOSHPC3191

Korean Peninsula: What is Next?

Garry Tenney

We have approximately 100,000 military and civilians on the Korean Peninsula today plus countless Americans who are married to Koreans living permanently in the Republic of Korea (South Korea). American presidents since Clinton have declared a nuclear North Korea is unacceptable. Draw more informed conclusions about the reality of the U.S. vulnerability and available options.

Mon • 4/02-4/30 • 1-3:30pm • 5 mtgs • \$50 • \$25 (2nd Choice Fee after 3/19/18) • CANT-ASSEM - Canterbury Tower, Assembly Room • 182XOSHPC3181



Civil Society in Post-Soviet Russia

Pnina Levermore

We will look at the growth of civil society during the Yeltsin years and early Putin years. We will discuss the involvement of the US Agency for International Development in supporting Russian civil society and examine the increasing limitations placed on international support by President Putin. We will look at how Russia's civil society organizations are faring as a result. Finally, we will consider what the current state of Russian society portends for the future.

Mon • 4/09-4/30 • 1-2:30pm • 4 mtgs • \$30 • \$15 (*2nd Choice Fee* after 3/26/18) • BGFJCC - Bryan Glazer Family JCC • 182XOSHPC2921

TUESDAY MORNING

Continuing Conversational German

Sara Zimmerman

Continue learning to speak German with a focus on frequently used verbs and phrases. Increase your skill in grammar as well as vocabulary. If you did not take the introductory class but have a basic familiarity with the language, you may enjoy stretching yourself with this course. Required text: *Easy German Step-by-Step* by Ed Swick, \$16.00

Tue, Thu • 3/06-3/29 • 10-12pm • 8 mtgs • \$70 • \$35 (*2nd Choice Fee* after 2/20/18) • LMUMC311 - Lake Magdalene United Methodist Church • 182XOSLHA3561

Breathe Easy: Yoga for Health and Wellness

Jennifer Leavy

Learn to align gentle movements with your breath, aiding flexibility, balance, stress relief and relaxation. Participants will become familiar with poses and simple stretches that can be incorporated into daily life. The course includes breathing and meditation techniques that support all areas of the body and contribute to a better night's sleep. All yoga equipment will be provided.

Tue • 3/20-4/24 • 10-11am • 6 mtgs • \$50 • PBPY - Pose By Pose Yoga • 182XOSFLS1132

Mountain Dulcimer: Beyond the Basics

Karen Brown-Blonigen

Move beyond the skills you developed in the OLLI beginning mountain dulcimer course. Explore several pieces of music in depth, master new songs and learn new techniques in a fun, relaxed environment. Once registered, you will receive information on purchasing music for the course (approximately \$10-15). Prerequisite: Completion of beginning OLLI course or experience playing the mountain dulcimer.

Tue • 3/20-4/24 • 10-12pm • 6 mtgs • \$60 • \$30 (*2nd Choice Fee* after 3/6/18) • LMUMC307 - Lake Magdalene United Methodist Church • 182XOSLHA3172

The Many Faces of Terrorism

Michael Pheneger



Since 9/11, the United States has waged a "War on Terror" with varying degrees of success. In this course, we'll examine the history of terrorist organizations; the strengths and weaknesses of terror as a tactic; the differences between al-Qaeda and ISIS and the threat they pose to the U.S.; review the successes and failures of U.S. efforts to deal with the proliferation of terrorist groups; and, discuss U.S. strategy and tactics in the war on terror.

Tue • 3/20-4/24 • 10-12pm • 6 mtgs • \$60 • \$30 (2nd Choice Fee after 3/6/18) • AHP - Allegro at Hyde Park • 182XOSHPC2071

Yoga Basics

Jennifer Leavy

Come to a peaceful, comfortable studio where you will learn to integrate yoga into your wellness routine. We will build on your past yoga experience by addressing your individual questions and incorporating your goals into the overall program. Our focus will be on standing posture and moving from one posture to another. Stretch, breathe and meditate your way to increased health!

Tue • 3/20-4/24 • 11:30-12:30pm • 6 mtgs • \$50 • PBPY - Pose By Pose Yoga • 182XOSFLS1282

Geology for Travelers

John Miller

Become a more informed traveler as well as a better citizen in this overview of the geology of different areas of the United States. Learn about glaciers, springs and wells, earthquakes, hot spots, mountain making, volcanism, sedimentation and other geological processes. We'll discuss travel planning and what to bring to make your travels more rewarding so you can better appreciate the geological features you'll find along the way.

Tue • 4/03-4/24 • 9:30-11:30am • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/20/18) • LMUMC301 - Lake Magdalene United Methodist Church • 182XOSCSM0131

TUESDAY AFTERNOON

Community of Writers Workshop

Liesse Chable

Enthusiastic beginner or experienced writer? With full support, create a new piece of writing: short fiction, memoir, the chapter of a novel, or a narrative essay. Meet with other dedicated writers every other week for instruction; the next week, write and revise at home at your own pace. Discuss work-in-progress in small groups with encouraging feedback and one-on-one coaching. We share our work through email and a private Facebook group so a computer is essential.

Tue • 3/06-4/17 • 12:15-3:15pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 2/20/18) • LMUMC301 - Lake Magdalene United Methodist Church • 182XOSLHA2731

Android Phone "Phun": Mobile Apps

Dennis Standiford

Explore the world of Android phone apps. Learn about the vast range of easily downloadable apps for travel, education, entertainment, banking, investing, photography and much, much more! Learn to use and assess your downloaded apps: you should be familiar with basic phone functions. Bring your Android smartphone that is less than 2 years old to work on and enjoy in this course. Your device might be manufactured by LG, Ericsson, Samsung, LTE, Motorola, Huawei, Nokia, Sony, Alcatel, AT&T or others. **SKILL LEVEL B**

View our complete winter-spring catalog for instructor bios, maps, parking info and other OLLI experiences at www.usfseniors.org

Tue • 3/06-3/13 • 12:30-3pm • 2 mtgs • \$25 • \$15 (*2nd Choice Fee* after 2/20/18) • NEC building USF • 182XOSCSMAP0A

Frank Lloyd Wright at 150: The Masterworks

Mark Tlachac

He was born 150 years ago, designed hundreds of structures over his 70-year career, and was recognized in 1991 as the "greatest American architect of all time." This course covers Frank Lloyd Wright's most significant work, from the earliest Prairie designs to the last Usonian buildings in both the residential and commercial arenas. Ten of his creations were nominated for UNESCO World Heritage status.

Tue • 3/06-3/27 • 1-3pm • 4 mtgs • \$40 • \$20 (*2nd Choice Fee* after 2/20/18) • TPAMA - Tampa Museum of Art • 182XOSLHA3541

Compassionate Choices at the End of Life

Charles Delp

People often express the desire to have some control over the conditions of their end stage of life. But laws can make these decisions confusing and difficult. Learn about the pertinent Florida laws and to what degree they permit people to take control of their end of life experience. We will discuss current state of Florida forms, including advance directives, designation of a healthcare surrogate and living wills.

Tue • 3/13-3/20 • 1-3pm • 2 mtgs • \$20 • UNVA - University Village, Auditorium • 182XOSFLS0941

Irish Rebels and Revolutionaries

Matthew Knight

How did Irish republicanism evolve from the ideals of the United Irishmen in the 1790s to the formation of the Irish Free State in 1922? This period saw multiple uprisings and campaigns of violence against British rule by Irish rebels at home and abroad. As the cause of Irish freedom was embraced by Irish-American immigrants at least as intensely as Irishmen and women back home, the role of Irish America will be an essential aspect of the course.

Tue, Thu • 3/13-3/15 • 1-3pm • 2 mtgs • \$20 • \$10 (*2nd Choice Fee* after 2/27/18) • GA - USF Library, Grace Allen Rm • 182XOSHPC3331 [***Scheduled during USF's Spring Break!***]

The Comic Novels of E. F. Benson: Mapp and Lucia

Dan Rutenberg

Enjoy classic British sitcoms? If you watched *Are You Being Served*, *As Time Goes By*, or *Keeping Up Appearances*, then you may relish the six light novels E. F. Benson wrote about middle class Brits in the 1920s and '30s. These books, twice dramatized for the BBC, have remained perennial favorites among Brits. We'll provide electronic versions of all six novels in large-print for reading on your iPad, tablet or laptop to inform our discussions and keep you smiling.

Tue • 3/20-4/24 • 1-2:30pm • 6 mtgs • \$50 • \$25 (*2nd Choice Fee* after 3/6/18) • CCCMEET2 - Carrollwood Cultural Center, Meeting Room 2 • 182XOSLHA3351

A Course is Born: From Concept to Classroom

Jane Applegate, Ara Rogers



This free, hands-on workshop will guide you through the process of shaping your idea into a class suitable for any adult audience. Focus will be on course development, preparation and delivery. Understand how adults learn and what OLLI-USF resources are available to you. Learn how to prepare presentations, manage groups and get your ideas across in an entertaining yet effective manner. Practice and feedback sessions will help you gain confidence and improve your course. Bring ideas for what you might teach.</p>

Tue • 3/27-5/01 • 1:15-3:15pm • 6 mtgs • \$0 • LMUMC308 - Lake Magdalene United Methodist Church • 182XOSFSL0781

Islam: Dispelling Fear Through Knowledge

Rydanah Atfeh

Seize the opportunity to learn more about the world's second largest monotheistic religion, which has about 6 million adherents in the U.S. Learn the basic tenets of Islam, its articles of faith and practice, and dispel common misconceptions. We'll discuss some social, historic, and legal aspects of the faith, with emphasis given to women in Islam, terrorism and Islamophobia. Gain an appreciation for the contributions Islam has made to the modern world.

Tue • 4/17-4/24 • 1-3pm • 2 mtgs • \$20 • UNVA - University Village, Auditorium • 182XOSHPC3381

WEDNESDAY MORNING

Italian Conversation IV

Catherine Mitchell

Welcome to the most advanced (to date) Italian course and to OLLI's Italian "famiglia." Discuss all things Italian as we encompass much more than just language. If you are reasonably comfortable speaking the language and know basic grammar, this course is for you. You should be able to conjugate regular verbs in all three conjugations in the present indicative, present perfect, imperfect and future tenses and in the imperative mood. Required text: <i>Italian Now! Level 1</i>, by Marcel Danesi, PhD, \$18.99.

Wed • 3/07-4/11 • 10:30-12pm • 6 mtgs • \$50 • \$25 (2nd Choice Fee after 2/21/18) • ICOTB - Italian Club Board Room • 182XOSLHA3551

Understanding Architecture: Why Do Buildings Look the Way They Do?

Frank LaRosa

Take a look at the buildings in our environment. Then enjoy the theory, history and discussions in this course to become an even more discerning observer of our surroundings. Required text: <i>Visual Reference Guides ARCHITECTURE</i>, by Jonathan Glancey (2010 edition). Used copies available online.

Wed • 3/07-3/21 • 10-12pm • 3 mtgs • \$30 • \$15 (2nd Choice Fee after 2/21/18) • LMUMC301 - Lake Magdalene United Methodist Church • 182XOSLHA3361

Soviet Literature

Wendy Mutunhu

Behind the Iron Curtain, despite threats of exile, imprisonment and execution, great works of literature and film were created by daring thinkers. From Chekhov to Gorky, from Jewish writers under Stalin to Ukrainian poets, from Soviet film to Russian science fiction, find out what Russians and Ukrainians have long known: great pressure creates great diamonds. Explore the diamonds of Cold War Soviet literature.

Wed • 3/07-3/28 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 2/21/18) • JKVA - John Knox Village, Activity Room • 182XOSLHA2821

Florida's Forgotten Heroes

Lynne Mormino

Pay tribute to Florida's forgotten heroes: the names of some adorn highways and landmarks while others broke barriers. Meet Alexander Darnes, who rose from slave to physician; uncover the story of Frank Adamo, hero of the Bataan death march; meet Mary Lou Baker, who kept the legislative home fires burning during World War II, and Marjorie Carr, zoologist and environmental activist. Learn how they helped shape the Florida we live in today.

Wed • 3/21-3/28 • 10-11:30am • 2 mtgs • \$20 • BGFJCC - Bryan Glazer Family JCC • 182XOSHPC3371

Economics and Taxes in the Trump Era

Michael Viren

Economists used to have a pretty good idea about the policy implications of a Republican or Democratic administration. The Trump era, however, defies neat categories and requires us to re-think the implications and impact of this administration's policies. Consider, along with a trained economist, the potential economic outcomes of Trump's policies towards: international trade; immigration; environment; tax reform; infrastructure; national debt and health care.

Wed • 4/04-4/25 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/19/18) • LMUMC306 - Lake Magdalene United Methodist Church • 182XOSHPC3061

Tampa History

James Weiss

Who would have thought Tampa possessed such a rich and fascinating history, reaching back some 14,000 years? Join the Tampa Bay History Center docents, members of the museum's History Krewe, to explore some of the significant events that impacted Tampa and helped shape it into the city we know today. Topics included in our eight meetings: Tampa's first people, the Seminole Indians, Cigar City (Ybor City), the Spanish-American War, the history of Hyde Park, the history of Gasparilla, and more.

Wed • 4/04-4/25 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/21/18) • AHP - Allegro at Hyde Park • 182XOSHPC3211

The Whole Enchilada: Fitness for Your Body and Your Mind

Eric Pfeiffer, June Kittay

Combine the advantages of physical and mental fitness exercises to produce exceptional fun and enhanced health. Both instructors have worked with older adults for many years. They are experts on how to age successfully. They will demonstrate the exercises and you will enjoy practicing them!

Wed • 4/04-4/25 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/21/18) • BGFJCC - Bryan Glazer Family JCC • 182XOSFSL1521

WEDNESDAY AFTERNOON



Advanced Investing

Rudy Fernandez

Deepen your knowledge of these topics: the origination of stock options and how institutional investors fit them into their portfolios, technical and fundamental analysis, and how economists use economic models to try to project market movements. This course is a sequel to *Economics of Modern Investing*, but that is not a prerequisite. No specific financial products are discussed or sold.

Wed • 3/14-3/21 • 2-4pm • 2 mtgs • \$20 • \$10 (*2nd Choice Fee* after 2/28/18) • BSC - Brandon Senior Center
• 182XOSFLS1421

Crime and Justice in America

David Agresti

This course will focus on the issues faced by law enforcement, the courts and corrections in dealing with the crime problem, using lecture and discussion along with games and an in-class murder mystery. In order to see crime and justice up close and in action, we may tour the Florida Department of Law Enforcement crime lab, visit an area shooting range, view a weekend first-appearance court hearing and visit the Orient Road jail.

Wed • 3/21-4/25 • 1-3pm • 6 mtgs • \$50 • \$25 (*2nd Choice Fee* after 3/7/18) • JKVA - John Knox Village, Activity Room • 182XOSHPC0141

Cuba: An Island-Nation of Contradictions

Rudy Fernandez

This two-week class focuses on the rich history of Cuba, current US-Cuban relations, and the future of the island nation. Join Rudy Fernandez to explore Cuban history, economy, and culture with insights gained from many trips to the island his family knew so well.

Wed • 4/04-4/11 • 1:30-3:30pm • 2 mtgs • \$30 • \$15 (*2nd Choice Fee* after 3/21/18) • HCCREG - Hillsborough Community College - The Regent • 182XOSHPC3032

THURSDAY MORNING

iPhoneography: Better Photos with your iPhone

FULL: WAIT LIST AVAILABLE

Jeanne Dyer, Katherine Sullivan

The most popular camera in the world is in your iPhone. Discover your iPhone's photo and video-shooting capabilities so that you can take billboard-quality shots. Learn key steps to better iPhone photography, then practice editing your photos using photo editing extensions available from the App Store. iPad owners will also benefit from this course.

Note: Bring your iPhone 5S or newer, updated to the iOS 11.x operating system. Bring your own charged and updated device. **SKILL LEVEL B**

Thu • 3/01-3/08 • 9:30-12:30pm • 2 mtgs • \$30 • \$15 (*2nd Choice Fee* after 2/15/18) • NEC building USF • 182XOSCSMPG2A

Voices: The Poetry of Dylan Thomas

Barbara Brown



Read out loud and share informally some of the most beautiful and moving poetry in the English language. Discuss Thomas's turbulent life and artistic process. To enhance the depth of the voices Thomas created, engage in oral readings of his works in the Readers Theater format. Selections will include classic single poems "A Child's Christmas in Wales" and "Under Milk Wood."

Thu • 3/01-3/29 • 10-12pm • 5 mtgs • \$50 • \$25 (2nd Choice Fee after 2/15/18) • LMUMC301 - Lake Magdalene United Methodist Church • 182XOSLHA3401

Dissidents in Exile, the Notable "Proscrits" of 1852-1870

Carl Schott

During Napoleon III's reign in France and following the European revolutionary activity of 1848, hundreds of exiles, representing the tumultuous worlds of politics and the arts, fled to the English Channel islands of Jersey and Guernsey. These Proscrits' writing and advocacy of causes while in exile is a fascinating tale.

Thu • 3/15-4/05 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/1/18) • UNVA - University Village, Auditorium • 182XOSHPC3281

iPhone from Start to Finish

FULL: WAIT LIST AVAILABLE

Jeanne Dyer, Katherine Sullivan

Want to become more proficient in using your iPhone? We'll reviews your iPhone's basic features and build on them so that you will eventually take command of your phone. We will work with Settings, Notifications, Messages, Siri, Contacts, Mail, Safari, Calendar, Cameras, Photos, Music, Maps, the Apple Store and much more. Note: you must have an iPhone 5S or newer with the latest operating system, iOS 11, installed and updated. Bring your fully-charged phone to class. **SKILL LEVEL A & B**

Thu • 3/22-4/26 • 9:30-12:30am • 6 mtgs • \$60 • \$30 (2nd Choice Fee after 3/8/18) • NEC building USF • 182XOSCSMPS1A

The Vietnam Experience and its Continuing Impact on America

Charles Kolker, Ken Donovan

Fifty years have passed since the Tet Offensive, when Walter Cronkite despondently called for American forces to make an "honorable exit" from Vietnam. Gain perspective from two veterans with distinguished records. Revisit this unforgettable period of history and consider its effect upon modern American culture and politics. Focus on the human and economic costs of the war, the anti-war movement, and the war's lingering effect on the military, government and popular culture.

Thu • 3/22-4/26 • 10-12pm • 6 mtgs • \$60 • \$30 (2nd Choice Fee after 2/8/18) • CPCC - Compton Park Community Center • 182XOSHPC3361

Tampa Bay Poets: An Introduction

FULL: WAIT LIST AVAILABLE

Cath Mason

Enjoy lively discussions of poems diverse in style and structure from Florida Poet Laureate Peter Meinke, Tampa Poet Laureate James Tokley (also Hillsborough Poet Laureate), and from award-winning Tampa Bay poets including Silvia Curbelo, Gianna Russo, Erica Dawson and USF's Jay Hopler. Materials will be provided



Thu • 4/05-4/26 • 10-12pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/22/18) • LMUMC301 - Lake Magdalene United Methodist Church • 182XOSLHA3381

Wherein Lies the Truth? You Can Make Informed Health Care Decisions

Thomas Mason

Want to play a greater role in your own healthcare? The U.S. Preventive Services Task Force develops recommendations for and against a number of routine testing procedures including the controversial use of PSA (Prostate Specific Antigen) to screen for prostate cancer. Discover the process which is followed in developing evidence-based recommendations for various cancers and major chronic diseases, and make up your own mind!

Thu • 4/12-4/26 • 10-12pm • 3 mtgs • \$30 • \$15 (2nd Choice Fee after 3/29/18) • UNVA - University Village, Auditorium • 182XOSFSL1631

THURSDAY AFTERNOON

Windows 10 Personal Computing for Intermediate Users

FULL: WAIT LIST AVAILABLE

Donald Hogue

Upgrade your previous Windows experience to get the most out of the new Windows 10 operating system. Reacquaint yourself with *Settings*, the navigation pane, meet *Cortana*, and the new *Edge* browser. Learn about newer features, such as the expanded Windows ribbons and apps and how to customize your PC. Conduct routine maintenance with disk cleanup and defragmentation. You will be working on OLLI's lab computers in this course. **SKILL LEVEL B**

Thu • 3/01-3/22 • 12:30-3:30pm • 4 mtgs • \$50 • \$25 (2nd Choice Fee after 2/15/18) • LMUMC303 - Lake Magdalene United Methodist Church • 182XOSCSMW21A

Wine Etiquette: Tasting, Toasting, Hosting

Priscilla Murtha

Stop and smell the grapes! Enhance your wine-tasting experience, revive the classic tradition of toasting and gain tips for organizing parties. Priscilla's "the right way to easy wine enjoyment" concept combines etiquette with wine basics. Join us for an interactive, practical and fun wine experience, including an insider wine purchasing tip to save you money. Then practice what you've learned as we finish with a single bottle wine tasting and light hors d'oeuvres.

Thu • 3/01 • 1:30-3:30pm • 1 mtg • \$20 • CANT-ASSEM - Canterbury Tower, Assembly Room • 182XOSFSL0911

Taoist Tai Chi Society: Introduction to Tai Chi

Taoist Tai Chi

This beginner to intermediate course offers a set of 17 gentle movements that exercise the whole physiology including the tendons, joints, connective tissue and internal organs. These movements help the mind return to stillness, clarity and wisdom and the body to become balanced, relaxed and healthy. Tai Chi is suitable for people of all ages and physical conditions. Participants should wear sneakers or athletic shoes and comfortable clothing that permits movement.

Thu • 3/15-4/05 • 1-2:30pm • 4 mtgs • \$30 • TTCB - Taoist Tai Chi - Brandon • 182XOSFSL0482

Mark Twain's Humorous Political Justifications

View our complete winter-spring catalog for instructor bios, maps, parking info and other OLLI experiences at www.usfseniors.org

Ann Ottaviano

What seemed a "boys' book" in "Adventures of Huckleberry Finn" was a glimpse into what really took place on Huck and Jim's journey down the Mississippi River. Far from being a "boy's book" or a racist novel, the work is an attack on racial inequality. Explore how Twain used humor in his writing to portray inequality - even on the raft. Required text: Adventures of Huckleberry Finn, Mark Twain, Dover Thrift Edition, 1st edition (\$5.40) available at the USF bookstore (813-974-5026) or online.

Thu • 3/29-4/26 • 1-3pm • 5 mtgs • \$50 • \$25 (2nd Choice Fee after 3/15/18) • LMUMC306 - Lake Magdalene United Methodist Church • 182XOSLHA3441

From Stonehenge to Spain: History of Western Architecture

Joanne Milani

Start with Stonehenge. Check out architectural gems such as the Colosseum, lovely Gothic cathedrals, a Venetian country house and a grand English estate. Then travel to the wild curves of the Guggenheim Museum in Bilbao, Spain. By the time we're done, you will be able to tell your friends which world-famous architectural masterpiece is the granddaddy of the U.S. Capitol building.

Thu • 4/05-4/26 • 1-2:30pm • 4 mtgs • \$30 • \$15 (2nd Choice Fee after 3/22/18) • TPAMA - Tampa Museum of Art • 182XOSLHA3371

Genetics and Genome

Bharat Pathakjee

Those little green peas on your dinner plate? They were key to understanding genetics. A chain of fascinating discoveries and rediscoveries form the basis for the discovery of DNA, and the modern science of Genomics. Examine the impact of the Human Genome Project and how it has affected evolution and even human migration. Explore the role of Genomics in revolutionizing medicine and witness the ways in which science now approaches human health, behavior and disease.

Thu • 4/05-4/26 • 1-3pm • 4 mtgs • \$40 • \$20 (2nd Choice Fee after 3/22/18) • HCCREG - Hillsborough Community College - The Regent • 182XOSCSM0681

FRIDAY MORNING

Staying Safe Online for Seniors

Center for Cyber Safety and Education

The "Safe and Secure Online" program is offered through the Center for Cyber Safety and Education ^{™}, a non-profit charitable trust that aims to empower the public to secure their online life by supporting cyber security education and awareness in the community. This presentation, developed for older adults, covers topics such as identification of and protection from online scams, social networking safety, online identity and image protection, and computer safety. **SKILL LEVEL A**

Fri • 3/16 • 10-12:30pm • 1 mtg • \$20 • JKVDR - John Knox Village, Crystal Dining Room • 182XOSCSM0481

Behind the Scenes with The Florida Orchestra: Schubert's Symphony No 5.



Erin Horan

Peek behind the scenes as The Florida Orchestra rehearses Schubert's Symphony No. 5 before weekend performances. Meet at the side stage door of the Straz Center for a brief backstage tour and pre-rehearsal talk in the lobby. Participants will have the opportunity to speak with cellist and guest conductor Lynn Harrell in a Q & A format during the break or immediately following the rehearsal.

Fri ● 3/23 ● 10-12:30pm ● 1 mtg ● \$20 ● SC - David A Straz Jr. Center for the Performing Arts ● 182XOSTSE0821

Life Story Writing I

Susan Maesen

This course will allow you to learn more about a topic of great personal significance--you! You will listen to and read published and unpublished life stories; then you will begin work on writing your own. The sessions will focus on childhood, family history, relationships, children, work (volunteer or paid), and personal sorrows and victories. This popular course is for beginners interested in turning their memories into family heirlooms or even works of art! This class is limited in size, so register early.

Fri ● 3/23-4/27 ● 10-12pm ● 6 mtgs ● \$60 ● \$30 (2nd Choice Fee after 3/9/18) ● JKVA - John Knox Village, Activity Room ● 182XOSLHA0171

Self-Hypnosis III: Self-Hypnotherapy

Peter Arizu

Explore past conditioning and the unconscious barriers that limit us from being fully present and at peace in this advanced course. We will bring awareness to ego attachment, which can be the cause of unnecessary suffering, anger, sadness and fear. Ongoing students can develop their own style of self-hypnotherapy and mindfulness. Sharon Stoll, Certified Harp Practitioner will play at each class meeting and share insights on therapeutic music and meditation.

Fri ● 4/06-4/27 ● 10-12pm ● 4 mtgs ● \$40 ● \$20 (2nd Choice Fee after 3/23/18) ● AHP - Allegro at Hyde Park ● 182XOSFSL1431

FRIDAY MORNING

Brain Balancing: Mining Your Mind's Potential

Magda Santos

Balance, connect and harmonize the hemispheres of the brain with this gentle technique that uses different hand positions and that can improve memory. It's a proven way to increase brain capacity, focus, and concentration. You will be able to feel relaxed, yet alert. Please bring a mat to lie on, as we will be outside.

Fri ● 4/6 ● 10:15-11:45pm ● 1 mtg ● \$10 ● ARC - Audubon Resource Center - Lettuce Lake Park ● 182XOSFSL1461

FRIDAY AFTERNOON

OLLI Tech Squad

FULL: WAIT LIST AVAILABLE



Need friendly, one-on-one help with, or advice on your technology? Bring in your smartphone, tablet (Apple/Android), or your laptop (Mac/Windows), and give our friendly tech instructors a chance to assess the issue, help you resolve it and even show you a few things about your device. We'll schedule a one hour appointment with you where we provide simple coaching on one device or a specific application, or help you resolve those burning "why does that happen when I do this" conundrums. We will not be repairing devices. **ALL SKILL LEVELS**

Fri ● 3/16 ● 1-3pm ● 1 mtg ● \$10 ● NEC133 - USF Tampa ● 182XOSCSMTSOB

OLLI Tech Squad

FULL: WAIT LIST AVAILABLE

Need friendly, one-on-one help with, or advice on your technology? Bring in your smartphone, tablet (Apple/Android), or your laptop (Mac/Windows), and give our friendly tech instructors a chance to assess the issue, help you resolve it and even show you a few things about your device. We'll schedule a one hour appointment with you where we provide simple coaching on one device or a specific application, or help you resolve those burning "why does that happen when I do this" conundrums. We will not be repairing devices. **ALL SKILL LEVELS**

Fri ● 4/6 ● 1-3pm ● 1 mtg ● \$10 ● NEC133 - USF Tampa ● 182XOSCSMTSOC

Wanna Blog?

Diane White

What is a blog and why would you want to create one? A frequently updated online personal journal, a blog is a place to express yourself to the world: share your thoughts, your business, your passions or your causes. Learn about blogs in this short, focused workshop; what blogs are, how to decide what to write, and how to create one. **SKILL LEVEL B**

Fri ● 3/2 ● 1:30-3:30pm ● 1 mtg ● \$20 ● \$10 (2nd Choice Fee after 2/16/18) ● NEC133 - USF Tampa ● 182XOSCSMLG1A

Understanding the Ideology of White Supremacy

Bernice Powell Jackson, Joseph McAuliffe

Where did the so-called "alt right" come from? How did white supremacy and white nationalism start in our country? These movements and ideologies are not just Southern holdovers from the Civil War, but go back to the earliest days of U.S. history. Learn about this history and the political, economic and theological underpinnings of white supremacy in our nation.

Fri ● 4/13-4/27 ● 1:15-2:45pm ● 3 mtgs ● \$25 ● UCCT - First United Church of Tampa (UCC) ● 182XOSHPC3321

Too Many Passwords

Penny Noriega, Jane Adamson, David Palmer

Managing our passwords has become a major challenge. Choosing strong passwords and updating them regularly is one of the easiest steps you can take to avoid unauthorized purchases or identity theft. We will discuss how to make strong passwords that are resistant to hacking yet easy to remember. In the second half of the class, we will discuss shoring up our digital defenses with password manager software and try out a popular one called LastPass. OLLI's lab computers will be used in this course. **SKILL LEVEL B**

Fri ● 4/20 ● 12:30-3:30pm ● 1 mtg ● \$25 ● NEC133 - USF Tampa ● 182XOSCSMWM1A



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Great Experiences Are Just Around the Corner

Program Locations, Spring 2018

Allegro Hyde Park (AHP)

800 W. Azeele, Tampa, 813-254-1069

Audubon Resource Center at Lettuce Lake Park (ARC)

6920 E Fletcher Ave., Tampa 813-987-6204

Brandon Senior Center (BSC)

612 N Parsons Ave., Brandon, 813-635-8064

Bryan Glazer Family JCC (BGFJCC)

522 N Howard Ave., Tampa, 813-575-5900

Canterbury Tower (CANT)

3501 Bayshore Blvd., Tampa, 813-837-1083

Carrollwood Cultural Center (CCC)

4537 Lowell Rd., Tampa, 813-269-1310

Compton Park Community Center (CPCC)

16101 Compton Dr., Tampa 813-972-0897

First United Church of Tampa (UCCT)

7308 E Fowler Ave., Tampa 813-988-4321

Italian Club (ICOTB, ICOTC)

1731 E 7th Ave., Tampa 813-248-3316

Jewish Community Center Citrus Park (JCC)

13009 Community Campus Dr., Tampa 813-264-9000

John Knox Village (JKVA, JKVCDR, JKVCVC, JKVI)

4100 E Fletcher Ave., Tampa, 813-977-4950

Lake Magdalene United Methodist Church (LMUMC)

2902 W Fletcher Ave., Tampa, 813-961-1254

Lightfoot Senior Recreation Center (LRC)

10901 N 56th St., Temple Terrace 813-506-6630

Pebble Creek Community Center (PCCC)

18715 Bent Tree Ln., Tampa, 813-973-8064

Port Authority Building (PAB)

1101 Channelside Drive #210, Tampa, 813-905-5858

Pose by Pose Yoga (PBPY)

17761 Hunting Bow Cir., Lutz, 813-501-4987

Straz Center (SC)

1010 N Macinnes Pl., Tampa, 813-229-7827

Tampa Museum of Art (TPAMA)

120 W. Gasparilla Plaza, Tampa, 813-274-8130

Taoist Tai Chi (TTCB)

911 Bryan Rd., Brandon, 813-685-1211

The Regent (HCCREG)

6437 Watson Rd., Riverview, 813-571-2494

University Village (UNVA)

12401 N 22nd St., Tampa, 813-975-5009

USF Tampa

NEC building (NEC): 3220 Banyan Circle, Tampa, 33613 813-974-2403, opt. 1

Library (LIBGA) - USF Apple Drive, Tampa, 33620