

MINOR ADVISING REFERENCE SHEET



Science of Physical Activity

What is a Minor?

In addition to major programs, many departments offer an academic minor that requires approximately one-half the upper-level credits required for a major. Students interested in a particular minor should obtain the specific requirements from the appropriate department. The department may require the same admission or retention standards as required for the major.

Each academic minor conforms to the University requirements:

1. A minimum of 8 semester hours of credit used to satisfy the requirements of a minor must be from USF courses.
2. A student desiring a minor must have a major in a different program option.
3. USF coursework for a minor must have a GPA of at least 2.0.
4. Only an undergraduate degree-seeking student at USF is eligible for a minor.
5. A minor can be applied for and received only in conjunction with applying for and receiving a baccalaureate degree except for students who have already received a baccalaureate degree from USF who may earn certification of a minor by taking additional undergraduate coursework at the University and applying for the certification.

Why Science of Physical Activity?

The Science of Physical Activity minor is designed specifically for those individuals interested in working with after school programs, youth sports, recreation and YMCA employment!

The minor provides students with a background in physical activity to better assist those who may be working with children and adults in these settings to understand the science behind human movement.

You may also visit Career Services for more information regarding career paths that benefit from earning this minor:

<http://www.usf.edu/career-services/>

Declare a Minor in the College of Education

- Complete [Declaration of Minor](#) form

Form is available in the Student Academic Services office located in the College of Education, EDU 106 & on the website.

You can mail, fax, or drop off your form to EDU 106.
(Mailing address and fax number are on form.)

Viewing Your DegreeWorks (Degree Audit)

- 1) Sign into OASIS
- 2) Go to the "Student" tab
- 3) DegreeWorks is the second option

How to Make an Appointment

Go to: <http://usfweb3.usf.edu/appointments/>

USF Students:

- Enter your USF ID
- Choose Pre-Admitted College of Education
- Choose Student Registration
- Choose College of Education
- Choose an Advisor and make your appointment

Non-USF Students:

- Enter your email address
- Choose Pre-Admitted College of Education
- Choose Non-Student Registration
- Choose College of Education
- Choose an Advisor and make your appointment

College of Education – Undergraduate Minor Checklist
Science of Physical Activity (11 – 12 credit hours)*

USF Minor Declaration Requirements:

- 1) _____ **USF Overall GPA of 2.0**
- 2) _____ **Completed minimum of 45 credit hours**

Courses Required to Fulfill Minor (9 credit hours):

- 3) _____ **PET 3031 Motor Behavior (3 hours)**
- 4) _____ **PET 4380 Applied Exercise Science (3 hours)**
- 5) _____ **PET 4510 Measurement and Evaluation in Physical Education (3 hours)**

Elective Courses * * to Fulfill Minor (2 - 3 credit hours):

****Choose 1 of the 2 courses offered**

- 6) _____ **SPM 3012 Issues in Sport (3 hours)**
- 7) _____ **PET 4820 Sport Skill Competency (2 hours)**

* All courses must be passed at a level of C- or above to be counted toward receiving the minor

NOTES: _____
