

# Minor: Science of Physical Activity



## Why minor in the Science of Physical Activity?

Students pursuing a minor in the Science of Physical Activity gain experience working with physically active individuals, becoming knowledgeable in concepts of applied exercise physiology, assessments, motor behavior, sociocultural aspects of activity and sport, and sport skill competencies.

By completing this minor, students learn skills that translate to work in after school programs, recreation environments or fitness centers.

**Note:** Completing the minor in the Science of Physical Activity does not result in Florida teaching certification.

## Who can earn this minor?

Any student in good academic standing who is pursuing an undergraduate degree at USF Tampa can earn this minor. Some majors that pair well with this minor include Communication, Marketing, Psychology, Public Health, Women and Gender Studies, Athletic Training, Physical Therapy and Health Sciences.

## What are the requirements for this minor?

To declare a minor at USF, students must possess a USF overall GPA of a 2.0 or above and have completed 45 or more credit hours.

Courses included in the minor are:

- **PET 3031:** Motor Behavior (3 credit hours)
- **PET 4380:** Applied Exercise Science (3 credit hours)
- **PET 4820:** Sport Skill Proficiency (2 credit hours)

## How do I declare a minor?

To declare a minor, please schedule an appointment with a College of Education academic advisor through eScheduler at [bit.ly/2LtigPk](https://bit.ly/2LtigPk).

## For more information, please contact:

Student Academic Services  
USF College of Education

edu-advise@usf.edu  
813.974.2979



UNIVERSITY OF  
SOUTH FLORIDA