

As we navigate through Hurricane Helene's aftermath, please refer to the resources below to assist you and your families with recovery efforts in your local area.

For Supervisors

Please be aware that employees may have additional needs for disaster assessment and recovery, as well as potential stress to themselves and their families. Please escalate additional needs through the appropriate channels. Supervisors are asked to be patient and understanding with their staff members during these unique circumstances.

For Employees

Please contact your leaders to share your status and any needs you may have. Employees who left the region, or who have difficulty traveling to campus due to storm-related issues and won't be able to return when their campus reopens, should notify supervisors as soon as possible. The resources provided below may assist in your recovery.

Any eligible employees may contact **HR Benefits and Leave** at the following addresses for additional questions:

benefits@usf.edu

leaveadmin@usf.edu

fmla@usf.edu

Safety remains at the forefront of everything that we do at the university. Please avoid traveling in areas heavily impacted by the storm, and remember to escalate any concerns you may have to your leaders.

Employee Assistance Program (EAP)

You can contact the EAP at 1-800-327-745. This program provides free counseling services and connections to local resources to help you cope with the feelings of fear, sadness, anger and hopelessness related to natural disasters.

Guides and Resources

Below are some links to **Hurricane guides and resources** that may be helpful.

- Hurricane Guide ([English](#))
- Hurricane Guide ([Spanish](#))
- FEMA Disaster Assistance <https://www.fema.gov/assistance/individual>
- Federal Disaster Support <https://www.disasterassistance.gov/>
- Federal Disaster Application Assistance <https://www.disasterassistance.gov/what-to-expect>
- Florida Disaster Guidance <https://www.floridadisaster.org/>
- Search for Help by Zip Code https://www.findhelp.org/?ref=ab_redirect
- Government Hurricane Info <https://www.ready.gov/hurricanes>

- EAP Crisis Resources
<https://www.magellanhealth.com/news/crisis-communications/>

These guides have great information, such as how to help your children recover from the emotional impact of the storm and how to deal with finances in the aftermath. They can also help with any needs for food, shelter and clothing.

Additional information about the university's response can be found on the [Hurricane Helene update page](#) and through a list of [FAQs available here](#).