1. Navigate to our EAP provider’s website at MagellanAscend.com and click “Log In”

2. Click the “Log In” tab at the top and sign in with your Email Address and password.
   (If you haven’t already done so, you will need to create your account with Magellan. There is a “Don’t have an account? Sign up” link just below the “Sign in” button).

3. Now you are logged in and free to explore. Just under the “Explore” headline, use the “<” and “>” icons to scroll through the options until you see Work-Life Services. Click the “Work-Life Services” icon.

4. On the Work-Life Services page, click the link in body of text that says “Visit the LifeCare Resource Center.”

5. You’re in! You can choose to be guided through a life event in the drop-down menu or explore the boxes below for resources.