## BAPPE above®

## THE HOTTEST AND FASTEST GROWING BARRE CERTIFICATION PROGRAM IN THE NATION!

Join the movement taking the country by storm and begin teaching your own barre classes anywhere!

Fusing the best of Pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, Barre Above® delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your students' bodies and keep them coming back for more!

- Flexible formats for all fitness levels
- No Licensing Fees
- Complement any instructor's teaching style
- Can be taught on or off the barre
- Optional Ongoing Choreography
- CECs: ACE (1.2), AFAA (12.0), NASM (1.2), SCW (12.0)

## Become a Barre Instructor Today!



Master Trainer: Lauren George



**Barre Above® Certification** 

Sunday - March 29th 2020 EVOLVE Fitness Symposium (University of South Florida) 12301 USF Genshaft Dr. Tampa, FL 33620 Time: 9am - 5pm



## REGISTER AT: WWW.BARREABOVE.COM