### Spring 2019 Finals Week Group Fitness Schedule
April 25th through May 3rd

#### Thu, 4/25 and Fri, 4/26

- **6:30 am**: Group Cycle (45) Julia
- **7:30 am**: Power Yoga Ciara
- **12:00 pm**: HIIT / Core Natalie
- **12:00 pm**: Zumba (45) Jennifer
- **3:00 pm**: Zumba (45) Erica
- **3:30 pm**: TRX (45) Emma
- **5:00 pm**: Power Yoga Veronica
- **5:30 pm**: Total Body Natalie
- **6:00 pm**: Barre Adriana
- **6:30 pm**: Group Cycle Graciela
- **6:45 pm**: Zumba Erica
- **7:00 pm**: TRX Tiffany
- **7:30 pm**: Group Cycle Natalie
- **8:00 pm**: Group Cycle Adriana
- **8:30 pm**: Group Cycle Adriana

#### Mon, 4/29, Tue, 4/30, Wed, 5/1, Thu, 5/2

- **6:30 am**: Power Yoga (45) Alyssa
- **7:30 am**: Zumba (45) Jennifer
- **12:00 pm**: Power Yoga (45) Cierra
- **12:00 pm**: Group Cycle (45) Julia
- **3:00 pm**: TRX (45) Traci
- **3:30 pm**: Zumba (45) Jennifer
- **5:00 pm**: Gentle Yoga Veronica
- **5:30 pm**: Total Body Natalie
- **6:00 pm**: Boot Camp Bella
- **6:30 pm**: Group Cycle Tiffany
- **6:45 pm**: Cycle Concert Series
- **7:00 pm**: Group Cycle Adriana
- **7:30 pm**: Zumba Erica
- **8:00 pm**: Meditation (30) Cierra
- **8:30 pm**: Group Cycle Tiffany

#### NO CLASSES SATURDAY, 4/27 AND SUNDAY, 4/28

#### KEY:
- REC Cycle Studio
- REC 022B
- REC 033
- REC 005
- REC 107
- WELL 1202
- The FIT

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All classes are 55 minutes unless otherwise noted. All classes and instructors are subject to change. Late entry is not permitted. Failure to arrive on time or cancel in advance may result in a $5 fee. Register online at usf.edu/campusrec.