

**ADJUSTING TO THE U.S. AND ONLINE CLASSES?  
NEED HELP PROBLEM SOLVING?  
WANT TO KNOW MORE ABOUT COUNSELING?**



**Come join Dr. Josephine Chu  
Psychologist at USF Counseling Center**

*Former International Student*

**Wednesdays of Spring 2021, 12-1pm**

Consultations are provided on a first-come first-serve basis. Join by clicking the link below and logging into MS Teams with your USF ID. If you are not admitted into the meeting room within a few minutes, please wait or come back in 10-15 minutes as the consultant might be with someone else. The virtual meeting room will only be monitored on the listed day/time.

**Click on [bit.ly/LetsTalkWed12PM](https://bit.ly/LetsTalkWed12PM) to begin a consultation!**

**Disclaimer:** Let's Talk is an informal consultation only and is not counseling. Although Let's Talk consultants are mental health professionals, Let's Talk consultations do not constitute mental health treatment. Conversations with Let's Talk consultants are confidential, with a few rare exceptions. If your Let's Talk consultant assesses that you could benefit from a higher level of care, every effort will be made to refer you to other appropriate resources at the university and surrounding community.

For reasonable accommodations, please contact Kai Shin "Josephine" Chu at 813-974-2831.



**COUNSELING CENTER**  
813-974-2831 · [usf.edu/counsel](https://usf.edu/counsel)  
SVC2124



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