

Student Health Services

USF Student Health Services ADHD Medication Management Policy

The USF **Student Health Services** provides limited psychiatric services for ADHD medication management.

If you have previously received a diagnosis of ADHD along with ADHD medication and wish to continue to receive these services, you will need to provide **both** of the following:

- **Medical records from the treating practitioner (e.g. psychiatrist, psychiatric nurse, primary care physician) who confirmed a diagnosis and treatment of ADHD.**
- **Documentation of a comprehensive ADHD evaluation (testing that utilized standardized measures of assessment) completed within the past 3 years.**

Once we have received this documentation, we can refer you to one of our psychiatrists for ADHD medication management. Obtaining these medical records might be time consuming. Therefore, we suggest that you continue to obtain your prescriptions from your past provider until the transition can be made.

If you are unable to obtain these records:

Students who do not meet the requirements outlined above and who have been prescribed ADHD medication by their physician in the past should continue to work with their physician to obtain their prescriptions until another physician is secured.

If you have never been tested/evaluated for ADHD:

The Student Health Center case manager can help you find someone in the community to provide a comprehensive ADHD evaluation (testing). Some recommendations are listed at the end of this document and on our website.

Please keep in mind:

The majority of medications used to treat ADHD are controlled medications and require medical oversight. Therefore, you will not be referred to our psychiatrists without a comprehensive ADHD evaluation.

Accommodations:

If you are interested in obtaining accommodations for ADHD, please contact the office of Student Disability Services for more information. They can also help you find someone who provides comprehensive ADHD evaluations.

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This sample includes an idea of a comprehensive ADHD evaluation using standardized measures of assessment. The tests are broken into their respective domains. A comprehensive evaluation should include at least one test from each domain and a clinical intake.

Domain	Test (examples)
Executive Function	<ul style="list-style-type: none"> - Stroop Test - Trails Making Test - Wisconsin Card Sort Test
Auditory Attention	<ul style="list-style-type: none"> - Brief Test of Attention - Digit Span Subtest of the WAIS
Visual Attention	<ul style="list-style-type: none"> - Conner's Performance Test - Ruff 2 & 7
Personality/Emotional	<ul style="list-style-type: none"> - Beck Depression Inventory - Beck Anxiety Inventory - Personality Assessment Inventory - Minnesota Multiphasic Personality Inventory
Self-Report	<ul style="list-style-type: none"> - Conner's Adult ADHD Rating Scale - Adult ADHD Self-Report Scale Symptom Checklist

ADHD Testing/Assessment Referrals

(The following list does not constitute endorsement from USF. Student may choose any provider of choice)

1. **The Psychological Services Center**
 USF Psychology Center
 813-974-2496

2. **Dr. Christin Pickering, Ph.D.**
 205 S. Hoover Blvd., Suite 204
 Tampa, FL 33609
 813-235-0987

3. **Dr. John Dabrowski, Ph.D.**
 Neuropsychological Services of Tampa
 13357 N. 56th Street
 Tampa, FL 33617
 813-983-0190

4. **Dr. Gary Howell, Ph.D.**
 1814 N. 15TH Street
 Tampa, FL 33605
 813-419-7793

5. **Dr. Maria Aranda, Ph.D. (Bilingual- English/Spanish)**
 6601 Memorial Hwy, Suite 308
 Tampa, FL 33615
 813-431-2798