

Because no student

FEED-A-BULL Should go hungry

Black Bean Dip

Total Time: 10 min Prep Time: 5 Min. Servings: 6

Ingredients:

- 1 can (15 oz.) Black Beans, drained
- 1 can (15 oz.) Corn, drained
- 1 jar (16 oz.) Salsa or use 1 can (14.5) diced tomatoes and 1 taco seasoning packet

Instructions:

Combine ingredients into large bowl. Mix to combine.

Serve with tortilla chips.

Serve over rice or in a taco shell to make it a meal.

*Optional: Add diced green peppers, diced onions, and cilantro.



